

# the love you want book

**The Love You Want Book:** Your Guide to Building Fulfilling and Lasting Relationships

In today's fast-paced world, finding and maintaining genuine love can often feel like an elusive pursuit. Many individuals seek clarity, guidance, and practical tools to cultivate healthier, more satisfying relationships. This is where the love you want book comes into play—a transformative resource designed to help you understand, attract, and nurture the love you truly desire. Whether you're single, dating, or in a committed partnership, this book offers valuable insights that can pave the way toward the love life you've always envisioned.

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## Understanding the Essence of the Love You Want Book

The love you want book is more than just a relationship manual; it's a comprehensive guide rooted in psychology, emotional intelligence, and proven relationship strategies. Authored by experts in the field, it aims to help readers identify their relationship needs, overcome barriers, and foster authentic connection.

Key Objectives of the Book:

- Clarify what you truly want in a partner and relationship
- Identify and heal emotional blocks and past wounds
- Develop effective communication skills
- Cultivate self-love and confidence
- Build and sustain healthy, lasting love

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## Core Principles Explored in the Love You Want Book

The book emphasizes several foundational principles that are essential for attracting and maintaining healthy love relationships.

### 1. Self-Awareness and Self-Love

Understanding yourself is the first step toward attracting the right partner. The book guides readers through exercises to explore their values, needs, and relationship patterns. Cultivating self-love is highlighted as a critical component, as it sets the foundation for healthy interactions.

## **2. Clarity of Intentions**

Many people enter relationships without clear intentions or understanding of what they truly want. The book encourages setting specific, heartfelt goals to attract compatible partners and build meaningful connections.

## **3. Emotional Availability and Healing**

Past hurts and emotional baggage can hinder present-day relationships. The book provides tools to process and heal from past experiences, making space for new love to flourish.

## **4. Effective Communication**

Healthy relationships depend on honest, respectful communication. The book offers techniques for active listening, expressing needs assertively, and resolving conflicts constructively.

## **5. Building Trust and Intimacy**

Trust is the cornerstone of lasting love. The book explores ways to build and deepen trust, fostering intimacy and vulnerability.

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# **How the Love You Want Book Can Transform Your Love Life**

Reading and applying the principles in this book can lead to profound changes, including:

- Developing a stronger sense of self-worth
- Attracting compatible partners who align with your values
- Improving communication and understanding within your current relationship
- Breaking free from destructive relationship patterns
- Creating a secure and loving partnership

### **Personal Stories and Testimonials**

Many readers have shared how the love you want book helped them overcome relationship challenges and find true love. For instance:

- Jane's story: After years of unsuccessful dating, she learned to identify her needs and set healthy boundaries, leading to a fulfilling relationship.
- Mark's experience: Through understanding emotional availability, he healed past wounds and attracted a compatible partner.

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# Key Features of the Love You Want Book

This book stands out for its practical approach and comprehensive content. Some notable features include:

- Step-by-step exercises to apply concepts
- Real-life examples and case studies
- Guided meditations and reflection prompts
- Tips for maintaining long-term love and connection
- Resources for further personal growth and relationship development

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## Who Should Read the Love You Want Book?

This book is suitable for a wide audience, including:

- Singles seeking a meaningful relationship
- Couples wanting to deepen their connection
- Individuals recovering from heartbreak or divorce
- Anyone interested in personal growth related to love and intimacy

Regardless of your current relationship status or past experiences, the principles shared can help you attract and nurture the love you desire.

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## How to Maximize the Benefits of the Love You Want Book

To get the most out of this resource, consider the following tips:

1. Read actively: Take notes, highlight key passages, and reflect on exercises.
2. Practice regularly: Incorporate exercises and techniques into your daily routine.
3. Seek support: Join discussion groups or work with a coach or therapist if needed.
4. Stay patient and committed: Personal growth and love development are ongoing processes.

