

lemn sissay my name is why

lemn sissay my name is why: An In-depth Exploration of the Poet's Life and Work

Lemn Sissay, one of the most prominent contemporary poets, has captivated audiences worldwide with his powerful storytelling, lyrical mastery, and compelling life story. His work often explores themes of identity, belonging, resilience, and social justice, making him a vital voice in modern literature and activism. Among his many works, "My Name is Why" stands out as a deeply personal and impactful autobiographical memoir that offers insight into his life, struggles, and the journey toward self-acceptance.

In this article, we delve into Lemn Sissay's life, the significance of "My Name is Why," and the enduring influence of his poetry and advocacy.

Who Is Lemn Sissay?

Lemn Sissay is a British Ethiopian-born poet, playwright, broadcaster, and performer. Born in Ethiopia in 1967, Lemn was adopted by a British family at a young age and raised in Lancashire, England. His early life was marked by feelings of displacement and searching for identity—themes that recur prominently in his poetry.

Early Life and Background

- Born in Ethiopia in 1967
- Adopted by a British family at age 7
- Grew up in Lancashire, England
- Faced challenges related to cultural identity and belonging

Artistic Career

Lemn's career spans over three decades, during which he has published numerous poetry collections, autobiographies, and performed extensively. His work often addresses social issues, including:

- Racism and social inequality
- The foster care system
- Personal identity and self-discovery
- Human rights

Notable Achievements

- Poet Laureate of the South Bank Centre
- Awarded the MBE for services to literature and charity work
- Recognized as a national treasure and influential figure in contemporary poetry

Understanding "My Name is Why"

Overview of the Memoir

"My Name is Why," published in 2019, is Lemn Sissay's autobiographical memoir that recounts his tumultuous childhood, experiences within the foster care system, and his quest for belonging and self-understanding. The book is both a personal narrative and a social critique, shining a light on systemic issues faced by many children in care.

Significance of the Title

The phrase "My Name is Why" encapsulates themes of identity and purpose. It prompts reflection on questions of origin—both literal and metaphorical—and challenges readers to consider the societal "whys" behind systemic injustices.

Key Themes Explored

- Identity and self-discovery
- The impact of institutional care
- Resilience and hope
- Social justice and systemic change

Deep Dive into Lemn Sissay's Life Story

Childhood in Foster Care

Lemn's early childhood was marked by instability and trauma. He was placed in multiple foster homes and care institutions, experiences that left lasting scars but also fueled his creative expression.

Challenges Faced

- Feelings of abandonment and rejection
- Lack of consistent support and stability
- Navigating racial and cultural identity in a predominantly white society

Discovering His Voice Through Poetry

Despite adversity, Lemn found solace and empowerment through poetry. His talent for storytelling became a means to process his experiences and advocate for others.

Turning Points in His Life

- Publishing his first poetry collection
- Gaining recognition as a poet and performer
- Becoming a prominent advocate for foster care reform

The Impact and Legacy of "My Name is Why"

Raising Awareness of Foster Care Issues

Lemn Sissay's memoir has played a significant role in highlighting the realities of children in care, prompting discussions on:

- The need for reform in foster care systems
- Better support for vulnerable children
- Addressing racial inequalities in social services

Inspiration for Readers and Activists

The book resonates with many who have experienced similar struggles and inspires resilience, self-acceptance, and activism.

Awards and Critical Reception

- Praised for its honesty and emotional depth
- Recognized as an important contribution to autobiographical literature
- Used in educational settings to discuss social justice and mental health

The Literary Style and Poetic Influence

Unique Narrative Voice

Lemn's writing combines poetic lyricism with raw storytelling, creating an immersive experience for readers.

Themes and Motifs

- Identity and belonging
- Resistance and resilience
- Hope and transformation

Notable Literary Devices

- Vivid imagery
- Repetition for emphasis
- Personal anecdotes interwoven with social commentary

How "My Name is Why" Contributes to Social Change

Advocacy and Public Engagement

Lemn Sissay's work extends beyond literature into active engagement with communities, policymakers, and institutions to foster change.

