

enneagram christian perspective pdf

enneagram christian perspective pdf has become an increasingly popular search term for individuals seeking to explore the Enneagram within a Christian context. The Enneagram, a personality typing system that categorizes human behaviors into nine interconnected types, has gained widespread recognition for its insights into personal growth, relationships, and spiritual development. When combined with a Christian perspective, the Enneagram can serve as a powerful tool for understanding oneself and others through the lens of faith, grace, and divine purpose. For those interested in accessing comprehensive resources, many Christian authors and organizations offer PDFs and downloadable materials that integrate Enneagram teachings with biblical principles. This article aims to provide a thorough overview of the Enneagram from a Christian perspective, highlighting key insights, theological considerations, and resources available in PDF format.

Understanding the Enneagram from a Christian Perspective

What Is the Enneagram?

The Enneagram is a model of human personality that describes nine distinct types, each with its own core motivations, fears, desires, and behavioral patterns. Unlike other personality assessments, the Enneagram emphasizes spiritual growth and self-awareness, making it particularly relevant for Christian practitioners seeking to deepen their faith and personal development.

Historical Background and Christian Integration

While the Enneagram's origins are somewhat debated—tracing back to ancient traditions, Sufi mysticism, and later, modern psychology—it was popularized in the West through figures like Oscar Ichazo and Claudio Naranjo. In recent decades, Christian authors and spiritual leaders have incorporated the Enneagram into their teachings, emphasizing its compatibility with biblical values.

Many Christian educators see the Enneagram as a tool for:

- Recognizing one's spiritual gifts and challenges
- Cultivating humility and grace
- Improving interpersonal relationships within the church community
- Facilitating repentance and spiritual transformation

Key Principles of the Christian Perspective on the Enneagram

Alignment with Biblical Teachings

A Christian perspective on the Enneagram emphasizes that the system is not a substitute for Scripture but a complementary tool that enhances understanding of human nature and spiritual growth. Key principles include:

- Recognizing that all humans are created in God's image (Genesis 1:27)
- Acknowledging the fallen nature of humanity and the need for grace
- Using the Enneagram to identify areas where God's grace can transform character and behavior

The Role of Grace and Redemption

From a Christian standpoint, the Enneagram is seen as a means to uncover our brokenness and vulnerabilities, which, when acknowledged, open the door for God's transformative power. It encourages believers to:

- Embrace humility about their personality traits
- Seek God's help in overcoming negative patterns
- Develop compassion for oneself and others as fellow sinners in need of grace

Spiritual Growth and Self-Discovery

The Enneagram is used within Christian circles as a pathway for:

- Greater self-awareness grounded in biblical truth
- Recognizing one's spiritual gifts and calling
- Deepening prayer, meditation, and reliance on God's guidance

Popular Christian Enneagram PDFs and Resources

Why Use PDFs for Enneagram Study?

PDFs provide accessible, portable, and often free or affordable resources for those interested in exploring the Enneagram from a Christian perspective. They can include:

- Theoretical overviews
- Personal growth exercises
- Biblical integrations

- Case studies and testimonials

Notable Christian Enneagram PDFs

Some of the most well-known resources include:

- **"The Sacred Enneagram" by Christopher L. Heuertz** – A comprehensive guide that combines spiritual formation with Enneagram insights, available in PDF format for study groups.
- **"The Enneagram and Your Spiritual Journey" by Richard Rohr** – Offers a contemplative approach to understanding personality types through Scripture and prayer.
- **"Enneagram Christian Perspectives PDF" by Various Authors** – Many churches and Christian organizations publish downloadable PDFs exploring how the Enneagram aligns with biblical teachings.

Where to Find Authentic Christian Enneagram PDFs

Reliable sources include:

- Official church websites and ministries
- Christian bookstores offering digital downloads
- Enneagram-focused Christian communities and online courses
- Authors' personal websites and blogs

Always verify the credentials of the authors to ensure theological accuracy and alignment with biblical teachings.