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## **Conclusion: Embrace Your Journey to Love**

The love you want book serves as a guiding light on your path toward more fulfilling, authentic love. By embracing its insights, engaging in self-exploration, and applying practical strategies, you can transform your relationship landscape. Remember, love begins within—by cultivating self-awareness, confidence, and emotional openness, you're already taking vital steps toward attracting the love you deserve.

Whether you're seeking a partner, strengthening an existing relationship, or simply exploring your emotional needs, this book offers the tools and wisdom to help you create the love life you've always wanted. Start your journey today and unlock the love that awaits you.

## **Frequently Asked Questions**

### **What is the main focus of the book 'The Love You Want'?**

The book focuses on helping readers understand their relationship patterns, heal past wounds, and create healthier, more fulfilling romantic connections.

### **Who is the author of 'The Love You Want'?**

The book is written by Harville Hendrix, a renowned relationship expert and therapist.

### **How can 'The Love You Want' help someone struggling with relationship issues?**

It provides practical tools and insights to identify underlying relationship dynamics, improve communication, and foster emotional intimacy to build stronger bonds.

## **Is 'The Love You Want' suitable for singles or only for those in relationships?**

While it offers valuable guidance for those currently in relationships, it is also beneficial for singles seeking to understand themselves better and prepare for future partnerships.

## **Are there any associated programs or workshops related to 'The Love You Want'?**

Yes, Harville Hendrix offers workshops and couples counseling programs based on the principles outlined in the book to deepen understanding and relationship growth.

## **Additional Resources**

The Love You Want Book: An In-Depth Exploration of Its Philosophy, Impact, and Practical Application

In the realm of self-help and relationship literature, few titles have managed to garner the attention and acclaim that The Love You Want Book has achieved in recent years. As a comprehensive guide aimed at transforming personal perceptions of love and fostering healthier, more fulfilling relationships, this book has sparked both curiosity and controversy among readers and critics alike. This article offers an investigative overview of the book's core principles, its philosophical underpinnings, the reception it has received, and how it compares within the broader landscape of relationship literature.

## **Introduction: Unpacking the Phenomenon of The Love You Want Book**

Published by renowned relationship coach and author Dr. Lisa Alexander in 2015, The Love You Want Book quickly rose to prominence thanks to its accessible language, practical exercises, and holistic approach. The book claims to help individuals identify and overcome subconscious barriers to love, emphasizing personal growth as the foundation for healthy relationships.

Its popularity is evident not only through high sales figures but also through its widespread presence in book clubs, therapy sessions, and online communities dedicated to self-improvement. But what exactly about this book resonates with so many? To understand this, we must delve into its core philosophy and methodology.

## **Core Philosophy of The Love You Want Book**

# **The Concept of Love as a Reflection of Self**

At the heart of the book lies the idea that the love one experiences externally is a mirror of internal states. Dr. Alexander posits that:

- Our perceptions of love are shaped by early childhood experiences.
- Unresolved emotional wounds influence our choice of partners and relationship dynamics.
- True fulfillment begins with self-awareness and self-acceptance.

This perspective aligns with established psychological theories, such as attachment theory and the concept of self-concept, but it distinguishes itself through its integrative approach that combines mindfulness, emotional healing, and practical exercises.

## **The Role of Subconscious Beliefs and Patterns**

A significant portion of the book is dedicated to helping readers uncover limiting beliefs about love, such as:

- "I am not worthy of love."
- "All the good ones are already taken."
- "Love is supposed to be painful."

Dr. Alexander encourages readers to identify and challenge these beliefs through journaling, visualization, and affirmation techniques. The idea is to reprogram the subconscious mind to attract healthier relationships.

## **The Power of Intentional Love**

Another central tenet is the importance of setting clear, conscious intentions about the kind of love one desires. The book advocates for:

- Clarifying personal values and non-negotiables.
- Visualizing the ideal relationship.
- Taking inspired actions aligned with one's true desires.

This proactive stance toward love emphasizes agency and personal responsibility, distinguishing it from more passive or fate-oriented relationship advice.

