

nigel slater cook books

Nigel Slater cook books have become an essential part of the culinary literature landscape, celebrated for their warm, personal approach to cooking and their emphasis on seasonal, comforting, and beautifully simple dishes. As a renowned British chef and food writer, Nigel Slater has built a reputation not just through his recipes but also through his distinctive writing style that combines culinary expertise with storytelling. His cookbooks are cherished by both novice cooks and seasoned chefs alike for their accessibility, honesty, and inspiring perspectives on food and cooking. This article explores the key works of Nigel Slater's cookbook collection, their themes, their impact, and what makes them stand out in the world of culinary literature.

Overview of Nigel Slater's Cookbooks

Nigel Slater has authored numerous cookbooks over the decades, each reflecting his evolving culinary philosophy and personal journey with food. His books often focus on the importance of seasonal ingredients, home-cooked meals, and the emotional connection between food and memory. Unlike many traditional cookbooks that prioritize technical precision, Slater's books are characterized by their conversational tone, inviting readers into his kitchen and mind.

Key Nigel Slater Cookbooks

Several titles stand out as pivotal in understanding Nigel Slater's contribution to culinary literature. These books not only showcase his recipes but also exemplify his approach to food as a source of comfort, creativity, and storytelling.

1. The Kitchen Diaries (2005)

Often regarded as one of Nigel Slater's most iconic works, *The Kitchen Diaries* is a year-long chronicle of his life in the kitchen, capturing the rhythm of seasonal cooking.

- **Content and Structure:** The book follows a daily diary format, with entries that include recipes, personal anecdotes, and reflections on seasonal produce.
- **Themes:** Emphasis on freshness, spontaneity, and the natural progression

of seasons.

- **Impact:** This book has inspired home cooks to embrace seasonal cooking and see their kitchens as places of personal storytelling.

2. Appetite (2005)

Appetite is a collection of Slater's favorite recipes and food memories, showcasing his culinary philosophy.

- **Content and Structure:** An eclectic mix of recipes from breakfast to dinner, interwoven with personal narratives.
- **Themes:** Comfort food, simplicity, and celebrating everyday ingredients.
- **Impact:** It offers inspiration for those seeking down-to-earth, achievable recipes that evoke emotion and nostalgia.

3. Tender (2010)

Tender explores the art of cooking with vegetables and highlights the importance of plant-based dishes.

- **Content and Structure:** Focused on vegetables, grains, and pulses, with recipes that highlight their flavors and textures.
- **Themes:** Sustainability, health, and the beauty of vegetarian cooking.
- **Impact:** This book encourages readers to appreciate vegetables not just as side dishes but as the main event.

4. Eating for England (2012)

This book is a culinary love letter to British food traditions and regional ingredients.

- **Content and Structure:** Combines recipes, food history, and personal

stories about English cuisine.

- **Themes:** Heritage, regionality, and nostalgia.
- **Impact:** It deepens appreciation for British culinary identity and inspires a sense of place in cooking.

5. The Kitchen Catastrophe Cookbook (2014)

A humorous and candid look at the mishaps and disasters that occur in the kitchen.

- **Content and Structure:** Anecdotes paired with practical advice and recipes.
- **Themes:** Humility, resilience, and learning from mistakes.
- **Impact:** Encourages home cooks to embrace imperfections and find joy in cooking, even when things go wrong.

Thematic Elements in Nigel Slater's Cookbooks

Understanding what makes Nigel Slater's cookbooks unique requires a look at the recurring themes and stylistic elements that define his work.

Personal Storytelling and Emotional Connection

One of the hallmarks of Slater's cookbooks is his ability to weave personal stories into recipes. His writing often reflects on childhood memories, family traditions, and the emotional significance of food.

Seasonality and Simplicity

Slater champions the use of seasonal ingredients, encouraging cooks to adapt recipes based on what is fresh and available. His dishes tend to be straightforward, emphasizing natural flavors without unnecessary complexity.

