

unusual vegetables to grow in the uk

Unusual vegetables to grow in the UK have become increasingly popular among gardeners seeking to diversify their plots and introduce unique flavors to their culinary repertoire. While traditional staples like carrots, potatoes, and peas remain favorites, venturing into the world of uncommon vegetables can be both rewarding and exciting. Whether you have a spacious garden or a modest allotment, cultivating these unconventional crops can enhance your gardening experience, challenge your skills, and surprise your taste buds with new flavors. In this comprehensive guide, we'll explore some of the most intriguing and unusual vegetables suited for UK growers, offering tips on how to cultivate them successfully and why they're worth adding to your planting calendar.

Why Grow Unusual Vegetables?

Growing unusual vegetables offers numerous benefits beyond simply adding variety to your garden. These crops often:

- Provide unique flavors and textures that elevate your cooking.
- Introduce new nutritional benefits and diversify your diet.
- Help you stand out in local gardening communities or at farmers' markets.
- Allow you to experiment with less common planting and harvesting techniques.
- Contribute to biodiversity and sustainable gardening practices.

Moreover, many unusual vegetables are hardy and adaptable, making them suitable for the UK's climate with proper care and timing.

Top Unusual Vegetables to Grow in the UK

1. Oca (*Oxalis tuberosa*)

Oca is a South American root vegetable that resembles small, colorful tubers and offers a tangy, slightly sweet flavor. It's a versatile crop that can be boiled, roasted, or mashed.

Growing tips: Oca prefers well-drained soil and a sunny spot. It's hardy to UK winters if mulched properly. Start tubers indoors in early spring or plant directly in late spring when the soil warms up. Harvest in late summer or early autumn.

2. Celeriac (*Apium graveolens* var. *rapaceum*)

While increasingly popular, celeriac remains somewhat unusual compared to standard celery. Its

knobby root provides a mild celery flavor and is excellent in soups and stews.

Growing tips: Celeriac thrives in deep, fertile soil with consistent moisture. Sow seeds indoors early, then transplant outdoors after the last frost. Regular watering and feeding boost bulb development.

3. Sunchokes (Jerusalem Artichokes)

These sun-loving tubers produce knobbly, edible roots with a nutty flavor. They are hardy and prolific, making them ideal for larger gardens.

Growing tips: Plant sunchoke tubers in well-drained soil in spring. They require minimal maintenance and can grow quite tall. Be mindful of their vigorous growth, which can become invasive if not managed.

4. Kohlrabi

Kohlrabi is a member of the brassica family with a bulbous stem that tastes like a mild, crunchy broccoli stem. It's a versatile vegetable for salads, stir-fries, and roasting.

Growing tips: Sow seeds directly in spring or start indoors. It prefers cool weather and rich soil. Thin seedlings to prevent overcrowding, and harvest when bulbs reach 5-10cm in diameter.

5. Sea Kale

Sea kale is a hardy perennial with tender, edible shoots and leaves. It's particularly suited to coastal gardens and can tolerate salt spray.

Growing tips: Establish in well-drained, sandy soil near the coast or in well-prepared garden beds. Harvest young shoots in early spring for the best flavor. It's a low-maintenance plant once established.

6. Cardoon

Closely related to the artichoke, cardoon produces large, thistle-like stalks that can be cooked similarly to celery or artichoke hearts.

Growing tips: Cardoons prefer full sun and well-drained soil. Sow seeds or plant established roots in spring. They require patience, as they take a couple of years to produce mature stalks.

7. Mangel Wurzel (Sugar Beet)

This root vegetable, once widely cultivated for livestock feed, can be grown for its sweet, earthy roots. It's a hardy crop suitable for UK soils.

Growing tips: Sow seeds in early spring directly into the ground. Thin seedlings to allow ample space for growth. Harvest in late summer or autumn.

8. Romanesco

While a type of cauliflower, Romanesco stands out with its stunning fractal patterns and nutty flavor. It adds visual interest and culinary novelty.

Growing tips: Plant in rich, well-drained soil with full sun. Consistent watering and feeding are essential. Harvest when heads are firm and vibrant in color.

