

# history of the pole vault

## History of the Pole Vault

**History of the pole vault** is a fascinating journey through time that reflects the evolution of human athleticism, ingenuity, and the pursuit of surpassing physical limitations. From ancient times to modern Olympic competitions, the pole vault has transformed significantly, showcasing technological advances, changing techniques, and enduring athletic appeal. This article explores the origins, development, and modern innovations that have shaped the history of the pole vault.

## Origins of Pole Vaulting

### Ancient Precursors and Early Records

The earliest known instances resembling pole vaulting date back thousands of years, with evidence from different cultures attempting to leap over obstacles using makeshift tools. Some key points include:

- Ancient Egypt and Mesopotamia: Demonstrations of pole-like tools used for crossing canals or defensive purposes.
- Greek and Roman Athletics: Historical texts and artworks suggest that similar activities existed, although not as organized sports.
- Medieval Europe: Use of poles for practical purposes like crossing ditches or fences, possibly inspiring early athletic activities.

### Primitive Use as a Sport

While the formalization of pole vaulting as a sport came much later, early civilizations began to recognize the challenge of vaulting over obstacles as a test of strength and agility. The transition from practical use to sport occurred in the following ways:

- Athletes in different cultures attempting to vault over barriers.
- Use of natural materials like wooden poles or reeds.
- The desire to measure and improve jumping ability, setting the stage for organized competition.

## The Development of Pole Vaulting as a Competitive Sport

## 19th Century Innovations

The 1800s marked a pivotal period in the formalization of pole vaulting as a competitive event. Key developments include:

- Introduction in Athletic Clubs: Universities and athletic clubs began organizing vaulting competitions.
- Standardization of Rules: Establishment of rules regarding the height, measurement, and equipment.
- Use of Wooden Poles: Transition from natural materials to more durable wooden poles.

## First Official Records and Competitions

Some milestones in the history of organized pole vaulting:

- 1860s: The first recorded vaults over 10 feet (3 meters).
- 1889: The first official American record of 11 feet (3.35 meters).
- 1896: Inclusion of pole vault in the first modern Olympic Games in Athens.

## Technological Advancements and Technique Evolution

### From Wooden to Metal and Fiberglass Poles

The materials used in pole vaulting equipment have evolved remarkably:

- Wooden Poles: Dominant until the early 20th century, offering limited flexibility.
- Metal Poles (Steel and Aluminum): Introduced in the early 1900s, providing increased strength and some flexibility.
- Fiberglass and Carbon Fiber Poles: Revolutionized the sport from the 1950s onward, enabling higher jumps due to their superior flexibility and strength.

### Technique Changes Over Time

Techniques have also evolved, significantly impacting vaulting heights:

- Plant and Takeoff: Athletes began mastering the precise timing and placement during the plant.
- The 'Petrov/Bettors' Technique: Developed in the 1960s, emphasizing a bend in the pole and a dynamic swing-up for greater height.
- Fosbury Flop: Although more famous in high jump, similar principles influenced pole vaulting approaches.

# Record Breakthroughs and Modern Era

## Historical Record Milestones

The progression of world records illustrates the sport's advancement:

- 1957: Don Bragg set the world record at 4.63 meters (15 feet 2 inches).
- 1968: Bob Seagren cleared 5.21 meters (17 feet 1 inch).
- 1985: Sergey Bubka broke the 6-meter barrier, reaching 6.01 meters (19 feet 8¾ inches).
- Current Record: As of October 2023, the men's world record is held by Armand Duplantis with 6.21 meters (20 feet 4¼ inches), set in 2022.

## Impact of Technology on Record Progression

Advancements in pole materials and technique have contributed to record-breaking performances:

- Fiberglass poles allow for greater flex and energy transfer.
- Training methods and sports science improvements.
- Better understanding of biomechanics and aerodynamics.

## Notable Athletes in the History of the Pole Vault

### Early Pioneers

- Michael Paul (UK): One of the earliest recorded pole vault champions in the late 1800s.
- Charles Dvorak (USA): Held national records in the early 20th century.

### Modern Record Holders

- Sergey Bubka: Dominated the sport in the 1980s and 1990s, breaking multiple world records.
- Armand Duplantis: Current world record holder, known for his innovative techniques and consistent performances.

## Future of the Pole Vault

# Technological Innovations

The future may see:

- Development of even lighter, stronger composite materials.
- Advanced training tools like virtual reality and biomechanical analysis.
- Enhanced safety equipment and event regulations.