Honest and Humble Approach

Unlike some cookbooks that focus on culinary perfection, Slater's work embraces imperfection and the learning process. His tone is approachable, making cooking feel accessible to everyone.

Focus on Vegetables and Plant-Based Dishes

In books like *Tender*, Slater highlights the versatility and beauty of vegetables, advocating for a plant-forward approach that is both healthy and flavorful.

The Impact of Nigel Slater's Cookbooks on Home Cooking

Nigel Slater's cookbooks have influenced many home cooks to adopt a more relaxed, intuitive approach to cooking. His emphasis on seasonal ingredients, storytelling, and honesty has made his books more than just collections of recipes—they are sources of inspiration and comfort.

Encouraging Creativity and Personalization

Slater's recipes serve as templates rather than rigid instructions, encouraging cooks to experiment and adapt based on taste, availability, and mood.

Promoting Mindful and Intentional Cooking

His emphasis on seasonality promotes mindfulness about food choices and appreciating the natural cycle of ingredients.

Building a Connection to Food and Place

Many of his books highlight regional ingredients and traditions, fostering a deeper connection to local food culture.

Why Nigel Slater's Cookbooks Continue to Resonate

Several factors contribute to the enduring popularity of Nigel Slater's cookbooks:

1. **Relatable writing style:** His conversational tone makes readers feel like they are cooking with a friend.
2. **Emphasis on comfort and nostalgia:** Many recipes evoke memories and feelings of home.
3. **Focus on sustainability:** His advocacy for seasonal and local ingredients aligns with contemporary values.
4. **Versatility:** His diverse titles cater to different tastes, dietary preferences, and skill levels.

Conclusion

Nigel Slater's cookbooks have carved a special niche in the culinary world by blending personal storytelling, seasonal philosophy, and accessible recipes. Whether you are seeking to reconnect with the rhythms of nature through *The Kitchen Diaries*, explore vegetarian cuisine in *Tender*, or simply find comfort in *Appetite*, his books offer a treasure trove of inspiration. Their enduring appeal lies in their authenticity, humility, and the genuine love of food that Slater conveys through his words and recipes. For anyone looking to deepen their relationship with cooking and embrace a more mindful, heartfelt approach to food, Nigel Slater's cookbooks remain a vital resource and a source of joy in the kitchen.

Frequently Asked Questions

What are some of the most popular Nigel Slater cookbooks?

Some of Nigel Slater's most popular cookbooks include 'Toast', 'The Kitchen Diaries', 'Tender', and 'Eat'.

Which Nigel Slater cookbook is best for beginner cooks?

'Eat' is highly recommended for beginners as it offers simple, approachable recipes with a focus on everyday cooking.

Are Nigel Slater's cookbooks suitable for vegetarians?

Yes, many of Nigel Slater's cookbooks, such as 'Tender' and 'The Kitchen Diaries', feature a variety of vegetarian recipes.

What is the main theme of Nigel Slater's 'Toast' cookbook?

'Toast' is a memoir that combines personal stories with comforting recipes centered around childhood and nostalgic flavors.

Where can I buy Nigel Slater's cookbooks online?

Nigel Slater's cookbooks are available on major online retailers like Amazon, Book Depository, and Barnes & Noble.

Has Nigel Slater published any recent cookbooks?

Yes, Nigel Slater's recent works include 'The Christmas Chronicles' and updated editions of his classic cookbooks.

What makes Nigel Slater's cooking style unique in his cookbooks?

Nigel Slater's style emphasizes simple, honest, and seasonal ingredients with an emphasis on comfort and everyday eating.

Are Nigel Slater's cookbooks suitable for vegetarian and vegan diets?

Many of his recipes are vegetarian, and some can be adapted for vegan diets; however, always check individual recipes for specific ingredients.

Which Nigel Slater cookbook would be ideal for someone interested in seasonal cooking?

'The Kitchen Diaries' is perfect for those interested in seasonal cooking, as it offers a year-round approach to fresh ingredients.