Using the Enneagram in Christian Spiritual Practice

Personal Reflection and Prayer

Christians can incorporate Enneagram insights into their prayer life by:

- Reflecting on their type-specific tendencies
- Asking God for guidance in areas of weakness
- Praying for humility, patience, and love

Group Study and Fellowship

Enneagram PDFs are excellent resources for small groups or church classes to:

- Foster understanding and empathy
- Promote spiritual growth through shared reflections
- Address relational conflicts with compassion

Integration with Other Spiritual Disciplines

The Enneagram complements other Christian practices such as:

- Fasting
- Scripture meditation
- Worship and service
- Confession and accountability

Criticisms and Cautions from a Christian Viewpoint

Ensuring Biblical Integrity

While many find value in the Enneagram, some Christian leaders caution against relying solely on personality systems that are not explicitly rooted in Scripture. It's important to:

- Use the Enneagram as a tool, not a doctrine
- Cross-reference insights with biblical teachings
- Maintain reliance on Christ as the ultimate source of change

Potential Misuse or Misinterpretation

Some risks include:

- Labeling or limiting individuals based on type
- Overemphasis on personality over spiritual transformation
- Neglecting the need for ongoing repentance and grace

Christians are encouraged to approach Enneagram PDFs and teachings with discernment, prayer, and biblical wisdom.

Conclusion: Embracing the Enneagram with Faith and Discernment

The availability of Enneagram Christian perspective PDFs offers a valuable resource for believers seeking to understand themselves and others more deeply within their faith journey. When approached thoughtfully, the Enneagram can serve as a complementary tool that highlights the importance of humility, grace, and God's transformative power. As with any spiritual tool, it is essential to integrate the Enneagram into a Christ-centered life, ensuring that biblical truth remains the foundation of all growth and understanding. Whether accessed through downloadable PDFs or group studies, exploring the Enneagram from a Christian perspective can enrich one's spiritual walk, foster greater compassion, and ultimately lead closer to the heart of God.

Additional Resources:

- Look for downloadable PDFs from reputable Christian organizations such as Christ Church, The Enneagram Institute (Christian-focused materials), or spiritual formation ministries.
- Consider books and study guides that are available in PDF format for personal or group study.
- Always verify the theological background of the materials to ensure alignment with biblical doctrine.

Keywords: Enneagram Christian perspective PDF, Christian Enneagram resources, biblical Enneagram, spiritual growth Enneagram PDF, Christian personality types PDF

Frequently Asked Questions

What is the Christian perspective on the Enneagram as presented in PDFs?

The Christian perspective on the Enneagram in PDFs emphasizes understanding the personality types through a spiritual lens, highlighting how the Enneagram can aid in spiritual growth, self-awareness, and aligning one's life with Christian teachings.

How can I find reputable PDFs that discuss the Enneagram from a Christian viewpoint?

Reputable PDFs can be found through trusted Christian websites, theological seminaries, or authors who specialize in integrating the Enneagram with Christian spirituality. Look for PDFs published by recognized ministries or Christian counseling organizations.

Are there any specific Enneagram types that are emphasized in Christian teachings?

While all Enneagram types are acknowledged, Christian perspectives often focus on themes of humility, repentance, and grace, encouraging believers to view all types as opportunities for spiritual growth and reliance on God's grace.

Can PDFs on the Enneagram Christian perspective help in spiritual formation?

Yes, PDFs on this topic often provide insights into how understanding your Enneagram type can deepen your faith, improve spiritual disciplines, and foster a more authentic relationship with God.

What are some common criticisms of the Enneagram from a Christian perspective found in PDFs?

Common criticisms include concerns about the Enneagram's origins outside of Christian tradition, potential for misuse or misinterpretation, and the need to ensure that it complements rather than replaces biblical teachings and reliance on God's grace.

How do Christian authors typically integrate the Enneagram into spiritual growth PDFs?

Christian authors often integrate the Enneagram by illustrating how each type reveals spiritual weaknesses and strengths, offering biblical reflections, prayer suggestions, and practical steps for personal transformation aligned with Christian values.

Additional Resources

[Enneagram Christian Perspective PDF: An In-Depth Examination of Its Content, Origins, and Impact](#)

The intersection of personality typologies and faith-based frameworks has garnered increasing interest in recent years. Among these, the Enneagram Christian Perspective PDF stands out as a resource that seeks to integrate the ancient Enneagram personality system with Christian theology and spiritual growth. This comprehensive review aims to dissect the origins, theological foundations, content structure, and practical applications of the PDF resource, providing readers with an investigative insight into its validity, depth, and relevance within faith-based circles.

