

sell it like serhant

sell it like serhant: Mastering the Art of Persuasive Selling Inspired by Ryan Serhant

In the competitive world of real estate and sales, standing out from the crowd requires more than just an impressive property portfolio or a compelling pitch. It demands a strategic approach rooted in confidence, authenticity, and effective communication. **Sell it like Serhant** has become a rallying cry for aspiring sales professionals and seasoned agents alike, inspired by the success of Ryan Serhant, one of the most renowned real estate brokers and sales experts in the industry. This article explores the key principles, techniques, and mindset shifts that can help you sell like Serhant and elevate your sales game to new heights.

Who Is Ryan Serhant and Why Is His Selling Style So Effective?

Ryan Serhant gained fame through his role on Bravo's "Million Dollar Listing New York" and has established himself as a powerhouse in real estate sales. His approach combines charisma, strategic marketing, deep industry knowledge, and an unwavering focus on client relationships. His ability to sell high-end properties and close deals efficiently has made him a role model for sales professionals worldwide.

Key Traits of Ryan Serhant's Selling Style:

- Confidence without arrogance
- Authenticity and genuine enthusiasm
- Mastery of storytelling
- Exceptional communication skills
- Persistent follow-up and relationship management
- Creative marketing and branding

Understanding and embodying these traits can help you develop your own "sell it like Serhant" methodology.

Core Principles of Selling Like Serhant

To sell effectively like Serhant, you must internalize and apply several fundamental principles:

1. Know Your Product and Market Inside Out

Ryan Serhant emphasizes the importance of deep industry knowledge. Buyers and clients are more confident when you demonstrate expertise, understanding market trends, comparable properties, and the unique selling points of your offerings.

Tips:

- Conduct thorough research on your listings and competitors.
- Stay updated on market trends and economic factors influencing your industry.
- Be prepared to answer detailed questions confidently.

2. Build Authentic Relationships

Serhant's success hinges on building trust and rapport. Clients are more likely to buy when they feel understood and valued.

Strategies:

- Listen actively to client needs and concerns.
- Personalize your communication.
- Follow up regularly without being intrusive.
- Remember important details about clients' lives and preferences.

3. Master the Art of Storytelling

Rather than just listing features, Serhant crafts compelling stories around properties or products, creating emotional connections.

How to do this:

- Highlight the lifestyle and emotional benefits tied to a property.
- Use vivid descriptions and imagery.
- Share success stories or testimonials that reinforce your credibility.

4. Communicate with Confidence and Clarity

Confidence is contagious. Serhant demonstrates assuredness through body language, tone, and clarity of

message.

Practices:

- Practice your pitch until it feels natural.
- Maintain good eye contact.
- Use a strong, steady voice.
- Be concise and direct.

5. Leverage Creative Marketing and Branding

Serhant invests heavily in marketing, utilizing professional photography, virtual tours, social media, and branding to attract clients.

Tips:

- Develop a strong personal brand.
- Use social media platforms to showcase listings and success stories.
- Invest in high-quality visuals and marketing materials.

6. Be Persistent and Resilient

Persistence is key. Serhant often follows up multiple times and stays resilient despite setbacks.

Approach:

- Keep a systematic follow-up schedule.
- View rejection as a learning opportunity.
- Maintain a positive attitude and adapt your strategies as needed.

Practical Strategies to Sell Like Serhant

Applying the core principles involves specific tactics that can be integrated into your daily sales routine:

1. Develop a Personal Brand

Your personal brand differentiates you from competitors.

Steps:

- Define your unique selling proposition.
- Create professional branding materials.
- Consistently share valuable content on social media.

2. Master Your Elevator Pitch

Craft a compelling, concise pitch that sparks interest immediately.

Tips:

- Focus on benefits, not just features.
- Practice until it sounds natural.
- Tailor it to your audience.

3. Use Storytelling to Engage Clients

Stories are memorable and persuasive.

Example:

Describe a property not just by its features but by the lifestyle it offers—imagine morning coffee on a balcony overlooking the city skyline or family dinners in a spacious kitchen.

4. Implement a Follow-Up System

Consistent follow-up nurtures relationships and closes deals.

Tools:

- CRM systems to track interactions.
- Scheduled reminders for check-ins.
- Personalized messages that add value.

5. Invest in Professional Marketing

High-quality visuals and videos attract more attention.

