

long hair crossdressing

Long hair crossdressing is a popular and empowering aspect of gender expression that many individuals explore to enhance their feminine or androgynous appearance. Whether for fashion, performance, personal comfort, or identity exploration, having long hair can significantly influence the overall aesthetic and confidence of crossdressers. This article delves into the various facets of long hair crossdressing, offering practical tips, styling ideas, maintenance advice, and resources to help you embrace and enjoy your journey with long hair in crossdressing.

Understanding the Appeal of Long Hair in Crossdressing

Long hair has long been associated with femininity, elegance, and glamour across cultures. For crossdressers, sporting long hair can:

- Enhance feminine features and silhouette
- Create versatile styling options
- Boost confidence and self-expression
- Serve as a form of personal transformation

While some may naturally grow long hair, others might opt for extensions, wigs, or hairpieces to achieve their desired look. The ability to switch between short and long hairstyles allows for flexibility and experimentation, making long hair a valuable tool in the crossdressing wardrobe.

Choosing the Right Hair Length and Style

Selecting the appropriate long hair style depends on your face shape, hair type, lifestyle, and personal preferences. Here are some popular long haircut styles for crossdressers:

Common Long Hair Styles for Crossdressing

1. **Layered Hair:** Adds volume and movement, suitable for most face shapes.
2. **Straight and Sleek:** Creates a polished, elegant look.

3. **Curls and Waves:** Adds softness and femininity.
4. **Side-Swept Bangs:** Frames the face beautifully.
5. **Long Bob (Lob):** A versatile, slightly shorter option that still maintains length.

Matching Hairstyles to Face Shapes

- Oval Face: Almost any long hairstyle suits this shape. Experiment with layers, waves, or straight styles.
- Round Face: Aim for longer layers or styles that add height and elongate the face.
- Square Face: Soft waves or layered cuts can soften angular features.
- Heart-Shaped Face: Side-swept bangs and layered waves balance the face's proportions.
- Diamond Face: Try styles that add width at the jawline and soften cheekbones.

Maintaining and Growing Long Hair for Crossdressing

Healthy hair is essential for achieving and maintaining beautiful long hair styles. Here are some tips for hair care and growth:

Hair Care Routine

- **Regular Washing:** Use sulfate-free shampoos suitable for your hair type.
- **Conditioning:** Keep hair moisturized with conditioner and deep-conditioning treatments.
- **Gentle Detangling:** Use wide-tooth combs and avoid harsh brushing to prevent breakage.
- **Scalp Care:** Massage scalp regularly to stimulate blood flow and promote growth.

Hair Growth Tips

1. Maintain a balanced diet rich in vitamins A, C, D, E, biotin, and omega-3 fatty acids.

2. Stay hydrated to keep hair strands healthy and moisturized.
3. Avoid excessive heat styling to prevent damage and split ends.
4. Trim split ends regularly to encourage healthy growth.
5. Consider supplements after consulting with a healthcare provider.

Using Hair Extensions and Wigs for Long Hair Crossdressing

Not everyone has naturally long hair, and that's where hair extensions and wigs come into play. They offer quick, versatile options for achieving long, glamorous hair.

Types of Hair Extensions

- **Clip-in Extensions:** Easy to attach and remove, suitable for occasional wear.
- **Tape-in Extensions:** Longer-lasting, semi-permanent options.
- **Halo Extensions:** No-commitment extensions that can be worn for special occasions.
- **Weaves and Sew-ins:** For more permanent solutions, sewn into natural hair.

Choosing the Right Wig

When selecting a wig for crossdressing, consider:

- **Material:** Synthetic wigs are affordable and low-maintenance; human hair wigs offer a natural look and styling flexibility.
- **Color:** Match your natural hair or experiment with different shades.
- **Style:** Choose styles that complement your face shape and desired look.
- **Cap Size:** Ensure proper fit for comfort and natural appearance.

Styling Long Hair for Crossdressing

Versatile styling options allow you to adapt your look for different occasions, moods, or characters.

Basic Styling Tips

- Use heat protectants before curling or straightening.
- Secure hairstyles with quality hairpins and elastics.
- Finish with a light mist of hairspray to hold styles in place.

Popular Long Hair Styles for Crossdressing

1. **Classic Waves:** Soft, romantic waves for a feminine touch.
2. **Ponytails:** High or low, with or without accessories.
3. **Braids:** Fishtail, French, or Dutch braids add sophistication.
4. **Updos:** Elegant chignons or buns for formal occasions.
5. **Half-Up Styles:** Combines volume and face framing.

