

it the thought that counts

It the Thought That Counts: Understanding the Power of Intent and Kindness

It the thought that counts is a common phrase that underscores the importance of intention and kindness over material value. Often used to reassure someone who received a less-than-perfect gift or to emphasize that genuine care matters more than monetary worth, this saying highlights a fundamental aspect of human relationships: the value of sincere thoughtfulness. In a world increasingly driven by materialism and instant gratification, understanding the true meaning behind this phrase can foster deeper connections, promote kindness, and encourage a more empathetic outlook on giving and receiving.

Origin and Meaning of the Phrase

Historical Roots

The phrase "it the thought that counts" has been a part of colloquial English for centuries. Its origin is somewhat uncertain, but it has been widely used in various forms since at least the 19th century. The core idea is that the intention behind a gift or gesture is more significant than the gift itself. This concept has roots in many cultures that emphasize the importance of sincere intentions and heartfelt actions over material possessions.

Modern Interpretation

Today, the phrase serves as a reminder that thoughtful gestures, no matter how small or inexpensive, carry emotional weight. It encourages individuals to focus on the kindness and consideration behind their actions rather than solely on the monetary or superficial aspects. This perspective can help reduce feelings of disappointment or inadequacy when gifts or efforts fall short of expectations.

The Significance of "It the Thought That Counts" in Relationships

Building Trust and Connection

Genuine thoughtfulness fosters trust and strengthens relationships. When people recognize that others are making an effort to consider their feelings and preferences, it creates a sense of being valued and understood. Whether in romantic relationships, friendships, or family bonds, acts of

kindness rooted in sincere thoughtfulness can deepen emotional connections.

Encouraging Empathy and Compassion

Understanding that the intention behind an action matters encourages empathy. When you consider how your gestures might be perceived, you become more mindful and compassionate. This mindset helps prevent misunderstandings and promotes a culture of kindness.

Reducing Materialism and Fostering Gratitude

Focusing on thoughtfulness rather than material gifts shifts the emphasis from possessions to meaningful experiences. This perspective can lead to greater gratitude for simple acts of kindness and diminish the pressure to buy expensive presents during holidays or special occasions.

Practical Applications of "It the Thought That Counts"

Gift-Giving Tips

- **Personalize your gifts:** Consider the recipient's interests, hobbies, or needs rather than opting for generic presents.
- **Include a heartfelt note:** Express your feelings and intentions to add emotional value to the gift.
- **Handmade gestures:** Create something yourself, such as baked goods, crafts, or a handwritten letter, to show genuine effort.
- **Spend quality time:** Sometimes, the best gift is dedicating your time and attention.

Acts of Kindness in Daily Life

1. Offering a listening ear to a friend in need.
2. Helping neighbors with chores or errands.
3. Complimenting someone sincerely to boost their confidence.
4. Sending thoughtful messages or small surprises to loved ones.

Workplace and Community Engagement

- Recognizing colleagues' efforts with a kind word or thank-you note.
- Volunteering time for community service or charity work.
- Celebrating team milestones to foster camaraderie.

Common Misconceptions About "It the Thought That Counts"

Material Value vs. Genuine Thoughtfulness

Some believe that only expensive or luxurious gifts qualify as thoughtful. However, the true essence of the phrase emphasizes the importance of the effort and consideration behind an action, not its monetary value. A heartfelt, inexpensive gift can often mean more than a costly one lacking personal touch.

Responsibility for Reactions

Another misconception is that the giver is responsible for the recipient's reaction. While intentions matter, it's also crucial to acknowledge that everyone perceives gestures differently. The key is to act sincerely and kindly, without undue worry about the outcome.

Benefits of Embracing the Philosophy Behind the Phrase

Enhances Emotional Well-Being

Practicing kindness and focusing on thoughtful gestures can boost feelings of happiness and fulfillment. Giving from the heart fosters positive emotions for both the giver and the recipient.

Promotes a Culture of Kindness

When individuals prioritize thoughtfulness, it creates a ripple effect, encouraging others to do the same. This collective shift can lead to more compassionate communities and workplaces.

Reduces Disappointments and Expectations

By valuing the thought behind actions rather than material outcomes, people can experience fewer letdowns during gift exchanges or social interactions. It encourages gratitude for efforts made, regardless of scale.