Additional Resources

Nigel Slater Cookbooks: A Comprehensive Review of His Culinary Masterpieces

When it comes to contemporary food writers who seamlessly blend heartfelt storytelling with practical culinary advice, Nigel Slater stands out as a towering figure. His cookbooks are more than just collections of recipes; they are immersive journeys into the soul of home cooking, infused with warmth, wit, and a genuine passion for seasonal ingredients. Whether you're a seasoned chef or an enthusiastic home cook, Slater's works offer invaluable insights, inspiring ideas, and a refreshingly honest approach to the art of preparing food.

Introduction to Nigel Slater and His Culinary Philosophy

Nigel Slater is a British food writer, journalist, and broadcaster renowned for his accessible, poetic, and deeply personal approach to cooking. His culinary philosophy emphasizes simplicity, seasonality, and the importance of enjoying food in its natural state. Unlike more technical or intricate cookbooks, Slater's writings encourage readers to embrace the imperfections of home cooking, making it approachable and enjoyable.

His voice often feels like a conversation with a trusted friend—warm, nostalgic, and genuine. His ability to evoke emotion through descriptions of dishes and ingredients has endeared him to a broad audience, making his cookbooks bestsellers and classics in the realm of contemporary culinary literature.

Overview of Nigel Slater's Notable Cookbooks

Nigel Slater has authored several influential cookbooks, each with its unique focus and style. Below is an overview of his most acclaimed works:

1. **The Kitchen Diaries (2005)**
 - A year in the life of Slater's kitchen, capturing seasonal cooking and daily life.
 - Combines recipes with personal anecdotes, making it both a cookbook and a memoir.
2. **Tender (2009)**
 - Focuses on comfort foods and the pleasures of simple, home-cooked meals.

- Emphasizes the importance of ingredients and technique over complexity.

3. Eating for England (2012)

- An ode to British culinary traditions and regional dishes.
- Explores the cultural and historical significance of English food.

4. The Kitchen File (2014)

- A collection of selected recipes from his previous works, organized by season and occasion.
- Serves as a practical, curated guide for everyday cooking.

5. The Shelf (2018)

- Focuses on pantry staples, offering creative ways to use everyday ingredients.
- Reinforces Slater's philosophy of making the most of what you have.

6. Toast: The Story of a Boy's Hunger (2017)

- A memoir intertwined with recipes, exploring childhood memories and food's role in shaping identity.

Each of these books reflects Slater's signature approach: unpretentious, heartfelt, and rooted in the rhythms of the seasons.

Deep Dive into Key Features of Nigel Slater's Cookbooks

Thematic Focus and Style

Nigel Slater's cookbooks are distinguished by their thematic coherence and narrative style. Unlike many other cookbooks that organize recipes purely by type or technique, Slater often structures his books around themes such as seasons, memories, or specific ingredients.

- Narrative-driven: Recipes are often accompanied by stories, reflections, or historical context, transforming the act of cooking into a meaningful experience.
- Poetic language: His descriptions evoke sensory memories, making the reader feel emotionally connected to each dish.
- Uncomplicated recipes: Emphasis on straightforward techniques, making recipes accessible for cooks of all levels.

Emphasis on Seasonality and Local Ingredients

One of the hallmarks of Slater's approach is his reverence for seasonal ingredients. His cookbooks encourage readers to:

- Shop locally and seasonally.
- Adapt recipes based on what's available.
- Appreciate the fleeting nature of seasonal produce.

This focus makes his recipes fresh, vibrant, and sustainable.

Practicality and Ease of Use

Despite the poetic language, Slater's recipes are designed to be practical:

- Minimalist approach: Few ingredients, straightforward techniques.
- Flexible measurements: Often uses cups or intuitive quantities rather than strict metric measurements.
- Time-saving tips: Many recipes are designed for quick preparation, suitable for everyday life.

