

hairy bikers cooking books

Discovering the Charm of Hairy Bikers Cooking Books

Hairy Bikers cooking books have become a beloved staple in kitchens around the world, especially among food enthusiasts who appreciate hearty, flavorful, and traditional British cuisine. These books, authored by the famous duo Dave Myers and Simon King, offer more than just recipes—they provide a glimpse into a culinary journey that celebrates comfort food, regional ingredients, and the joy of cooking with passion. Whether you're a seasoned chef or a beginner, the Hairy Bikers' cookbooks are invaluable resources that combine practical advice with engaging storytelling.

In this comprehensive guide, we'll explore the history of the Hairy Bikers cooking books, highlight some of their most popular titles, discuss what makes them stand out in the crowded world of cookbooks, and share tips on how to make the most of their recipes in your own kitchen. Whether you're looking to recreate classic British dishes or experiment with new flavors, these books are a treasure trove of culinary inspiration.

The Origins and Evolution of Hairy Bikers Cooking Books

Who Are the Hairy Bikers?

The Hairy Bikers, comprising Dave Myers and Simon King, first gained fame through their television series in the UK. Known for their friendly banter, down-to-earth approach, and love for traditional British fare, they quickly captured the hearts of viewers. Their charismatic personalities and culinary expertise translated seamlessly into their cookbooks, making them popular among home cooks.

The Journey into Publishing

Their first cookbook, "The Hairy Bikers' Eat Well," was published in 2010 and set the tone for their subsequent releases. It combined wholesome recipes with stories from their travels, emphasizing the importance of good food and shared meals. Over the years, their collection has expanded to include titles focusing on specific themes like baking, comfort food, and regional cuisines.

Popular Hairy Bikers Cooking Books

1. The Hairy Bikers' Complete British Food

This comprehensive tome celebrates the rich culinary heritage of Britain. It features recipes for classic dishes such as:

- Fish and Chips
- Roast Beef and Yorkshire pudding
- Shepherd's Pie
- Cornish Pasty
- Ploughman's Lunch

The book also delves into regional specialties, offering readers a taste of the diverse flavors across the UK.

2. The Hairy Bikers' Bakeation

Focusing on baking, this book showcases a broad range of sweet and savory baked goods. Highlights include:

- Scones and Tea Cakes
- Artisan Breads
- Pastries and Pies
- Cakes and Desserts

It's perfect for those who love to bake and want reliable, delicious recipes that deliver satisfying results.

3. The Hairy Bikers' Food on the Move

Dedicated to portable and easy-to-make dishes, this book is ideal for picnics, camping trips, and busy weekdays. Recipes include:

- Sandwiches and Wraps
- Soups in a Jar
- One-Pot Meals
- Snack Bars

4. The Hairy Bikers' Comfort Food

As the title suggests, this cookbook emphasizes hearty, soul-warming dishes, such as:

- Stews and Casseroles
- Pasta Bakes
- Slow Cooker Recipes
- Traditional Sunday Roasts

What Makes Hairy Bikers Cooking Books Stand Out?

Authenticity and Traditional Flavors

The Hairy Bikers pride themselves on celebrating traditional British cuisine, making their cookbooks a go-to resource for comfort food lovers. Their recipes prioritize authentic ingredients and techniques, ensuring genuine flavors.

Engaging Storytelling and Personal Touch

Each book is filled with anecdotes from their travels and cooking adventures, creating a warm and relatable atmosphere. This storytelling element helps readers connect with the recipes and encourages them to experiment with confidence.

Accessible and Practical Recipes

Their recipes are designed for home cooks of all skill levels, often requiring readily available ingredients and straightforward methods. This accessibility has contributed to their widespread popularity.

Focus on Healthy and Balanced Eating

While celebrating indulgent dishes, many of their books also emphasize balanced eating and healthier options, making them suitable for contemporary lifestyles.