Growing Unusual Vegetables in the UK: Tips and Considerations

Growing these less common vegetables requires understanding their specific needs and adapting to the UK climate. Here are some essential tips:

- **Timing:** Always check the recommended sowing and harvesting times, considering the UK's variable weather.
- **Soil Preparation:** Enrich your soil with compost or well-rotted manure to support healthy growth, especially for root vegetables.
- **Protection:** Use cloches, cold frames, or fleece during colder months to extend the growing season and protect tender crops.
- **Watering and Feeding:** Maintain consistent moisture and provide balanced fertilization to promote uniform growth.
- **Rotation and Pest Control:** Rotate crops annually to prevent soil depletion and reduce pest and disease issues.

Where to Source Unusual Vegetables

Finding seeds or tubers for these uncommon vegetables can be a fun part of the gardening journey. Consider the following sources:

- Specialist seed companies focused on heritage and exotic vegetables.
- Online seed catalogs with diverse vegetable selections.
- Local farmers' markets or seed swaps.
- Garden centers that stock a broader range of vegetables.

Conclusion: Embrace the Unusual for a Diverse and Exciting Garden

Growing unusual vegetables in the UK offers a wonderful opportunity to expand your gardening horizons and introduce your family to new flavors. From vibrant root crops like oca and sunchokes to exotic greens like sea kale and cardoon, the possibilities are vast and rewarding. With patience, proper planning, and a bit of experimentation, you can cultivate a garden that not only produces delicious and nutritious foods but also becomes a source of pride and inspiration. So why not step outside your comfort zone and give these extraordinary vegetables a try? Your taste buds—and your garden—will thank you.

Frequently Asked Questions

What are some uncommon vegetables that can thrive in the UK climate?

Vegetables like kohlrabi, sunchokes (Jerusalem artichokes), celeriac, scorzonera, and wasabi mustard are unusual but can grow well in the UK with proper care.

Is it difficult to grow exotic vegetables like wasabi in the UK?

Growing wasabi in the UK can be challenging due to its specific temperature and humidity requirements, but with a shaded, cool, and moist environment, it is possible for dedicated gardeners.

What are the benefits of growing unusual vegetables in my UK garden?

Growing unusual vegetables can diversify your diet, reduce reliance on supermarket produce, attract beneficial insects, and create a unique gardening experience.

Are there any easy-to-grow unusual vegetables suitable for beginners in the UK?

Yes, vegetables like purple carrots, rainbow chard, and kohlrabi are relatively easy to grow and add vibrant colors and flavors to your garden.

When is the best time to plant these unusual vegetables in the UK?

Most unusual vegetables can be started indoors in early spring or sown directly into the ground after the last frost, typically from late March to May, depending on the specific vegetable.

Where can I find seeds for these unusual vegetables in the UK?

Seeds can be purchased from specialty seed companies, online retailers, or local garden centers that focus on exotic or heirloom varieties.

Additional Resources

Unusual Vegetables to Grow in the UK: Exploring a World Beyond the Common

The UK has a rich tradition of vegetable gardening, with staples like potatoes, carrots, peas, and cabbages forming the backbone of many home-grown menus. However, for seasoned gardeners and enthusiastic newcomers alike, venturing beyond traditional crops can yield exciting results—not just in terms of flavor and nutrition, but also in the satisfaction of cultivating something truly unique.

Unusual vegetables to grow in the UK offer a chance to diversify your garden, challenge your gardening skills, and impress friends and family with culinary surprises. From exotic roots to rare leafy greens, this guide explores some of the most intriguing and lesser-known vegetables suitable for UK climates.

Why Grow Unusual Vegetables?

Before diving into specific varieties, it's worth considering why growing unusual vegetables can be a rewarding endeavor:

- Diversification of Diet: Introducing new flavors and textures keeps mealtime interesting and encourages a broader intake of nutrients.
- Gardening Challenge: Many unusual vegetables have specific growing requirements, offering a stimulating challenge.
- Sustainable and Local: Growing less common crops reduces reliance on supermarket imports, supporting local biodiversity.
- Aesthetic Appeal: Unique vegetables often have striking appearances, adding visual interest to your garden.

With these benefits in mind, let's explore some of the most compelling options for UK gardeners eager to expand their vegetable repertoire.

Exploring Unusual Vegetables Suitable for the UK

The UK's temperate maritime climate, characterized by mild winters and moderate summers, allows for the cultivation of a wide range of vegetables—including some that are considered unusual or exotic elsewhere. Here are some standout choices.