# Potential Record Breakers

With ongoing improvements, athletes continue to push the limits. The upcoming talents and technological advancements promise exciting developments in the sport.

# Conclusion

The **history of the pole vault** exemplifies how sports evolve through technological progress, innovative techniques, and dedicated athletes. From ancient civilizations attempting simple vaults to today's record-breaking performances, the sport continues to captivate audiences worldwide. As materials, training, and understanding of biomechanics advance, the future of pole vaulting holds even higher heights and new records, ensuring its place as a dynamic and inspiring athletic discipline.

# Frequently Asked Questions

## When did the pole vault first become a recognized track and field event?

The pole vault was first included in the modern Olympic Games in 1896, but its origins date back to ancient Greece and Ireland, where athletes used sharpened sticks or poles to vault over obstacles.

## How did the materials used in pole vault poles evolve over time?

Initially made from materials like cane and then wood, pole vault poles evolved to fiberglass and carbon fiber in the 1960s and 1970s, which allowed for greater flexibility and higher vaults.

## Who was the first athlete to clear over 5 meters in the pole vault?

Bob Seagren was the first to clear 5 meters in 1968, setting a new world record and marking a significant milestone in the sport.

## **What are some key technological advancements that have influenced the pole vault's history?**

Major advancements include the introduction of fiberglass poles, improved landing mats, and better training techniques, all of which contributed to higher vaults and increased safety.

## **How has the technique of pole vaulting changed over the years?**

The technique shifted from using a straight-up approach to a more dynamic, curved run-up with complex planting and swing methods, optimizing energy transfer and height.

## **Which countries have been historically dominant in pole vaulting?**

The United States, Soviet Union/Russia, and more recently European countries like France and Sweden have been dominant in the sport's history.

## **What is the significance of the Fosbury Flop in the history of pole vaulting?**

While the Fosbury Flop is primarily associated with high jump, its adoption in pole vaulting reflects broader innovations in jumping technique, influencing how athletes approach the sport.

## **How did the introduction of synthetic materials impact record-breaking performances?**

Synthetic materials like fiberglass significantly increased the flexibility and strength of poles, enabling athletes to vault higher than ever before and setting new world records.

## **What are some of the most notable pole vault world records in history?**

Armand Duplantis holds the current men's world record at 6.21 meters (2022), while Yelena Isinbayeva set the women's record at 5.06 meters (2009), both representing peak achievements in the sport.

## **How has the pole vault evolved in the Olympics over the years?**

From modest beginnings in the early 20th century, the event has seen continuous improvements in technique, equipment, and athlete performance, leading to record-breaking heights and increased popularity.

# Additional Resources

## History of the Pole Vault: An In-Depth Exploration

The history of the pole vault is a fascinating journey through centuries of athletic innovation, cultural influences, and technological advancements. From its ancient origins to modern Olympic spectacles, the event has evolved dramatically, reflecting broader developments in sports, engineering, and human ambition. This comprehensive review traces the origins, key milestones, technological progress, and cultural significance of the pole vault, offering a detailed understanding of its enduring appeal.

---

## Origins and Ancient Precursors

The roots of the pole vault stretch back thousands of years, intertwined with various cultures' practices of crossing obstacles and exploring physical limits.

## Ancient Civilizations and Early Attempts

While no direct archaeological evidence confirms pole vaulting in antiquity, several ancient civilizations engaged in activities resembling early vaulting or obstacle crossing:

- Egyptian and Mesopotamian Practices: Depictions and artifacts suggest that ancient peoples attempted to vault over obstacles using rudimentary tools or natural features, primarily for training or ceremonial purposes.
- Greek and Roman Contributions: The Greeks valued agility and strength, often including vaulting in their gymnasiums. Historical texts mention athletes using flexible poles to leap over barriers, possibly serving as training for combat or athletic competitions.

## Prehistoric and Medieval Activities

In prehistoric times, humans used sticks and poles to traverse rivers or climb obstacles, which could be viewed as proto-vaulting. Medieval folk games sometimes involved pole-based activities, but these lacked formal rules or competitive intent.

---

## Evolution into a Formal Sport

The transition from practical obstacle crossing to organized sport began in the 19th century, coinciding with the rise of modern athletics.