Accessories and Enhancements

Adding accessories can elevate your look and add personal flair.

- **Hair Clips and Barrettes:** Decorate or secure styles.
- **Headbands and Scarves:** Add color and style.
- **Flowers and Pins:** For romantic or theatrical looks.
- **Extensions and Hairpieces:** For volume and length enhancement.

Embracing Confidence and Personal Style

Ultimately, the key to successful long hair crossdressing is confidence. Experiment with different styles, learn techniques through tutorials, and find what makes you feel most authentic and comfortable. Remember, hair is a powerful tool for self-expression, and with patience and practice, you can achieve the look you desire.

Resources and Tips for Further Exploration

- Online Tutorials: YouTube channels dedicated to hair styling, wig styling, and crossdressing tips.
- Community Forums: Connect with others for support, advice, and inspiration.
- Professional Assistance: Consider visiting salons that specialize in wig fitting and hair styling for crossdressers.
- Hair Care Products: Invest in quality shampoo, conditioner, styling products, and tools designed for long hair.

Conclusion

Long hair crossdressing offers a multitude of opportunities for self-expression, creativity, and confidence. By understanding how to select, care for, and style your long hair—whether natural or synthetic—you can achieve a wide range of looks that enhance your feminine or androgynous presentation. Remember, the journey is personal, and embracing your unique style is the most important aspect of crossdressing. With dedication and experimentation, long hair can become your signature and a powerful element in your self-discovery and expression.

Frequently Asked Questions

What are the best hair care tips for maintaining long hair while crossdressing?

To keep long hair healthy for crossdressing, use nourishing shampoos and conditioners, get regular trims, avoid excessive heat styling, and incorporate deep conditioning treatments to prevent damage.

How can I style my long hair for a more feminine crossdressing look?

Try soft waves, elegant braids, or half-up styles. Using hair accessories like clips or headbands can enhance femininity. Experiment with curling or straightening to match your desired aesthetic.

Are there specific wigs or hairpieces recommended for long hair crossdressing?

Yes, high-quality synthetic or human hair wigs with long lengths are popular. Look for wigs with natural lace fronts and adjustable caps for a comfortable fit. Hair extensions can also add volume and length.

How can I protect my long hair during outdoor crossdressing activities?

Use UV protectant sprays, wear hats or scarves to shield your hair from the sun, and avoid harsh weather conditions. Regularly detangle and moisturize your hair to prevent damage.

What are some styling tools best suited for long hair in crossdressing?

Use wide-tooth combs, ceramic curling irons, and flat irons for gentle styling. Heat protectant sprays are essential to prevent damage when using hot tools on long hair.

How can I achieve a natural look with my long hair for crossdressing?

Opt for subtle, soft hairstyles like loose waves or simple ponytails. Use minimal styling products, and consider using natural-looking hair colors or highlights to blend seamlessly with your overall look.

Are there specific hair products recommended for long hair crossdressers?

Yes, choose sulfate-free shampoos, leave-in conditioners, and serums that add shine and reduce frizz. Products designed for long hair help maintain strength and manageability.

How can I manage and prevent hair damage caused by styling long hair for crossdressing?

Limit heat styling, regularly trim split ends, use heat protectant sprays, and incorporate deep conditioning treatments. Avoid tight hairstyles that cause tension and breakage.

Additional Resources

Long hair crossdressing is a captivating and transformative aspect of gender expression that allows individuals to explore and embody a different aesthetic, often emphasizing femininity or androgyny through the use of extended, flowing hair. Whether for cosplay, personal style, performance art, or everyday expression, long hair crossdressing offers a unique way to challenge norms, boost confidence, and craft an entirely new identity. As

society becomes increasingly accepting of diverse gender expressions, the popularity and visibility of long hair crossdressing continue to grow, inspiring many to experiment with their appearance and embrace their authentic selves.

Understanding Long Hair Crossdressing

Long hair crossdressing involves adopting hairstyles typically associated with a gender different from one's assigned at birth, often focusing on the use of long, styled, or artificially enhanced hair to achieve a desired look. This practice spans a broad spectrum, including transgender individuals exploring their gender identity, drag performers crafting elaborate personas, cosplayers emulating characters with long hair, and hobbyists simply enjoying the aesthetic of flowing locks.