How to Make the Most of Hairy Bikers Cooking Books

Start with the Basics

If you're new to their cookbooks, begin with beginner-friendly recipes from their popular titles. Their straightforward instructions make it easy to build confidence in the kitchen.

Explore Regional Recipes

Take the opportunity to try dishes from different parts of Britain. This not only broadens your culinary horizons but also allows you to experience authentic regional flavors.

Experiment and Personalize

Feel free to adapt recipes to your preferences. Whether you want to add a spice twist or substitute ingredients, the Hairy Bikers' recipes are flexible and forgiving.

Use Their Stories as Inspiration

Read the stories and anecdotes in the books to get inspired and motivated. Their passion for food can be contagious, encouraging you to create memorable meals.

Pair Recipes with Proper Techniques

Many of their books include step-by-step techniques, which can help improve your skills. Practice these methods to enhance your cooking repertoire.

Where to Find Hairy Bikers Cooking Books

Bookstores and Online Retailers

Popular outlets like Amazon, Waterstones, and Barnes & Noble stock their latest titles. Digital versions are also available for e-readers and tablets.

Libraries and Borrowing Options

Many public libraries carry their cookbooks, allowing you to explore their recipes without purchasing.

Special Editions and Signed Copies

Occasionally, limited edition or signed copies are released, making them excellent gift ideas for food lovers.

Conclusion: Embracing the Culinary Heritage of the Hairy Bikers

The **hairy bikers cooking books** have cemented their place in the world of culinary literature through their authentic recipes, engaging storytelling, and approachable style. Whether you're seeking hearty British classics, innovative baking ideas, or portable meals, their books offer a wealth of inspiration. By exploring their titles, you can embrace traditional flavors, learn new techniques, and create delicious meals for friends and family.

As you delve into their culinary world, remember that cooking is about joy, sharing, and experimenting. The Hairy Bikers' cookbooks encourage you to enjoy every step of the process and cherish the flavors of home. So, pick a book, gather your ingredients, and start your own adventure in the kitchen with the beloved Hairy Bikers guiding your way.

Frequently Asked Questions

What are the most popular Hairy Bikers cooking books available?

Some of the most popular Hairy Bikers cookbooks include 'The Hairy Bikers' Healthy Eating' and 'Breakfast at The Hairy Bikers'. These books feature their signature hearty recipes and healthy options.

Are the Hairy Bikers cooking books suitable for beginners?

Yes, many of their cookbooks are designed for all skill levels, offering simple step-by-step instructions that are perfect for beginners and experienced cooks alike.

Do the Hairy Bikers cooking books focus on specific cuisines or dietary preferences?

The Hairy Bikers cookbooks cover a wide range of cuisines, from traditional British fare to international dishes. They also include healthier options and recipes suitable for specific dietary needs.

Where can I purchase the latest Hairy Bikers cooking books?

You can buy their latest cookbooks from major bookstores, online retailers like Amazon, or directly from their official website and publisher's site.

Are there any new releases or upcoming Hairy Bikers cooking books?

Yes, the Hairy Bikers regularly release new cookbooks. Check their official website or social media channels for announcements about upcoming titles.

Do the Hairy Bikers cookbooks include vegetarian or vegan recipes?

While many of their books focus on traditional and hearty dishes, they have published cookbooks with vegetarian options, and some recipes are vegan-friendly. It's best to check the specific book's contents.

Are the recipes in Hairy Bikers cookbooks suitable for family cooking?

Absolutely! Their recipes are often designed for family meals, offering hearty, satisfying dishes that can serve multiple people.

Can I find cooking videos or demonstrations related to Hairy Bikers' cookbooks?

Yes, the Hairy Bikers often feature in cooking shows and online videos that complement their cookbooks, making it easier to learn their recipes visually.

