

12 steps of celebrate recovery pdf

12 steps of celebrate recovery pdf have become a vital resource for individuals seeking healing and spiritual growth through the Celebrate Recovery program. This comprehensive PDF guide offers a structured pathway to overcoming various life challenges, including addiction, anger, hurt, and habits that hinder personal development. Whether you're a newcomer or a seasoned participant, understanding the 12 steps within the context of Celebrate Recovery can profoundly impact your journey toward wholeness. In this article, we explore the significance of the 12 steps, how to access the Celebrate Recovery PDF, and practical insights into each step's application.

Understanding Celebrate Recovery and Its Foundation

What Is Celebrate Recovery?

Celebrate Recovery is a faith-based recovery program designed to help individuals overcome hurts, habits, and hang-ups. Developed by Saddleback Church in California, it integrates biblical principles with proven recovery methods. The program emphasizes grace, forgiveness, and personal transformation, guiding participants through a structured process rooted in the 12-step model.

The Role of the 12 Steps in Celebrate Recovery

The 12 steps serve as the core framework of Celebrate Recovery. They provide a spiritual roadmap for acknowledging issues, seeking divine help, and making amends. The steps are adapted from Alcoholics Anonymous but are infused with Christian teachings, making them particularly meaningful for believers looking to align their recovery with their faith.

Accessing the Celebrate Recovery 12 Steps PDF

Where to Find the PDF

The official Celebrate Recovery website and affiliated church portals often offer downloadable PDFs of the 12 steps. These resources are typically free and provide a detailed overview of each step, along with

accompanying scriptures and reflection questions.

How to Download and Use the PDF

To access the PDF:

- Visit the official Celebrate Recovery website or your church's recovery ministry page.
- Look for resources or downloads related to the 12 steps.
- Download the PDF file to your device.
- Print a copy or keep it digitally for easy reference during meetings or personal study.

Using the PDF as a study guide can deepen your understanding of each step and serve as a daily or weekly reflection tool.

The 12 Steps of Celebrate Recovery: A Deep Dive

Step 1: We admitted we were powerless over our addictions and hurts—that our lives had become unmanageable.

This foundational step involves honest acknowledgment of personal struggles. Recognizing powerlessness is not about defeat but about acceptance, which opens the door to divine intervention. Reflection questions include:

- Am I willing to admit my struggles openly?
- How can surrendering control bring relief and clarity?

Step 2: We came to believe that a Power greater than ourselves could restore us to sanity.

Faith plays a central role here. Believing in God's power to heal and restore is essential for progress. This

step encourages trust in divine guidance and the hope of renewal.

Step 3: We made a decision to turn our will and our lives over to the care of God as we understood Him.

Surrendering personal control involves deliberate choices to seek God's direction, fostering humility and dependence on divine strength.

Step 4: We made a searching and fearless moral inventory of ourselves.

Self-reflection is crucial. Participants are encouraged to examine their past behaviors, motives, and patterns honestly, often using tools like journaling or worksheets found in the PDF.

Step 5: We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Confession fosters accountability and healing. Sharing openly can release guilt and shame, paving the way for forgiveness.

Step 6: We were entirely ready to have God remove all these defects of character.

This step involves readiness and willingness to change, trusting that divine help can remove harmful traits.

Step 7: We humbly asked Him to remove all our shortcomings.

Prayer and humility are emphasized here, seeking God's assistance in overcoming flaws.

Step 8: We made a list of all persons we had harmed and became willing to make amends to them all.

Accountability extends outward. Creating an amends list prepares participants to restore broken relationships.

Step 9: We made direct amends to such people wherever possible, except when to do so would injure them or others.

Taking action to reconcile is vital, but safety and discernment are prioritized.

Step 10: We continued to take personal inventory and when we were wrong promptly admitted it.

Ongoing self-assessment helps maintain accountability and humility.

Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will and the power to carry that out.

Spiritual disciplines deepen the relationship with God, providing strength and guidance.

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs.

Sharing recovery and living out principles reinforce transformation and purpose.