Conclusion: The Enduring Value of Thoughtfulness

In a world often obsessed with possessions and superficial appearances, **"it the thought that counts"** serves as a timeless reminder of what truly matters—our intentions, kindness, and the genuine care we show to others. Whether through a simple gesture, a heartfelt note, or meaningful time spent together, emphasizing thoughtfulness can enrich our relationships and foster a more compassionate society. Ultimately, it is the sincerity behind our actions that leaves a lasting impact, proving that indeed, it is the thought that counts.

Frequently Asked Questions

What does the phrase 'it's the thought that counts' mean?

It means that the intention or effort behind a gesture or gift is more important than the actual item or outcome.

Is 'it's the thought that counts' often used to comfort someone who received a disappointing gift?

Yes, it is commonly used to remind someone that the giver's intention is what truly matters, even if the gift wasn't perfect.

Can 'it's the thought that counts' be applied in everyday situations beyond gift-giving?

Absolutely, it can be used to emphasize the importance of effort, kindness, or good intentions in various interactions.

How can understanding 'it's the thought that counts' improve relationships?

It encourages appreciation of others' efforts and intentions, fostering forgiveness and reducing disappointment.

Are there any criticisms of the phrase 'it's the thought that

counts'?

Some argue it can be used to excuse poor quality or lack of effort, potentially leading to complacency or unhelpful expectations.

When is it inappropriate to use 'it's the thought that counts'?

It may be inappropriate if the effort or thought was clearly insincere or hurtful, where acknowledgment of the issue is more appropriate.

How can one show genuine thoughtfulness to complement the phrase?

By paying attention to the recipient's preferences, needs, and feelings, and putting effort into meaningful gestures.

Is 'it's the thought that counts' a cultural phrase, or is it common in all English-speaking countries?

It's a common phrase in many English-speaking cultures, but its usage and emphasis can vary across regions.

Can 'it's the thought that counts' be used in professional or formal contexts?

While more casual, it can be used to acknowledge someone's effort or intent, but should be used carefully to maintain professionalism.

How does understanding the sentiment behind 'it's the thought that counts' influence gift-giving etiquette?

It encourages giving with sincerity and kindness, emphasizing the importance of intention over material value, especially when resources are limited.

Additional Resources

It's the thought that counts — a familiar phrase often invoked to emphasize the importance of intention over perfection in acts of kindness, gestures, or gifts. While many of us have heard this adage, its true significance extends far beyond mere words. It encapsulates a nuanced understanding of human relationships, the value of effort, and the meaning behind our actions. In this article, we will explore the origins of the phrase, analyze its cultural and psychological implications, and provide practical insights into how embracing the idea can foster stronger connections and greater personal fulfillment.

The Origin and Evolution of “It’s the Thought That Counts”

Historical Roots

The phrase "It's the thought that counts" is believed to have originated in the early 20th century, gaining popularity in American and British vernacular. Its earliest usages appear in literature and colloquial speech, often used to soften the disappointment when a gift or gesture falls short of expectations. The core idea is that the intention behind an action holds more weight than the outcome itself.

Cultural Significance

Across various cultures, similar sentiments exist. For example, in Japanese culture, the concept of *kokorozashi* (meaning “intention” or “mind”) highlights the importance of sincerity and thoughtfulness. Similarly, in many Eastern philosophies, the act of giving or doing is valued more for the intention than the material or superficial aspect.

Modern Usage

Today, the phrase is frequently used in situations involving gift-giving, acts of kindness, or even in everyday exchanges. It acts as a reassurance — both to the giver and receiver — that genuine effort carries intrinsic value, regardless of external results.

The Psychological and Emotional Dimensions

The Power of Intentions

Research in psychology suggests that our intentions significantly influence our emotional well-being and our relationships. When we act with genuine care, even if the outcome isn't perfect, we experience positive feelings such as satisfaction and reduced regret. Conversely, focusing solely on results can lead to disappointment and frustration.

Reducing Expectations and Disappointment

One reason why "it's the thought that counts" resonates is because it helps set realistic expectations. When we recognize that effort and sincerity are more meaningful than perfection, we reduce the pressure on ourselves and others. This mindset fosters patience, understanding, and forgiveness.