Additional Resources

Hairy Bikers Cooking Books: A Comprehensive Review and Deep Dive

The Hairy Bikers cooking books have become a staple in many kitchens worldwide, captivating both amateur cooks and seasoned chefs alike with their hearty, approachable, and flavorful recipes. Combining the charismatic personalities of Si King and Dave Myers, these books are more than just collections of recipes—they are a celebration of comfort food, traditional cooking, and the joy of sharing good meals with loved ones. In this detailed review, we will explore every facet of these culinary publications, from their origins and content to their impact and practical value.

Origins and Background of the Hairy Bikers Cooking Books

The Rise of the Hairy Bikers

The Hairy Bikers, Si King and Dave Myers, first gained prominence through their television series, showcasing their enthusiasm for hearty British cuisine and regional dishes. Their down-to-earth personalities and genuine passion for food resonated with viewers, leading to a surge in popularity that extended well into their published works.

The Transition to Publishing

Building on their TV success, the duo released their first cooking book in the early 2000s. Their books quickly became bestsellers due to their accessible recipes, engaging storytelling, and focus on traditional, wholesome ingredients. Over the years, they have published numerous titles, each expanding on their culinary philosophy and catering to diverse tastes and dietary preferences.

Core Features of Hairy Bikers Cooking Books

Approachable and Down-to-Earth Recipes

One of the defining features of the Hairy Bikers books is their emphasis on recipes that are easy to prepare yet bursting with flavor. They prioritize:

- Using familiar ingredients
- Simple cooking techniques
- Recipes that can be made in under an hour

This approach makes their books ideal for both busy weeknights and leisurely weekend cooking.

Range of Culinary Styles

While their core focus is on hearty British fare, their books also explore:

- International cuisines (e.g., Italian, Indian, Middle Eastern)
- Modern twists on classics
- Vegetarian and healthier options

This diversity ensures there's something for everyone, regardless of dietary restrictions or culinary curiosity.

Engaging Narrative and Personal Touch

Beyond recipes, the books are peppered with personal stories, anecdotes, and tips from Si and Dave. This storytelling element fosters a connection with readers, making cooking feel less like a chore and more like a shared experience.

High-Quality Photography and Layout

The visual presentation is another strength. Bright, inviting photographs accompany each recipe, showcasing finished dishes that inspire confidence and creativity. Clear instructions and well-organized layouts make the cooking process straightforward.

Popular Titles and Their Highlights

“The Hairy Bikers’ Great Curries”

- Focuses on curry recipes from around the world.
- Offers step-by-step guidance on making authentic, flavorful curries.
- Includes vegetarian and vegan options.

“The Hairy Bikers’ Food Tour”

- Features recipes inspired by their travels.
- Combines cultural dishes with local ingredients.
- Encourages adventurous cooking.

“The Hairy Bikers’ Comfort Food”

- Emphasizes dishes that evoke nostalgia and warmth.
- Recipes for pies, stews, roasts, and puddings.
- Suitable for family dinners and gatherings.

“The Hairy Bikers’ Diet Club”

- Focuses on healthier, calorie-controlled recipes.
- Incorporates tips for balanced eating without sacrificing flavor.
- Ideal for those looking to maintain or lose weight.

Practical Aspects and User Experience

Ease of Use

- Clear, concise instructions suitable for cooks of all skill levels.
- Use of standard ingredients reduces the need for specialty shopping.
- Recipes often include time estimates and serving suggestions.

Recipe Variations and Tips

- The books frequently suggest tweaks for dietary preferences or ingredient substitutions.
- Tips on meal prep, storage, and presentation enhance the cooking experience.

Accessibility and Cost-Effectiveness

- Focus on affordable ingredients.

- Recipes designed to serve multiple people, reducing waste and cost.
- Encouragement to cook from scratch, saving money compared to takeaways or pre-made meals.

Impact and Cultural Significance

Promoting Traditional and Regional Cooking

The Hairy Bikers' emphasis on regional British dishes and traditional cooking methods has helped revive interest in local culinary heritage, inspiring home cooks to explore their roots.