1. Oca (*Oxalis tuberosa*): The South American Root

What is Oca?

Oca is a tuberous root vegetable native to the Andean regions of South America. It's prized for its vibrant colors—ranging from yellow and orange to deep red—and its sweet, slightly tangy flavor. Despite its popularity in South America, Oca remains a novelty in UK gardens.

Growing Oca in the UK

- Climate & Site: Oca prefers mild, frost-free conditions, but with proper winter protection, it can thrive outdoors in most parts of the UK.
- Planting: Tubers are best planted in late spring, after the last frost. Choose a sunny, sheltered spot with well-draining soil.
- Care: Keep soil moist but not waterlogged. Mulching helps conserve moisture and protect tubers during colder months.
- Harvesting: Usually ready to harvest by late summer or early autumn. The tubers can be stored over winter in cool, dark conditions.

Why Grow Oca?

Growing Oca introduces a colorful, nutritious root that can be boiled, roasted, or fried. Its unique flavor and appearance make it a conversation starter and a versatile addition to salads and side dishes.

2. Celeriac (*Apium graveolens* var. *rapaceum*): The Knobbly Celery Root

What is Celeriac?

Celeriac, also known as celery root, is a knobbly, bulbous vegetable with a mild celery flavor. Though more common in European cuisines, it remains relatively undergrown in UK gardens.

Growing Celeriac in the UK

- Climate & Site: Prefers cooler weather; ideal to plant in early spring or late summer for autumn harvest.
- Planting: Sow seeds indoors in late winter or transplant young plants outdoors in early spring.
- Care: Requires consistent moisture and rich, well-drained soil. Mulching helps suppress weeds and retain moisture.
- Harvesting: Typically takes 16-20 weeks from sowing; harvest when the root is firm and the knobs are well-formed.

Culinary Uses

Celeriac can be roasted, mashed, or used raw in salads. Its nutty flavor adds depth to soups and stews, making it a versatile and hearty vegetable.

3. Romanesco (*Brassica oleracea* var. *botrytis* 'Romanesco'): The Fractal Cauliflower

What is Romanesco?

Romanesco is a visually stunning vegetable with a natural fractal pattern. It resembles a green cauliflower but features intricate, conical spirals, making it both a visual and culinary delight.

Growing Romanesco in the UK

- Climate & Site: Prefers cool weather; plant in late spring or early summer.
- Planting: Sow seeds indoors in modules or direct sow outdoors if soil has warmed sufficiently.
- Care: Requires fertile, well-drained soil and consistent watering. Regular feeding encourages tight, well-formed heads.
- Harvesting: Ready in about 80-100 days; harvest when heads are firm and vibrant green.

Why Grow Romanesco?

Beyond its striking appearance, Romanesco offers a mild, nutty flavor similar to cauliflower but with a more complex texture. It can be steamed, roasted, or used raw.

4. Sunchokes (*Helianthus tuberosus*): The Jerusalem Artichoke

What are Sunchokes?

Sunchokes are tubers from a type of sunflower native to North America. They have a nutty, sweet flavor and are rich in inulin, a prebiotic fiber.

Growing Sunchokes in the UK

- Climate & Site: Hardy and adaptable; plant in spring or early summer.
- Planting: Sow tubers 10-15cm deep in well-drained soil, spacing them about 30cm apart.
- Care: They are quite invasive, so contain them in beds or pots. They require minimal maintenance.
- Harvesting: Harvest in late autumn after the foliage dies back.

Culinary Uses

Sunchokes can be roasted, mashed, or added to soups. Their sweet, nutty flavor makes them a popular alternative to potatoes.

5. Sea Kale (*Crambe maritima*): The Coastal Treasure

What is Sea Kale?

Sea Kale is a hardy perennial vegetable native to the UK's coastline. Its tender, tasty shoots and leaves are a forager's delight.

Growing Sea Kale in the UK

- Climate & Site: Prefers seaside conditions but can be cultivated inland with protection.

- Planting: Sow seeds in well-drained, sandy soil in spring or plant established plants.
- Care: Tolerant of salt and wind; requires minimal care once established.
- Harvesting: Shoots are best harvested in early spring before they flower.