The core appeal lies in the visual transformation—long hair can dramatically alter facial features and overall presence, often softening or accentuating certain qualities. Additionally, the tactile experience of having long hair can be soothing and empowering, contributing to a sense of femininity or elegance that might be otherwise inaccessible.

The Significance of Long Hair in Crossdressing

Symbolism and Cultural Context

Long hair has been historically associated with femininity in many cultures worldwide, symbolizing beauty, youth, and grace. For crossdressers, adopting long hair can serve as a powerful symbol of identity, freedom, and self-expression, allowing them to challenge societal expectations and norms. It can also be a way to pay homage to cultural icons or characters that resonate personally.

Psychological Impact

Having long hair can boost confidence, provide comfort, or help individuals feel more aligned with their gender identity. It can also serve as a form of self-care and a statement of authenticity, fostering a sense of pride and visibility.

Methods of Achieving Long Hair in Crossdressing

There are several approaches to attaining long hair for crossdressing, each with its advantages and drawbacks. The choice depends on budget, convenience, desired authenticity, and personal comfort.

Growing Natural Hair

Growing your own hair to achieve long lengths is a natural route. While it offers authenticity and comfort, it requires patience, proper hair care, and dedication.

Pros:

- Authentic appearance
- No need for additional accessories
- Comfortable and natural feeling
- Cost-effective over time

Cons:

- Time-consuming (can take years to grow significant length)
- Requires maintenance and regular trims
- Hair health can be affected by genetics and care routines

Wigs and Hairpieces

Wigs are perhaps the most popular choice for those seeking immediate transformation. Modern wigs come in various styles, colors, and lengths, offering versatility and convenience.

Features & Benefits:

- Instant hair transformation
- Wide variety of styles and colors
- Reusable and customizable
- Can be styled with heat tools (for synthetic or human hair wigs)

Considerations:

- Can be expensive depending on quality
- May require adjustments for a natural fit
- Some wigs can cause discomfort if not properly fitted

Extensions and Clip-ins

Hair extensions, including clip-ins, tape-ins, or sew-ins, allow temporary or semi-permanent lengthening and styling.

Advantages:

- Less expensive than full wigs
- Easier to integrate with natural hair
- Offers versatility in styling

Limitations:

- Less natural-looking than a well-made wig
- Can cause damage if misused
- Needs regular maintenance

Styling Techniques for Long Hair Crossdressing

Achieving a convincing long-haired look involves a combination of styling skills, accessories, and sometimes makeup.

Wig Styling

Wigs can be styled with curling irons, straighteners, and hair products to match the desired look, whether it's soft waves, elegant updos, or straight sleek styles. Proper wig cap fitting and securing methods (like wig grips) are essential to prevent slipping.

Natural Hair Styling

For those growing their own hair, styling involves regular trims, conditioning, and the use of styling tools and products. Techniques like braiding, curling, or flat-ironing can help achieve various looks.

Accessories and Enhancements

Adding hair accessories such as headbands, clips, ribbons, or flowers can elevate the style. Makeup and facial grooming complement the hairstyle, creating a cohesive aesthetic.

Challenges Faced in Long Hair Crossdressing

While the transformation can be rewarding, there are notable challenges to consider:

- Maintenance and Upkeep: Long hair requires regular washing, conditioning, detangling, and styling, which can be time-consuming and costly.
- Comfort and Practicality: Wearing long hair all day, especially in certain environments, can be uncomfortable or impractical.
- Cost: Quality wigs, extensions, and styling products can be expensive.
- Authenticity Concerns: Achieving a natural look may require skill and experience, especially for those new to styling.
- Societal Reactions: Depending on the environment, crossdressers may face misunderstanding or prejudice, necessitating resilience and confidence.

Advantages of Long Hair Crossdressing

- Enhanced Aesthetic Appeal: Long hair can dramatically improve femininity or elegance in appearance.
- Versatility: Long hair offers endless styling options—updos, braids, curls, straight styles—allowing for creative expression.
- Increased Confidence: Successfully adopting a new look can boost self-esteem and provide a sense of empowerment.
- Role Play and Cosplay: Long hair is essential for accurately portraying many characters, adding authenticity to costumes.