Visual and Design Aesthetics

The visual presentation of Slater's cookbooks complements his writing style:

- Use of warm, inviting photographs that highlight the natural beauty of ingredients.
- Clear layout with step-by-step instructions.
- Incorporation of seasonal illustrations or artwork.

Highlights of Major Nigel Slater Cookbooks

The Kitchen Diaries – A Year of Home Cooking

Strengths:

- Unique blend of daily diary entries and recipes.
- Offers a window into Slater's personal life and culinary routines.
- Inspired by the British seasons, showcasing traditional dishes with modern twists.

What makes it special:

- Encourages a mindful approach to cooking, appreciating each season's bounty.
- Contains practical recipes for everyday meals, from breakfast to dinner.

Tender – Celebrating Comfort Food

Highlights:

- Focus on hearty, soul-warming dishes.
- Recipes like Roast Chicken, Tomato Tart, and Apple Cake.
- Emphasizes the importance of quality ingredients and simple techniques.

Why it resonates:

- Perfect for those seeking comforting meals with minimal fuss.
- Embraces imperfect home cooking, making it less intimidating.

Eating for England – Exploring British Culinary Heritage

Key features:

- A deep dive into regional dishes and traditional fare.
- Includes recipes like Cornish Pasty, Welsh Rarebit, and Yorkshire Parkin.
- Combines historical anecdotes with modern interpretations.

Significance:

- Celebrates British identity through food.
- Inspires a sense of pride and curiosity about local culinary traditions.

The Shelf – Pantry Staples and Creative Use

Core principles:

- Using pantry essentials creatively.
- Recipes for quick suppers, snacks, and desserts.
- Encourages resourcefulness and reducing waste.

Utility:

- Ideal for busy households or those wanting to simplify shopping.
- Demonstrates how to elevate everyday ingredients.

Unique Aspects of Nigel Slater's Approach

Personal and Intimate Voice

Readers often comment on the warmth and authenticity of Slater's voice. His narratives make each recipe feel personal and relatable, fostering a sense of connection.

Focus on Everyday Cooking

Unlike high-concept or haute cuisine cookbooks, Slater's works are grounded in the realities of home life. He encourages experimentation, improvisation, and embracing imperfections.

Emphasis on Comfort and Nostalgia

Many recipes evoke childhood memories or family traditions, creating an emotional bond with the reader and making the cooking experience more meaningful.

Inclusivity and Accessibility

His recipes are designed to be approachable, with clear instructions and forgiving techniques, making home cooking less intimidating for novices.

Criticisms and Limitations

While Nigel Slater's cookbooks are widely praised, some potential limitations include:

- Lack of detailed technical guidance: For advanced chefs seeking intricate techniques, his recipes might seem too simple.
- Limited focus on international cuisines: His focus is predominantly on British and seasonal foods, which might not appeal to those looking for global flavors.
- Ingredients availability: Some recipes rely on specific seasonal ingredients, which may not be accessible to all readers depending on location.

Despite these, his works remain highly regarded for their warmth, practicality, and emotional resonance.

Who Should Read Nigel Slater's Cookbooks?

- Home cooks seeking inspiration: Those looking for practical yet poetic recipes.
- Food enthusiasts interested in seasonality: Readers wanting to deepen their connection with ingredients.
- Fans of personal storytelling: Anyone who appreciates a narrative-driven approach to cookbooks.
- Beginners and experienced cooks: His straightforward recipes make cooking accessible at all levels.

Final Thoughts: Why Nigel Slater's Cookbooks Are Essential

Nigel Slater's cookbooks transcend mere recipe collections; they are heartfelt reflections on the joys and imperfections of home cooking. His ability to marry culinary technique with storytelling creates an immersive experience that encourages readers to cook with love, patience, and

curiosity. Whether you're flipping through *The Kitchen Diaries* to savor seasonal rhythms or seeking comforting recipes from *Tender*, Slater's works are invaluable resources that nurture both the palate and the soul.