Suggestions:

- Hire professional photographers and videographers.
- Use virtual tours to reach remote clients.
- Leverage social media advertising.

Mindset Shifts for Selling Like Serhant

Beyond tactics, adopting the right mindset is crucial:

- Confidence Over Cockiness: Believe in your value and expertise without arrogance.
- Client-Centric Focus: Prioritize solving clients' problems over just closing deals.
- Growth Mindset: View challenges as opportunities to learn and improve.
- Resilience: Embrace rejection as part of the process.

Common Mistakes to Avoid When Trying to Sell Like Serhant

Even the best salespeople make mistakes. Be mindful of the following pitfalls:

- Overpromising and underdelivering
- Ignoring client needs in favor of your agenda
- Failing to follow up consistently
- Neglecting branding and marketing efforts
- Getting discouraged by rejection

Avoid these mistakes by maintaining integrity, staying disciplined, and continuously refining your

approach.

Conclusion: Emulating Ryan Serhant's Success in Your Sales Career

Selling like Serhant isn't about copying his every move but about adopting his core principles—confidence, authenticity, mastery of storytelling, strategic marketing, and relentless perseverance. By internalizing these concepts and applying them diligently, you can elevate your sales performance, build stronger client relationships, and achieve your financial goals.

Remember, mastery takes time. Study Serhant's methods, adapt them to your style, and remain committed to continuous improvement. With dedication and the right mindset, you too can sell it like Serhant and become a standout performer in your industry.

Keywords for SEO Optimization:

- Sell it like Serhant
- Ryan Serhant sales techniques
- How to sell like Ryan Serhant
- Real estate sales tips
- Persuasive selling strategies
- Building client relationships
- Effective marketing in sales
- Storytelling in sales
- Personal branding for sales professionals

This comprehensive guide provides actionable insights for anyone looking to emulate Ryan Serhant's successful selling approach. Start implementing these principles today and watch your sales figures grow!

Frequently Asked Questions

What is the main concept behind 'Sell It Like Serhant'?

'Sell It Like Serhant' is a sales and real estate training program created by Ryan Serhant that teaches strategies for closing deals, building client relationships, and growing a successful sales business.

Who is Ryan Serhant and how does he influence the 'Sell It Like Serhant' program?

Ryan Serhant is a top real estate broker and TV personality known for his expertise in sales and real estate. His experience and methods form the foundation of the 'Sell It Like Serhant' program, guiding students on effective selling techniques.

What are some key techniques taught in 'Sell It Like Serhant'?

The program emphasizes building rapport, mastering storytelling, handling objections, effective negotiation, and creating a powerful personal brand to boost sales success.

Is 'Sell It Like Serhant' suitable for beginners or experienced salespeople?

The program is designed for both beginners looking to learn foundational sales skills and experienced professionals aiming to refine their techniques and scale their business.

How can 'Sell It Like Serhant' help real estate agents specifically?

It provides targeted strategies for prospecting, listing presentations, closing deals, and building a high-performing team, all tailored to the real estate industry.

What formats is 'Sell It Like Serhant' available in?

The program is available through online courses, live workshops, mentorships, and supplementary materials like books and videos.

Are there any success stories from people who took 'Sell It Like Serhant'?

Yes, many participants have reported significant increases in sales, improved client relationships, and business growth after applying the techniques taught in the program.

What is the cost of enrolling in 'Sell It Like Serhant'?

Pricing varies depending on the course or package chosen, with options ranging from affordable online courses to premium coaching and mentorship programs. Specific costs can be found on the official website.

Additional Resources

Sell It Like Serhant: Mastering the Art of Real Estate Sales and Personal Branding

In the competitive world of real estate, standing out requires more than just a listing and a good location. It

demands a strategic approach to sales, marketing, and personal branding—an approach epitomized by Sell It Like Serhant, a methodology and philosophy popularized by Ryan Serhant, one of the most recognizable and successful real estate agents in the United States. This comprehensive review explores the core principles of Sell It Like Serhant, examining how it transforms real estate professionals into top-tier salespeople and brand builders.

Understanding the Philosophy of Sell It Like Serhant

Origins and Background

Ryan Serhant's rise from a struggling actor to a real estate mogul is a quintessential success story that underscores the principles of Sell It Like Serhant. His journey began with humble beginnings and a relentless drive to succeed, which he translated into a systematic approach to sales and branding. The philosophy is rooted in authenticity, hustle, strategic marketing, and relationship-building—elements that Serhant emphasizes as critical to closing deals and cultivating a long-term career.