Tips for Effective Long Hair Crossdressing

- Invest in Quality: Whether choosing wigs or extensions, quality makes a significant difference in appearance and comfort.
- Learn Styling Techniques: Practice makes perfect; tutorials and community advice can help improve skills.
- Maintain Hair Health: Proper care extends the lifespan of natural hair and prolongs the usability of synthetic options.
- Secure Hair Properly: Use appropriate clips, pins, and adhesives to keep styles in place.
- Experiment and Personalize: Don't hesitate to try different styles, colors, and accessories to find what best suits your personality and goals.
- Respect Comfort and Practicality: Choose styles and methods that suit your daily routine and environment.

Final Thoughts

Long hair crossdressing represents a powerful form of self-expression that encompasses artistry, identity, and cultural symbolism. Whether achieved through natural growth, wigs, or extensions, it offers a transformative experience that can enhance confidence and allow individuals to explore different facets of their personality. While it involves investment in time, effort, and resources, the rewards—such as self-acceptance, creativity, and the joy of visual transformation—are often well worth it. As societal attitudes continue to evolve, embracing long hair crossdressing as a legitimate and celebrated form of gender expression encourages greater acceptance and understanding, ultimately fostering a more inclusive and diverse community.

In summary:

- Long hair crossdressing is a versatile and impactful way to explore gender presentation.
- Multiple methods exist to achieve long hair, each with distinct advantages.
- Styling techniques and accessories significantly influence the final look.
- Challenges include maintenance, cost, and societal perceptions, but these can be navigated with knowledge and confidence.
- The practice offers numerous personal and artistic benefits, empowering individuals to express their true selves authentically.

Embracing the art of long hair crossdressing opens a world of creative possibilities and personal growth, making it a rewarding journey for everyone interested in exploring this beautiful form of expression.

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long hair crossdressing: *Crossdressing in Context, Vol. 2: Today's Transgender Realities*

Gregory G. Bolich, Ph. D. G. G. Bolich, 2007-06-19 The second volume in a 5 volume set, *The Context of Transgender Realities* examines crossdressing as it is experienced by crossdressers and as it is interpreted by others, including researchers from a number of different disciplines. Organized as answers to frequently asked questions, the text covers everything from what motivates crossdressing, to when it begins, how it proceeds, and what it means.

long hair crossdressing: **Crossdressing in Context, Vol. 4 Transgender & Religion** Ph. D.

G. G. Bolich, 2009-01-01 Much debate exists over the proper religious perspective on transgender realities and people. This volume examines transgender in the major world religions. Extensive consideration is given to Christianity, including the arguments presented both against transgender behaviors and by supporters of transgender people. Religions covered include Christianity, Judaism, Islam, Hinduism, Buddhism, Jainism, Confucianism, Taoism, Shinto, and indigenous religions such as Native American religions of the United States.

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G. G. Bolich, 2007-11-01 The first in a five volume set, this book reestablishes dress as a foundational context for crossdressing. This major study demonstrates the interplay between sex, gender, and clothes, especially as these relate to transgender behaviors, of which crossdressing is the best-known.

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Bolich, Ph. D. G. G. Bolich, 2007-04-02 The first in a five volume set, this book reestablishes dress as a foundational context for crossdressing. This major study demonstrates the interplay between sex, gender, and clothes, especially as these relate to transgender behaviors, of which crossdressing is the best-known.

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Bolich, Ph. D. G. G. Bolich, 2007-09-28 The third in a landmark five volume study of transgender realities, with a focus on crossdressing, this fascinating volume offers a tour through history and around the world. Within these pages are found the most famous crossdressers of history and information as to what it means to be a transgender person in the various countries of the world today.

long hair crossdressing: *Male-to-Female Crossdressing in Early Modern English Literature*

Simone Chess, 2016-04-14 This volume examines and theorizes the oft-ignored phenomenon of male-to-female (MTF) crossdressing in early modern drama, prose, and poetry, inviting MTF

crossdressing episodes to take a fuller place alongside instances of female-to-male crossdressing and boy actors' crossdressing, which have long held the spotlight in early modern gender studies. The author argues that MTF crossdressing episodes are especially rich sources for socially-oriented readings of queer gender—that crossdressers' genders are constructed and represented in relation to romantic partners, communities, and broader social structures like marriage, economy, and sexuality. Further, she argues that these relational representations show that the crossdresser and his/her allies often benefit financially, socially, and erotically from his/her queer gender presentation, a corrective to the dominant idea that queer gender has always been associated with shame, containment, and correction. By attending to these relational and beneficial representations of MTF crossdressers in early modern literature, the volume helps to make a larger space for queer, genderqueer, male-bodied and queer-feminine representations in our conversations about early modern gender and sexuality.