Encouraging Home Cooking

In an era dominated by fast food and convenience, these books champion the value of homemade meals, fostering a culture of cooking as a rewarding and social activity.

Influence on Food Trends

Their approachable style has contributed to the popularization of comfort food, slow cooking, and fusion dishes in mainstream kitchens.

Strengths and Limitations of Hairy Bikers Cooking Books

Strengths

- Approachability: Recipes suitable for all skill levels.
- Authenticity: Focus on traditional flavors.
- Diversity: Wide array of cuisines and dietary options.
- Visual Appeal: High-quality photography.
- Personal Connection: Engaging storytelling.

Limitations

- Recipe Complexity: Some recipes may be too simple for experienced chefs seeking advanced techniques.
- Cultural Specificity: Focus on Western, especially British, cuisine may limit appeal for those seeking global cuisines.
- Print Format: Some users prefer digital access or interactive formats.

Practical Recommendations for Buyers

- **Assess Your Cooking Style:** If you enjoy hearty, comfort food and straightforward recipes, these books will suit you well.
- **Explore Multiple Titles:** Each book offers a different culinary focus, from curries to healthy eating.
- **Use as a Reference:** Their tips and variations can help build confidence and expand your cooking repertoire.
- **Combine with Cooking Classes or Online Resources:** For more advanced techniques, supplement the books with additional resources.

Conclusion: Are Hairy Bikers Cooking Books Worth Exploring?

Absolutely. The Hairy Bikers cooking books stand out as valuable resources for anyone passionate about home-cooked meals rooted in tradition and flavor. Their blend of approachable recipes, engaging storytelling, and cultural richness makes them not just cookbooks but culinary companions. Whether you're a novice looking to learn the basics or an experienced cook seeking inspiration for comforting dishes, these books offer a wealth of knowledge and motivation.

In an age where convenience often trumps quality, the Hairy Bikers remind us that good food doesn't have to be complicated or expensive. With their guidance, you can bring warmth, flavor, and a touch of British culinary heritage into your own kitchen, creating memorable meals for family and friends alike.

In summary, the Hairy Bikers cooking books are a celebration of hearty, traditional, and approachable food. They excel in making cooking accessible, fun, and fulfilling, all while fostering a deeper appreciation for regional and cultural dishes. For anyone seeking to enrich their culinary journey with authentic, comforting recipes delivered with personality and practicality, these books are an excellent investment.

[Hairy Bikers Cooking Books](#)

hairy bikers cooking books: The Best of the Hairy Bikers The Hairy Bikers, 2025-06-17

This stunning new edition brings together the best of the Hairy Bikers' recipes for the first time. Always delicious to eat, simple to make and packed full of flavour, you can rely on the Kings of Comfort to inspire your tastebuds. Featuring over 120 of our all-time favourite recipes, chapters include: · Soups · Salads · Pasta · Rice · Pies & traybakes · Curries · Veggie dishes · Roasts & grills · Bakes · Puddings · Snacks & sides With beautiful photography, triple-tested instructions and all-new introductions, this is the ultimate collection of Si and Dave's favourite recipes from their epic travels and culinary adventures. Please note the recipes in this book have been previously published in other Hairy Bikers' titles.