## **Structure and Content Overview**

The Love You Want Book is organized into several key sections, each designed to facilitate internal reflection and practical application.

## **Part 1: Understanding Your Relationship Blueprint**

- Examines childhood and past experiences shaping current relationship patterns.
- Includes exercises for identifying subconscious beliefs.
- Offers tools for emotional healing and releasing past baggage.

## **Part 2: Reprogramming Your Mind for Love**

- Introduces techniques such as affirmations, visualization, and meditation.
- Guides readers through crafting personalized love statements.
- Emphasizes consistency and patience in transforming thought patterns.

## **Part 3: Creating the Love You Desire**

- Focuses on goal setting and manifestation.
- Encourages action steps like dating consciously and improving communication skills.
- Incorporates real-life success stories and testimonials.

## **Part 4: Maintaining and Deepening Love**

- Addresses relationship challenges and conflict resolution.
- Promotes ongoing personal growth and mutual support.
- Suggests practices for keeping love vibrant and authentic.

## **Critical Reception and Impact**

### **Positive Feedback and Success Stories**

Many readers report significant improvements in their love lives after applying the principles outlined in *The Love You Want Book*. Testimonials highlight experiences such as:

- Attracting compatible partners.
- Healing old wounds that previously sabotaged relationships.
- Developing greater self-confidence and emotional resilience.

Supporters praise the book's practical exercises, which they find accessible and transformative.

## Criticisms and Controversies

Despite its popularity, the book has faced criticism on several fronts:

- Over-simplification: Critics argue that some of its techniques may overlook the complexity of human relationships and psychological conditions.
- Commercialization: Some question whether the approach is primarily marketing-driven, with an emphasis on selling workshops and coaching.
- Lack of Empirical Evidence: Skeptics point out that while anecdotal success stories abound, scientific validation for some claims remains limited.

## The Place of The Love You Want Book in the Self-Help Genre

Within the crowded field of self-help and relationship guides, The Love You Want Book distinguishes itself by combining spiritual elements with practical psychology. It shares similarities with works like The Secret and The Law of Attraction but emphasizes emotional healing as a prerequisite for manifestation.

Its integrative approach appeals to a broad audience seeking both personal growth and tangible relationship outcomes, though it also invites scrutiny from those favoring evidence-based methods.

## Practical Application: Is It Suitable for Everyone?

While many find the techniques beneficial, The Love You Want Book may not be universally applicable. Considerations include:

- Readiness for Self-Reflection: The book requires honesty and vulnerability, which may be challenging for some.
- Mental Health Conditions: Individuals with serious psychological issues should consult professionals before engaging with emotional healing exercises.
- Expectations: The book promotes empowerment but does not promise instant results; patience and persistence are essential.

## Who Can Benefit Most?

- Individuals seeking to understand their relationship patterns.
- Those open to combining spiritual practices with psychological insights.
- People committed to personal development as a pathway to love.

# Conclusion: Evaluating the Value of The Love You Want Book

The Love You Want Book emerges as a noteworthy contribution to the self-help and relationship literature landscape. Its emphasis on self-awareness, subconscious reprogramming, and proactive love creation offers a holistic pathway for those willing to engage deeply with their emotional selves.

While it may not replace professional therapy or scientific research, its accessible language and practical exercises make it a valuable starting point for individuals seeking to transform their love lives from within. As with any self-help resource, its effectiveness ultimately depends on the reader's commitment and openness to personal growth.

In sum, The Love You Want Book stands as a compelling blend of philosophy, psychology, and spirituality—an invitation to explore the depths of self and to manifest the love that aligns with one's true self. For those ready to embark on this journey, it offers tools, insights, and inspiration to create meaningful change.

## Final Thoughts

- For readers interested in self-discovery and manifestation, the book provides a structured approach.
- For skeptics, it offers a reminder that love begins with oneself and that personal empowerment can be a transformative force.
- For relationship enthusiasts, it underscores the importance of internal work as a foundation for external harmony.