## 19th Century: Birth of Organized Pole Vaulting

- England and the "Sporting Clubs" Era: The mid-1800s saw the earliest recorded pole vault competitions, often informal and associated with gymnastics and track and field clubs.
- First Recorded Competitions: The earliest known pole vault event took place in England around 1850, with athletes using lengthwise poles—initially made of wood or bamboo—to clear fences or barriers.
- Standardization of Rules: By the late 19th century, athletic associations began formalizing rules, including:
  - The height of the bar
  - The type of poles used
  - Landing safety measures

## Inclusion in Track and Field Athletics

- The pole vault became part of the modern Olympic program in 1896 at Athens, marking its acceptance as a premier track and field event.

---

## Technological and Material Innovations

The evolution of pole vaulting is inextricably linked to advances in materials and technology, which have allowed athletes to surpass previous limits.

## From Wooden to Fiberglass Poles

- Wood and Bamboo Era: Early poles were crafted from solid wood or bamboo, which were sturdy but inflexible, limiting jump height.
- Metal and Aluminum Poles: In the early 20th century, lightweight metals improved performance but still lacked flexibility.
- Fiberglass and Carbon Fiber Revolution (1960s–1970s): The introduction of fiberglass poles transformed the event. These poles are:
  - Highly flexible
  - 1. Allowing for a greater bend during takeoff
  - 2. Greater energy storage and transfer
  - 3. Significant increases in maximum height

- Notable athlete Derek Reid in the 1960s was among the first to utilize fiberglass poles in competition, setting new records and pushing the boundaries of human capability.

## **Impact of Material Advancements**

The adoption of fiberglass poles led to:

- Record-breaking performances: The world record increased exponentially after the 1960s.
- Refined techniques: Athletes refined their approach, plant, and swing to maximize the benefits of the new poles.
- Safety Improvements: Modern landing pits and safety standards evolved alongside technological progress.

---

## **Key Milestones and Record Progression**

Tracking the progression of records offers insight into the event's development.

### **Early Records and Pioneers**

- The first official world record recognized by the International Association of Athletics Federations (IAAF) was set in 1912 by George Wilkins with a vault of 3.73 meters.

### **Era of Record Breakers**

- Bob Richards (USA): First to clear 4 meters in 1959.
- Bob Seagren (USA) and Pavel Gerasimov (USSR): Pushed the record into the 5-meter range in the 1960s.
- Sergey Bubka (Ukraine): Broke the world record 35 times between 1984 and 1994, culminating in a height of 6.14 meters in 1994, a record that stood for over 20 years.

### **Modern Achievements**

- The current world record, as of October 2023, is 6.21 meters, set by Armand Duplantis of Sweden in 2020.



- The progression timeline illustrates rapid improvements post-1960s, driven by material innovations and training methodologies.

---

## Technical Evolution and Techniques

The history of the pole vault is also marked by evolving techniques that have enabled athletes to ascend to new heights.

### From "Running Vault" to "Plant and Swing"

- Early Techniques: Athletes ran straight at the bar and attempted to clear by vaulting over it, with minimal body control.
- The "Petrov/Bettters Technique" (1950s-1960s): Developed by Soviet coaches, emphasizing a bend in the pole and a "plant, swing, turn" approach for maximum height.
- Fosbury Flop of Pole Vaulting: Unlike the high jump, which adopted the Fosbury flop, the pole vault's technique is more complex, involving a combination of run-up speed, plant, swing, and inversion.

### Modern Technique Components

- Approach Run: Speed and rhythm are critical to generate momentum.
- Plant and Takeoff: Precise plant of the pole against the ground.
- Swing and Inversion: Athletes invert their bodies to clear the bar.
- Bar Clearance and Landing: Land in cushioned pits designed to absorb impact.

### Training and Coaching Innovations

- Video analysis, biomechanical assessments, and specialized strength training have contributed to technique refinement.
- Athletes now often employ individualized approaches based on their physical attributes and equipment.

---

# Cultural and Global Significance

The history of the pole vault is more than just records and techniques; it reflects cultural values around human potential and innovation.

## In the Olympics and Major Competitions

- The event has been a highlight of athletics competitions worldwide, showcasing athleticism, technique, and technological progress.
- Notable Olympic moments include:
  - Bob Beamon's Long Jump (1968) impact on athletic performance, similar to Bubka's records in pole vault.
  - Armand Duplantis' recent dominance and record-setting, symbolizing the modern era of athletic excellence.