Initiatives Inspired by His Work

- Mentorship programs for vulnerable youth
- Campaigns for foster care reform
- Public readings and talks to raise awareness

The Power of Personal Narratives

By sharing his story, Lemn exemplifies how personal experiences can catalyze societal transformation.

Lessons from Lemn Sissay and "My Name is Why"

Embracing Identity

Lemn's journey underscores the importance of embracing one's origins and experiences as sources of strength.

The Role of Art in Healing

Poetry and storytelling serve as vital tools for healing and advocacy.

The Need for Systemic Change

His story advocates for reforms that prioritize the well-being and dignity of vulnerable populations.

Conclusion: The Enduring Significance of Lemn Sissay's Work

Lemn Sissay's "My Name is Why" is more than an autobiography; it is a call to action and a testament to resilience. Through his candid storytelling, he sheds light on systemic injustices while inspiring hope and self-acceptance. As a poet, activist, and advocate, Lemn continues to influence generations, reminding us that understanding our origins and embracing our stories can lead to collective change.

Whether you are interested in his poetry, personal story, or social activism, exploring Lemn Sissay's "My Name is Why" offers valuable insights into the power of voice, identity, and perseverance. It encourages us all to ask: Why do we do what we do? And ultimately, how can we make the world a better place for those who come after us?

Key Takeaways:

- Lemn Sissay's "My Name is Why" provides an intimate look into his childhood, struggles, and triumphs.
- The memoir addresses important social issues such as foster care, racial identity, and systemic injustice.
- His poetic and narrative style combines personal vulnerability with social critique.
- The work inspires activism and calls for systemic reforms to support vulnerable communities.
- Lemn Sissay's life and work exemplify resilience, hope, and the transformative power of storytelling.

For anyone interested in poetry, social justice, or personal growth, Lemn Sissay's "My Name is Why" is a compelling read that underscores the importance of understanding our stories and using them to foster change.

Frequently Asked Questions

What is the main theme of Lemn Sissay's poem 'My Name Is Why'?

The poem explores themes of identity, belonging, and the search for self-understanding, reflecting on the importance of knowing one's origins and personal history.

Who is Lemn Sissay and what is his significance in literature?

Lemn Sissay is a British poet and playwright known for his powerful poetry addressing themes of social justice, identity, and personal history. He is also a vocal advocate for fostering arts and education.

How does 'My Name Is Why' relate to Lemn Sissay's personal life?

The poem is deeply connected to Sissay's own experiences with identity and his journey of discovering his background, especially considering his upbringing and the search for his origins.

What literary devices does Lemn Sissay use in 'My Name Is

Why'?

Sissay employs vivid imagery, repetition, and emotional language to emphasize themes of identity and the importance of understanding one's roots.

Has 'My Name Is Why' been performed publicly or adapted into other media?

Yes, Lemn Sissay has performed his poetry, including 'My Name Is Why,' at various events, and his works have been adapted into performances and recordings that reach diverse audiences.

What impact has 'My Name Is Why' had on discussions about identity and belonging?

The poem has resonated with many readers and audiences, sparking conversations about personal identity, the importance of knowing one's background, and addressing issues related to social and cultural belonging.

Are there any notable awards or recognitions associated with Lemn Sissay's work, including 'My Name Is Why'?

While Lemn Sissay has received numerous awards for his contributions to poetry and literature, specific recognition for 'My Name Is Why' highlights its influence and significance in contemporary poetry.

What inspired Lemn Sissay to write 'My Name Is Why'?

Sissay was inspired by his own life experiences, including his search for identity and understanding of his origins, which compelled him to write a poignant reflection on these themes.

How can educators incorporate 'My Name Is Why' into their curriculum?

Educators can use the poem to discuss themes of identity, social justice, and personal history, encouraging students to explore their own backgrounds and fostering discussions about belonging and self-awareness.

Where can I access or listen to 'My Name Is Why' performed by Lemn Sissay?