Building Trust and Connection

Acts motivated by genuine thoughtfulness nurture trust. When people realize that others are acting with kindness and sincerity, it deepens bonds. This is especially relevant in situations where resources are limited, or when circumstances are less-than-ideal.

Practical Applications: How to Embrace the Philosophy

1. Gift-Giving

- Focus on Personal Touches: Instead of worrying about buying the most expensive or trendy gift, consider what the recipient genuinely values or enjoys.
- Handmade and Thoughtful Gestures: Simple homemade cards, notes, or small acts of service often carry more emotional weight than costly items.
- Avoid Material Expectations: Remember that the recipient's appreciation is rooted in your effort, not the gift's price.

2. Acts of Kindness

- Small Daily Gestures: Compliments, listening attentively, or offering help can be more impactful than grand gestures.
- Consistency Matters: Regular acts of kindness reinforce sincerity and strengthen relationships over time.
- Personalized Actions: Tailor your kindness to the recipient's needs or preferences rather than generic gestures.

3. Workplace and Professional Interactions

- Show Genuine Appreciation: Recognize colleagues' efforts with sincere praise or acknowledgment.
- Offer Support with Intent: Providing assistance or mentorship out of genuine interest fosters trust and a positive environment.
- Avoid Superficial Flattery: Focus on meaningful feedback rather than empty compliments.

4. Personal Growth and Self-Compassion

- Value Your Effort: Celebrate your efforts and intentions even if outcomes aren't perfect.
- Learn from Mistakes: Recognize that mistakes are part of the process; what matters is the thought and intention behind your actions.
- Practice Mindful Reflection: Regularly reflect on your motivations to ensure they align with kindness and sincerity.

Common Misconceptions and Limitations

Not an Excuse for Laziness or Carelessness

While "it's the thought that counts" emphasizes effort over perfection, it should not be used to justify neglect or lack of effort. Genuine thoughtfulness requires sincerity and effort, not merely going through the motions.

Cultural and Contextual Variations

In some cultures or situations, the emphasis on effort may be less appreciated than tangible results. For example, in professional settings, delivering quality work might be more valued than the intention behind it. It's important to balance this philosophy with contextual awareness.

When Intentions Don't Match Outcomes

Sometimes, even well-intentioned acts can unintentionally cause hurt or misunderstanding. Recognizing this is key to genuine kindness — it involves humility, acknowledgment, and willingness

to make amends if needed.

The Broader Impact: Cultivating a Thoughtful Society

Fostering Empathy and Understanding

Promoting the idea that "it's the thought that counts" encourages individuals to consider others' feelings and perspectives. This mindset can lead to more compassionate communities.

Reducing Materialism and Superficiality

Prioritizing effort and intention over material possessions can help shift societal values towards more meaningful connections and sustainable living.

Encouraging Mindfulness and Presence

Being mindful of our motivations and actions aligns with the core message of the phrase. It invites us to be present, attentive, and sincere in our interactions.

Conclusion: Embracing the Heart of the Phrase

Ultimately, "it's the thought that counts" serves as a reminder that kindness, effort, and sincerity hold profound significance in human interactions. While perfection is often unattainable, genuine intent fosters connection, trust, and fulfillment. By focusing on the heart behind our actions, we can cultivate more meaningful relationships and create a more compassionate society. Remember, in a world often obsessed with results and appearances, it's the thought — and the love and effort behind it — that truly matters.

[It The Thought That Counts](#)

it the thought that counts: It's the Thought That Counts David R. Hamilton, 2010-05 IT's THE THOUGHT THAT COUNTS When pharmaceutical scientist David R. Hamilton, Ph.D., observed the results of tests on new drugs, he noticed that patients receiving control placebo pills reported the same level of improvement as those receiving the actual drug. Seeing this result repeat itself time and time again, he became fascinated by the mind-body connection and started to research the work of scientists, mystics, and healers in this field. The result is this groundbreaking book, in which Hamilton explains how the mind and emotions can influence the well-being of your body and even the structure of your DNA. You'll learn about: the physical impact of meditation, why sending healing thoughts to a person in need is so beneficial, the power of love and its impact on body cells, and all the many ways in which your thoughts affect you. .