## Symbolism and Inspiration

- The pole vault embodies human daring and ingenuity, representing the desire to overcome physical and psychological barriers.
- Its evolution from simple obstacle crossing to high-tech competition mirrors broader societal progress in science, engineering, and sports science.

---

## Future Directions and Challenges

The history of the pole vault continues to evolve, with ongoing debates and innovations.

## Potential Technological Advancements

- Use of advanced composites for even more flexible and lightweight poles.
- Wearable technology to optimize technique and prevent injuries.

## Safety and Ethical Considerations

- Ensuring safety in high-performance settings.
- Balancing technological enhancement with fair competition.

## Records and Human Limits

- The debate over whether records will continue to fall or plateau as athletes approach physiological limits.
- The role of genetic and biomechanical factors in future performances.

---

## Conclusion

The history of the pole vault is a testament to human ingenuity, athleticism, and technological progress. From its ancient roots as a practical obstacle-crossing activity to the high-tech, record-shattering sport it is today, the event embodies the enduring human spirit to push boundaries. As materials, techniques, and training methods continue to evolve, the pole vault remains a symbol of aspiration, innovation, and the relentless pursuit of excellence. Understanding its rich history offers not only insight into a specific athletic event but also reflects broader themes of human progress and resilience.

## History Of The Pole Vault

**history of the pole vault:** History of the Pole Vault Richard Leigh Railsback, 1977\*

**history of the pole vault:** Illustrated History of the Pole Vault Jan Johnson, Russ VerSteeg, Ray Kring, 2007 Twelve Chapters documenting specific landmark periods of the sport of pole vaulting, from its ancient roots to the the modern era. 296 pages 800 pictures.

**history of the pole vault:** Pole Vault Physics Miles Drake, AI, 2025-03-10 Pole Vault Physics explores the science behind this incredible sport, revealing how athletes convert kinetic energy into potential energy to soar to amazing heights. The book examines the energy transfer process, showing how vaulters transform their run-up speed into the elastic potential energy of the pole, and then back into the kinetic and gravitational potential energy needed to clear the bar. It also analyzes the biomechanics of the athlete's technique, from the initial run-up to the final release, illustrating how each movement contributes to overall performance. This book uniquely blends physics with practical coaching insights, bridging the gap between scientific principles and real-world athletic application. For instance, the evolution of vaulting poles from rigid materials to flexible fiberglass and carbon fiber highlights how material science has revolutionized the sport. The book progresses logically, starting with fundamental concepts of energy and mechanics, then moving into detailed analyses of each phase of the vault, and concluding with advanced training techniques informed by physics. By dissecting each phase of the vault through the lens of energy transfer and biomechanical efficiency, Pole Vault Physics provides coaches, athletes, and enthusiasts with actionable insights. The book provides a comprehensive perspective by integrating rigorous physics analysis with

practical coaching insights.

**history of the pole vault:** *A History of Cornell* Morris Bishop, 1962-10-31 This book conveys the unique character of the early university and establishes Cornell's wider significance as a case history in the development of higher education.

**history of the pole vault:** *A History of Yale Athletics, 1840-1888* Richard Melancthon Hurd, 1888

**history of the pole vault:** *Mechanics of the Pole Vault* R. V. Ganslen, 1963

**history of the pole vault:** *Lone Star Sports Legends: On This Day in History* Ryan Sprayberry, 2017 From the clash of college to the best married shooting duo in history, the Lone Star State clears every hurdle the sports world offers. A former Texas Christian basketball player became the first tenured African American professor at Harvard Business School. Aggie football legend John Kimbrough's first professional contract required him to act in movies and serve as the stadium's handyman. For every date on the calendar, Ryan Sprayberry provides a play-by-play of 365 memorable days in the state's athletic history, beginning with the birth of the Cotton Bowl on January 1, 1937, and ending with the final snap of the Ice Bowl on December 31, 1967.

**history of the pole vault:** *The History of Athletics at the University of Pennsylvania: 1896* Edward Rogers Bushnell, 1909

**history of the pole vault:** *1,000 Amazing Record Breakers* DK, 2024-11-05 This book brings you the first, fastest, longest, largest, biggest, and best records in the world. Track the world's longest migrations, visit the coolest place on the planet (Vostok Station, Antarctica - a chilling -89.2oC), see how plane pioneer Chuck Yeager first broke the sound barrier, and much more. The greatest human achievements are showcased, from pioneering inventors to modern feats of engineering, technology, transport, and sport. But there's far more than just people power in this book! There are also records about animals, plants, Earth, and space. Amazing facts pack this fantastic book of world records. It's the perfect gift book for curious kids.