Understanding the Enneagram: A Brief Historical Context

Before delving into the Christian perspective on the Enneagram, it is essential to understand the origins and evolution of this personality system.

The Roots of the Enneagram

The Enneagram, a nine-pointed geometric figure, traces its roots back to ancient traditions, including Sufi mysticism, Christian mysticism, and early Greek philosophy. However, its modern development largely occurred in the 20th century, primarily through the work of psychologists and spiritual teachers such as Oscar Ichazo and Claudio Naranjo.

The core premise of the Enneagram lies in identifying nine distinct personality types, each associated with particular motivations, fears, and behavioral patterns. The system emphasizes growth and self-awareness, positioning itself as a tool for spiritual development rather than mere personality categorization.

From Psychology to Spirituality

Initially embraced within psychological circles for understanding human behavior, the Enneagram's spiritual adaptation gained traction among Christian communities seeking tools for personal transformation aligned with faith. This shift involved interpreting the types through theological lenses, integrating biblical principles, and emphasizing virtues and spiritual disciplines.

The Christian Perspective on the Enneagram

Integrating the Enneagram with Christian faith involves nuanced theological considerations. The Enneagram Christian Perspective PDF typically aims to bridge these worlds, offering believers a framework that enhances spiritual growth while honoring biblical teachings.

Theological Foundations and Assumptions

The Christian adaptation of the Enneagram often rests on several core assumptions:

- Humans are created in God's image and possess unique temperamental traits that can be aligned with biblical virtues.
- Self-awareness aids spiritual growth, allowing believers to identify sin patterns and cultivate virtues.
- The Enneagram serves as a tool for sanctification, helping individuals recognize their fallen tendencies and seek divine transformation.

However, critics argue that some interpretations may veer into syncretism or undermine biblical doctrines by overemphasizing personality over divine grace.

Common Christian Themes in the Enneagram Literature

- Grace and Redemption: The PDF emphasizes that understanding one's type should lead to humility and reliance on God's grace.
- Spiritual Disciplines: Practices such as prayer, fasting, and community are highlighted as means to overcome unhealthy traits associated with certain types.
- Biblical Virtues: Types are often linked with virtues found in Scripture, such as patience, humility, and love.

Analyzing the Content of the Enneagram Christian Perspective PDF

A typical Enneagram Christian Perspective PDF encompasses multiple sections, each designed to deepen understanding and application.

Introduction and Theoretical Overview

The document usually begins with an overview of the Enneagram's history, emphasizing its spiritual adaptation. It provides a theological rationale for why Christians can and should incorporate the system into their spiritual journey.

Descriptions of the Nine Types from a Christian Lens

Each of the nine types is explored in detail, often including:

- Core motivations and fears
- Typical behaviors and thought patterns
- Biblical scriptural references aligning with each type
- Spiritual challenges and growth opportunities

For example, Type 1 (The Reformer) may be linked with the virtue of humility, while Type 8 (The Challenger) may be associated with justice and self-control.

Integration with Christian Practices

The PDF recommends practical steps, such as:

- Reflection and prayer focused on type-specific weaknesses
- Community accountability groups
- Spiritual disciplines aimed at overcoming unhealthy traits
- Journaling prompts aligned with biblical virtues

Case Studies and Personal Testimonies

Inclusion of real-life examples illustrates how understanding one's type from a Christian perspective can foster growth and healing.

Critical Evaluation of the Enneagram Christian Perspective PDF

While many believers find the resource insightful, a critical assessment reveals strengths and limitations.

Strengths

- Bridges psychology and faith: Provides a framework for understanding personality within a biblical context.
- Encourages self-awareness: Promotes humility and reliance on God's grace.
- Offers practical tools: Actionable steps and reflection questions support spiritual growth.
- Supports community building: Facilitates accountability and empathy among believers.

Limitations and Controversies

- Potential theological pitfalls: Some interpretations risk syncretism if they elevate the Enneagram above Scripture.
- Lack of biblical exclusivity: The system is not inherently biblical, requiring careful discernment.
- Cultural and psychological variability: The types may not encompass all personality nuances, risking oversimplification.
- Risk of labeling: Over-identification with types can lead to spiritual pride or fatalism.

Crucially, the PDF's effectiveness depends heavily on the author's theological grounding and the reader's discernment.