hairy bikers cooking books: *The Hairy Bikers' Ultimate Comfort Food* Hairy Bikers, 2023-10-26 Si King and Dave Myers, AKA the Hairy Bikers, are known and loved for their hearty dishes, big flavours, and simple food. Now the nation's favourite cooking duo bring you the ultimate collection of comforting recipes - perfect for those cosy times spent with friends and family. Inspired by the dishes that Si and Dave loved to eat growing up and that they cook with their families now, this is comfort food at its best. Recipes that are guaranteed to deliver on flavour, even when you're short on time, all made with readily available and affordable ingredients. Real, everyday food to enjoy and share. From easy suppers such as risotto carbonara and sausage & cabbage casserole that can be rustled up with minimal fuss, to slow-cooked weekend feasts such as duck confit shepherd's pie and aubergine parmigiana, plus tempting snacks, soups, stews and puddings, you'll find versatile, delicious and comforting food for every day and every occasion. Chapters include: - Soups & stews: Beef & barley stew, Clam chowder - Snacks & light comforts: Tomato monkey bread, Teriyaki chicken salad - Easy comforts: Chicken stroganoff, Beef & baked bean hotpot - Spicy comforts: Curried beef pasties, Chipotle prawn tacos - Weekend comforts: Rigatoni pie, Spinach & four-cheese lasagne - Teatime: Stem ginger & lemon drizzle cake, Chicken & spinach empanadas - Puddings: Pear & banana crumble, Knickerbocker glory

hairy bikers cooking books: *The Hairy Bikers: Our Family Favourites* Hairy Bikers, 2024-10-24 Treat your loved ones with this brand-new collection of Hairy Bikers' recipes, perfect for

families of all shapes and sizes. Inspired by their journey together, Si King has completed this book as a tribute to his best friend and cooking partner Dave Myers, and a celebration of the food they loved to cook for themselves and their families. The Hairy Bikers are known as the Kings of Comfort, adored for their hearty food, big flavours and simple recipes. With this book, Si King delivers all that and more - bringing joy to the kitchen as he looks back and shares this ultimate collection of their most treasured dishes along with heartfelt stories and reflections on their adventures together. Filled with mouth-watering ideas to take you from breakfast to dinner on weekdays, weekends and special occasions, chapters include: · Best brunches · Finger food and things on toast · Hearty soups and salads · On the table... fast · Relax, it's the weekend · Let's celebrate · Time for something sweet · On the side With over 100 easy and rewarding recipes to choose from, dishes like Cowboy Breakfast, Curried Welsh Rarebit, Bacon, Sausage & Egg Pie, Coronation Chicken Pancakes, Ginger Beer-Glazed Ham and Rum Babas with Grilled Pineapple will soon be your family favourites too. Featuring the Hairy Bikers' trademark flavours and comfort, *Our Family Favourites* is a deeply personal tribute packed with food you'll want to cook and share with your own loved ones again and again.

hairy bikers cooking books: *The Hairy Bikers' Everyday Winners* Hairy Bikers, 2021-10-14 THE FANTASTIC EVERY DAY SUNDAY TIMES BESTSELLER. Big flavours. Good ingredients. Uncomplicated food. That's what Si King and Dave Myers, AKA the Hairy Bikers, are known and loved for. Now the kings of comfort, and nation's favourite cooking duo, bring you everyday cooking at its best. For this book, Si and Dave have conducted a survey to ask you, their fans, what you all love to eat at home. You answered in your thousands, sharing so many great ideas for go-to dinners, puddings and bakes. Inspired by these, the Bikers have created 100 new tripled-tested recipes for easy and delicious ways to elevate these everyday family favourites into taste sensations. From hearty roasts to mouth-watering curries, speedy stir-fries to easy-to-cook pastas and pies, and irresistible puds and bakes, *EVERYDAY WINNERS* is packed full of ideas to make every meal memorable. Enjoy mega-satisfying recipes include Chicken Kiev Pasta Bake, Tex Mex Beef Chilli, Sausage Risotto and Lamb Kofta Vindaloo, or tempting puds like Pineapple & Rum Sticky Toffee Pudding and Cherry & Dark Chocolate Cheesecake. With each dish bursting with the Hairy Bikers' trademark big flavours, these are just some of the many tasty delights in this cracking new cookbook. It's time to mix things up in the kitchen, so get stuck in and add a little Bikers' magic to your cooking - whatever day it is!