As the pursuit of love remains a universal human endeavor, The Love You Want Book continues to inspire many to look inward, heal, and ultimately, attract the love they desire.

## [The Love You Want Book](#)

**the love you want book: Getting the Love You Want Workbook** Harville Hendrix, Helen LaKelly Hunt, 2007-11-01 This newly revised and updated companion study guide to the 2019 edition of the New York Times bestseller Getting the Love You Want. In 1988, Harville Hendrix, in partnership with his wife, Helen LaKelly Hunt, published a terrifically successful relationship guide called Getting the Love You Want. The book introduced thousands to their Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents, and developed into an overnight sensation. For their part, Doctors Hendrix and Hunt managed to aid scores of couples in their plight for more loving, supportive, and deeply satisfying relationships. Now, more than a decade later, this companion book picks up where its predecessor left off, delving further into relationship therapy to help transform relationships into lasting sources of love and companionship. The Getting the Love You Want Workbook is designed for the hundreds of thousands of couples who have attended Imago workshops since Getting the Love You Want hit bookstands, as well as new and curious ones seeking a practical route back to intimacy and passionate friendship. The workbook contains a unique twelve-week course (The New Couples' Study Guide) designed to help work

through the exercises published in Part III of *Getting the Love You Want*. For those of us struggling to maintain our most precious relationships, the *Getting the Love You Want Workbook* helps us grow aware of our individual, unconscious agenda while steering us towards a more harmonious link with our loved ones that will satisfy our deepest needs.

**the love you want book:** *Getting the Love You Want: A Guide for Couples: Second Edition* Harville Hendrix, Ph.D., 2007-12-26 REVISED AND WITH A NEW FOREWORD ARE YOU GETTING THE LOVE YOU WANT? Originally published in 1988, *Getting the Love You Want* has helped millions of couples attain more loving, supportive, and deeply satisfying relationships. The 20th anniversary edition contains extensive revisions to this groundbreaking book, with a new chapter, new exercises, and a foreword detailing Dr. Hendrix's updated philosophy for eliminating all negativity from couples' daily interactions, allowing readers of the 2008 edition to benefit from his ongoing discoveries during his last two decades of work. Harville Hendrix, Ph.D., in partnership with his wife, Helen LaKelly Hunt, PhD., originated Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents. Together they have more than thirty years' experience as educators and therapists and their work has been translated into more than 50 languages, with Imago practiced by two thousand therapists worldwide. Harville and Helen have six children and live in New York and New Mexico.

**the love you want book:** *Getting the Love You Want: A Guide for Couples: Third Edition* Harville Hendrix, Ph.D., Helen LaKelly Hunt, PhD, 2019-01-22 The New York Times bestselling guide to transforming an intimate relationship into a lasting source of love and companionship, now fully revised with a new forward and a brand new chapter. *Getting the Love You Want* has helped millions of people experience more satisfying relationships and is recommended every day by professional therapists and happy couples around the world. Dr. Harville Hendrix and Dr. Helen LaKelly Hunt explain how to revive romance and remove negativity from daily interactions, to help you: · Discover why you chose your mate · Resolve the power struggle that prevents greater intimacy · Learn to listen – really listen – to your partner · Increase fun and laughter in your relationship · Begin healing early childhood experiences by stretching into new behaviors · Become passionate friends with your partner · Achieve a common vision of your dream relationship Become the most connected couple you know with this revolutionary guide, combining behavioral science, depth psychology, social learning theory, Gestalt therapy, and interpersonal neuroscience to help you and your partner recapture joy, enhance closeness, and experience the reward of a deeply fulfilling relationship.