it the thought that counts: It's the Thought That Counts David R. Hamilton, Ph.D., 2009-02-01 When pharmaceutical scientist David R. Hamilton, Ph.D., observed the results of tests on new drugs, he noticed that patients receiving control placebo pills reported the same level of improvement as those receiving the actual drug. Seeing this result repeat itself time and time again,

he became fascinated by the mind-body connection and started to research the work of scientists, mystics, and healers working in this field. The result is this groundbreaking book, in which Hamilton explains how the mind and emotions can influence the well-being of your body and even the structure of your DNA. You'll learn about: · the physical impact of meditation · why sending healing thoughts to a person in need is so beneficial · the power of love and its impact on body cells · all the many ways in which your thoughts affect you

it the thought that counts: The Thought that Counts Jared Douglas Kant, Martin Franklin, Linda Wasmer Andrews, 2008 Jared Douglas Kant, who was diagnosed with obsessive-compulsive disorder (OCD) at age 11, describes the inner world of a young person living with the condition.

it the thought that counts: The Dictionary of Modern Proverbs , 2012-05-22 You can't unring a bell. It takes a village to raise a child. Life is just a bowl of cherries. We sometimes think of proverbs as expressions of ancient wisdom, but in fact new proverbs are constantly arising. This unique volume is devoted exclusively to English language proverbs that originated in the twentieth and twenty-first centuries. The most complete and accurate such collection ever compiled, The Yale Book of Modern Proverbs presents more than 1,400 individual proverbs gathered and researched with the help of electronic full-text databases not previously used for such a project. Entries are organized alphabetically by key words, with information about the earliest datable appearance, origin, history, and meaning of each proverb. Mundane or sublime, serious or jocular, these memorable sayings represent virtually every aspect of the modern experience. Readers will find the book almost impossible to put down once opened; every page offers further proof of the immense vitality of proverbs and their colorful contributions to the oral traditions of today.

it the thought that counts: The Dendrilegs Kes Gray, 2012-10-04 Nelly's monster sitting adventures are always full of surprises. She certainly can't believe it when she sits a monster who wants to do absolutely nothing! Or when she has to rescue the smallest monster she's encountered yet - but nothing can prepare her for spending Christmas Day with the Dendrilegs! Nelly knows she's in for an interesting Christmas at the Dendrilegs, when she's greeted at the door by a flurry of purple tentacles. But It's not Father Christmas who'll be coming down the chimney...

it the thought that counts: Extra Hot Fudge Please Deanna Day Young, 2016-05-27 Extra Hot Fudge Please is an exciting collection of devotionals to give you the extra encouragement to live each day on your journey of life showing the fruits of the spirit - love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Its the encouragement to live life with Extra Hot Fudge each day! This collection of devotionals is designed to encourage you to: be the best person you can be; make a difference to someone every day; find your passion in life; and seek Christ in everything you do.

it the thought that counts: Never Build A Campfire In A Haystack Wake Maberry, 2014-06-04 Humorous, anecdotal stories from yesteryear and today, with my cousins, family and friends.

it the thought that counts: The Ex Who Saw a Ghost Sally Berneathy, 2016-03-19 Five bodies in a well. One of them is the brother of a police detective. That man's ghost is Charley's new best friend. Amanda is thrilled that Charley can see him. Perhaps this means her ex-husband's ghost is on his way to the light, to a higher plane, to Oklahoma, to anywhere so long as it's away from her. But the new ghost isn't leaving. He has an agenda, and it doesn't involve finding his killer. Amanda, Charley, Jake, the medium Teresa, and the ghost's brother Ross must hunt down his murderer before one of them is killed. Charley's not worried, but the others don't have his immunity to death.

it the thought that counts: The Funny Thing Is... Ellen DeGeneres, 2003-10-28 An indispensable reference for anyone who knows how to read—or wants to fool people into thinking they do—The Funny Thing Is... is sure to make you laugh. Ellen DeGeneres published her first book of comic essays, the #1 bestselling My Point...And I Do Have One, way back in 1996. Not one to rest on her laurels, the witty star of stage and screen has since dedicated her life to writing a hilarious new book. That book is this book. After years of painstaking, round-the-clock research, surviving on a mere twenty minutes of sleep a night, and collaborating with lexicographers, plumbers, and

mathematicians, DeGeneres has crafted a work that is both easy to use and very funny. Along with her trademark ramblings, *The Funny Thing Is...* contains hundreds of succinct insights into her psyche and offers innovative features including: -More than 50,000 simple, short words arranged in sentences that form paragraphs. -Thousands of observations on everyday life—from terrible fashion trends to how to handle seating arrangements for a Sunday brunch with Paula Abdul, Diane Sawyer, and Eminem. -All twenty-six letters of the alphabet.