You can find recordings of Lemn Sissay reciting 'My Name Is Why' on platforms like YouTube, poetry anthologies, and recordings of his live performances available online or through literary organizations.

Additional Resources

Lemn Sissay's "My Name Is Why": An Illuminating Journey Through Identity, Trauma, and Hope

Introduction

In the realm of contemporary poetry and autobiographical storytelling, few works resonate as profoundly as Lemn Sissay's "My Name Is Why." This compelling piece serves as both a personal testament and a universal reflection on themes such as identity, childhood trauma, resilience, and hope. Sissay, a renowned British poet and playwright, utilizes his lyrical prowess to craft a narrative that is at once intimate and expansive, inviting readers into the depths of his life's experiences. This article aims to explore "My Name Is Why" in detail, examining its thematic richness, stylistic features, and cultural significance, offering an analytical perspective that underscores its importance in modern literary discourse.

Understanding Lemn Sissay and the Context of "My Name Is Why"

Who Is Lemn Sissay?

Lemn Sissay, born in Ethiopia in 1967, is a distinguished figure in contemporary British literature and performance art. His life story is marked by early trauma—he was taken from his birth mother and placed into foster care, eventually becoming a ward of the state. These experiences of displacement, identity struggle, and resilience form the backbone of much of his work. Sissay's poetry often grapples with themes of belonging, social justice, and personal history, making him a vital voice in conversations about marginalized communities and the power of storytelling.

The Genesis of "My Name Is Why"

"My Name Is Why" is a poetic autobiography that emerged as part of Sissay's broader exploration of his identity and personal history. The title itself encapsulates a quest for understanding—"Why" becomes both a question and a declaration, symbolizing Sissay's search for meaning amidst trauma. The work is a reflection on his childhood, the circumstances that shaped him, and the ongoing journey toward self-acceptance. It is an act of reclaiming his narrative from the silence and marginalization imposed by societal structures.

Thematic Analysis of "My Name Is Why"

Exploration of Identity and Self-Discovery

At its core, "My Name Is Why" is a meditation on identity—how it is constructed, challenged, and ultimately reclaimed. Sissay delves into the complexities of self-understanding, especially for those who have experienced displacement or systemic neglect. The title, "My Name Is Why," suggests a layered interrogation: the question of "why" is both a personal inquiry and a societal critique.

He reflects on the importance of names, not merely as labels but as symbols of belonging and recognition. In his childhood, his name might have been a source of confusion or alienation; in adulthood, it becomes a statement of existence and purpose. Sissay's narrative underscores that identity is not static but an ongoing process, shaped by memories, experiences, and active self-assertion.

The Impact of Childhood Trauma and Abandonment

A significant portion of the poem addresses the trauma of abandonment and institutionalization. Sissay recounts his experiences in foster care and the systemic failures that led to his marginalization. The raw honesty in his recounting highlights the emotional scars inflicted by neglect and the societal indifference that often accompanies such stories.

This traumatic backdrop functions as both a personal confession and a critique of social institutions. Sissay challenges the reader to acknowledge the pain inflicted by systemic neglect and to understand its enduring impact on individuals' lives. His poetic voice turns personal suffering into a collective call for empathy and reform.

Resilience and Hope as Central Themes

Despite the heavy themes of trauma and dislocation, "My Name Is Why" is ultimately a testament to resilience. Sissay's tone shifts from lament to affirmation, emphasizing the human capacity to endure and transcend hardship. The work celebrates the strength required to forge an identity amid adversity, highlighting themes of hope, agency, and self-empowerment.

He suggests that understanding one's origins—however painful—is a vital step toward healing. The act of storytelling becomes an act of resistance, asserting one's right to be seen and heard. In this light, "My Name Is Why" serves as both an autobiographical narrative and an empowering manifesto.

Stylistic Features and Literary Devices in "My Name Is Why"

Poetic Structure and Form

Sissay's "My Name Is Why" employs a free verse form, allowing for a conversational and raw tone that mirrors spoken word poetry. The lack of strict meter or rhyme emphasizes authenticity and emotional immediacy. This structure enables him to weave personal anecdotes with broader social critique seamlessly.