Practical Application of the 12 Steps in Celebrate Recovery

Using the PDF for Daily Reflection

Participants are encouraged to revisit the PDF regularly, meditating on each step and scripture. Incorporate reading, journaling, and prayer to deepen understanding.

Group Study and Accountability

Many Celebrate Recovery groups utilize the PDF as a discussion guide. Sharing insights and struggles fosters community and mutual support.

Personal Growth and Spiritual Development

The 12 steps are not just about overcoming addiction but about fostering a Christ-centered life. The PDF serves as a continual reminder of God's grace and the journey toward healing.

Additional Resources and Support

Complementary Materials

Besides the PDF, Celebrate Recovery offers workbooks, prayer guides, and devotionals that align with each step, enriching the recovery process.

Seeking Professional Help

While the 12 steps provide a spiritual framework, integrating counseling or therapy can enhance recovery, especially for complex issues.

Online Communities and Forums

Many online platforms provide support, sharing experiences related to the 12 steps, and offering encouragement.

Conclusion

The **12 steps of celebrate recovery pdf** is a crucial tool for anyone committed to overcoming life's hurts and habits through faith-based principles. By understanding and applying each step, participants can experience profound personal and spiritual transformation. Accessing the PDF, engaging with its content, and integrating it into daily life can accelerate healing and foster a supportive community. Remember, recovery is a journey—guided by grace, rooted in faith, and sustained by a commitment to growth.

Takeaway Tips:

- Regularly revisit the PDF to reinforce your understanding.
- Use the reflection questions to deepen your personal insight.

- Share the resource with others seeking recovery.
- Combine the 12 steps with prayer, scripture, and community support for best results.
- Be patient and compassionate with yourself as you progress on your recovery journey.

Frequently Asked Questions

What are the 12 steps of Celebrate Recovery PDF?

The 12 steps of Celebrate Recovery PDF outline a spiritual and practical pathway to healing from various hurts, habits, and hang-ups, inspired by the traditional 12-step model but tailored to Christian principles.

Where can I find the official Celebrate Recovery 12 steps PDF?

You can access the official Celebrate Recovery 12 steps PDF on the official Celebrate Recovery website or through authorized church resources that provide downloadable materials.

Are the 12 steps in Celebrate Recovery different from Alcoholics Anonymous?

While they share similarities, the Celebrate Recovery 12 steps incorporate Christian faith and spiritual principles, whereas AA's steps are more secular and focused on sobriety from alcohol.

Can I get a free PDF of the Celebrate Recovery 12 steps?

Yes, many churches and official Celebrate Recovery resources offer free PDFs of the 12 steps, often available for download on their websites or through church ministries.

How do the 12 steps of Celebrate Recovery facilitate spiritual growth?

The 12 steps guide individuals to acknowledge their struggles, seek forgiveness, surrender to God, and develop a personal relationship with Him, fostering spiritual growth and healing.

Is the Celebrate Recovery 12 steps PDF suitable for small groups?

Absolutely, the PDF is designed to be used in small group settings to encourage discussion, accountability, and mutual support among participants.

What is the best way to study the 12 steps of Celebrate Recovery PDF?

The best way is to read the PDF carefully, reflect on each step, and discuss its application with a trusted group or mentor to deepen understanding and personal growth.

Are there any additional materials needed alongside the Celebrate Recovery 12 steps PDF?

Optional materials include workbooks, journals, and leader guides that can enhance your understanding and facilitate group discussions about the 12 steps.

How does the 12 steps PDF align with biblical teachings?

The 12 steps emphasize principles like surrender, forgiveness, and reliance on God, aligning closely with biblical teachings on repentance, grace, and spiritual renewal.

Can I customize the Celebrate Recovery 12 steps PDF for my church or group?

Yes, many churches adapt the PDF content to fit their specific ministry needs, but it's important to stay true to the core principles to maintain the integrity of the program.

Additional Resources

12 Steps of Celebrate Recovery PDF: An In-Depth Exploration

In the realm of recovery programs, Celebrate Recovery has emerged as a prominent faith-based initiative designed to help individuals overcome a wide range of hurts, habits, and hang-ups. Central to its philosophy and methodology are the 12 Steps of Celebrate Recovery PDF, a structured framework rooted in Christian teachings and adapted specifically to address personal struggles within a spiritual context. This article provides a comprehensive review of the 12 steps as outlined in the official Celebrate Recovery PDF, examining their origins, structure, practical application, and impact on participants.