The Core Principles

Sell It Like Serhant is built upon several foundational principles:

- Authentic Communication: Connecting genuinely with clients to build trust.
- Relentless Hustle: Consistent effort and perseverance in prospecting and closing.
- Strategic Marketing: Using storytelling, social media, and branding to stand out.
- Exceptional Service: Delivering value beyond expectations.
- Personal Branding: Positioning oneself as a trusted authority in the market.

These principles are designed not only to close deals but to establish a sustainable and scalable business model.

Key Components of the Sell It Like Serhant Methodology

1. Mastering the Sales Funnel

A fundamental aspect of Serhant's approach is a deep understanding of the sales funnel—from lead generation to closing and post-sale follow-up. He advocates for:

- Consistent Prospecting: Daily outreach via calls, emails, and social media.
- Qualifying Leads: Prioritizing prospects with genuine interest and capacity.
- Effective Follow-Up: Staying top-of-mind and nurturing relationships.

This disciplined approach ensures a steady stream of potential clients and reduces reliance on sporadic sales efforts.

2. Storytelling and Marketing

Serhant emphasizes that in a saturated market, the ability to craft compelling narratives around properties and oneself is essential. Techniques include:

- High-Quality Content Creation: Professional photos, videos, and virtual tours.
- Personal Branding: Sharing behind-the-scenes content, success stories, and market insights.
- Social Media Strategy: Leveraging platforms like Instagram, LinkedIn, and YouTube to reach targeted audiences.

By positioning oneself as a knowledgeable and relatable expert, agents can attract more high-quality leads organically.

3. Negotiation and Closing Skills

Serhant advocates for a client-centric negotiation style that prioritizes understanding client needs and delivering value. Key tactics include:

- Listening Actively: Gaining insights into client motivations.
- Problem-Solving: Addressing objections with tailored solutions.
- Creating Urgency: Highlighting market opportunities without pressure.

Effective negotiation isn't just about price but about creating a win-win situation that fosters long-term relationships.

4. Building a Personal Brand

One of the most distinctive aspects of Sell It Like Serhant is its focus on personal branding. Serhant himself exemplifies this through his media presence, book publications, and public appearances.

Steps to build a personal brand include:

- Consistency: Maintaining a uniform message across all channels.
- Authenticity: Sharing personal stories and lessons learned.
- Content Marketing: Producing valuable content that educates and entertains.

A strong personal brand differentiates an agent from competitors and attracts ideal clients.

Training Programs and Resources

Serhant's Courses and Workshops

Ryan Serhant offers a variety of training programs aimed at real estate professionals seeking to implement the Sell It Like Serhant philosophy. These include:

- Mastery Programs: Intensive courses covering sales, marketing, branding, and systems.
- Workshops and Seminars: Focused on specific skills like negotiation or social media marketing.
- Mentorship Opportunities: Personalized coaching from Serhant and his team.

These resources provide actionable strategies, templates, and live feedback to help agents elevate their performance.

Books and Media

Serhant's best-selling book, *Sell It Like Serhant*, distills his philosophy into practical advice, combining personal anecdotes with tactical insights. The book covers:

- Building confidence and a sales mindset.
- Developing a compelling personal narrative.
- Leveraging marketing to grow your business.
- Navigating the complexities of high-stakes deals.

Additionally, Serhant's YouTube channel and podcasts serve as ongoing educational platforms, sharing success stories, market updates, and motivational content.

Impact and Effectiveness of Sell It Like Serhant

Transforming Real Estate Careers

Many real estate agents and brokers have reported significant improvements after adopting the Sell It Like Serhant approach. Notable outcomes include:

- Increased lead generation and conversion rates.
- Enhanced personal branding leading to higher-profile listings.
- Greater confidence in negotiation and client interactions.
- Improved work-life balance through systematized processes.

The approach emphasizes scalable systems that can be customized to individual styles and markets, making it accessible for both newcomers and seasoned professionals.

Market Reception and Criticism

While the methodology has garnered a large following, some critics argue that the high-energy, aggressive sales tactics may not suit every personality or market. Concerns include:

- Overemphasis on branding at the expense of genuine relationship-building.
- Potential burnout from relentless hustle.
- The challenge of maintaining authenticity amidst aggressive marketing.