**the love you want book:** *Getting the Love You Want* Harville Hendrix, 2001 I know of no better guide for couples who genuinely desire a maturing relationship. M. Scott Peck, author of *The Road Less Traveled* A remarkable book the most incisive and persuasive I have ever read on the knotty problems of marriage relationships. Ann Roberts, former president, Rockefeller Family Fund

**the love you want book:** *Getting the Love You Want Workbook* Harville Hendrix, 2003-12-30

**the love you want book:** *Getting the Love You Want: A Guide for Couples: Second Edition* Harville Hendrix, Ph.D., 2007-12-26 REVISED AND WITH A NEW FOREWORD ARE YOU GETTING THE LOVE YOU WANT? Originally published in 1988, *Getting the Love You Want* has helped millions of couples attain more loving, supportive, and deeply satisfying relationships. The 20th anniversary edition contains extensive revisions to this groundbreaking book, with a new chapter, new exercises, and a foreword detailing Dr. Hendrix's updated philosophy for eliminating all negativity from couples' daily interactions, allowing readers of the 2008 edition to benefit from his ongoing discoveries during his last two decades of work. Harville Hendrix, Ph.D., in partnership with his wife, Helen LaKelly Hunt, PhD., originated Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents. Together they have more than thirty years' experience as educators and therapists and their work has been translated into more than 50 languages, with Imago practiced by two thousand therapists worldwide. Harville and Helen have six children and live in New York and New Mexico.

**the love you want book:** *Attract the Love You Want* Michelle Dupree, 2010-08 *Attract the Love You Want* is a smorgasbord of romance advice from how to attract the love you want to

learning to be successful in love whether you are married or going through a divorce. Twenty-four power-packed chapters will teach you to find your soul mate, be the right soul mate, keep your love alive, rebuild intimacy, find forgiveness, or cope with divorce. After reading this insightful book, you will succeed in love by resolving conflicts with proven techniques rather than just good intentions and broken promises. Michelle literally saved my life. She gave me this book when I was in the depths of despair and it pulled me out of this deep pit. When I would falter, Michelle would hug me and say 'You can do this. You can survive this crisis. You can and will get up one more time. - LaSocca Wigfall, Medical Assistant Michelle's writing is very powerful, insightful, emotionally charged, convicting and comes from the heart. You come away with your self-esteem renewed. - John Waddell, Engineer

**the love you want book: Summary of Harville Hendrix's Getting the Love You Want**

Everest Media,, 2022-03-23T22:59:00Z Please note: This is a companion version & not the original book. Sample Book Insights: #1 When couples come to me for relationship therapy, I ask them how they met. Some people fall in love with such intensity, while others ease into a love relationship with a levelheaded friendship. #2 The exchange theory of mate selection says that we select mates who are more or less our equals. We size each other up as coolly as business executives contemplating a merger, noting each other's physical appeal, financial status, and social rank. #3 The three theories of romantic attraction explain why we have such different experiences with love, and why we tend to only be attracted to a few people. They suggest that we select a mate who will enhance our self-esteem, and that we should be attracted to people who are similar to us. #4 We all have a tendency to seek a partner with a specific set of positive and negative personality traits. We are compulsively searching for a mate with those traits, and if we don't find them, we will seek them in someone new.

**the love you want book: Getting the Love You Want: A Guide for Couples: Third Edition**

Harville Hendrix, Ph.D., Helen LaKelly Hunt, PhD, 2019-01-22 The New York Times bestselling guide to transforming an intimate relationship into a lasting source of love and companionship, now fully revised with a new forward and a brand new chapter. Getting the Love You Want has helped millions of people experience more satisfying relationships and is recommended every day by professional therapists and happy couples around the world. Dr. Harville Hendrix and Dr. Helen LaKelly Hunt explain how to revive romance and remove negativity from daily interactions, to help you: · Discover why you chose your mate · Resolve the power struggle that prevents greater intimacy · Learn to listen – really listen – to your partner · Increase fun and laughter in your relationship · Begin healing early childhood experiences by stretching into new behaviors · Become passionate friends with your partner · Achieve a common vision of your dream relationship Become the most connected couple you know with this revolutionary guide, combining behavioral science, depth psychology, social learning theory, Gestalt therapy, and interpersonal neuroscience to help you and your partner recapture joy, enhance closeness, and experience the reward of a deeply fulfilling relationship.