hairy bikers cooking books: *The Hairy Bikers' Cookbook* Dave Myers, Si King, 2008-06 The Hairy Bikers are a couple of northern lads who travel on their motorbikes in search of culinary experiences and cultural adventures. This travelogue and cookery book features all the recipes shown in the television series.

hairy bikers cooking books: *The Hairy Bikers' British Classics* Hairy Bikers, 2018-11-01 'Fabulous' DAILY MAIL In this bestselling collection of the finest classic recipes, Si King and Dave Myers, AKA the Hairy Bikers, celebrate the riches and delights of great home cooking. Always triple-tested, always full of flavour, Si and Dave's recipes are everything we love about great food. From savoury classics such as the perfect prawn cocktail, homely homity pie, rich Lancashire hotpot and herb-stuffed shoulder of lamb, to sweet crowd-pleasing puds like jam roly poly and deep-filled lemon meringue pie, there are recipe favourites on every page. With chapters on soups and salads, family suppers, classic comfort food, Sunday dinners, BBQ and picnics, tea time and puddings - this collection caters for all. It also has a fantastic Christmas section on classic festive feasts with all-new Biker twists. So, be inspired to cook with the Bikers in this collection of their favourite recipes and ever-popular modern British classics.

hairy bikers cooking books: *The Hairy Bikers' One Pot Wonders* Hairy Bikers, 2019-10-31 The Sunday Times Bestseller A wonder of a recipe collection celebrating the simple joys of one pot cooking. Life is complicated enough so why not let Si King and Dave Myers, AKA the Hairy Bikers, make it just that bit easier? Whether it's inspiration for supper after a hard day's work or a slow

roast feast for a weekend gathering, One Pot Wonders has it all. From rich and warming traybakes to light but satisfying salads, these triple-tested recipes deliver on flavour and cut out the fuss. This is Si and Dave's most wonderful collection yet, with chapters on breakfasts and brunches, soups and salads, satisfying stews, quick one pot carbs, tarts and tray bakes, stovetop suppers, pies and pot roasts, and puds and cakes - it really is a belter! Enjoy savoury classics like Sausage & Bean Traybake and Showstopper Quiche, or the sweet delights of Rhubarb & Orange Crumble and Boozy Syllabub Trifle, there's so much here to tickle the tastebuds and get your cooking mojo back into the kitchen. So dial back the effort and turn up the flavour with The Hairy Bikers' One Pot Wonders!

hairy bikers cooking books: The Hairy Bikers' Big Book of Baking Hairy Bikers, Si King, Dave Myers, 2012 The long-awaited baking bible from the Hairy Bikers AKA Si King and Dave Myers. With their irrepressible enthusiasm for great food, Si King and Dave Myers, AKA the Hairy Bikers, travel the length and breadth of Europe to discover the best baking recipes from the Continent. From Norway to Southern Spain, the boys eat their way across ten countries, making friends and swapping recipes along the way. They discover the ultimate Black Forest Gateau in Germany, the most incredible pastries in Southern France and cook cakes that will tickle the tastebuds of all home bakers. This is a welcome return of the Hairy Bakers. These recipes will delight and will bring a freshness to all home baking.

hairy bikers cooking books: The Hairy Bikers' Meat Feasts Hairy Bikers, 2015-08-27 There's something about the smell of meat cooking that signals a feast - it's savoury, comforting and tempting. A steak on the grill, a roast in the oven, a casserole bubbling: they make your mouth water. Si King and Dave Myers, aka the Hairy Bikers, have always been passionate about meat, and this bible is an unadulterated celebration of the fine produce we have available today. MEAT FEASTS includes all their favourite recipes and some new surprises. There are family classics, spicy treats, perfect pies and delicious zingy salads. Si and Dave love their veggies too, and MEAT FEASTS features some of the very best veg recipes to showcase a Sunday joint or make a little meat of a very long way. A meaty modern classic, MEAT FEASTS is your one-stop meat cookbook!