However, proponents contend that when adapted thoughtfully, Sell It Like Serhant fosters a balanced combination of hustle and authenticity, producing sustainable success.

Comparison with Traditional Sales Approaches

Innovations and Differentiators

Compared to traditional real estate sales methods, Sell It Like Serhant stands out through:

- A focus on personal branding as a primary marketing tool.
- Emphasis on digital marketing and social media mastery.
- Systematic prospecting and follow-up routines.

- Investment in self-education and continuous improvement.

Traditional approaches often relied heavily on word-of-mouth and local reputation, whereas Serhant's method leverages modern media channels for exponential growth.

Adapting to Market Changes

The real estate landscape is ever-evolving—shaped by technology, market cycles, and consumer behavior. The adaptability of Sell It Like Serhant lies in its emphasis on:

- Content creation and social media marketing.
- Data-driven decision-making.
- Personal storytelling to connect emotionally with clients.

This flexibility makes the methodology resilient amid changing industry dynamics.

Conclusion: Is Sell It Like Serhant Right for You?

Sell It Like Serhant offers a comprehensive framework for real estate professionals aiming to elevate their sales game and personal brand. Its success stories attest to its efficacy in enhancing lead generation, closing rates, and market presence. However, adopting its principles requires a commitment to hustle, authenticity, and continuous learning.

For agents willing to embrace a proactive, strategic, and branding-focused approach, Sell It Like Serhant can serve as a transformative blueprint. It encourages a mindset shift from just closing deals to building a sustainable, recognizable, and reputable business in the competitive world of real estate.

Whether you're a rookie looking to establish your footing or an experienced agent seeking to scale, understanding and implementing the principles of Sell It Like Serhant could be the key to unlocking your full potential in the real estate industry.

[Sell It Like Serhant](#)

sell it like serhant: Sell It Like Serhant Ryan Serhant, 2018-09-18 This national bestseller is a lively and practical guide on how to sell anything and achieve long-term success in business. Ryan Serhant was a shy, jobless hand model when he entered the real estate business in 2008 at a time the country was on the verge of economic collapse. Just nine years later, he has emerged as one of

the top realtors in the world and an authority on the art of selling. *Sell It Like Serhant* is a smart, at times hilarious, and always essential playbook to build confidence, generate results, and sell just about anything. You'll find tips like: The Seven Stages of Selling How to Find Your Hook; Negotiating Like A BOSS; How to Be a Time Manager, Not a Time Stealer; and much more! Through useful lessons, lively stories, and vivid examples, this book shows you how to employ Serhant's principles to increase profits and achieve success. Your measure of a good day will no longer depend on one deal or one client, wondering what comes next; the next deal is already happening. And Serhant's practical guidance will show you how to juggle multiple deals at once and close all of them EVERY. SINGLE. TIME. Whatever your business or expertise, *Sell It Like Serhant* will make anyone a master at sales. Ready, set, GO! *Sell It Like Serhant* is a USA Today Bestseller, Los Angeles Times Bestseller, and Wall Street Journal Bestseller.

sell it like serhant: *Brand It Like Serhant* Ryan Serhant, 2025-02-11 Bestselling author and real estate, television, and media icon Ryan Serhant shares his proven, three-step strategy to build your brand from scratch. *Brand It Like Serhant* brings readers through Ryan's three-step strategy that transformed him from that-broker-above-Burger Heaven into the founder of SERHANT., the most recognized real estate brand in the world. Whether you're a real estate broker, a hair stylist, or a freelance contractor, your end goal is the same: get leads and generate new business. You want people to think of you the split second they consider looking for a new apartment, getting highlights, or finally redoing that guest bathroom. And while building a brand from scratch sounds daunting, the authentic you is already a brand--you just might not know it yet. In Phase One, you'll discover your core identity, from your written brand statement to fonts, colors, posing for photos, and more. In Phase Two, you'll learn how to deliver consistent content--realistically--by understanding social platforms and making the right choices for your work. And in Phase Three, you'll shout it from the mountaintops: share your accolades, leverage growth, and achieve your full potential. Weaving interviews with household names like Gary Vaynerchuk, Rebecca Minkoff, and Mark Manson, custom worksheets to get organized, and a case study of one person's progress through each chapter, *Brand It Like Serhant* is textbook, classroom, and teacher rolled into one. Start to finish, Ryan's actionable guide empowers you to build an authentic, enduring brand by becoming known for what you want to be known for--and skyrocket your career.