**history of the pole vault:** *The Men of Lafayette, 1828-1893* Selden Jennings Coffin, 1890

**history of the pole vault:** *The History of the Society, and a Short Account of Each Member's Life Since Joining the Society ...* St. Paul's School (Concord, N.H.). B.I.I. Society, 1903

**history of the pole vault:** *Hurdling the Challenges of the 2019 IAAF World Championships* Olivier Girard, Sebastien Racinais, 2020-03-09

**history of the pole vault:** *The Pageant of America, a Pictorial History of the United States* , 1929

**history of the pole vault:** *HISTORY OF THE OLYMPIC GAMES* Ruben Ygua, 2025-04-08 Traditional methods of studying the past have always given greater importance to nationalist, religious and moral interests, which subordinated the historical fact to the System point of view. The time has come to simplify and show respect for our ancestors, striving to know what really happened in the past, and not just what they want to inform us about. After so many years of studying History, I came to the conclusion that the best study system is through an impartial, objective Chronology that just put each event in its exact place in time, revealing History without manipulation. This Chronology contains not only purely political facts, such as the foundation of cities, the birth of kingdoms and empires, scientific and geographical discoveries, natural disasters and epidemics; it also includes information on the most different fields of human activity: chemistry, astronomy, geography, mathematics, and so on. In parallel, the chronology is complemented by data that do not belong to a specific date, but to an entire epoch, they are each society generalities, curiosities, customs, the religion of each civilization, inventions or discoveries that cannot be placed in an exact date, etc. The result of all this set is one of the most complete chronologies within its reach, periodically updated with the latest archaeological and scientific discoveries, and that transforms the reader into an eyewitness of the past, understanding the relation of geographically distant facts to each other, but closely connected in time and influencing unexpected consequences. This is something that traditional history has generally ignored when it was not usable. A work of this magnitude could not be published in a single book, so I have divided it into several collections, and

the Spanish originals are being translated into French, English, Italian and Portuguese. The chronology goes from prehistory to the present day year by year, as far as possible. For those who prefer a deeper and more detailed study, I have prepared a second chronology, day by day, this for now covers from 1789 to 1946, divided into five collections.

**history of the pole vault:** *Day by Day in Jewish Sports History* Bob Wechsler, 2008 Day By Day in Jewish Sports History covers every day of the year and includes thousands of names, records, events, and achievements of all kinds, from virtually every sport you can think of and some you can't, this book is the definitive picture of the role Jews have played in world sports - informative, enlightening, easy to read, and entertaining in a 432-page calendar book format including over 100 photographs. It gives all the basic information and statistics, from baseball to figure skating, from boxing to track and field, from hockey to bowling, tennis, gymnastics, soccer, Olympic winners, including 160 sports quiz questions and sports trivia, American and international, amateur and professional.--BOOK JACKET.

**history of the pole vault: Record Breakers!** DK, 2018-09-11 What is the world's longest-living creature? Who was the first person to reach the bottom of the ocean? Where is the longest train route? This ebook is full of amazing facts about people, animals, Earth, and space, and brings you the first, fastest, longest, largest, biggest, and best records in the world! Track the longest shark migration (20,000 km/12,400 miles); visit the coolest place on the planet (Vostok Station, Antarctica: a chilling -89.2oC/-128.6oF); see how plane pioneer Chuck Yeager first broke the sound barrier, and much more. Discover the greatest human achievements, from pioneering inventors to modern feats of engineering, transport, technology, and sport. But there's far more than just people power in this ebook, there are also records about animals, plants, and our amazing natural world. Find out all about the best of everything in Record Breakers - an entertaining and educational ebook that the whole family can enjoy.

**history of the pole vault:** The World's Greatest Olympians Michael Hurley, 2011-07 The World's Greatest Olympians looks at great Olympians through the history of the modern Olympics and reasons why these athletes were/are so great. It also includes Fact Files fact boxes of top athletes and charts and tables to help illustrate their amazing talents and achievements.