Culinary Uses

The young shoots can be steamed or stir-fried, offering a slightly salty, earthy flavor. Leaves can be used similarly to kale.

6. Wasabi (*Wasabia japonica*): The Japanese Spice

What is Wasabi?

Native to Japan, wasabi is famous for its pungent, horseradish-like flavor. Growing authentic wasabi in the UK is challenging but possible with patience.

Growing Wasabi in the UK

- Climate & Site: Prefers cool, shaded, and moist conditions.
- Planting: Grow rhizomes in shaded, damp areas with rich soil.
- Care: Keep soil consistently moist; protect from direct sunlight.
- Harvesting: Generally takes 2-3 years for rhizomes to mature.

Why Grow Wasabi?

Fresh wasabi is a culinary luxury, and cultivating your own offers a rewarding project. Its spicy, aromatic rhizomes can be grated fresh for sushi or sauces.

7. Kohlrabi (*Brassica oleracea* var. *gongylodes*): The Turnip Cabbage

What is Kohlrabi?

A member of the cabbage family, kohlrabi has a bulbous stem with a mild, sweet flavor. It's often overlooked but is easy to grow and versatile.

Growing Kohlrabi in the UK

- Climate & Site: Prefers cool weather; sow in spring or summer.
- Planting: Sow seeds directly or start indoors; thin seedlings to allow space.
- Care: Needs regular watering and fertile soil.
- Harvesting: Ready in about 8-10 weeks; harvest when bulbs are firm and about the size of a tennis ball.

Culinary Uses

Kohlrabi can be eaten raw in salads, grated into slaws, or cooked in stir-fries and soups.

Tips for Growing Unusual Vegetables Successfully

- Soil Preparation: Most unusual vegetables prefer rich, well-drained soil. Enrich your beds with compost or organic matter.
- Climate Considerations: While many can tolerate UK conditions, some may benefit from microclimate protections—such as cloches, cold frames, or polytunnels.
- Timing: Pay attention to sowing and harvesting windows to maximize success.
- Pest Management: Keep an eye out for common pests like aphids, slugs, and caterpillars, which can affect these crops.
- Experimentation: Growing unusual vegetables often involves some trial and error. Keep records and adjust practices accordingly.

Final Thoughts: A Garden of Possibilities

Growing unusual vegetables in the UK opens a world of culinary and horticultural adventure. While some require patience and specific care, the rewards—such as tasting a rare root or presenting a striking vegetable at your dinner table—are well worth the effort. Whether you're seeking to expand your diet, challenge your gardening skills, or simply add variety to your plot, these lesser-known vegetables offer a wealth of opportunities. So, dig in, experiment, and enjoy the journey of cultivating something truly extraordinary in your UK garden.

Bonus: Resources for the Curious Gard

[Unusual Vegetables To Grow In The Uk](#)

unusual vegetables to grow in the uk: Food Not Lawns Heather Jo Flores, 2006-10-15
Gardening can be a political act. Creativity, fulfillment, connection, revolution—it all begins when we get our hands in the dirt. Food Not Lawns combines practical wisdom on ecological design and community-building with a fresh, green perspective on an age-old subject. Activist and urban gardener Heather Flores shares her nine-step permaculture design to help farmsteaders and city dwellers alike build fertile soil, promote biodiversity, and increase natural habitat in their own paradise gardens. But Food Not Lawns doesn't begin and end in the seed bed. This joyful permaculture lifestyle manual inspires readers to apply the principles of the paradise garden—simplicity, resourcefulness, creativity, mindfulness, and community—to all aspects of life. Plant guerilla gardens in barren intersections and medians; organize community meals; start a street theater troupe or host a local art swap; free your kitchen from refrigeration and enjoy truly fresh, nourishing foods from your own plot of land; work with children to create garden play spaces. Flores cares passionately about the damaged state of our environment and the ills of our throwaway society. In Food Not Lawns, she shows us how to reclaim the earth one garden at a time.