Understanding Celebrate Recovery and Its 12 Steps

Celebrate Recovery was launched in 1991 by Saddleback Church in Lake Forest, California, inspired by the broader 12-step movement that originated with Alcoholics Anonymous. Unlike traditional 12-step programs, Celebrate Recovery emphasizes the integration of biblical principles, emphasizing God's grace as the foundation for healing and transformation.

The 12 Steps of Celebrate Recovery PDF serve as a spiritual roadmap, guiding participants through acknowledgment, repentance, and renewal. These steps are intentionally designed to align with biblical

teachings, fostering both accountability and spiritual growth.

The Origins and Foundations of the 12 Steps in Celebrate Recovery

Historical Context

The 12 steps in Celebrate Recovery are adapted from the original 12-step program developed by Alcoholics Anonymous in the 1930s. However, Celebrate Recovery emphasizes faith and scripture, tailoring each step to resonate with Christian doctrine.

Biblical Integration

Each step is underpinned by scripture references, reinforcing the spiritual nature of recovery. This integration ensures that participants view their journey not only as a psychological process but also as a spiritual awakening.

Core Principles

The foundational principles of these steps include:

- Honesty and humility
- Repentance and forgiveness
- Surrender to God's will
- Personal accountability
- Grace and redemption

Detailed Breakdown of the 12 Steps of Celebrate Recovery PDF

The following sections explore each step in detail, highlighting their purpose, biblical references, and

practical implications.

Step 1: We admitted we were powerless over our addictions and compulsive behaviors—that our lives had become unmanageable.

Purpose: Acknowledging the problem is the first step toward healing. It requires humility and honesty.

Biblical Reference: Romans 7:18 – "For I know that nothing good dwells in me, that is, in my flesh."

Practical Application: Participants are encouraged to confront their struggles openly, avoiding denial, and seeking support.

Step 2: We came to believe that a Power greater than ourselves could restore us to sanity.

Purpose: Establishing faith in God's power for recovery.

Biblical Reference: Philippians 4:13 – "I can do all things through Christ who strengthens me."

Practical Application: Participants nurture trust in God's ability to bring about change, often through prayer and scripture study.

Step 3: We made a decision to turn our will and our lives over to the care of God.

Purpose: Surrendering control and committing to God's guidance.

Biblical Reference: Proverbs 3:5-6 – "Trust in the Lord with all your heart..."

Practical Application: Participants practice surrender, letting go of self-reliance and embracing divine sovereignty.

Step 4: We made a searching and fearless moral inventory of ourselves.

Purpose: Self-examination to identify personal shortcomings and root causes of struggles.

Biblical Reference: Lamentations 3:40 – "Let us examine our ways and test them."

Practical Application: Engaging in honest reflection, often through journal writing or counseling.

Step 5: We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Purpose: Confession and accountability.

Biblical Reference: James 5:16 – "Confess your sins to one another."

Practical Application: Sharing openly in safe environments, such as recovery groups.

Step 6: We were entirely ready to have God remove all these defects of character.

Purpose: Willingness to change.

Biblical Reference: Psalm 51:10 – "Create in me a clean heart."

Practical Application: Cultivating openness to God's transformative work.

Step 7: We humbly asked Him to remove all our shortcomings.

Purpose: Seeking humility and divine assistance.

Biblical Reference: 1 John 1:9 – "If we confess our sins, He is faithful and just to forgive us."

Practical Application: Prayerful dependence on God's grace for healing.

Step 8: We made a list of all persons we had harmed and became willing to make amends to them all.

Purpose: Restoring relationships and taking responsibility.

Biblical Reference: Matthew 5:23-24 – "Reconcile with your brother."

Practical Application: Compiling harm done and preparing for reconciliation.

Step 9: We made direct amends to such people wherever possible, except when to do so would injure them or others.

Purpose: Actively repairing damage caused.

Biblical Reference: Luke 19:8 – Zacchaeus's restitution.