long hair crossdressing: Complete Guide to Crossdressing for Beginners: Margot Steele, 2025-02-05 Crossdressing, in its many forms, has long been a means of self-expression, self-exploration, and personal liberation for individuals across various cultures and periods of history. It is the art of dressing in clothing typically associated with the opposite gender, but beyond this basic definition lies a much deeper and more profound experience. For some, crossdressing is an outward manifestation of their true identity, a way to embody a different aspect of themselves that may have remained hidden or suppressed for years. For others, it is a form of artistic expression, a playful engagement with gender norms, or a way to explore the boundaries of identity, femininity, masculinity, and everything in between. This book is for those who are curious about crossdressing, whether they are just beginning their journey or have been exploring for years. It is meant to be an informative guide, one that will give insight into the emotional, psychological, and practical aspects of crossdressing. As you read through this book, you will discover not only the history of crossdressing but also how it can be a transformative experience. The chapters will offer practical advice, including how to build a wardrobe, apply makeup, style your hair, and most importantly, how to develop the confidence necessary to fully embrace and express your feminine side. Crossdressing is often misunderstood, especially when seen from a distance. For some, it may seem like an act of rebellion or a way to confuse gender roles. But in reality, it can be a deeply personal and powerful experience that connects us to a more authentic version of ourselves. There is no one "right" way to crossdress, and the beauty of this practice is that it allows for an incredibly wide range of interpretations, expressions, and experiences. Whether you are drawn to wearing skirts, dresses, or simply embodying the essence of femininity in other ways, crossdressing can help you connect to a more complete version of yourself. In this preface, I invite you to consider the significance of crossdressing in your life, whether you have already embarked on the journey or are still exploring the possibilities. The pages ahead are filled with practical tools, historical insights, and stories that may help you better understand the transformative nature of crossdressing. You will read about the challenges and triumphs that others have encountered and gain insight into the ways that clothing, makeup, and attitude can help shape the way we perceive ourselves. Above all, this book is about self-discovery. It is about finding the courage to explore new facets of your identity, to express yourself in ways that feel authentic, and to challenge societal expectations of what it means to be a man, a woman, or anything else. Crossdressing is not a uniform practice, and there is no one-size-fits-all approach to it. You are encouraged to explore what feels right for you, to experiment, and to embrace the journey of discovery. The following chapters will explore crossdressing from a variety of angles, from historical contexts to practical advice and psychological exploration. In doing so, I hope to provide a holistic perspective on the act of crossdressing as it relates to self-expression and identity. Crossdressing can be a source of immense joy, freedom, and empowerment. By the end of this book, I hope you will be inspired to take steps towards a more authentic version of yourself, whether that means exploring crossdressing for the first time or deepening an already meaningful practice. Whatever your reasons for reading this book, remember that you are not alone in this journey. There is a vibrant, diverse community of people who have

embraced the art of crossdressing as a means of self-expression, and I invite you to join that community as you continue to explore and evolve on your own personal path.

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long hair crossdressing: *Chrysalis* , 1995

long hair crossdressing: *The SAGE Encyclopedia of Trans Studies* Abbie E. Goldberg, Genny Beemyn, 2021-03-15 Transgender studies, broadly defined, has become increasingly prominent as a field of study over the past several decades, particularly in the last ten years. The experiences and rights of trans people have also increasingly become the subject of news coverage, such as the ability of trans people to access restrooms, their participation in the military, the issuing of driver's licenses that allow a third gender option, the growing visibility of nonbinary trans teens, the denial of gender-affirming health care to trans youth, and the media's misgendering of trans actors. With more and more trans people being open about their gender identities, doctors, nurses, psychologists, social workers, counselors, educators, higher education administrators, student affairs personnel, and others are increasingly working with trans individuals who are out. But many professionals have little formal training or awareness of the life experiences and needs of the trans population. This can seriously interfere with open communications between trans people and service providers and can negatively impact trans people's health outcomes and well-being, as well as interfere with their educational and career success and advancement. Having an authoritative, academic resource like *The SAGE Encyclopedia of Trans Studies* can go a long way toward correcting misconceptions and providing information that is otherwise not readily available. This encyclopedia, featuring more than 300 well-researched articles, takes an interdisciplinary and intersectional approach to trans studies. Entries address a wide range of topics, from broad concepts (e.g., the criminal justice system, activism, mental health), to specific subjects (e.g., the trans pride flag, the Informed Consent Model, voice therapy), to key historical figures, events, and organizations (e.g., Lili Elbe, the Stonewall Riots, Black Lives Matter). Entries focus on diverse lives, identities, and contexts, including the experiences of trans people in different racial, religious, and sexual communities in the United States and the variety of ways that gender is expressed in other countries. Among the fields of studies covered are psychology, sociology, history, family studies, K-12 and higher education, law/political science, medicine, economics, literature, popular culture, the media, and sports.