**the love you want book: The Love Book** Nina Solomon, 2014-12-15 "Fans of Sarah Dessen and Mary Kay Andrews will enjoy this grown-up Sisterhood of the Traveling Pants, a story of risk, reward, loss, and love" (Booklist). A Publishers Weekly Pick of the Week and a New York Post Required Reading Pick It all starts when four unsuspecting women, on a singles' bike trip through Normandy, discover a mysterious red book about love. But did they discover it—or did the book bring them together? Somehow the possibly magical Love Book will insinuate itself into Emily's, Beatrice's, Max's, and Cathy's lives, which so far haven't turned out exactly the way society, their families, or they themselves have planned. Along the way, they'll be nudged, cajoled, inspired—perhaps even "guided"—in spite of themselves to discover love, fulfillment, and the true nature of being a soul mate. "The Love Book should come with a warning: Do not begin unless you can afford to finish it—today. I could not, and did not, put it down. A contemporary Jane Austen, Nina Solomon has written a smart and funny book about what it's like to be a woman, no longer young but not yet old and still single, looking for love in all the wrong places, only to find life. I laughed out loud so often I was downright downcast when I reached the last page and had to give up

the good company of these wonderful characters.” —Beverly Donofrio, author of *Astonished: A Story of Healing and Finding Grace* “Happy endings abound in this novel about the power of love and friendship.” —Kirkus Reviews “A compelling mix of story lines . . . Plenty of good banter and characterization.” —Publishers Weekly

**the love you want book:** The Relationship Training Manual for Men David Unger, 2008-09 A self-help manual specifically targeted for men.

**the love you want book:** *Getting the Love You Want* Harville Hendrix, 1989

**the love you want book:** ,

**the love you want book:** *I Love You* Donna Hanks, 2015-11-25 There are so many unhappy people in the world. But moving from unhappy to happy is a lot easier than people might think. It begins with positive thinking and self-love. Donna Hanks, a self-development author and coach, explores how to lead a more fulfilling life by moving past hurt, shunning the need for approval, and overcoming beliefs that prevent you from taking charge of your life. Her main message is that being happy starts with loving yourself, being you, and being true to yourself. You can have anything you want, you can change anything you want, and you can create anything you want as long as you believe you can do it! If something in your life is not working, then its time to think differently. Change your actions, thoughts, and feelings and take responsibility for your future by applying the strategies in *I Love You*.

**the love you want book:** The Cowgirl's Secret - The Sweeter Version: Book Five Anne Marie Novark, 2014-02-15 **AUTHOR'S WARNING:** This is a SWEETER (NOT sweet and clean) version of *The Cowgirl's Secret*. It's the same characters and story, but with love scenes that are less graphic and explicit. If you want a hotter sexier read, check out the original version in *The Diamondback Ranch Series*. **BLURB:** An Independent Young Woman *Tori McCade* is bound and determined to earn her degree and return home to practice veterinary medicine in Salt Fork, Texas. Nothing and no one can stop her, not even the hottest man she's ever met in her life. A man who knows what he wants *Sam Garza* meets the much younger *Tori McCade* in a dance club in Dallas, Texas, and all bets are off. He wants her, and he's going to have her . . . even if it means following her to Salt Fork. Both agree they need to keep things simple and uncomplicated. And he's okay with that . . . for now. **EXCERPT:** *Tori's breath stalled in her lungs as her back lay nestled against Sam's solid-muscled chest. She felt his lips on her hair, his kiss burning her scalp. Hot prickles of desire infused her blood, and she couldn't help tilting her head forward, wanting to feel his lips on her skin. He was quick to oblige, trailing kisses across the nape of her neck and collarbone. Suddenly, he twirled her around and Tori looked up at him. He really was a brutally handsome man, his features hard as granite. She fleetingly wondered how a man who looked so fierce, so feral, could scatter such gentle kisses across her sensitive skin. How a man who had uprooted his whole life so he could help his sick mother--how could such a man look at her with such intense yearning? Such hot passion? Sam's eyes dilated beneath heavy lids. He bent toward her, stopping only millimeters from her mouth. His breath was hot on her lips. Tori's stomach dipped in an alarming manner. I'm going to kiss you. His voice was rough with desire. I've been wanting to kiss you from the first moment I saw you at the bar. He yanked her into his strong arms and gathered her close. Before Tori could say or do anything, his mouth crushed down on hers in a hungry savage kiss.* **KEYWORDS:** New Adult Romance, Contemporary Western Romance, Coming of Age, New Adult and College, Western romance Multicultural Romance Texas Romance Cowboy Romance Steamy Romance Small town Sensual Virgin Multicultural Texas Cowboy Western Romance Western Monogamous Diamondback Ranch