it the thought that counts: Marines of Quế Sơn R.B. MacNichol, 2021-07-20 In 1967, during the Vietnam War, there is a place of deadly fighting, strange sightings and rumors, and whispers of hidden treasure, it is known as the Quế Sơn Valley. As the war intensifies, a Marine patrol is ambushed, men are wounded; one vanishes without a trace. Another patrol kills a Viet Cong Tax Collector; a curious map is removed from his body. Elsewhere, Marines confront and kill an enemy squad; they discover an unsigned letter written by an American. Later, the Marines kickoff Operation Hillandale; Bravo Company will use explosives to destroy enemy caves inside Hill 270. 350 miles to the south, Ryan, a former Marine turned civilian, is working in Saigon and has fallen in love with Vân, the beautiful daughter of a powerful South Vietnamese general. When the couple decides that Ryan needs her father's approval to marry and go to America, circumstances plunge him into the middle of the mystery and chaos of Quế Sơn once again; a place he vowed never to revisit—but now he must. A typhoon disrupts his flight out of Saigon. Grounded in Chu Lai, he continues overland under the cover of extreme weather to avoid the enemy. Based in part on real events; interrogators, secret agents, hidden agendas, gritty Marines, ancient treasure, Ryan and Vân, a missing man, a recon team fighting to survive, the general and a mountain full of explosives, all become entangled in this story of mystery, intrigue, adventure and Romance. The volatile outcome is anyone's guess....

it the thought that counts: Ebony , 2002-12 EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

it the thought that counts: Who Said That First? Max Cryer, 2010-04 Believe it or not, this is probably the first book to attempt to identify the original sources of some of the English language's most common expressions. We might think we know who first said 'famous for fifteen minutes', 'annus horribilis', 'the cold war' and 'let them eat cake'. It's 'a no brainer', you might say, but Max Cryer has a surprise or two in store for you. 'I kid you not'. In this very readable book, he explores the origins of hundreds of expressions we use and hear every day - and comes up with some surprising findings. Never 'economical with the truth', he might just have 'the last laugh'. We learn what they didn't say... 'We are not amused'; 'Elementary my dear Watson'; 'Let them eat cake'; 'First catch your hare'. We learn that the Bible doesn't mention Salome - or seven veils.... We learn about the origins of the infamous Mile High Club. Written in Max Cryer's delightfully witty style, WHO SAID THAT FIRST? is a wonderful book to dip into or settle a friendly dispute. Remember, good books are 'few and far between', and 'you get what you pay for'. So buy this book, 'go ahead, make my day'. Max Cryer is a writer, entertainer and broadcaster, who hosts a weekly radio slot on Radio Live on the quirks of the English language. In a long career, he has been a schoolteacher, a compere and television host, as well as a performer on the opera stage in London and in cabaret in Las Vegas and Hollywood. Now a full-time writer living in Auckland, he has written many books, including LOVE ME TENDER, THE GODZONE DICTIONARY and HEAR OUR VOICES, WE ENTREAT. The inspiration for WHO SAID THAT FIRST? During his years working in Hollywood, Max Cryer became acquainted with Lucille Ball - at the time the world's most popular comedy actress. One day when they were having lunch together, Max complimented her on the amount of pleasure she gave, and Lucille replied: 'I would be absolutely nothing without the writers. It's all to do with the way things are written - they create the springboard for me.' The remark stayed with Max for years, and he realised it was true. Very often the person who said an effective or memorable line didn't actually create it. As Lucille Ball had said, the person in the background should have the credit - but was usually invisible. This is what motivated him to seek not just popular

expressions – but who had actually originated them.

it the thought that counts: *Theatre-Rites* Liam Jarvis, Sue Buckmaster, 2021-07-28