long hair crossdressing: *Being Transgender* Dana Jennett Bevan Ph.D., 2016-11-14 Written for general audiences, this unprecedented book comprehensively answers many questions about being transgender with current experiential and scientific information, including the evidence for a biological transgender predisposition. With transgender people visibly achieving fame in entertainment, the literary world, and other arenas, increasing numbers of transgender people are choosing to publicly announce that they are transgender. All of this has brought transgender people and the associated issues of being transgender into mainstream discourse. The demand for fact-based, scientific information on being transgender has never been higher. Written by a transgender person who is also a physiological psychologist, this book is the first for general readers that explains what is known about transgender causation, what life as a transgendered individual is like, and the science involved in living a transgender life. This book serves to improve understanding of being transgender among general audiences—including transgender readers—by describing the science and experience of being transgender. It supplies an enlightening understanding of what it feels like to be transgender, when it starts, the many paths for living a transgender life, and methods to face challenges such as bullying and rejection. It provides a worldview that transgender people are neither broken nor diseased, but rather that they exhibit transgender behavior because of a biological predisposition for which there is solid scientific evidence.

long hair crossdressing: *TRANS/gressive* Riki Wilchins, 2017-05-31 In the early 1990s, no one talked about transgender people, and no one knew one. We were not on TV or in movies. What

formed the visible part of the transcommunity – overwhelmingly white, urban, and middle class – was also overwhelmingly focused on conferences, surgery or hormones and cisgender acceptance. This was still a determinedly non-political population, often in defensive crouch because it was also constantly under attack by the media, police, local legislatures, feminists and even LGB-but-never-T advocates. We were a group that still thought of ourselves as a collection of separate individuals, not a movement. What made political consciousness so difficult was that there was no “transgender section” of town, where we saw each other regularly. And mainstream society mostly ignored us. And when it didn’t, it usually made clear it despised us. We were freaks. We were gendertrash. We lived in a transient and indoor community that knew itself only a few days at a time during conferences at hotels out on the interstate. But all that was about to change. Even when politics are avoided, bringing despised and marginalized people together is itself a political act. Without realizing or intending it, the community was reaching critical mass. Even in those pre-Internet, pre-cellphone days, enough transpeople were running into one another often enough to begin realizing we could be a force, that we didn’t really need cisgender acceptance. What we needed was our civil rights. This is the inside story of how in just a few years, a handful of trans activists would come together in the face of enormous difficulties and opposition to launch from the very margins of society what would grow into the modern political movement for gender rights.

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long hair crossdressing: *Touching, Devotional Practices, and Visionary Experience in the Late Middle Ages* David Carrillo-Rangel, Delfi I. Nieto-Isabel, Pablo Acosta-García, 2019-12-16 This book addresses the history of the senses in relation to affective piety and its role in devotional practices in the late Middle Ages, focusing on the sense of touch. It argues that only by deeply analysing this specific context of perception can the full significance of sensory religious experience in the Late Middle Ages be understood. Considering the centrality of the body to medieval society and Christianity, this collection explores a range of devotional practices, mainly relating to the Passion of Christ, and features manuscripts, works of devotional literature, art, woodcuts and judicial records. It brings together a multidisciplinary group of scholars to offer a variety of methodological approaches, in order to understand how touch was encoded, evoked and purposefully used. The book further considers how touch was related to the medieval theory of perception, examining its relation to the inner and outer senses through the eyes of visionaries, mystics, theologians and confessors, not only as praxis but from different theoretical points of view. While considered the most basic of spiritual experience, the chapters in this book highlight the all-pervasive presence of touch and the significance of 'affective piety' to Late Medieval Christians. Chapter 3: Drama, Performance and Touch in the Medieval Convent and Beyond is Open Access under a CC BY 4.0 license at link.springer.com

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