In an age where fast food and instant gratification often dominate, Nigel Slater's cookbooks remind us of the beauty of slow, mindful, and seasonally attuned cooking—making them a treasured addition to any culinary library.

Nigel Slater Cook Books

nigel slater cook books: A Cook's Book Nigel Slater, 2023-03-07 JAMES BEARD AWARD NOMINEE • The beloved author of *Eat and Tender* presents 150 satisfying and comforting recipes based on his favorite childhood food memories and culinary inspirations, accompanied by reflective personal essays. A GOOD HOUSEKEEPING AND WIRED BEST COOKBOOK OF THE YEAR A collection of more than 150 delicious, easy, and gratifying plant-based and meat recipes, *A Cook's Book* is the story of famed food writer Nigel Slater's life in the kitchen. He charms readers with the tales behind the recipes, recalling the first time he ate a sublime baguette in Paris and the joy of his first slice of buttercream-topped chocolate cake. From the first jam tart he made with his mum, standing on a chair trying to reach his family's classic Aga stove, through learning how to cook on his own and developing his most well-known and beloved recipes, readers will be delighted by the origin stories behind Slater's work. Slater writes eloquently about how his cooking has changed, from discovering the trick to the perfect whipped cream to the best way to roast a chicken. These are Nigel Slater's go-to recipes, the heart and soul of his simple and flavorful cooking. Chapters include: • A Bowl of Soup: Pumpkin Laksa, Spicy Red Lentil Soup, Pea and Parsley Soup • Breaking Bread: Soft Rolls with Feta and Rosemary, Blackcurrant Focaccia, Large Sourdough Loaf • Everyday Greens: Cheesy Greens and Potatoes, Spiced Zucchini with Spinach, Herb Pancakes with Mushroom • Everyday Dinners: Beet and Lamb Patties, Pork and Lemon Meatballs, Mussels, Coconut, and Noodles • A Slice of Tart: Mushroom and Dill Tart, A Tart of Leeks and Cheddar, Blackcurrant Macaroon Tart This is by far Slater's most personal book yet, and with gorgeous photography featuring Slater in his London home and garden, readers get a peek at his inspirations, motivations, and thoughts on the food world today.

nigel slater cook books: The Kitchen Diaries Nigel Slater, 2006 Beloved British food writer Nigel Slater presents a yearlong record of his grocery shopping, cooking, and entertaining, along with endearing culinary stories and witticisms plus dozens of recipes and more than 300 full-color photographs.

nigel slater cook books: A Year of Good Eating: The Kitchen Diaries III Nigel Slater, 2015-09-24 An immediate new classic from Nigel Slater. Over 250 recipes, moments and ideas for good eating, with extra-special seasonal sections for quick, weeknight eats.

nigel slater cook books: Ripe Nigel Slater, 2012-04-10 Britain's foremost food writer Nigel Slater returns to the garden in this sequel to *Tender*, his acclaimed and beloved volume on vegetables. With a focus on fruit, *Ripe* is equal parts cookbook, primer on produce and gardening, and affectionate ode to the inspiration behind the book--Slater's forty-foot backyard garden in London. Intimate, delicate prose is interwoven with recipes in this lavishly photographed cookbook. Slater offers more than 300 delectable dishes--both sweet and savory--such as Apricot and Pistachio Crumble, Baked Rhubarb with Blueberries, and Crisp Pork Belly with Sweet Peach Salsa. With a personal, almost confessional approach to his appetites and gustatory experiences, Slater has crafted a masterful book that will gently guide you from the garden to the kitchen, and back again.

nigel slater cook books: Greenfeast: Spring, Summer Nigel Slater, 2021-04-20 110 vegetarian

spring and summer recipes that provide nourishing and simple plant-based suppers while paying homage to the warm seasons—from the beloved author of *Tender*. *Greenfeast: Spring, Summer* is an eclectic and comprehensive collection of recipes, perfect for people who want to eat less meat, but don't want to compromise on flavor and ease of cooking. With Nigel Slater's famous one-line recipe introductions, the recipes are quick and easy and inspire you to dip into your pantry for ingredients. Inventive recipes showcase the creative ingredients used such as Asparagus, Broad Beans & Eggs; Ricotta, Orange Blossom & Cherries; and Halloumi, Melon & Chile and provide a plant-based guide for those who wish to eat with the seasons.