Practical Application: Engaging in honest, respectful apologies and making restitution.

Step 10: We continued to take personal inventory and when we were wrong, promptly admitted it.

Purpose: Ongoing accountability and humility.

Biblical Reference: 1 John 1:8-9.

Practical Application: Regular self-assessment and swift acknowledgment of mistakes.

Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will and the power to carry that out.

Purpose: Spiritual growth and alignment with God's will.

Biblical Reference: 1 Thessalonians 5:17 – "Pray without ceasing."

Practical Application: Daily prayer, meditation, and scripture reading.

Step 12: Having had a spiritual awakening as the result of these steps, we try to carry this message to others and to practice these principles in all our affairs.

Purpose: Service and ongoing spiritual practice.

Biblical Reference: Matthew 28:19-20 – The Great Commission.

Practical Application: Mentoring others, volunteering, and embodying Christian principles.

Practical Application and Impact of the 12 Steps in Celebrate Recovery

The success of Celebrate Recovery's 12 steps hinges on their integration into daily life. Participants are encouraged to:

- Attend weekly recovery groups
- Engage in personal devotional practices
- Commit to ongoing self-reflection
- Build supportive relationships within the recovery community
- Serve others as an expression of gratitude and faith

Research and anecdotal evidence suggest that individuals who faithfully work through these steps often experience profound spiritual renewal, improved mental health, and healthier relationships.

Accessibility and Resources: The Role of the PDF

The Celebrate Recovery PDF serves as an accessible resource for individuals and groups seeking guidance. It provides:

- A clear outline of each step
- Biblical references for reflection
- Practical exercises and prompts
- Optional worksheets for self-assessment

Having a downloadable PDF allows for flexible engagement, whether in group settings or personal study, facilitating a structured approach to recovery rooted in faith.

Critiques and Considerations

While the 12 steps of Celebrate Recovery offer a spiritually grounded path to healing, some critics argue that the approach may not resonate with individuals from diverse religious backgrounds or secular recovery communities. Additionally, the emphasis on biblical principles may require adaptation for those seeking non-faith-based support.

However, for many believers, the integration of scripture and faith provides a powerful foundation for lasting change.

Conclusion

The 12 Steps of Celebrate Recovery PDF encapsulate a comprehensive, biblically rooted process designed to facilitate healing from various hurts and addictive behaviors. By combining spiritual principles with practical steps, Celebrate Recovery offers a pathway to recovery that emphasizes humility, accountability,

forgiveness, and service.

For those committed to integrating faith into their healing journey, these steps serve as both a spiritual discipline and a roadmap toward freedom and restoration. As with any recovery process, success depends on sincerity, community support, and a genuine desire for transformation.

In summary, the 12 steps in Celebrate Recovery are more than mere procedures—they are a spiritual voyage rooted in biblical truth, fostering healing that addresses both the emotional and spiritual dimensions of personal struggles. The availability of the Celebrate Recovery PDF ensures that this transformative framework remains accessible, organized, and ready to guide individuals toward a renewed life grounded in faith and grace.

[12 Steps Of Celebrate Recovery Pdf](#)

12 steps of celebrate recovery pdf: Your First Step to Celebrate Recovery John Baker, 2016-06-28 You've undoubtedly heard the expression "time heals all wounds." Unfortunately, it isn't true. As many pastors and counselors know, people still carry hurts from thirty or forty years ago. The truth is, time often makes things worse. Wounds that are left untended fester and spread infection throughout your entire body. Time only extends the pain if the problem isn't dealt with. Your First Step to Celebrate Recovery introduces you to a biblical and balanced program that has helped nearly a million people overcome their hurts, hang-ups, and habits. Based on the actual words of Jesus found in the Sermon on the Mount rather than psychological theory, the Celebrate Recovery program has helped people for over 20 years to grow toward full Christ-like maturity. Author and founder John Baker tells the true story of how Celebrate Recovery became one of the largest Christ-centered recovery programs in history. Baker will help you discover how God's love, truth, grace and forgiveness can bring healing into your life.