The poem's pacing varies, with moments of rapid, intense reflection contrasted against more contemplative passages. This dynamic rhythm underscores the tumultuous journey of self-discovery and the oscillation between pain and hope.

Use of Repetition and Refrain

Repetition is a key device that Sissay employs to reinforce themes and evoke emotional resonance. Phrases like "My name is why" recur throughout the work, serving as a rallying cry and a point of anchoring for the narrative.

This refrain functions as a declaration of identity, emphasizing that despite societal attempts to erase or ignore him, his existence and his story are vital. The repeated invocation of his name and the question "why" underscores the ongoing search for meaning and acknowledgment.

Imagery and Symbolism

Sissay's vivid imagery paints a compelling picture of his childhood experiences. Descriptions of institutional settings, fragmented memories, and emotional states create a visceral reading experience. For example, he might depict the starkness of foster homes or the silence surrounding his origins, using sensory language to evoke empathy.

Symbolism also plays a crucial role. His name symbolizes more than personal identity; it embodies his history, struggles, and aspirations. The act of reclaiming his name becomes a metaphor for reclaiming agency and voice.

Tone and Voice

The tone of "My Name Is Why" shifts from raw vulnerability to defiant resilience. Sissay's voice is intimate and confessional, yet imbued with strength and determination. This combination invites readers into his internal world, fostering empathy and understanding.

The conversational style makes the poetry accessible, breaking down barriers between performer and

audience. It transforms personal pain into collective dialogue, encouraging reflection on societal issues.

Cultural and Social Significance

Addressing Systemic Failures and Social Justice

Lemn Sissay's "My Name Is Why" is more than autobiographical; it is a critique of social systems that marginalize vulnerable children. His personal narrative brings to light issues such as institutional neglect, racial inequality, and the lack of support for orphans and foster children.

The work has resonated within social justice circles, inspiring conversations about reform and acknowledgment of systemic failures. Sissay's prominence as a public figure amplifies his message, making his poetry a catalyst for social change.

Representation and Voice for Marginalized Communities

As an Ethiopian-born Black British artist, Sissay's voice adds vital diversity to the literary landscape. "My Name Is Why" champions the stories of those often silenced or overlooked, emphasizing the importance of representation and authentic storytelling.

His work encourages marginalized communities to see their experiences reflected and validated, fostering a sense of empowerment and community.

The Work's Impact on Public Discourse

Since its publication and performance, "My Name Is Why" has become a staple in discussions about childhood trauma, identity, and resilience. It has been performed in schools, theaters, and public forums, broadening its reach and impact.

The poem's accessibility and emotional depth make it a powerful tool for education, advocacy, and cultural reflection. It exemplifies how art can serve as a means of healing and societal critique simultaneously.

Conclusion: The Enduring Legacy of "My Name Is Why"

Lemn Sissay's "My Name Is Why" stands as a landmark work that bridges personal narrative and

social commentary with poetic artistry. Its exploration of identity, trauma, and hope resonates universally, offering insights into the human condition while challenging societal injustices. Through vivid imagery, powerful repetition, and heartfelt voice, Sissay transforms his life story into a beacon for resilience and understanding.

The work exemplifies the transformative power of poetry—not merely as art but as a force for empathy, recognition, and change. As society continues to grapple with issues of systemic neglect and social inequality, "My Name Is Why" remains a vital reminder of the importance of listening to marginalized voices and honoring individual stories. Lemn Sissay's poetic journey reminds us that even in the face of adversity, hope and self-affirmation can forge pathways toward healing and belonging.