unusual vegetables to grow in the uk: Top 100 Exotic Food Plants Ernest Small, 2011-08-23
Many edible plants considered exotic in the Western world are actually quite mainstream in other cultures. While some of these plants are only encountered in ethnic food markets or during travels to

foreign lands, many are now finding their way onto supermarket shelves. Top 100 Exotic Food Plants provides comprehensive coverage of tropical and semi

unusual vegetables to grow in the uk: Grow your Own Fruit and Veg Alan Titchmarsh, 2021-03-04 In these turbulent times, Britain is rediscovering a passion for gardening and home produce - and the nation's favourite gardener is here to provide the definitive book on the subject. Alan Titchmarsh's comprehensive guide will tell you everything you need to know about fruit and veg and how to grow it, from herbs, baby veg, salads, and every-day fruits to gourmet and unusual varieties. As well as providing the key facts needed to yield good results and what to do when things go wrong, the text is sprinkled with Alan's personal observations, anecdotes, culinary tips and quirky historical uses. Alan's practical approach starts from scratch for those who've never grown their own before, but is also ideal for those with some experience who might be growing edibles in a new way - perhaps in a small space that needs to look attractive, or on a new allotment. Lavishly illustrated throughout, Grow Your Own Fruit and Veg offers inspiration, in-depth knowledge and practical advice, whether you are looking to be self-sufficient or just to grow a few items on your patio or window box. Originally published as The Kitchen Gardener: Grow Your Own Fruit and Veg

unusual vegetables to grow in the uk: Growing Your Own Fruit and Veg For Dummies Geoff Stebbings, 2012-01-24 Save money and eat fresh with this hands-on guide to home-growing Growing your own produce is the only way to enjoy delicious, garden-fresh fruit and veg all year round. This practical manual gives you the lowdown on everything from finding the right tools and choosing which plants to grow, to nurturing your crops and bringing in your first harvest. The easy-to-follow advice will help you get started straight away and become a confident and successful kitchen gardener. • Get going with growing - discover which plants are best for you and how to make the most of your outdoor space • Prepare your plot - learn how to set up and maintain healthy beds for your fruit and vegetables • Grow tasty veg - choose your favourite veggies from asparagus and broccoli to courgettes, sweet corn and many more • Grow your own fruit salad - get quick results from fast-growing berries and learn to nurture slow-growing tree fruit and exotic greenhouse produce

unusual vegetables to grow in the uk: Edible Forest Gardens, Volume II Dave Jacke, Eric Toensmeier, 2005-10-21 An edible forest garden is a perennial polyculture of multipurpose plants. Most plants regrow every year without replanting: perennials. Many species grow together: a polyculture. Each plant contributes to the success of the whole by fulfilling many functions: multipurpose. In other words, a forest garden is an edible ecosystem, a consciously designed community of mutually beneficial plants and animals intended for human food production. Edible forest gardens provide more than just a variety of foods. The seven F's apply here: food, fuel, fiber, fodder, fertilizer, and farmaceuticals, as well as fun. A beautiful, lush environment can be a conscious focus of your garden design, or a side benefit you enjoy.--from pub. website.

unusual vegetables to grow in the uk: How to Grow Perennial Vegetables Martin Crawford, 2012-07-05 How to Grow Perennial Vegetables gives comprehensive advice on all types of perennial vegetables, from ground-cover plants and coppiced trees to plants for bog gardens and edible woodland plants. Perennial vegetables are a joy to grow. Whereas traditional vegetable plots are largely made up of short-lived, annual vegetable plants, perennials are edible plants that live longer than three years. Grown as permaculture plants, they take up less of your time and effort than annual vegetables, and extend the harvesting season - avoiding the hungry gap between the end of the winter harvest and the start of the summer harvest of annual vegetables. Unlike annual vegetables, perennials cover and protect the soil all year round, which maintains the structure of the soil and helps everything growing in it. Humous levels build up, nutrients don't wash out of the soil, and mycorrhizal fungi, critical for storing carbon within the soil, are preserved. Perennial plants also contain higher levels of mineral nutrients than annuals because they have larger, permanent root systems, capable of using space more efficiently Written by gardening expert Martin Crawford, this book gives comprehensive advice on how to grow and care for both common perennial vegetables like rhubarb, Jerusalem artichokes, horseradish and asparagus and unusual edible plants such as

skirret, red chicory, nodding onions, Babington's leek, scorzonera, sea kale, wild rocket, coppiced trees and aquatic plants. With plenty of cooking tips, colour photographs and illustrations throughout and an A-Z of over 100 perennial edibles, it is an inspiration for all gardeners.