**history of the pole vault: The Harvard Bulletin** , 1908

**history of the pole vault:** Record Breakers of 2025: The Unforgettable Feats that Made History Esperanza Zimmerman, 2025-04-14 Welcome to a thrilling expedition into the realm of human achievement and extraordinary endeavors! Within the pages of Record Breakers of 2025, you will encounter the most astounding accomplishments that captivated the world. From towering feats of athleticism to groundbreaking scientific discoveries and awe-inspiring artistic masterpieces, this book presents an unparalleled chronicle of human ingenuity and determination. Dive into captivating accounts of individuals pushing the boundaries of possibility. Witness world records being shattered in sports, such as the fastest marathon time or the highest jump. Marvel at technological advancements, including the launch of the first human mission to Mars or the development of AI that surpasses human intelligence. And be inspired by artistic brilliance, with breathtaking paintings, symphonies, and literary works that redefine the very essence of creativity. This meticulously researched compendium is not merely a collection of records; it is an enthralling testament to the indomitable spirit that drives us forward. It celebrates the exceptional individuals who have left an indelible mark on our collective history.

**history of the pole vault: Soviet Life** , 1972

## Related to history of the pole vault

**Delete your activity - Computer - Google Account Help** On your computer, go to your Google Account. At the left, click Data & privacy. Under "History settings," click an activity or history setting you want to auto-delete. Click Auto-delete. Click the

**Check or delete your Chrome browsing history** Your History lists the pages you've visited on Chrome in the last 90 days. It doesn't store: If you're signed in to Chrome and sync your history,

then your History also shows pages you've visited

**Manage your Google data with My Activity - Google Account Help** Customize privacy settings to best meet your needs. Devices that use Google's services when you're signed in to a Google Account Access and manage your search history and activity in

**Access & control activity in your account - Google Help** Under "History settings," click My Activity. To access your activity: Browse your activity, organized by day and time. To find specific activity, at the top, use the search bar and filters. Manage

**View or delete your YouTube search history** You can manage your search history by deleting individual searches or clearing or pausing search history. Learn more about your data in YouTube and managing your YouTube activity

**Manage your Google Meet call history** Manage your Google Meet call history Legacy call history and Meet call history are stored and managed differently. Legacy call history is saved only on the device the call was made on.

**Last account activity - Gmail Help - Google Help** You can see your sign-in history, including the dates and times that your Gmail account was used. You can also see the IP addresses which were used to access your account. See your

**Turn history on or off in Google Chat** When history is off in spaces with in-line threading, messages remain in your email if you forward them to your Gmail inbox. When history is off in a space, shared files won't appear in that

**Manage your Timeline data - Google Account Help** Delete Timeline data You can manage and delete your location information with Google Maps Timeline. You can choose to delete all of your history, or only parts of it. Learn how to manage

**Review your order history - Google Play Help** Google Play app and digital content orders show in the transactions list. Other Google payments and Google Pay transactions don't appear in your Google Play order history. To review those

**Delete your activity - Computer - Google Account Help** On your computer, go to your Google Account. At the left, click Data & privacy. Under "History settings," click an activity or history setting you want to auto-delete. Click Auto-delete. Click the

**Check or delete your Chrome browsing history** Your History lists the pages you've visited on Chrome in the last 90 days. It doesn't store: If you're signed in to Chrome and sync your history, then your History also shows pages you've visited

**Manage your Google data with My Activity - Google Account Help** Customize privacy settings to best meet your needs. Devices that use Google's services when you're signed in to a Google Account Access and manage your search history and activity in

**Access & control activity in your account - Google Help** Under "History settings," click My Activity. To access your activity: Browse your activity, organized by day and time. To find specific activity, at the top, use the search bar and filters. Manage

**View or delete your YouTube search history** You can manage your search history by deleting individual searches or clearing or pausing search history. Learn more about your data in YouTube and managing your YouTube activity

**Manage your Google Meet call history** Manage your Google Meet call history Legacy call history and Meet call history are stored and managed differently. Legacy call history is saved only on the device the call was made on.

**Last account activity - Gmail Help - Google Help** You can see your sign-in history, including the dates and times that your Gmail account was used. You can also see the IP addresses which were used to access your account. See your account

**Turn history on or off in Google Chat** When history is off in spaces with in-line threading, messages remain in your email if you forward them to your Gmail inbox. When history is off in a space, shared files won't appear in that

**Manage your Timeline data - Google Account Help** Delete Timeline data You can manage and delete your location information with Google Maps Timeline. You can choose to delete all of your

history, or only parts of it. Learn how to manage

**Review your order history - Google Play Help** Google Play app and digital content orders show in the transactions list. Other Google payments and Google Pay transactions don't appear in your Google Play order history. To review those