[Lemn Sissay My Name Is Why](#)

lemn sissay my name is why: My Name Is Why Lemn Sissay, 2019-08-29 THE NUMBER ONE SUNDAY TIMES BESTSELLER INDIE BOOK AWARDS NON-FICTION WINNER 'EXTRAORDINARY' The Times, 'BEAUTIFUL' Dolly Alderton, 'SHATTERING' Observer, 'INCREDIBLE' Benjamin Zephaniah, 'UNPUTDOWNABLE' Sunday Times, 'ASTOUNDING' Matt Haig 'POWERFUL' Elif Shafak At the age of seventeen, after a childhood in a foster family followed by six years in care homes, Norman Greenwood was given his birth certificate. He learned that his real name was not Norman. It was Lemn Sissay. He was British and Ethiopian. And he learned that his mother had been pleading for his safe return to her since his birth. This is Lemn's story: a story of neglect and determination, misfortune and hope, cruelty and triumph. Sissay reflects on his childhood, self-expression and Britishness, and in doing so explores the institutional care system, race, family and the meaning of home. Written with all the lyricism and power you would expect from one of the nation's best-loved poets, this moving, frank and timely memoir is the result of a life spent asking questions, and a celebration of the redemptive power of creativity.

lemn sissay my name is why: Teaching Digital Storytelling Sheila Marie Aird, Thomas P. Mackey, 2024-03-18 Everyone has a story to tell, and this book will inspire and guide readers to teach and learn through the production of digital narratives. This book presents the stories of educators who through digital storytelling inspire students from diverse communities to construct their empowering digital narratives. Educators from a wide range of disciplines present innovative case studies of teaching digital storytelling through the lens of personal narratives, metaliteracy, and information literacy. They describe how teaching students to tell their personal digital stories prepares them as learners who are reflective while playing active learner roles such as producer, publisher, and collaborator. As an innovative resource for teaching and learning with digital media, this book: Combines the theory and practice of digital storytelling with metaliteracy and the ACRL Framework for Information Literacy for Higher EducationExplores how to inspire learners to share their original digital narrativesOffers the opportunity to explore and address issues of race, class, and gender to give voice to these issues as part of the storytelling processInvestigates the role of diversity, equity, and inclusion in writing and producing original digital narrativesExamines novel approaches to collaborative digital storytelling and peer reviewPresents pioneering models for global digital storytelling among international learners onlineDescribes empowering digital narratives constructed by students who found and shared their voices through this creative processProvides inventive models for teaching effective planning through well-written scripts and visual storyboardsOffers openly-available resources such as rubrics, assignment descriptions, and

digital technologiesShowcases the application of metaliteracy OER in digital storytelling learning activities and coursesThrough this book, faculty, librarians, school library media specialists, and instructional designers will learn how to teach the theory and practice of digital storytelling. This innovative resource will also empower students to reflect on their roles as digital storytellers and metaliterate learners in today's dynamic and evolving information environment.

lemn sissay my name is why: Water in A Broken Pot Yogesh Maitreya, 2025-06-30

Incredibly moving and hauntingly honest, *Water in a Broken Pot* is the memoir of Yogesh Maitreya, a leading independent Indian Dalit publisher, writer, and poet. Encompassing experiences of pain, loneliness, depravation, alienation, and the political consciousness of his caste identity, this intimately moving memoir is a story of resilience and raw brutality. Growing up in a working-class family with meagre wages to get by in life, Yogesh writes of his father's struggle against alcohol and passion for cinema; of intergenerational dreams shattered; working day and night shifts in factories; the struggle of being lost, overlooked and unmentored in India's schooling, college and University systems which continue to be casteist, exclusionary and hostile; and feelings of lovelessness, loss and heartaches. Having hopped from gig to gig to make ends meet, he writes of his eventual discovery of the written word, literature and the Ambedkarite legacy, which helped shape his dreams, identity and the eventual career choice of publishing books. In sharing his story, this fresh and radical voice tells his truth in the most frank and unfiltered of ways, as it happened, giving us readers permission to also be vulnerable in telling our tales.