nigel slater cook books: *The Kitchen Diaries II* Nigel Slater, 2012-10-25 This ebook is best viewed on a tablet device. Includes over 250 recipes, many from his BBC TV series *Dish of the Day*, *Simple Suppers* and *Simple Cooking*. From Nigel Slater, presenter of *Dish of the Day* and one of our best-loved food writers, a beautiful and inspiring companion volume to his bestselling *Kitchen Diaries*.

nigel slater cook books: *Tender* Nigel Slater, 2010-09-30 Limited edition box set of first edition *Tender I* and *II* by Nigel Slater, with beautiful hand-printed silk covers

nigel slater cook books: *Toast* Nigel Slater, 2005-10-06 *Toast* is Nigel Slater's truly extraordinary story of a childhood remembered through food. In each chapter, as he takes readers on a tour of the contents of his family's pantry—rice pudding, tinned ham, cream soda, mince pies, lemon drops, bourbon biscuits—we are transported.... His mother was a chops-and-peas sort of cook, exasperated by the highs and lows of a temperamental stove, a finicky little son, and the asthma that was to prove fatal. His father was a honey-and-crumpets man with an unpredictable temper. When Nigel's widowed father takes on a housekeeper with social aspirations and a talent in the kitchen, the following years become a heartbreaking cooking contest for his father's affections. But as he slowly loses the battle, Nigel finds a new outlet for his culinary talents, and we witness the birth of what was to become a lifelong passion for food. Nigel's likes and dislikes, aversions and sweet-toothed weaknesses, form a fascinating backdrop to this exceptionally moving memoir of childhood, adolescence, and sexual awakening. A bestseller (more than 300,000 copies sold) and award-winner in the UK, *Toast* is sure to delight both foodies and memoir readers on this side of the pond—especially those who made such enormous successes of Ruth Reichl's *Tender at the Bone* and Anthony Bourdain's *Kitchen Confidential*.

nigel slater cook books: *Eat* Nigel Slater, 2014-09-30 Britain's foremost food writer returns with a deliciously simple collection of over 600 ideas for satisfying meals that are quick and easy to get to the table. In this little book of fast food, Nigel Slater presents a wholly enjoyable ode to those times when you just want to eat. Pairing more than 600 ideas for deliciously simple meals with the same elegant prose and delightful photography that captivated fans of *Tender*, *Ripe*, and *Notes from the Larder*, *Eat* is bursting with recipes that are easy to get to the table, oftentimes in under an hour: a humble fig and ricotta toast; sizzling chorizo with shallots and potatoes; a one-pan Sunday lunch. From quick meals to comfort food, Nigel Slater has crafted a charming, inspired collection of simple food—done well.

nigel slater cook books: *Notes from the Larder* Nigel Slater, 2013-09-24 Following on the success of *Tender* and *Ripe*, this companion to the bestselling *Kitchen Diaries* is a beautiful, inspiring chronicle of a year in food from beloved food writer Nigel Slater. Britain's foremost food writer returns with his quietly passionate, idiosyncratic musings on a year in the kitchen, alongside more than 250 simple and seasonal recipes. Based on Slater's journal entries, *Notes from the Larder* is a collection of small kitchen celebrations, whether a casual supper of grilled lamb, or a quiet moment contemplating a bowl of cauliflower soup with toasted hazelnuts. Through this personal selection of recipes, Slater offers a glimpse into the daily inspiration behind his cooking and the pleasures of making food by hand, such as his thoughts on topics as various as the kitchen knife whose every nick and stain is familiar, how to make a little bit of cheese go a long way when the cupboards are bare, and his reluctance to share desserts.