12 steps of celebrate recovery pdf: Celebrate Recovery Updated Leader's Guide John Baker, 2009-08-30 There is a way the church can help the wounded move beyond their hurts, habits, and hang-ups to experience the forgiveness of Christ. Celebrate Recovery helps the church fulfill its role as Christ's healing agent. You don't have to lead alone. To lead people forward in spiritual, physical, and emotional restoration is to walk in the footsteps of Christ. And that's why the Celebrate Recovery Leader's Guide is so important. With everything you need to encourage lasting life-change, the leader's guide is the best way to facilitate Celebrate Recovery in your church and help people look forward to a whole new future. The Celebrate Recovery Leader's Guide includes: Fresh testimonies A 90-day start-up strategy A clear, easy-to-follow format Step-by-step instructions for each meeting Guide for conducting leader training Teaching notes for the 25 lessons of The Journey Begins (Participant Guides 1-4) Overview of the 25 lessons of The Journey Continues (Participant Guides 5-8) Along with a willing heart, this leader's guide is invaluable for leading men and women forward in complete restoration and transformation through Christ.

12 steps of celebrate recovery pdf: Stepping Out of Denial into God's Grace
Participant's Guide 1 John Baker, 2016-06-14 The Celebrate Recovery Participant's Guides are essential tools for the personal recovery journey. In the six lessons in Guide 1: Stepping Out of Denial Into God's Grace, you will experience the first 3 of the 8 recovery principles: 1 Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is

unmanageable. Happy are those who know they are spiritually poor (Matthew 5:3). 2 Earnestly believe that God exists, that I matter to him, and that he has the power to help me recover. Happy are those who mourn, for they shall be comforted (Matthew 5:4). 3 Consciously choose to commit all my life and will to Christ's care and control. Happy are the meek (Matthew 5:5). By working through the lessons and exercises found in each of the four Participant's Guides you will begin to experience the true peace and serenity you have been seeking, restore and develop stronger relationships with others and with God, and find freedom from life's hurts, hang-ups, and habits. All the scriptures have been updated to the new NIV 2011 version.

12 steps of celebrate recovery pdf: Taking an Honest and Spiritual Inventory

Participant's Guide 2 John Baker, 2009-08-30 A Program for Implementing a Christ-Centered Recovery Ministry in YourChurch Alcoholism - Divorce - Sexual Abuse - Codependency - Domestic Violence - Drug Addiction - Sexual Addiction - Food Addiction - Gambling Addiction and many more! There is a way the church can help the hurting move beyond their wounds to experience the healing and forgiveness of Christ. Since 1991, more than 200,000 people have participated in the Celebrate Recovery programs offered at more than 3,500 churches, prisons, and rescue missions. Drawn from the Beatitudes, Celebrate Recovery helps people resolve painful problems in the context of the church as a whole. Newly updated, the kit includes: • 1 20-minute DVD introductory guide for leaders • 1 leader's guide • 1 of each participant's guide (4 total) • CD-ROM with 25 lessons • CD-ROM with sermon transcripts and reproducible promotional materials • 4-volume audio CD sermon series "And then there's pastor John Baker, the founder of Celebrate Recovery... Big John and I shared something in common. We used to drink too much. And our hearts changed, and then we quit. That is a tried-and-true formula. The problem is government is not good at changing hearts. But people like John Baker have been good about it and successful doing that." —President George W. Bush on Celebrate Recovery and its founder, John Baker, at the Faith-Based and Community Initiatives Conference, March 3, 2004.

12 steps of celebrate recovery pdf: Celebrate Recovery Volumes 1-4 Participant's Guide

Updated Edition, The Journey Begins John Baker, 2025-07-01 The Proven, Groundbreaking Recovery Curriculum The Celebrate Recovery Participant's Guide, Volumes 1-4 Updated Edition now combines all four volumes of The Journey Begins study guides for the essential tool to your personal recovery journey. In the complete twenty-five lessons of The Journey Begins, you will experience all eight of the recovery principles from the Beatitudes developed by John Baker in the Celebrate Recovery program: In Volume One: Stepping Out of Denial into God's Grace, you will experience the first three of the eight recovery principles. In Volume Two: Taking an Honest and Spiritual Inventory, you will experience an in-depth look at the fourth principle in the recovery process. In Volume Three: Getting Right with God, Yourself, and Others, you will move through principles four through six in the recovery process. In Volume Four: Growing in Christ While Helping Others, you will work through the final two principles on the road to recovery. More than just maintenance, principles seven and eight will help you prevent relapse and give you the necessary tools to help others in their recovery process. By working through the lessons and exercises found in each of the four volumes of the Participant's Guide for The Journey Begins, you will begin to experience the true peace and serenity you have been seeking, restore and develop stronger relationships with others and with God, and find freedom from life's hurts, hang-ups, and habits.