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sell it like serhant: Big Money Energy Ryan Serhant, 2021-02-02 National bestselling author and star of Bravo's Million Dollar Listing and *Sell It Like Serhant* shows readers how to restructure their approach to money so they can achieve success in business and life. *Big Money Energy* is the feeling you get when you encounter someone who is massively succeeding at life. They're the ultimate picture of self-confidence. There's no bravado, no bragging—they know they have BME and so does everyone else. You get Big Money Energy by being 100% committed to making your vision a reality . . . and that vision has to be BIG. Ten years ago, Ryan Serhant, billion dollar broker and costar of Million Dollar Listing New York was living paycheck-to-paycheck and didn't even own a suit. Serhant realized that while he couldn't change his circumstances or the balance of his bank account, there was one thing he could change—his energy. The energy you give off impacts every area of your life, from how much money you earn and how much power you have, to who you socialize with and the jobs you get. Determined to leave his low-rent lifestyle behind forever, Serhant took life-changing steps that resulted in his getting cast on television, graduating to seven-figure sales, and doubling his income every year for the next decade. Serhant is now the CEO and Founder of SERHANT., a multi-dimensional real estate brokerage and media company, and averages a billion dollars in sales every year. In *Big Money Energy*, Serhant will show readers how he tapped into his Big Money Energy to crush his goals and achieve huge success, earning his first million before he turned thirty. Whether you're a self-made entrepreneur, a corporate executive or barista, Serhant will teach you how to climb the ladder to success better and faster than anyone else. If you want Big Money Energy, this is your blueprint. This book is an inspirational, lively guide for anyone who is ambitious enough to dream big and is committed to doing whatever it takes to

conquer them.

sell it like serhant: Home Design Recipes Cathy Hobbs, 2024-11-26 Welcome to the world of Home Design Recipes – your ultimate guide to modern home design rooms with ease. Just as baking the perfect cake requires sourcing the finest ingredients and following a tried-and-true recipe, designing a stunning space demands the right ingredients and a step-by-step plan. Simple home improvement. In this innovative design cookbook, we demystify the process of interior design, providing you with easy-to-follow recipes for crafting modern, stylish homes. Gone are the days of merely admiring beautiful pictures without understanding how to replicate the look. With Home Design Recipes, you'll be empowered to transform your house design from ordinary to extraordinary. Endless design ideas. Each recipe in this book is meticulously crafted to guide you through the modern home design process, from A to Z. Cathy Hobbs covers essential topics, popular hacks, and trade secrets, offering practical advice and top tips for every step of the journey. Whether you're a seasoned design enthusiast or a DIY newcomer, you'll find inspiration and guidance to elevate your house design. Inside this book, you'll find: A go-to resource for all things modern home design A house decorating book that equips you with the knowledge and confidence to create your dream home The courage and confidence to unleash your creativity and design a home that reflects your unique style If you liked *The Art of Home*, *Call It Home*, or *The New Design Rules*, you'll love *Home Design Recipes*.

sell it like serhant: G.O.A.T. Wisdom Brent Ridge, Josh Kilmer-Purcell, 2025-07-01 Twelve timeless principles for building a business, from the founders of Beekman 1802. Have you ever wanted to create a business that's not only good but great? Have you ever felt as though you're destined to do something bigger and more significant with your life? If so, you should know that you don't need millions in funding, a marketing department, or influencer status. If you have an idea, the determination to bring it to life, a deep and abiding belief in your product, and a devotion to your customers, you already have the humble starting point behind one of the world's fastest-growing and most beloved brands: Beekman 1802. Brent Ridge and Josh Kilmer-Purcell launched Beekman 1802 in one of New York State's poorest counties with no funding, and in the middle of a punishing recession. They didn't have much of a business plan. But they did have some timeless wisdom that Brent's and Josh's parents and grandparents had taught them—the greatest of all time principles for good living that can also be used as a foundation for any business. In this book, for the first time, Ridge and Kilmer-Purcell present the twelve principles that made the biggest difference in their entrepreneurial journey, and show how these principles are relevant for anyone ready to defy the odds and grow a brand that matters. Whether you're launching your own venture, growing a side hustle, or looking to make a bigger impact on your company, *G.O.A.T. Wisdom* will give you the tools, the confidence, and the inspiration to build something meaningful and lasting that your customers will value and feel they can't do without.