**Delete your activity - Computer - Google Account Help** On your computer, go to your Google Account. At the left, click Data & privacy. Under "History settings," click an activity or history setting you want to auto-delete. Click Auto-delete. Click the

**Check or delete your Chrome browsing history** Your History lists the pages you've visited on Chrome in the last 90 days. It doesn't store: If you're signed in to Chrome and sync your history, then your History also shows pages you've visited

**Manage your Google data with My Activity - Google Account Help** Customize privacy settings to best meet your needs. Devices that use Google's services when you're signed in to a Google Account Access and manage your search history and activity in

**Access & control activity in your account - Google Help** Under "History settings," click My Activity. To access your activity: Browse your activity, organized by day and time. To find specific activity, at the top, use the search bar and filters. Manage

**View or delete your YouTube search history** You can manage your search history by deleting individual searches or clearing or pausing search history. Learn more about your data in YouTube and managing your YouTube activity

**Manage your Google Meet call history** Manage your Google Meet call history Legacy call history and Meet call history are stored and managed differently. Legacy call history is saved only on the device the call was made on.

**Last account activity - Gmail Help - Google Help** You can see your sign-in history, including the dates and times that your Gmail account was used. You can also see the IP addresses which were used to access your account. See your account

**Turn history on or off in Google Chat** When history is off in spaces with in-line threading, messages remain in your email if you forward them to your Gmail inbox. When history is off in a space, shared files won't appear in that

**Manage your Timeline data - Google Account Help** Delete Timeline data You can manage and delete your location information with Google Maps Timeline. You can choose to delete all of your history, or only parts of it. Learn how to manage

**Review your order history - Google Play Help** Google Play app and digital content orders show in the transactions list. Other Google payments and Google Pay transactions don't appear in your Google Play order history. To review those

**Delete your activity - Computer - Google Account Help** On your computer, go to your Google Account. At the left, click Data & privacy. Under "History settings," click an activity or history setting you want to auto-delete. Click Auto-delete. Click the

**Check or delete your Chrome browsing history** Your History lists the pages you've visited on Chrome in the last 90 days. It doesn't store: If you're signed in to Chrome and sync your history, then your History also shows pages you've visited

**Manage your Google data with My Activity - Google Account Help** Customize privacy settings to best meet your needs. Devices that use Google's services when you're signed in to a Google Account Access and manage your search history and activity in

**Access & control activity in your account - Google Help** Under "History settings," click My Activity. To access your activity: Browse your activity, organized by day and time. To find specific activity, at the top, use the search bar and filters. Manage

**View or delete your YouTube search history** You can manage your search history by deleting individual searches or clearing or pausing search history. Learn more about your data in YouTube and managing your YouTube activity

**Manage your Google Meet call history** Manage your Google Meet call history Legacy call history and Meet call history are stored and managed differently. Legacy call history is saved only on the

device the call was made on.

**Last account activity - Gmail Help - Google Help** You can see your sign-in history, including the dates and times that your Gmail account was used. You can also see the IP addresses which were used to access your account. See your account

**Turn history on or off in Google Chat** When history is off in spaces with in-line threading, messages remain in your email if you forward them to your Gmail inbox. When history is off in a space, shared files won't appear in that

**Manage your Timeline data - Google Account Help** Delete Timeline data You can manage and delete your location information with Google Maps Timeline. You can choose to delete all of your history, or only parts of it. Learn how to manage

**Review your order history - Google Play Help** Google Play app and digital content orders show in the transactions list. Other Google payments and Google Pay transactions don't appear in your Google Play order history. To review those

**Delete your activity - Computer - Google Account Help** On your computer, go to your Google Account. At the left, click Data & privacy. Under "History settings," click an activity or history setting you want to auto-delete. Click Auto-delete. Click the

**Check or delete your Chrome browsing history** Your History lists the pages you've visited on Chrome in the last 90 days. It doesn't store: If you're signed in to Chrome and sync your history, then your History also shows pages you've visited

**Manage your Google data with My Activity - Google Account Help** Customize privacy settings to best meet your needs. Devices that use Google's services when you're signed in to a Google Account Access and manage your search history and activity in

**Access & control activity in your account - Google Help** Under "History settings," click My Activity. To access your activity: Browse your activity, organized by day and time. To find specific activity, at the top, use the search bar and filters. Manage

**View or delete your YouTube search history** You can manage your search history by deleting individual searches or clearing or pausing search history. Learn more about your data in YouTube and managing your YouTube activity

**Manage your Google Meet call history** Manage your Google Meet call history Legacy call history and Meet call history are stored and managed differently. Legacy call history is saved only on the device the call was made on.