12 steps of celebrate recovery pdf: Anonymous Christians Herbert E. Hudson, 2017-11-29

This book explores the relationship of clergy to Twelve Step programs. Field research of pastors in the Florida Keys found that they are unsure if addiction is a disease or a sin, and whether the Twelve Steps are based on Christianity. Lessons learned include the validity of both traditional Twelve Step programs such as Alcoholics Anonymous and Christ-centered programs such as Celebrate Recovery, the coherence of sin and disease explanations of addiction, and the significance of modern addiction theory. The specific outcome of this study is the development of a course syllabus for clergy on addiction recovery through Twelve Step philosophy.

12 steps of celebrate recovery pdf: Asking God to Grow My Character: The Journey

Continues, Participant's Guide 6 John Baker, Johnny Baker, 2021-06-08 Celebrate Recovery introduces The Journey Continues—four new participant's guides designed as a revolutionary, new second step study curriculum. This step study is taken after completing The Journey Begins (Participant Guides 1-4). In the five lessons in Guide 6: Asking God to Grow My Character, you will experience Christ-centered and biblically-based studies filled with brand new acrostics, deeper questions, and more helpful Bible verses. The content in Guide 6 will focus on a deeper study of the fourth recovery principle: Openly examine and confess my faults to God, to myself, and to someone I trust. Happy are the pure in heart (Matthew 5:8). By working through the lessons and exercises found in each of the four participant's guides of The Journey Continues you will find a deeper sense of true peace and serenity, continue to restore and develop stronger relationships with others and with God, and find deeper freedom from life's hurts, hang-ups, and habits.

12 steps of celebrate recovery pdf: *Bridges to Grace* Elizabeth A Swanson, Teresa J. McBean, 2011-07-05 Discover the power of recovery ministry for your church. Churchgoers who experience painful family issues, addictions, abuse, loss, mental illnesses, and other secret sorrows begin to believe they live beyond the grip of God's redemptive hand. Pastors often feel ill equipped to help with such problems and refer people to resources outside the church. People badly need Christ-centered counsel and encouragement, but few church leaders even know where to start. Bridges to Grace is an inspiring introduction highlighting the stories of churches across the country that are thinking systematically and organizationally about the ministry of recovery. The authors share how this ministry is bringing God's grace to hurting individuals. They relate both success and failure, and best of all, they demonstrate how God uses recovery ministry powerfully for his kingdom purposes.

12 steps of celebrate recovery pdf: *The Mental Health Handbook for Ministry* Mark Mayfield, 2025-09-23 Poor mental and emotional health are two of the great crises of our times, and yet most pastors and ministry leaders are not adequately trained or equipped to understand and come alongside the hurting. As a result, our efforts to help those who are wrestling with mental or emotional health struggles are at best inadequate and at worst harmful. Combining the best of clinical research with a biblical worldview, The Mental Health Handbook for Ministry is a practical and accessible resource to help pastors, church leaders, and others who are called on to offer counsel · identify the symptoms of particular mental and emotional health challenges · express love and support to those who are hurting · recommend healthy coping strategies · discern when to offer help and when to refer someone to a mental health professional With chapters dedicated to common manifestations of mental and emotional distress, including depression, anxiety, trauma, suicide, self-harm, addiction, personality disorders, grief, and more, this will quickly become the go-to resource for ministry leaders who long to offer help to the hurting.