lemn sissay my name is why: The Global Ethiopian Diaspora Shimelis Bonsa Gulema, Hewan Girma, Mulugeta F. Dinbabo, 2024 A comprehensive historical, geographic, and thematic analysis of the multidimensional and dynamic migration experience of Ethiopians within and beyond Africa. Ethiopia is one of the largest African sources of transnational migrants, with an estimated two to three million Ethiopians living outside of the home country. This edited collection provides a critical examination of the temporal, spatial, and thematic dimensions of Ethiopian migration, mapping out its scale, scope, and destinations. The thirteen essays here (plus an introduction and conclusion by the volume's editors) offer a discussion of the state of knowledge and current debates on the diaspora and suggest alternative frameworks for interrogating and understanding the Ethiopian migration and diasporic experiences. Key time periods and literatures are identified to study Ethiopian transnational migration, moving from a survey of patterns in pre-twentieth-century Ethiopia and on to changing trajectories in the imperial period and under succeeding postrevolutionary regimes. Geographically, the contour of the Ethiopian diaspora is outlined, identifying key destinations and patterns of return. In particular, the volume seeks to correct the traditional tendency to conflate the Ethiopian diaspora with North America and Europe by including areas that have long been marginalized, such as inter-Africa, Asia, and the Middle East. The objective is not to construct a simple cartography of migration but a critical analysis of national and global issues, policies, trends, and processes that shape the roots and routes of the migration dynamic. Thematically, this book aims to challenge the existing boundaries of Ethiopian migration and diaspora studies and raise important concerns about representation, ghettoization, and perpetuation of inequalities. Edited by Shimelis Bonsa Gulema, Hewan Girma, and Mulugeta F. Dinbabo. Contributors: Alpha Abebe; Amsale Alemu; Tekalign Ayalew; Kassaye Berhanu-MacDonald; Elizabeth Chacko; Marina de Regt; Mulugeta F. Dinbabo; Peter H. Gebre; Hewan Girma; Mary Goitom; Shimelis Bonsa Gulema; Tesfaye Semela; Nassise Solomon; and Fitsum R. Tedla.

lemn sissay my name is why: What Matters and Who Matters to Young People Leaving Care

Peter Appleton, 2024-03-28 The EPDF and EPUB are available open access under a CC-BY-NC-ND licence. This publication was supported by the University of Essex's open access fund. How do young people transitioning from care plan their future lives? Planning is usually thought of as requiring clear goals and 'future orientation', but how might planning be regarded by young people whose wishes, hopes, and plans have been repeatedly dashed? In this book Peter Appleton builds on research interviews with care-experienced young adults, and on cross-disciplinary theories of planning and of emotions, to develop a creative and non-dogmatic three-aspects model of planning

for young people leaving care. A valuable resource for practitioners, researchers, and educators, this book puts forward a powerful case to think more broadly and flexibly about transition planning with care-leavers, placing the voices of young people at its heart.

lemn sissay my name is why: Inheritance Matters Suzanne Lenon, Daniel Monk, 2023-09-21 This book makes a compelling case for placing the social and legal practices of inheritance centre stage to make sense of fundamental questions of our time. Drawing on historical, literary, sociological, and legal analysis, this rich collection of original, interdisciplinary and international contributions demonstrates how inheritance is and has always been about far more than the set of legal processes for the distribution of wealth and property upon death. The contributions range from exploring the intractable tensions underlying family disputes and the legal and political debates about taxation, to revisiting literary plots in the past and presenting a contemporary artistic challenge of heirship. With an introduction that presents a critical mapping of the field of inheritance studies, this collection reveals the complexity of ideas about 'passing on', 'legacies', and 'heirlooms'; troubles some of the enduring consequences of 'charitable bequests', 'family money', and 'estate planning'; and, deepens our understanding of the intimate and political practices of inheritance.