Practical Applications and Recommendations

For Christian individuals or groups interested in exploring the Enneagram Christian Perspective PDF, several recommendations emerge:

- Use as a supplementary tool, not a replacement for biblical study.
- Engage with spiritual mentors or pastors for guidance.
- Maintain humility, recognizing the fallibility of personality systems.
- Prioritize biblical virtues over personality labels.
- Combine the Enneagram with prayer and Scripture reading for holistic growth.

Conclusion: Navigating the Enneagram Christian Perspective

The Enneagram Christian Perspective PDF represents a significant attempt to harmonize personality psychology with Christian spiritual formation. Its comprehensive descriptions, practical guidance, and biblical integrations make it a valuable resource for believers seeking self-awareness and sanctification.

However, users must approach it with discernment, ensuring that their faith and Scripture remain central. When used responsibly, the Enneagram can serve as an aid in understanding oneself and others, fostering humility, empathy, and spiritual maturity.

In summary, the investigative review underscores that while the Enneagram Christian Perspective PDF offers meaningful insights, it should be integrated thoughtfully within a biblically grounded faith practice.

Its value ultimately depends on the user's discernment, the theological integrity of the source, and a balanced approach to personality and spiritual growth.

Note: Always verify the credentials of the PDF source and consult trusted spiritual advisors when integrating new tools into your faith journey.

Enneagram Christian Perspective Pdf

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Richard Rohr and Andrea Ebert's runaway best-seller shows both the basic logic of the Enneagram and its harmony with the core truths of Christian thought from the time of the early Church forward.

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A couple's workbook for growing in understanding, empathy, and love The Enneagram is a powerful tool for increasing our awareness and understanding of ourselves and others. When applied to our marriages it can be truly transformational, allowing us to grow in empathy and compassion for one another, resulting in a stronger, more loving bond. In this seven-week workbook, certified Enneagram coach Jackie Brewster guides you through the process of building a stronger marriage. Interactive exercises help each partner identify their primary Enneagram number, subtypes, and wing numbers, then apply that knowledge to the everyday challenges of married life. Jackie walks couples through topics such as · how unconscious childhood messages fuel conflict and frustration in our relationships · what unique insights each person brings to the table · how each spouse processes information and deals with their emotions · and more This easy-to-use, comprehensive, and encouraging guide will equip you and your spouse to feel known, seen, understood, and deeply loved.

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Higher Reality Therapy combines ancient and more recent philosophical traditions - both Eastern and Western - with modern psychology and newly emerging forms of spiritual practice. This book offers a fruitful alternative to people who have not been helped by conventional psychotherapy.

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There is no such thing as a naked spirituality. Our spirituality is always shaped by the clothes of our experience. The quest of Spirituality with Clothes On is to acknowledge that we do wear clothes; and, by examining them, we begin to understand ourselves and accept others who are wearing different outfits. We are what we wear: we cannot separate ourselves from our gender, personality, developmental stage, family, historical background, culture, or the difficult experiences of our lives. We need to acknowledge all these things, reflect on them--and sometimes even embrace them--in order to truly become ourselves.

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Signs of Life seeks to find the God of resurrection at work in the ordinary deaths of life, the unremarkable but real hurts.

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An update to the bestselling Falling Upward from Franciscan Father Richard Rohr In the revised and updated edition of Falling Upward, Richard Rohr seeks to help readers come to terms with the two halves of life. In this book, Rohr teaches us that we can't understand the meaning of up until we have fallen down. More importantly, Rohr describes what up can look like in the second half of life. Most of us tend to think of the second half of life in chronological terms, but this book

proposes a different paradigm. Spiritual maturity is found when we begin to pay attention and seek integrity through a shift from our outer task to the inner task. What looks like falling down can be experienced as falling upward—and is not necessarily connected with aging. This new edition focuses on practical guidance that you can use to live a life of love and meaning in a world of suffering and challenge. Falling Upward is an invitation to living the gospel and a call to ongoing transformation. Gain a spiritual perspective on the the common sequencing, staging, and direction of life's arc and learn how to bring forth your gifts in the second half of life Grapple with difficult feelings, fears, and emotions associated with great love and great suffering Learn how we grow spiritually much more by doing it wrong than by doing it right Understand why so many of us resist falling into the second half of life Readers of Rohrs previous works and those new to the remarkable teachings of this Franciscan priest will find comfort and inspiration in this guide to lifelong spiritual growth.