Theatre-Rites are regarded as pioneers in the field of object-led and site-specific performance, creating ground-breaking work for family audiences since 1995. This book marks the company's 25th anniversary, offering the first in-depth exploration of artistic director Sue Buckmaster's visionary practice, in which anything can be animated. This book draws on original research, including five years of in-depth interviews between its authors, images from Theatre-Rites' archive and Buckmaster's private collection, detailed observations from the company's professional training workshops and personal reflections on past productions. A timely and compelling advocacy for the importance of high-quality experimental arts provision for young audiences is made, distilling learning from decades of the company's professional activities to motivate and empower the next generation of object-led theatre-makers. *Theatre-Rites: Animating Puppets, Objects and Sites* is an invaluable resource for any puppeteer, actor, dancer, visual artist, poet or student interested in expanding their understanding of how to incorporate puppetry and/or symbolic objects as metaphors in their work.

it the thought that counts: *Thought and World* Christopher S. Hill, 2002-07-11 *Thought and World* presents a theory of the content of semantic notions.

it the thought that counts: *Fifth Times Book of Best Sermons* Ruth Gledhill, 2000-01-01 This annual volume collects the top thirty sermons from hundreds written by men and women from a diverse range of denominations and faiths. These sermons are powerful and compelling and can be read with enjoyment over and over again.

it the thought that counts: *150 Secrets to a Happy Wife* Joe Gumm, 2011-04-01 Joe Gumm knows how to please his wife—but that's only because he learned the hard way, by doing lots of stupid things first. Now he's giving men funny and poignant ideas to keep them out of the doghouse for good and remind women every day why they love their guys so much. Written in a comedic tone, guaranteed to have wives and husbands laughing together and nodding in recognition, *Romancing Mommy* conquers the topic of how couples disconnect, especially after the kids are born, and more importantly how to reconnect through teamwork, compassion, humor, and romance.

it the thought that counts: *Truth Be Told* Bruce L. Taylor, 2023-08-24 In his latest volume of sermons for the Common Lectionary (Revised), homilist Bruce Taylor has compiled more of his traditional and story form proclamations for the Sundays and feast days from Pentecost through Christ the King in Year B of the three-year lectionary cycle. Preached in various congregational settings, these sermons are theologically rich, sacramentally sensitive, biblically centered, and ecumenically minded, articulating God's love for all of creation and emphasizing the profound implications of discipleship as well as the urgency of compassionate and prophetic Christian witness in both word and deed. *Truth Be Told*, like its predecessors in Taylor's first and second journeys through the lectionary, will prove a welcome companion for preachers, educators, seminary students, and devotional readers, who will all find it to be an incisive and insightful exploration of the spiritual genius of the liturgical year and the unitive practice of preaching from common texts. The book exemplifies how preaching honestly and with integrity from Mark's Gospel and the accompanying lectionary readings can shape interaction with the elements of the liturgy to promote faithful Christian worship and prompt responsible Christian living.

it the thought that counts: *Unconditional Devotion* Maud A. Rider, 2011-10-31 Throughout my entire life as far back as I can remember, I felt a deep conviction in my heart for people to serve God righteously and in truth. However, my sinful life ruled, but despite how firm or deep the bondages were my craving to serve God and live as I read in the old Bible my father had could not be satisfied by nothing in this world. But despite my bondage, when my life was at the lowest point in my thirties the Lord came to me and told me: Jesus is the answer he knows all our needs, Jesus is the answer he cares. Give your life to Jesus and trust him today, For Jesus is the answer we need. Shortly after I was called to preach The Lord is Holy. Direction was later given in dreams to write. God has called and is calling man to an unconditional dedicated devoted relationship and fellowship with him.