lemn sissay my name is why: Taken: Experiences of Forced Adoption Karen Constantine, 2024-11-19 The painful, often hidden experiences of women and children who were torn apart by forced adoption. A politically charged anthology of conversations with mothers and adult adoptees who endured time at mother and baby homes throughout England, Wales and Scotland. This powerful and timely book shines a light on one of the UK's greatest social injustices: historic forced adoptions. Author, Karen Constantine delves into the painful, often hidden, experiences of women and children who were torn apart by the cruel practices and systemic policies at the time. Taken gives voice to those whose lived experiences have long been neglected. With raw and often unsettling detail, the book highlights the need for an official apology and meaningful reparations for the trauma caused by these forced separations. It is a call to action, urging government to face the past and acknowledge the wrongs that were done, and to apologise to those that are affected within their lifetime. Drawing on her background in social justice, trade unionism, and political advocacy, Karen brings her passion for equality to this deeply personal project. She shares the experiences of women and children who bravely opened up to her, many for the first time, creating an anthology that captures their strength and resilience. This book is not an academic exercise, but a humanising attempt to bring the issue of forced adoptions to the forefront of public consciousness, calling for justice. While emotionally challenging, the book serves as an essential piece in understanding the full impact of forced adoptions. It is a tribute to the courage of those who shared their experiences and a rallying cry for change in the ongoing fight for human rights.

lemn sissay my name is why: Naming Africans Oyèrónké Oyěwùmí, Hewan Girma, 2023-06-08 Focusing on the epistemic value of African names, this edited collection is based on the premise that personal names constitute valuable sources of historical and ethnographic information and help to unveil endogenous forms of knowledge. The chapters assembled here document and analyze personal names and naming practices in a slew of African societies on the geographically vast and ethnically diverse continent, including contributions on the naming practices in Angola, Cameroon, Ethiopia, Ghana, Kenya, Namibia, Nigeria, South Africa, and Uganda. The contributors to this anthology are scholars from different African language communities who investigate names and naming practices diachronically. Taken together, their work offers a comparative focus that juxtaposes different African cultures and reveals the historical and epistemic significance of given names.

lemn sissay my name is why: My Child, the Algorithm Hannah Silva, 2024-08-27 Hannah Silva's *My Child, the Algorithm*, is one of the best books I read this year. Merging the cozy familiarity of child-rearing with the mysterious tension of AI {...}, she has created a new genre of personal narrative, and a story whose grief, hope and curiosity takes on poetic, spiritual dimensions, even when exploring the most common chambers of the human heart. —Michelle Tea, author,

Knocking Myself Up My Child, the Algorithm tells a story of finding joy after betrayal. Like a male seahorse, Hannah Silva carried a baby made from her partner's egg. But when she gave birth, her partner left, and Hannah found herself navigating life alone with her child. Hannah started playing with a precursor to ChatGPT—wondering what AI could tell us about love. To her surprise, she was moved by the results. The algorithm prompted Hannah to share her explorations of dating, sex, friendship, and life as a queer parent in London. With the help and disruption of two unreliable narrators, a toddler and an algorithm, Hannah deconstructs her story, unraveling everything she has been taught to want, and finds alternative ways of thinking, loving, and parenting today.

lemn sissay my name is why: Voices from the Silent Cradles Mariela Neagu, 2023-01-10 This book sheds light on the 'Romanian orphans' including those who stayed in institutions throughout their childhood as well as those who were adopted, reporting on their experiences in children's homes, foster care, domestic adoption as well as intercountry adoption and providing new evidence on what is important for children in care today.

lemn sissay my name is why: Write It All Down Cathy Rentzenbrink, 2022-01-06 Tackle the challenges of memoir writing and share your story. 'Cathy is the person who first told me to write about my mental health when I was nervous to do so. She is a great writer herself and this is brilliant.' - Matt Haig, author of Reasons to Stay Alive Why do we want to write and what stops us? How do we fight the worry that no-one will care what we have to say? What can we do to overcome the obstacles in our way? Sunday Times bestselling author Cathy Rentzenbrink shows you how to tackle all this and more in Write It All Down, a guide to putting your life on the page. Complete with a compendium of advice from amazing writers such as Dolly Alderton, Adam Kay and Candice Carty-Williams, this book is here to help you discover the pleasure and solace to be found in writing; the profound satisfaction of wrestling a story onto a page and seeing the events of your life transformed through the experience of writing a memoir. Perfect for seasoned writers as well as writing amateurs and everyone in between, this helpful handbook will steer you through the philosophical and practical challenges of writing, whether you're struggling with writers block or worrying what people will say. Intertwined with reflections and exercises, Write It All Down is at once an intimate conversation and an invitation to share your story.