enneagram christian perspective pdf: A Book Called YOU Matthew Stephen Brown, 2021-10-05 Consider the possible Enneagram types of well-known figures in the Bible to discover more about yourself and gain specific wisdom about how and why you are uniquely made. Who am I? Everyone asks that question, no matter their age or status in life. If we're truly supposed to be real with others, shouldn't that start by learning how to be real with ourselves? The Enneagram describes nine basic personality styles which can help us better understand who we are and what drives us. When God designed you, He did not create you as a number but as a uniquely created individual. Your Enneagram type can give you great insight into the complexities of yourself and others. A Book Called YOU will show you how a biblical view of self-discovery can improve every part of your life, and includes: The potential Enneagram type of well-known biblical figures like Peter, David, Abraham, King Saul, and more The character, core motivation, and core weaknesses of each Enneagram type Advice on how to best love each personality type How to pray specifically for each Enneagram type Based on his widely successful teaching series A Series Called You, pastor Matt Brown offers a groundbreaking, entertaining, and heartfelt guide that highlights biblical truths alongside the Enneagram to help us fully embrace who we are and help us love and relate to the people around us.

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enneagram christian perspective pdf: *The Enneagram* Morgan Rohr, 2019-07-02 Buy the Paperback Version of this Book and get the Kindle Book Version for FREE This book is designed to get you started on your journey of self-discovery with the Enneagram. The Enneagram is a system of personality types which dates back to ancient times. As many Christian thinkers and authors have discovered over the last few decades, the Enneagram is highly concordant with Christian thinking. The Enneagram can help you to discover your strengths and weaknesses. We all have areas in which we excel and areas which are more difficult. The Enneagram is a tool which you can use to heighten your self-awareness and prepare yourself in the journey. We are all called to become aware of these strengths and weaknesses so that we can take a good, hard look in the mirror and discover what we need to improve. The Enneagram offers a way to think about these strengths and weaknesses without judgement, and gives us a pathway to unlock meaning in our past, present and future. The Enneagram is a unique system in that it works well with many current schools of psychology, while still maintaining spiritual relevance. Some have described the Enneagram as a Psycho-spiritual tool, meaning that it is congruent with thinking in both the world of psychological study and in the world of faith. This book starts out by offering a background history of the Enneagram, which has roots in Ancient Greece, the Sufis, and other cultural traditions. Plato and Aristotle's theory of forms is highly influential in the system of thinking that the Enneagram entails. Next, we will discuss the Nine Types in great detail, complete with case examples and celebrity examples. Each of the Nine Types is described at length, giving their characteristics and tendencies, as well as strengths and weaknesses. Then, you will learn how to apply these categories to others. The book also discusses how to work with others and learn how development affects personality. Communication, of course,

is key in learning how to categorize others and work with them effectively, so there is included a chapter on communication styles. Finally, this book contains information on the deeper levels of the Enneagram, including subtypes, triads, and wings for each type. You should read this book if you are interested in self-discovery, learning to be a better person, getting along with others, and becoming more emotionally intelligent. This book, along with other topics, will cover: A fast and accurate Enneagram personality test Ways to find your weaknesses and strengths How to deal with difficult situations with others Attributes of each type Examples of each type to further elucidate types Ways to communicate with each type Triads, wings, and subtypes Learning about yourself and others without judgement The spiritual value of the Enneagram **SCROLL UP AND CLICK THE BUY NOW BUTTON**

enneagram christian perspective pdf: *Technology, Management and the Evangelical Church* John Weaver, 2020-04-02 This book explores the technological innovations and management practices of evangelical Christian religions. Beginning from the late 19th century, the author examines the evangelical church's increasing appropriation of business practices from the secular world as solutions to organizational problems. He notes especially the importance of the church growth movement and the formation of church networks. Particular attention is paid to the history of evangelical uses of computer technology, including connections the Christian Right has made within Silicon Valley. Most significantly, this book offers one of the first academic explorations of the use of cybernetics, systems theory and complexity theory by evangelical leaders and management theorists.