unusual vegetables to grow in the uk: *Edible Forest Gardens, Volume I* Dave Jacke, Eric Toensmeier, 2005-07-29 *Edible Forest Gardens* is a groundbreaking two-volume work that spells out and explores the key concepts of forest ecology and applies them to the needs of natural gardeners in temperate climates. Volume I lays out the vision of the forest garden and explains the basic ecological principles that make it work. *Edible Forest Gardens* offer an advanced course in ecological gardening--one that will forever change the way you look at plants and your environment.

unusual vegetables to grow in the uk: *The Year-Round Hoophouse* Pam Dawling, 2018-11-13 Design and build a hoophouse or polytunnel, and grow abundant produce year-round in any climate *The Year-Round Hoophouse* is the comprehensive guide to designing and building a hoophouse and making a success of growing abundant, delicious fresh produce all year, whatever your climate and land size. Chapters include: Hoophouse siting, size, style, frame construction, and tools Bed layout, soil, crop rotations, and extensive coverage of various crops for all seasons Organic solutions to pests and diseases Disaster preparation Tested resources for each chapter. *The Year-Round Hoophouse* is ideal for farmers who wish to move into protected growing, as well as beginning farmers in rural and urban spaces. It is an essential reference resource for professors and students of courses in sustainable agriculture, as well as interns and apprentices learning on the job. Growing in hoophouses - also known as high tunnels or polytunnels - reduces the impact of an increasingly unpredictable climate on crops, mitigates soil erosion, extends the growing season, keeps leafy greens alive through the winter, and enables growers to supply more regional food needs.

unusual vegetables to grow in the uk: *Growing Unusual Vegetables* Simon Hickmott, 2004-01-04 *Growing Unusual Vegetables* is for gardeners who like to try something different. In this book they will find more than ninety unusual plants, all of them edible. The book is divided into sections on greens, roots, fruits, seeds, grains, and flavorings for easy reference. Each plant entry comes complete with comprehensive cultivation instructions, hardiness zones, and fascinating notes on the plant's origin, history, and uses. With this indispensable guide, you can turn your garden into a unique storehouse of useful and unusual edible plants, many of which are surprisingly easy to grow.

unusual vegetables to grow in the uk: *Top 100 Food Plants* Ernest Small, 2009 This beautifully illustrated book reviews scientific and technological information about the world's major food plants and their culinary uses. An introductory chapter discusses nutritional and other fundamental scientific aspects of plant foods. The 100 main chapters deal with a particular species or group of species. All categories of food plants are covered, including cereals, oilseeds, fruits, nuts, vegetables, legumes, herbs, spices, beverage plants and sources of industrial food extracts. Information is provided on scientific and common names, appearance, history, economic and social importance, food uses (including practical information on storage and preparation), as well as notable curiosities. There are more than 3000 literature citations in the book and the text is complemented by over 250 exquisitely drawn illustrations. Given the current, alarming rise in food costs and increasing risk of hunger in many regions, specialists in diverse fields will find this reference work to be especially useful. As well, those familiar with Dr. Small's books or those with an interest in gardening, cooking and human health in relation to diet will want to own a copy of this book.--Publisher's web site.

unusual vegetables to grow in the uk: *The Hidden Places of England* Peter Long, 2004 England's landscape is as diverse as its culture. It is a country with magnificent landscapes. This guide looks at the more established places of interest throughout the country, but it also focuses on the more secluded and little known visitor attractions and places to stay, eat and drink.

unusual vegetables to grow in the uk: *Edible Memory* Jennifer A. Jordan, 2015-04-14 Each week during the growing season, farmers' markets offer up such delicious treasures as brandywine