12 steps of celebrate recovery pdf: *Moving Forward in God's Grace: The Journey Continues, Participant's Guide 5* John Baker, Johnny Baker, 2021-06-08 Celebrate Recovery introduces The Journey Continues—four new participant's guides designed as a revolutionary, new second step study curriculum. This step study is taken after completing The Journey Begins (Participant Guides 1-4). In the six lessons in Guide 5: Moving Forward in God's Grace, you will experience Christ-centered and biblically based studies filled with brand new acrostics, deeper questions, and more helpful Bible verses. The content in Guide 5 will focus on a deeper study of the first 3 of 8 recovery principles: Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. Happy are those who know they are spiritually poor (Matthew 5:3). Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. Happy are those who mourn, for they shall be comforted (Matthew 5:4). Consciously choose to commit all my life and will to Christ's care and control. Happy are the meek (Matthew 5:5). By working through the lessons and exercises found in each of the four participant's guides of The Journey Continues you will find a deeper sense of true peace and serenity, continue to restore and develop stronger relationships with others and with God, and find deeper freedom from life's hurts, hang-ups, and habits.

12 steps of celebrate recovery pdf: Your First Step to Celebrate Recovery, Updated John Baker, 2025-06-17 The program that has helped over five million people overcome their hurts, hang-ups, and habits You've undoubtedly heard the expression time heals all wounds. Unfortunately, it isn't true. As many pastors and counselors know, people still carry hurts from thirty or forty years ago. The truth is, time often makes things worse. Wounds that are left untended fester and spread infection throughout your entire body. Time only extends the pain if the problem isn't dealt with. Your First Step to Celebrate Recovery introduces you to a biblical and balanced program that has helped nearly five million people overcome their hurts, hang-ups, and habits. Based on the actual words of Jesus found in the Sermon on the Mount rather than psychological theory, the Celebrate Recovery program has helped people for over 20 years to grow toward full Christ-like maturity. Author and founder John Baker tells the true story of how Celebrate Recovery became one of the largest Christ-centered recovery programs in history. Baker will help you discover how God's love, truth, grace and forgiveness can bring healing into your life.

12 steps of celebrate recovery pdf: The Heart of Recovery Deborah Beddoe, David Beddoe, 2019-11-05 The United States is the most medicated country in the world. More than 1.7 million Americans are struggling with addiction to prescription painkillers, fueling the opioid crisis that claims more than 140 lives every day. The trouble isn't just the drugs--it's that we don't know what to do with the people addicted to them. Not as a country, not as the church. Is tough love called for? Or would Christ have us take a different approach to addiction recovery? Drawn from the personal experience of the authors and current research, The Heart of Recovery calls us to set aside judgment and mend recovering addicts and their families with the stuff God uses to heal: compassion and community. It's a call to serve the ones who cannot repay, to forgive 70 times 7, to fling the door wide-open to the prodigal, and to remember the purpose of grace. A supportive community--family, friends, the church, and more--encourages and sustains long-term recovery. Through compassion, we bring hope for healing.

12 steps of celebrate recovery pdf: Treating Opioid Addiction John F. Kelly, Sarah E. Wakeman, 2019-07-15 This book addresses opioids and opioid use disorders from epidemiological, clinical, and public health perspectives. It covers detailed information on the nature of opioids, their effects on the human body and brain, prevention, and treatment of opioid addiction. Unlike other texts, the first section of this volume builds a strong historical, neurobiological, and phenomenological foundation for a deep understanding of the topic and the patient. The second section addresses the most challenging issues clinicians face, including pharmacological and psychosocial treatments, harm reduction approaches, alternative approaches to pain management for the non-specialist, and prescribing guidelines. Treating Opioid Addiction is a valuable resource for psychiatrists, psychologists, addiction medicine physicians, primary care physicians, drug addiction counselors, students, trainees, scholars, and public health officials interested in the effects and impact of opioids in the clinical and epidemiological context.

12 steps of celebrate recovery pdf: Living Out the Message of Christ: The Journey Continues, Participant's Guide 8 John Baker, Johnny Baker, 2016-06-14 A Program for Implementing a Christ-Centered Recovery Ministry in Your Church Alcoholism - Divorce - Sexual Abuse - Codependency - Domestic Violence - Drug Addiction - Sexual Addiction - Food Addiction - Gambling Addiction and others. There is a way the church can help the hurting move beyond their wounds to experience the healing and forgiveness of Christ. Since 1991, more than 200,000 people have participated in the Celebrate Recovery programs offered at more than 3,500 churches, prisons, and rescue missions. Drawn from the Beatitudes, Celebrate Recovery helps people resolve painful problems in the context of the church as a whole.