Nothing God does he does different from his word, nothing he commands man to do can be done differently, and be acceptable unto him, for works done differently from a command, is not done as instructed. Unconditional Devotion is the supreme power that kept every person that ever lived righteously in the earth, pleasing unto God. Those that claimed life in God, and was alive in God, had no other sanctification before God, but obedience to the word. Let us not forget that; the word of the LORD is right; and all his works are done in truth Ps. 33: 4

it the thought that counts: Empowerment and Integration Through the Goddess Wistancia Stone, 2001-04 Empowerment and Integration Through The Goddess is perhaps the most profound and informative book written on the subject of the Divine Feminine and how women and men can integrate The Goddess energies into self and the world. Since early in Earth's history, abuse, denial, and ignorance of the Divine Feminine has led to the enormous patriarchal attitudes that pervade mass consciousness and even Spiritual literature. This book provides one of the most in-depth studies of this issue ever written; from the Divine Mother, Archangels and inner plane Ascended Masters' perspective! This is for all who are looking for spiritual growth! Collectively, we are shifting out of polarity consciousness and choosing empowered, balanced lives. This must-read book braids polarity into oneness, reveals the disparity of heart/mind, internal/ external, compassion/will, experience/knowledge, love/power, and assists us across the bridge of transition into the return of full consciousness. You will discover: How the imbalance began, What Goddess energy really is, How to balance Feminine and Masculine, Why experiencing the Heart is vital, Manifestation through The Goddess, Feeling into Physical Ascension, Meditations/Attunements to activate the Divine Feminine, What a balanced Master is, and How to Balance Love, Wisdom and Power.

it the thought that counts: *The Seeds of Things* Jonathan Goldberg, 2009-08-25 The title of this book translates one of the many ways in which Lucretius names the basic matter from which the world is made in *De rerum natura*. In Lucretius, and in the strain of thought followed in this study, matter is always in motion, always differing from itself and yet always also made of the same stuff. From the pious Lucy Hutchinson's all but complete translation of the Roman epic poem to Margaret Cavendish's repudiation of atomism (but not of its fundamental problematic of sameness and difference), a central concern of this book is how a thoroughgoing materialism can be read alongside other strains in the thought of the early modern period, particularly Christianity. A chapter moves from Milton's monism to his angels and their insistent corporeality. Milton's angels have sex, and, throughout, this study emphasizes the consequences for thinking about sexuality offered by Lucretian materialism. Sameness of matter is not simply a question of same-sex sex, and the relations of atoms in Cavendish and Hutchinson are replicated in the terms in which they imagine marriages of partners who are also their doubles. Likewise, Spenser's knights in the 1590 *Faerie Queene* pursue the virtues of Holiness, Temperance, and Chastity in quests that take the reader on a path of askesis of the kind that Lucretius recommends and that Foucault studied in the final volumes of his history of sexuality. Although English literature is the book's main concern, it first contemplates relations between Lucretian matter and Pauline flesh by way of Tintoretto's painting *The Conversion of St. Paul*. Theoretical issues raised in the work of Agamben and Badiou, among others, lead to a chapter that takes up the role that Lucretius has played in theory, from Bergson and Marx to Foucault and Deleuze. This study should be of concern to students of religion, philosophy, gender, and sexuality, especially as they impinge on questions of representation.

Related to it the thought that counts

Netflix Assista a séries e filmes online diretamente na sua Smart TV, PC ou Mac, videogame, tablet, smartphone e mais

Netflix Brasil - assistir a séries online, assistir a filmes online Acesse sua conta Netflix em netflix.com para assistir no computador ou em qualquer aparelho conectado à internet compatível com o aplicativo Netflix, como Smart TVs, smartphones,

Como acessar a Netflix | Central de Ajuda Netflix Para entrar, siga as instruções abaixo para o seu aparelho. Se estiver com dificuldades para acessar sua conta, consulte Não consegue acessar a

conta Netflix

Como iniciar sessão na Netflix | Centro de Assistência Netflix Num navegador da web, acesse a netflix.com ou abra a Netflix num computador ou tablet Windows e clique em Iniciar sessão.

Introduza o seu endereço de e-mail ou número de

Central de Ajuda Netflix Saiba como se cadastrar e usar a Netflix. Obtenha ajuda para lidar com problemas, erros e dúvidas relacionados à sua conta

Introdução à Netflix | Central de Ajuda Netflix Depois de abrir o aplicativo ou o site da Netflix, selecione Entrar para acessar sua conta e começar a assistir a seus filmes e séries. Você pode assistir à Netflix em um ou mais

Não consegue acessar a conta Netflix | Central de Ajuda Netflix Se estiver com dificuldades para entrar na sua conta Netflix, escolha a opção que melhor corresponde ao problema que está enfrentando