tomatoes, cosmic purple carrots, pink pearl apples, and chioggia beets—varieties of fruits and vegetables that are prized by home chefs and carefully stewarded by farmers from year to year. These are the heirlooms and the antiques of the food world, endowed with their own rich histories. While cooking techniques and flavor fads have changed from generation to generation, a Ribston Pippin apple today can taste just as flavorful as it did in the eighteenth century. But how does an apple become an antique and a tomato an heirloom? In *Edible Memory*, Jennifer A. Jordan examines the ways that people around the world have sought to identify and preserve old-fashioned varieties of produce. In doing so, Jordan shows that these fruits and vegetables offer a powerful emotional and physical connection to a shared genetic, cultural, and culinary past. Jordan begins with the heirloom tomato, inquiring into its botanical origins in South America and its culinary beginnings in Aztec cooking to show how the homely and homegrown tomato has since grown to be an object of wealth and taste, as well as a popular symbol of the farm-to-table and heritage foods movements. She shows how a shift in the 1940s away from open pollination resulted in a narrow range of hybrid tomato crops. But memory and the pursuit of flavor led to intense seed-saving efforts increasing in the 1970s, as local produce and seeds began to be recognized as living windows to the past. In the chapters that follow, Jordan combines lush description and thorough research as she investigates the long history of antique apples; changing tastes in turnips and related foods like kale and parsnips; the movement of vegetables and fruits around the globe in the wake of Columbus; and the poignant, perishable world of stone fruits and tropical fruit, in order to reveal the connections—the edible memories—these heirlooms offer for farmers, gardeners, chefs, diners, and home cooks. This deep culinary connection to the past influences not only the foods we grow and consume, but the ways we shape and imagine our farms, gardens, and local landscapes. From the farmers' market to the seed bank to the neighborhood bistro, these foods offer essential keys not only to our past but also to the future of agriculture, the environment, and taste. By cultivating these edible memories, Jordan reveals, we can stay connected to a delicious heritage of historic flavors, and to the pleasures and possibilities for generations of feasts to come.

unusual vegetables to grow in the uk: Plants for a Future Ken Fern, 1997 Describing edible and other useful plants, both native to Britain and Europe and from temperate areas around the world, this book includes those suitable for: the ornamental garden, the lawn, shady areas, ponds, walls, hedges, agroforestry and conservation. Book jacket.

unusual vegetables to grow in the uk: Organic Gardening for Dummies, UK Edition Sue S. Fisher, 2011-10-07 Reduce a garden's impact on both the environment and the wallet *Organic Gardening For Dummies* shows readers the way to ensure a healthy harvest from an environmentally friendly garden. It covers information on the newest and safest natural fertilizers and pest control methods, composting, cultivation without chemicals, and how to battle plant diseases. It also has information on updated equipment and resources. It helps the reader to plant organically year-round, using herbs, fruits, vegetables, lawn care, trees and shrubs, and flowers. *Organic Gardening For Dummies* show readers how to: Plan out the perfect organic garden Protect wildlife and help pollinators in a garden Grow a range of organic vegetables, fruits and flowers Manage pests in an eco-friendly way

unusual vegetables to grow in the uk: The Vertical Veg Guide to Container Gardening Mark Ridsdill Smith, 2022-04-02 Winner of the Garden Media Guild's The Peter Seabrook Practical Book of the Year Award 2022 2023 GardenComm Media Awards Silver Laurel Medal of Achievement From the creator of the wildly popular website "Vertical Veg" and with over 200k people in his online community of growers, comes the complete guide to growing delicious fruit, vegetables, herbs, and salad in containers, pots, and more—in any space, from window boxes to garden yards, no matter how small! [A] thorough and enthusiastic guide to vegetable gardening . . . both handy and hefty...Aspiring urban gardeners will want to give this a look.—Publishers Weekly If you long to grow your own tomatoes, zucchini, or strawberries, but thought you didn't have enough space, Mark Ridsdill Smith, aka the "Vertical Veg Man," will show you how to make the most of walls, balconies, patios, arches, and windowsills. Ridsdill Smith has spent over ten years teaching people to grow

bountiful, edible crops in all kinds of containers in small spaces. Inside *The Vertical Veg Guide to Container Gardening*, you'll find:

- Mark's "Eight Steps to Success"
- How to make the most of your space
- How to draw up a planning calendar so you can grow throughout the year
- Planting projects for beginners
- Compost recipes and wormery guide for the more experienced gardener
- Troubleshoots for specific challenges of growing in small spaces
- How growing food at home can contribute to wellbeing and the local community

With quick, proven results from his own tests, failures, and successes, Mark will show you how gardening in containers is not just a hobby, but a way of creating a significant amount of delicious, low-cost, high nutrition food. Don't be confined by the space you have—grow all the food you want with Mark's *Vertical Veg Guide to Container Gardening*.

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