hairy bikers cooking books: The Hairy Bikers' Mediterranean Adventure (TV tie-in) Hairy Bikers, 2017-11-02 The Hairy Bikers are on their bikes again, searching out the very best recipes from around the world. This time, they're discovering the most delicious food from our favourite Mediterranean countries. Including recipes from their prime time BBC Two cookery show, THE HAIRY BIKERS' MEDITERRANEAN ADVENTURE celebrates the culinary delights of France, Spain and Italy. With more of us understanding the health benefits of a Med diet, these hearty and healthy dishes are a taste of the very best holiday memories. Fresh, classic, easy and seasonal, enjoy our favourite Med recipes with the nation's favourite cooking duo! The Hairy Bikers' new book, EAT WELL EVERY DAY, is out NOW. With each recipe packed with Si and Dave's trademark big flavours, affordable and easy-to-find ingredients and creative ideas, this latest title is full of delicious food that will help control your weight, improve your health and make you feel great.

hairy bikers cooking books: Mums Know Best Hairy Bikers, 2011-07-28 THE HAIRY BIKERS: MUMS KNOW BEST is the BBC's biggest food event for years. Si and Dave undertake a nationwide search for Britain's lost recipes - those forgotten gems or secret scribbles handed down through the generations - for a landmark TV series. The Bikers send out a call-to-arms for mums, daughters and their grandmothers to unlock their private recipe archives and share with, and learn from, other mums of all races and backgrounds. This is a heart-warming and down-to-earth recipe book that takes place against beautiful British backdrops throughout the summer. Here yummy mummies, Northern matriarchs, West Indian foster mums and ladies of the manor all come together with recipes to share, tips to swap and techniques to learn, in a book that contains 112 different recipes.

hairy bikers cooking books: The Hairy Dieters Eat for Life Hairy Bikers, 2013-08-15 Following on from their No. 1 bestselling diet book, THE HAIRY DIETERS, the Hairy Bikers share more delicious low-calorie recipes and easy-to-follow advice. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of tasty recipes, cheeky

humour and motorbike enthusiasm for years now. THE HAIRY DIETERS has sold over 1.2 million copies in the UK and this, their second diet book, delivers even more low-cal family favourites. Packed with 80 delicious low-calorie recipes, tips, and techniques to learn, this collection of diet recipes is the Hairy Bikers at their best. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

hairy bikers cooking books: The Hairy Dieters Make It Easy Hairy Bikers, 2018-05-17 Losing weight is hard enough, so Si and Dave have written a fantastic collection of low cal recipes that make it easier than ever to stick to and enjoy a healthier diet. With the Hairy Dieters' trademark of knock-out flavours and hearty ingredients, these recipes will become your kitchen regulars. They are all easy on time, washing up, shopping and your waistline! Get ready to make it easy with Si and Dave's... 15 Minute fillers - super quick recipes Assembly jobs - no cooking Half a Dozen winners - recipes with six ingredients One Pot Wonders - forget the fuss and save on washing-up Batch cooking - getting ahead, cooking in bulk, freezing, saving money, having quick fixes ready to go when you're hungry Easy Peasy Puds - guilt-free sweetness and satisfaction It's time to lose weight, the easy way. It's worked for MILLIONS of readers, and it can work for you!

hairy bikers cooking books: Untitled Bikers Cookbook 2 The Hairy Bikers, 2025-02-04

hairy bikers cooking books: The Hairy Bikers' Food Tour of Britain Dave Myers, Hairy Bikers, Si King, 2009-09-07 Eat, cook and enjoy the best of our counties' traditional food with the Hairy Bikers Great Food Tour of Britain... With their irrepressible enthusiasm for great food, Si King and Dave Myers AKA the Hairy Bikers travel the length and breadth of Britain to discover our finest traditional foods. Touring the counties of Britain on their trusty triumphs, Si and Dave celebrate local recipes and chefs from the villages and towns they explore. Creating delicious meals from local produce they inspire with their bubbling enthusiasm. Find out where the best sausages are made, why Ludlow has become the foody Mecca of the Shires and discover the century-old recipe for gingerbread with a hint of rum and port. Si and Dave are self-confessed life-long foodies. They celebrate each ingredient and create delicious dishes while providing some laughs along the way. THE HAIRY BIKERS' FOOD TOUR OF BRITAIN puts the passion back into cooking and inspires readers to eat the best of British.