**Last account activity - Gmail Help - Google Help** You can see your sign-in history, including the dates and times that your Gmail account was used. You can also see the IP addresses which were used to access your account. See your

**Turn history on or off in Google Chat** When history is off in spaces with in-line threading, messages remain in your email if you forward them to your Gmail inbox. When history is off in a space, shared files won't appear in that

**Manage your Timeline data - Google Account Help** Delete Timeline data You can manage and delete your location information with Google Maps Timeline. You can choose to delete all of your history, or only parts of it. Learn how to manage

**Review your order history - Google Play Help** Google Play app and digital content orders show in the transactions list. Other Google payments and Google Pay transactions don't appear in your Google Play order history. To review those

## **Related to history of the pole vault**

**Simply the greatest: Mondo Duplantis dazzles with 6.30m pole vault world record in Tokyo** (19don MSN) Mondo Duplantis showed why he is one of the greatest athletes on the planet, breaking the pole vault world record for a staggering 14th time

**Simply the greatest: Mondo Duplantis dazzles with 6.30m pole vault world record in Tokyo** (19don MSN) Mondo Duplantis showed why he is one of the greatest athletes on the planet, breaking the pole vault world record for a staggering 14th time



**Armand Mondo Duplantis breaks world record, Kurtis Marschall wins pole vault bronze at World Athletics Championships 2025 in Tokyo** (19don MSN) Kurtis Marschall wins bronze in the men's pole vault final on day three of the World Athletics Championships in Tokyo, as Armand Duplantis soars to a 14th world record

**Armand Mondo Duplantis breaks world record, Kurtis Marschall wins pole vault bronze at World Athletics Championships 2025 in Tokyo** (19don MSN) Kurtis Marschall wins bronze in the men's pole vault final on day three of the World Athletics Championships in Tokyo, as Armand Duplantis soars to a 14th world record

**Pole Vault Bronze Medalist Is US Army Reservist** (ABC News9y) Sam Kendricks won the first Team USA medal in pole vault in 12 years. -- Sam Kendricks soared into the history books yesterday, winning the first Team USA medal in pole vaulting in 12 years. He

**Pole Vault Bronze Medalist Is US Army Reservist** (ABC News9y) Sam Kendricks won the first Team USA medal in pole vault in 12 years. -- Sam Kendricks soared into the history books yesterday, winning the first Team USA medal in pole vaulting in 12 years. He

**Trending Now: EJ Obiena wins gold at World Pole Vault Challenge** (6d) On SBS Filipino's Trending Ngayon podcast this week, many Filipinos celebrated pole vaulter Ernest John Obiena's gold medal

**Trending Now: EJ Obiena wins gold at World Pole Vault Challenge** (6d) On SBS Filipino's Trending Ngayon podcast this week, many Filipinos celebrated pole vaulter Ernest John Obiena's gold medal

**Great Moments in Bulldog History: Fraley wins 3 national titles in pole vault** (Yahoo! Sports4mon) FRESNO, Calif. (KSEE/KGPE) - In this Great Moment in Bulldog History, brought to you by Precision Civil Engineering, we look back at a Fresno State track and field star, who made a little school

**Great Moments in Bulldog History: Fraley wins 3 national titles in pole vault** (Yahoo! Sports4mon) FRESNO, Calif. (KSEE/KGPE) - In this Great Moment in Bulldog History, brought to you by Precision Civil Engineering, we look back at a Fresno State track and field star, who made a little school

**Gamecocks' Togami Breaks Outdoor Pole Vault Record at East Coast Relays** (Fox Carolina5mon) JACKSONVILLE, Fla. (South Carolina Athletics) - The final regular season outdoor track & field meet got underway on Friday afternoon as the Gamecocks completed day one of the East Coast Relays in

**Gamecocks' Togami Breaks Outdoor Pole Vault Record at East Coast Relays** (Fox Carolina5mon) JACKSONVILLE, Fla. (South Carolina Athletics) - The final regular season outdoor track & field meet got underway on Friday afternoon as the Gamecocks completed day one of the East Coast Relays in

## Related Articles

- [i know my name is steven film](#)
- [books by wes anderson](#)
- [the silence of the lambs book](#)

[Back to Home](#)