sell it like serhant: New York Smexy - The Gut & The Kiss Tapio Tiihonen, 2020-10-01 Love and Luxury, Money and Culture always try to find their way to You. Please, be patient and give them a Chance. Dear Reader! This is a story about how I meet My Lady Victoria June in New York City while making my Book Towns Group business. Just one a kiss, and the world has a different color. Especially in Brooklyn. Nahmean, the cool points are outto window and I'm all twisted up in the game. Our Romantic path is filled with noice bankers, gunrunners from Straight Cash/Get Gwop like gangs, the Bonanno, and other mobs, gr8 businessmen, the real Brooklyn sunshine. I, the deep Brooklyn, make deals and take my love, Victoria, and our dancers and singers, to the old continent. And we find a great connection with bootiful Europe and the swell U.S. If You need a book of love and hard action, at the beginning of the coronavirus pandemic, this is for You. yours Tapio Tiihonen

sell it like serhant: Brand It Like Serhant Ryan Serhant, 2024-04-22 Bestselling author and real estate, television, and media icon Ryan Serhant shares his proven strategy to build your brand from scratch. *Brand It Like Serhant* brings readers through Ryan's three-step strategy that transformed him from that-broker-above-Burger Heaven into the founder of SERHANT., the most

recognized real estate brand in the world. Whether you're a real estate broker, a hair stylist, or a freelance contractor, your end goal is the same: get leads and generate new business. You want people to think of you the split second they consider looking for a new apartment, getting highlights, or finally redoing that guest bathroom. And while building a brand from scratch sounds daunting, the authentic you is already a brand—you just might not know it yet. ·In Phase One, you'll discover your core identity, from your written brand statement to fonts, colors, posing for photos, and more. ·In Phase Two, you'll learn how to deliver consistent content—realistically—by understanding social platforms and making the right choices for your work. ·And in Phase Three, you'll shout it from the mountaintops: share your accolades, leverage growth, and achieve your full potential. Weaving interviews with household names like Gary Vaynerchuk, Rebecca Minkoff, and Mark Manson, custom worksheets to get organized, and a case study of one person's progress through each chapter, *Brand It Like Serhant* is a textbook, classroom, and teacher rolled into one. From start to finish, Ryan's actionable guide empowers you to build an authentic, enduring brand by becoming known for what you want to be known for—and skyrocket your career.

sell it like serhant: Under Construction Chrishell Stause, 2022-02-08 For fans of *Open Book* and *Sell It Like Serhant*, a heartfelt, humorous personal memoir and relatable guide to overcoming obstacles, wising up about romance, and getting ahead in your career from the star of Netflix's hit reality show *Selling Sunset*. In this engaging, witty, and inspirational memoir, Chrishell Stause shares her story of living an unconventional childhood in small-town Kentucky marked by periods of homelessness, family addiction struggles, and dreams of one day being on a daytime soap, all while managing the local Dairy Queen. Through resilience and grit, she overcame obstacles and pushed past every barrier in her path to become one of the most envied luxury realtors in Los Angeles and buzzworthy cast members in reality TV. She takes us behind the scenes of *Selling Sunset*, reveals never-before-told stories from her life in soaps, and even pulls back the curtain on her highly publicized love life, offering insight not before shared. With her signature honesty and charm, Stause also gives tangible advice based on the lessons she's learned over the years and offers unique insight about how to stay resilient and positive no matter how many times life knocks you down. *Under Construction* is for anyone who wants to remember that no matter what happens or how, you have to get up, dress up, and show up, and walk back into the room stronger than ever before.

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contain or eliminate such time-snatching demons as meetings, email and social media. Reclaim the value of your time by forsaking the management of it and learning instead to manage energy, efficiency and attention — inputs with far greater impact on output and outcomes, not to mention quality of life.' Whitney Johnson, award-winning author of *Disrupt Yourself* and *Build an A-Team* 'Time Rich is a fascinating look into why we're all so 'busy' — and how to gain back our most precious resource. Whether you're a beginner or a seasoned productivity geek, this book will change your life.' Jonathan Levi, author, podcaster, and founder of SuperHuman Academy 'A very worthwhile read for ambitious professionals to achieve that elusive work-life holy grail: being present and engaged at home without sacrificing anything on the work front — and even, perhaps, becoming more productive than you ever thought you could be.' Andy Molinsky, award-winning author of *Global Dexterity* and *Reach*

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