hairy bikers cooking books: The Hairy Dieters' Simple Healthy Food Hairy Bikers, 2022-05-12 The nation's favourite food heroes, aka the Hairy Dieters, are back to show you that losing weight and staying healthy doesn't mean losing out on taste and enjoyment. With more than 80 great new recipes, Si and Dave prove that healthy food can be delicious food - and also easy, accessible and affordable. With the abundance of health and nutrition information being published, it can be hard to keep up with what's good for you and what's not; what the latest advice is on low-fat products; or what you need to know about gut health or high fibre diets. As consumers, we are constantly bombarded by conflicting messages about what to eat and when - and unsurprisingly this can become overwhelming. Ten years on from the release of their first, multi-million copy selling diet book, THE HAIRY DIETERS, Si and Dave are aware of how confusing this can be. THE HAIRY DIETERS: SIMPLE HEALTHY FOOD is here to provide clear, simple nutritional ground rules - based on the advice of medical experts, including Professor Roy Taylor, and professional athletes - and delicious low-cal recipes to help you eat well, lose weight and stay healthy for the long term. This book is brimming with good-hearted healthy food, including tasty ways to start the day, light takes on lunch, speedy snacks, satisfying dinners and brilliant batch-cook basics. All made with easy-to-find ingredients and packed with the Hairy Bikers' trademark knockout flavours, so you won't feel like you're missing out when you cook from this book - these are healthy meals that the whole family will love.

hairy bikers cooking books: The Hairy Bikers' Chicken & Egg Hairy Bikers, 2016-09-08 A sensational savoury celebration of our favourite bird with show-stopping puds, desserts and cakes made with the humble egg! Full to the brim with new ideas, family favourites and modern classics,

this is the ultimate collection of fantastic chicken and egg recipes . . . Si King and Dave Myers love chicken. They also love eggs. In this, their biggest cookbook yet, the Hairy Bikers celebrate these most humble yet versatile of ingredients. What comes first? It's up to you. There are chicken soups and salads, egggy specials, an ultimate roasts section, smoky grills and hearty pies, everyday pasta and rice suppers, sensational spiced dishes and lots of ideas for making a little chicken go a long way. And to finish, there are irresistible puddings and cakes to peck at! Travelling the world to discover the very best chicken and egg recipes, Si and Dave have done it again. Chicken & Egg is a magnificent celebration of good food.

hairy bikers cooking books: The Hairy Bikers' Big Book of Baking Hairy Bikers, 2012-03-01 The long-awaited baking bible from the Hairy Bikers AKA Si King and Dave Myers. With their irrepressible enthusiasm for great food, Si King and Dave Myers, AKA the Hairy Bikers, travel the length and breadth of Europe to discover the best baking recipes from the Continent. From Norway to Southern Spain, the boys eat their way across ten countries, making friends and swapping recipes along the way. They discover the ultimate Black Forest Gateau in Germany, the most incredible pastries in Southern France and cook cakes that will tickle the tastebuds of all home bakers. This is a welcome return of the Hairy Bakers. These recipes will delight and will bring a freshness to all home baking.

hairy bikers cooking books: The Hairy Bikers' Best-loved Recipes Si King, Dave Myers, Hairy Bikers, 2011 The Hairy Bikers, Si King & Dave Myers, just can not get enough of Britain's mums and their delicious cooking. So they have toured the country again to discover brand new recipes and create their own fresh takes on cooking classics.

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