nigel slater cook books: *Real Food* Nigel Slater, 2000 This cookbook includes all the recipes

shown on the author's eight-part television series of the same name, shown on Channel 4, Autumn 1999. There are also be more ideas, all based on using the widest range of ingredients, from mass-produced sliced white bread to Italian ciabatta.

nigel slater cook books: Real Cooking Nigel Slater, 1999-09 Award winning writer Nigel Slater has gathered together a superb collection of recipes that warm, satisfy and please. REAL COOKING is not about fancy stocks, sauces and spun sugar baskets but understanding the little things that can turn a simple supper into something sublime.'This is real cooking. The roast potato that sticks to the roasting tin; the crouton from the salad that has soaked up the mustardy dressing ...; these are the things that make something worth eating. And worth cooking' Nigel Slater

nigel slater cook books: The 30-minute Cook Nigel Slater, 1997-10 Nigel Slater ? Winner of the 1995 Glenfiddich Trophy and the Cookery Writer of the Year AwardFollowing the tremendous success of his first two books, Nigel Slater has spread his net wider to offer quick and delicious meals from Asia, India and China as well as dishes from Europe.An inspired worldwide collection of quick and accessible dishes; robust and honest, they are constructed so the ingredients shine, the cooking is simple, and the results impressive ... Go shopping with a copy of The 30-Minute Cook and you can feast on the pleasure of real food --Hugo Arnold in the Evening StandardWonderful --SHE magazineThe whiff of kaffir lime leaves, cumin and ginger wafts from the pages ... Slater is a very relaxed and relaxing kitchen companion ? and I can think of no one more likely to coax timid cooks into a spirit of culinary adventure --Philippa Davenport in the Financial TimesMore than any other cookery writer, Nigel Slater knows how to invoke base, unbridled greed --Julia Llewellyn Smith in The TimesNo other cookery writer has their finger as firmly on the pulse of contemporary cooking and eating --Time OutA brilliant compilation of easy-to-cook, imaginative recipes --Antony Worrall Thompson in the Sunday Express

nigel slater cook books: Real Fast Food Nigel Slater, 2013-10-24 Love food but hate spending hours in the kitchen? This book is the answer, with over 350 delicious recipes ready in less than 30 minutes 'Easily my first choice for a simple, good, workable and readable cookery book' Nigella Lawson _____ Nigel Slater presents over 350 creative, delicious and nourishing recipes and suggestions for those who'd rather spend more of their time eating than cooking. From simple snacks to dinner-party desserts, all the dishes in Nigel Slater's Real Fast Food can be ready to eat in 30 minutes or under. These delicious meals include . . . - Roast Pork Sandwiches with Pickled Walnuts and Crackling - Caramelised Onion and Parsley Frittata - Baked Fish Steaks with Tomato and Breadcrumbs - Grilled Chicken with Red Chilli, Garlic and Yoghurt - Spiced Lamb Kofta with Pine Nuts and Red Cabbage - Stir-fried Beef with Broccoli and Mushrooms Full of tips and tricks, feasts and quick-fixes, this is the staple cookbook that every household needs. _____ 'Not just a cookery book for gourmets and foodies, but for real people too' Sophie Grigson 'Nigel Slater offers us a decade's worth of fresh, original cookery ideas with spoonfuls of wit' Observer 'Designed to appeal to people who love food but don't want to spend hours slaving away at the stove (i.e. nearly everybody in Britain)' Independent on Sunday