NETFLIX ENTRAR: COMO FAZER LOGIN NA SUA CONTA NETFLIX Acompanhe e aprenda tudo sobre netflix entrar: como fazer login na sua conta Netflix. A maneira mais comum de acessar a Netflix é através do computador. Para isso, siga

Entrar Netflix: Como Fazer Login Em Qualquer Dispositivo Este guia completo irá te mostrar como entrar Netflix: como fazer login em qualquer dispositivo, seja no seu smartphone, tablet, Smart TV, computador ou console de

Acesso e atualização das informações associadas à conta - Netflix Você também pode atualizar a senha, ajustar as configurações de notificação e ocultar títulos exibidos na seção "O que foi assistido". Além disso, você pode entrar em contato com o

Home Depot Credit Card: Log In or Apply Manage your Home Depot credit card account online, any time, using any device. Submit an application for a Home Depot credit card now

Credit Center - The Home Depot For consumers and pros alike, Home Depot offers convenient credit card options to extend their purchasing power as well as manage and pay their account. Our Home Depot Consumer

The Home Depot® Consumer Credit Card | The Home Depot ® Consumer Credit Card is a convenient option to extend your purchasing power for everyday purchases at The Home Depot ® locations and online stores

The Home Depot® Consumer Credit Card: Log In or Apply Sign on and manage your credit card account. Don't have an account? Apply online today

The Home Depot Support Customer Service Center Check Order Status Pay Your Credit Card Order Cancellation Return Policy Refund Policy

The Home Depot See card agreement for details including APR applicable to you. Offer valid for consumer accounts in good standing; 6 months everyday credit offer is subject to change without notice

General Credit Center FAQs - The Home Depot What should I do if my Home Depot credit card is lost or stolen? To report your card lost, stolen, or that it was never received, please log into your Citi account, select the Report a Lost or

Home Depot® Consumer Credit Card: How it Works and Benefits Learn all about The Home Depot® Consumer Credit Card, including how it works, where you can use it, where to apply and the benefits it offers cardholders

The Home Depot® Consumer Credit Card: Register Your Card CONTACT The Home Depot® Consumer Credit Card 1-800-677-0232 Mon-Sat 6:00 am - 1:00 am ET Sun 7:00 am - 12:00 am ET Additional Phone Numbers Technical Assistance 1-866

Customer Service Center - The Home Depot Whether you want to check your online order status, manage your Home Depot credit card or check your Home Depot gift card balance, our online Help Center can help answer any

6 Best Benefits of Cranberry Tea - Organic Facts Cranberry tea is infused with a variety of antioxidants, vitamins, & minerals. Benefits of cranberry tea include its ability to improve heart health & promote weight loss

12 Health Benefits of Drinking Cranberry Tea Daily - TeaFame What are some of the notable health benefits of cranberry tea? Cranberry tea is infused with a broad of antioxidants, vitamins, minerals

8 health benefits of cranberry tea | HealthShots Cranberry tea is a delightful and healthy beverage. Here are the benefits of cranberry tea on your health and its side effects

Cranberry Tea Benefits: 9 Reasons To Sip For Health - Stylecraze Cozy up with cranberry tea and unlock 9 health perks, boosting immunity, supporting heart health, aiding weight loss, and preventing UTI

5 Mind-Blowing Health Benefits Of Cranberry Tea That You Cranberry Tea Benefits: Cranberry tea is not just visually appealing but has several health benefits that can help nourish your body and soul

Cranberry Tea: Benefits, Side Effects, and Recipe | Chinese Cranberry tea is a delicious and nutritious beverage with numerous health benefits. In this article, we will explore the benefits and potential side effects of cranberry tea,

7 Health Benefits Of Cranberry Infusion Tea - TE-A-ME Discover the 7 health benefits of Cranberry Infusion Tea, from antioxidant properties to weight loss and collagen production. Enjoy this versatile beverage hot or cold!

What is cranberry tea and what are its health benefits Cranberry tea has many health benefits, such as promoting urinary tract health, boosting immunity, and aiding digestion. The antioxidants found in cranberry tea can help protect

Related Articles

- [music of the 90s quiz](#)
- [how do you spell archie](#)
- [politics art of the possible](#)

[Back to Home](#)