12 steps of celebrate recovery pdf: Celebrate Recovery Updated Leader's Guide John Baker, 2016-06-14 Congratulations on making one of the most rewarding choices of your life Your decision to lead the Celebrate Recovery program affords you the matchless experience of seeing broken people transformed by the power of Christ. As a leader, you are about to make a difference in the most direct way possible - helping others discover hope and change they had thought was beyond

their reach. Your own life, too, will never be the same as you see your investment of time and care returned in ways you've never imagined. This leader's guide contains testimonies, a 90-day strategy, and gives you everything you need to facilitate the life-changing Celebrate Recovery lessons. We've done our best to simplify your job. The clear, easy-to-follow format minimizes your preparation time and virtually walks you through each meeting. Besides the ability to follow basic instructions, a willing heart is all you need to successfully conduct this proven, life-changing program. Plus, learn about the all new, revolutionary step study *The Journey Continues* with four new participant's guides to deepen each person's recovery journey. Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1) Happy are those who know that they are spiritually poor. Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2) Happy are those who mourn, for they shall be comforted. Consciously choose to commit all my life and will to Christ's care and control. (Step 3) Happy are the meek. Openly examine and confess my faults to myself, to God, and to someone I trust. (Steps 4 and 5) Happy are the pure in heart. Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7) Happy are those whose greatest desire is to do what God requires Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 and 9) Happy are the merciful. Happy are the peacemakers Reserve a time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 and 11) Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12) Happy are those who are persecuted because they do what God requires.

12 steps of celebrate recovery pdf: Honoring God by Making Repairs: The Journey Continues, Participant's Guide 7 John Baker, Johnny Baker, 2021-06-08 Celebrate Recovery introduces *The Journey Continues*—four new participant's guides designed as a revolutionary, new second step study curriculum. This step study is taken after completing *The Journey Begins* (Participant Guides 1-4). In the seven lessons in Guide 7: *Honoring God by Making Repairs*, you will experience Christ-centered and biblically based studies filled with brand new acrostics, deeper questions, and more helpful Bible verses. The content in Guide 7 will focus on a deeper study of principles 4-6 of the recovery process: Openly examine and confess my faults to God, to myself, and to someone I trust. Happy are the pure in heart (Matthew 5:8). Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. Happy are those whose greatest desire is to do what God requires (Matthew 5:6). Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others. Happy are the merciful (Matthew 5:7). Happy are the peacemakers (Matthew 5:9). By working through the lessons and exercises found in each of the four participant's guides of *The Journey Continues* you will find a deeper sense of true peace and serenity, continue to restore and develop stronger relationships with others and with God, and find deeper freedom from life's hurts, hang-ups, and habits.

12 steps of celebrate recovery pdf: *Your New Life with Adult Children* Gary Chapman, Ross Campbell, 2024-10-01 *Loving Your Adult Children Without Losing Your Mind (Or Your Heart, Or All Your Money, Or Your Soul)* Your kids will always be your kids. The trick is figuring out how to adapt to the new phases in that parent-child relationship. No question, it can be tricky. And if you fail to navigate that transition well, the result will be stress, alienation, and maybe a broken relationship. But it doesn't have to be that way. In *Your New Life with Adult Children*, Dr. Gary Chapman—author of the worldwide bestseller *The 5 Love Languages®*—teams up with clinical psychiatrist Dr. Ross Campbell to provide the insights you need when your child moves into adulthood. You'll find help for those moments when: Your adult child isn't succeeding Your nest isn't emptying Your child moves back home You have conflict over lifestyle issues You become an in-law or grandparent And much more . . . The book includes brief sidebars from parents of adult children, as well as stories from adult children who relate what works best for them. An online study guide is also available. Stop

wondering how to connect with your adult child. Instead, learn to love them in the ways they so desperately want.

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