nigel slater cook books: Appetite Nigel Slater, 2002 "If you decide to go through life without cooking you are missing something very, very special. You are losing out on one of the greatest pleasures you can have with your clothes on." — Nigel Slater A chance comment spurred the heralded Observer columnist and wildly popular cookbook author Nigel Slater to write Appetite. A reader asked "If you don't give me exact amounts in a recipe, then how will I know if it is right?" Slater realized the reader had so little confidence in his own cooking that he didn't know what he liked unless he was told. Appetite is not about getting it right or wrong; it is about liking what you cook. To help the everyday cook achieve culinary independence, Slater supplies the basics of relaxed, unpretentious, hearty cooking, written with his trademark humour and candour. Slater doesn't believe in replicating restaurant-style theatricality to impress guests -- he simply loves food, and his love is evident on every page. Slater covers the philosophies of cooking, the basics to have on hand, and detailed descriptions of necessary equipment and ingredients. He tells you which wok to buy (the cheap one), and why it can pay to flirt with the fishmonger. There are sections on

seasoning, a good long list of foods that pair well, and a large collection of recipes for soup, pasta, rice, vegetables, fish, meat, pastry and desserts. These are straightforward, easy-to-make dishes adapted for the North American cook -- every one a springboard to something new, different and delicious. And with full-colour photography throughout the book, Appetite is a feast for the eyes as well as the palate.

nigel slater cook books: Greenfeast: Autumn, Winter Nigel Slater, 2020-09-08 110 vegetarian autumn and winter recipes that provide quick, easy, and filling plant-based suppers while paying homage to the seasons—from the beloved author of *Tender*. *Greenfeast: Autumn, Winter* is a vibrant and joyous collection of recipes, perfect for people who want to eat less meat, but don't want to compromise on flavor and ease of cooking. With Nigel Slater's famous one-line recipe introductions, the recipes are blissfully simple and make full use of ingredients you have on hand. Straightforward recipes showcase the delicious ingredients used such as Beetroot, Apple, and Goat's Curd; Crumpets, Cream Cheese & Spinach; and Naan, Mozzarella & Tomatoes and provide a plant-based guide for those who wish to eat with the seasons.

nigel slater cook books: Greenfeast: Spring, Summer (Cloth-Covered, Flexible Binding) Nigel Slater, 2019-05 The first in a pair of fast, season-led vegetable books from beloved author and cook Nigel Slater.

nigel slater cook books: Nigel Slater's Real Food Nigel Slater, 1998 Accompanies the author's first television series, shown on Channel 4. The recipes he has selected in this cookbook focus on the foods he is passionate about.

nigel slater cook books: Tender Nigel Slater, 2011-04-26 A comprehensive, deeply personal, and visually stunning guide to growing and cooking vegetables from Britain's foremost food writer, with more than 400 recipes and extensive gardening notes. In the tradition of *Roast Chicken and Other Stories* comes *Tender*, a passionate guide to savoring the best the garden has to offer. An instant classic when it was first published in the UK, *Tender* is a cookbook, a primer on produce, and above all, a beloved author's homage to his favorite vegetables. Slater's inspired and inspiring writing makes this a book to sit with and savor as much as one to prop open in the kitchen. The chapters explore 29 vegetables and offer enticing, comforting recipes such as Potato Cakes with Chard and Taleggio, a Tart of asparagus and Tarragon, and Grilled Lamb with Eggplant and Za'atar. With wit, enthusiasm, and a charming lack of pretension, Slater champions vegetables—through hands-on nurturing in the garden and straightforward preparations in the kitchen—with this truly essential book for every kitchen library.

nigel slater cook books: Tender Nigel Slater, 2011-09-01 In *TENDER VOLUME I* Nigel Slater extolled the virtues of his vegetable patch. In the hotly anticipated second volume, his fruit garden took the starring role. Now presented side-by-side in a beautiful bespoke box, the two volumes together contain over 700 recipe ideas and many wonderful stories from the cook's garden. From crab cakes with crushed peas, broccoli and lamb stir-fry, and luxury cauliflower cheese to a weekday supper of pork chops with cider and apples and a chinese-inspired sunday roast with spiced plum sauce, when created from his own garden produce, the dishes that Nigel and his family love so much suddenly take on a delicious new significance. The most definitive guide to cooking with vegetables and fruit, *TENDER VOLS I AND II* reaffirm Nigel Slater's position as one of the world's finest food writers and chefs.

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