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on your self-awareness? Would you like to be more compassionate towards others, but find it difficult? Do you think that you judge people negatively too quickly? Do you dream of having relationships that are more trustworthy? Are you longing to live at peace with yourself and be the best version of yourself possible? I will explain how self-image is an important aspect in your life and how you develop it over the years, but more importantly I will explain how you can break free of this cycle and not let this self-image determine what you do or don't do in your life. Life-transformation is not an easy task; I have worked through it myself! There is no quick fix. However, if you use this book as your guide you can achieve it! I can't promise you it will be simple, but I can promise you it is possible if you commit to working with it. The exploration of the Christian perspective of the Enneagram will guide you to your true selves and show you how you can have deeper and more honest relationships with others whilst improving yourself. The emphasis on the need to evolve together with the Christian outlook provides you with encouragement for being the best you can and becoming a less judgemental person. The focus on history and religion gives it a perspective of redemption and transformation. Knowledge of your Enneagram type becomes a key toward growth and self-knowledge that will change your life forever! This thought-provoking book gives a unique perspective on the Enneagram and is a must read for us all! **READY TO BEGIN YOUR TRANSFORMATION?** You can achieve it by using this book as your personal guide! Embracing the Christian perspective of the Enneagram will lead you to a happier life and a deeper self-knowledge. Get your digital or paperback copy of *The Enneagram from a Christian perspective* now. Don't wait any longer to start your journey, **YOU** can do this! Make your life a more meaningful one with this powerful ancient system combined with Christianity. Join us to change your life.

enneagram christian perspective pdf: [Discover The Enneagram](#) Morgan Rohr, 2019-09-08 2
BOOK IN 1 **THE ENNEAGRAM - The Sacred Enneagram in The Cristian Perspective:** This book is designed to get you started on your journey of self-discovery with the Enneagram. The Enneagram is a system of personality types which dates back to ancient times. As many Christian thinkers and authors have discovered over the last few decades, the Enneagram is highly concordant with Christian thinking. The Enneagram can help you to discover your strengths and weaknesses. We all have areas in which we excel and areas which are more difficult. The Enneagram is a tool which you can use to heighten your self-awareness and prepare yourself in the journey. We are all called to become aware of these strengths and weaknesses so that we can take a good, hard look in the mirror and discover what we need to improve. The Enneagram offers a way to think about these strengths and weaknesses without judgement, and gives us a pathway to unlock meaning in our past, present and future. The Enneagram is a unique system in that it works well with many current schools of psychology, while still maintaining spiritual relevance. Some have described the Enneagram as a Psycho-spiritual tool, meaning that it is congruent with thinking in both the world of psychological study and in the world of faith. You should read this book if you are interested in self-discovery, learning to be a better person, getting along with others, and becoming more emotionally intelligent. This book, along with other topics, will cover: - A fast and accurate Enneagram personality test;- Ways to find your weaknesses and strengths;- How to deal with difficult situations with others;- Attributes of each type;- Examples of each type to further elucidate types;- Ways to communicate with each type;- Triads, wings, and subtypes;- Learning about yourself and others without judgement;-The spiritual value of the Enneagram;**THE ENNEAGRAM - Learn the Enneagram to Help Yourself and Improve Your Relationships:** The enneagram is one of the methods of introspection widely used today. It was developed at the beginning of the 20th century by the mystical philosopher George Gurdjieff and later developed in the 1960s by psychologist Claudio Naranho. The Enneagram proved to be a clear way to present 9 types personality, selected on the basis of careful observation of human behavior. Our psychological and spiritual development is symbolically represented in it like a star with nine rays - tendencies acting in each of us. To determine the type prevailing in you, you need to answer only one test question. The method is based on the hypothesis that our personality is built around a single basic fear that comes from childhood. Behind this apparent simplicity, in reality, many nuances are hidden: we carry in

ourselves the features of each of the personality types represented on the enneagram. That is why some of us recognize ourselves (to one degree or another) in several portraits at once. It should be borne in mind that the enneagram is not a way of classifying people or labeling, so many psychologists do not use the names of personality types and prefer to limit themselves to numbers: type 1, type 2, etc. Also, not all psychologists recognize the enneagram by the scientific method, but, in our opinion, it is interesting to get to know it. After working on yourself, then you will be able to work on others around you, and integrate into their lives to form a better society as a whole. Sounds good? All of these are pretty true, and this book shows you that, and more...

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