lemn sissay my name is why: Slug Hollie McNish, 2021-05-13 THE SUNDAY TIMES BESTSELLER 'An intoxicating mixture of poetry and prose, Slug is a taboo-busting delight' SCOTSMAN 'One of the best poets we have' MATT HAIG 'She writes with honesty, conviction, humour and love' KAE TEMPEST The bestselling collection of poetry and prose from the Ted Hughes Award-winning author of Nobody Told Me From Finnish saunas and soppy otters to grief, grandparents and Kellogg's anti-masturbation pants, Slug is a book which holds a mirror lovingly up to the world, past and present, through Hollie's driving, funny, hopeful poetry and prose. Slug is about the human condition: of birth and death and how we manage the possibilities in between. 'The inimitable words of poet/goddess Hollie McNish once again hold up honest, damn funny and refreshing takes on the everydayness of our lives . . . Never have we needed her more' STYLIST 'Hollie always articulates exactly how I feel' CHARLY COX 'A tribute to life itself' RED

lemn sissay my name is why: Trauma Proof Benjamin Perks, 2025-04-22 Lucid, clear, visionary—Bessel van der Kolk, author of The Body Keeps The Score An expert's inspiring, deeply personal account of how childhood trauma can be overcome. From the moment they're born, babies seek a loving parental attachment. When that connection is absent, it derails childhood development in ways that can last a lifetime. The annual health costs of illness related to child trauma for North America and Europe alone are 1.3 trillion dollars. Child trauma is much more widespread than previously thought and passes from one generation to the next. But that's not the end of the story—there is overwhelming evidence that this intergenerational transmission can be disrupted. So why isn't the eradication of childhood trauma a tier-one public priority, like defense or growth? In Trauma Proof, Benjamin Perks argues that it must be, and that we can tackle it as a public health problem like COVID-19, by 1) Making sure everyone is aware of the risk; 2) Preventing transmission; and 3) Opening pathways to healing. Perks shows we have the tools to make these three things

happen, and the evidence to show they work. The fields of psychology, neuroscience, and medicine have made huge leaps in the past 25 years. We now know what causes Adverse Childhood Experiences (ACEs), how to reduce them, and how to address them. For the first time in history, we know child mistreatment is not inevitable. Combining expert interviews and intensive reportage from Jamaica to Scotland, from Brooklyn to Birmingham, Perks shows the steps we can take to stem the epidemic of childhood trauma. He also shares his personal story of growing up in violent group homes, fathering a child at fifteen and finding his way, in his thirties to healing. Trauma Proof is a rallying call to address child trauma as the public health crisis it is—because we can do better for kids, and we should.

lemn sissay my name is why: Undoing the Digital Cathy Burnett, Guy Merchant, 2020-03-27 Undoing the Digital challenges common ways of understanding digital technology and its relationships to literacy and literacy education. The book explores how a sociomaterial perspective can provide an alternative analysis of literacy in the context of digital communication. Introducing a series of conceptual tools and examples, the book examines digital communication as an emergent interweaving of social, material and semiotic resources. The perspective invites literacy research to focus more on the relations associated with the process of making meaning: the new collaborations, stories, conceptualisations, directions, and intentions that take shape in, and also help to shape, the contemporary mediascape. Drawing on studies conducted in a variety of contexts, this book is key reading for all advanced students and researchers of literacy and digital media within Education, Applied Linguistics and Media/Communication Studies.

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letter, waiting to hear something from his father. Then he meets car-obsessed Mustapha, the lovely 'out-of-your-league' Ruth and dangerous Sweeney – three unexpected allies who spur him on in his fight to be seen as more than just the Refugee Boy. Lemn Sissay's remarkable stage adaptation of Benjamin Zephaniah's bestselling novel is published here in the Methuen Drama Student Edition series, featuring commentary & notes by Professor Lynette Goddard (Royal Holloway, University of London, UK) that help the student unpack the play's themes, language, structure and production history to date.

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