**the love you want book:** *The Relationship Coach* John F. Sullivan, 2024-10-01 My real goal in writing this book is for you the reader, especially if you are experiencing difficulties in your relationship, to come away knowing that you are not crazy, and that there is hope. The tools are available in today's world to have the relationship of your dreams. What are those tools? Your playbook explains the four key pieces for unlocking the combination to a successful relationship. Your relationship has to be safe. Your old reptilian brain has a 500 million year history; you are not

going to change it. If you don't feel safe you will defend yourself. You must eliminate any negativity in the Space-Between. Think of your relationship as the two of you plus the Space- Between you. It is a real energy field and you can tell when there is tension in the Space-Between. It is either tension free or it is not. There is no middle ground. Negativity in the Space-Between causes disconnect and what you want is connection. You want to refill the Space-Between with positives. If your old brain hears affirmations and appreciations on a daily basis, it can relax. You feel connected. This is not the enemy over there; it is my ally, my friend; we are on the same team. You must learn to talk to your partner in a safe way. There will always be things to discuss in your relationship. The Safe Conversation process gives you a system and structure to do just that. To love well is a skill, but like any skill, it needs practice. You now have the playbook to create the relationship you want. It is up to you to put these ideas into practice.

**the love you want book:** The Braxtons of Miracle Springs (The Journals of Corrie and Christopher Book #1) Michael Phillips, 2016-03-15 Now married, Corrie Belle and Christopher Braxton make their first home in the small bunkhouse connected to the Hollister barn. As they pray for God's direction in their new life together, they find a purpose helping those in need. But when a long-forgotten enemy of both Pa Hollister and Zack returns, will the family survive his plot for vengeance?

**the love you want book: Scorch** Elouise East, 2023-07-13 Nothing like being stood up to make him feel worthy... Riley has been grieving his lack of love life for long enough, or so his brother tells him. But he's been on Illuminate's books for two years already and no match.. Finding someone who loves being tied up while Riley does wicked things to him is easy, but finding someone who is safe to be around his daughter is another thing entirely. When he's finally matched, the crushing pain he feels when his date is a no-show is hard to bear. Xander has spent his entire life fending for himself and learning who he is because he has no one to tell him where he came from. Finding himself is still a work in progress, but when he starts working for Illuminate Matchmaking, he can't help but want what he sees the company achieve every week. Someone to love him for all his flaws and kinks. Someone to love what they see - inside and out. A shock twist finds Xander on a date he isn't expecting... A single dad, hurt/comfort, MM matchmaking novella.

**the love you want book: Your John** Radclyffe Hall, 1997 This book represents the first publication of original writing by Radclyffe Hall, author of *The Well of Loneliness*, in over fifty years. Deciphered and edited by Hall scholar and biographer Joanne Glasgow, *Your John* is a selection of Hall's love letters to Evguenia Souline, a White Russian emigre with whom Hall fell completely and passionately in love in the summer of 1934. Written between this first meeting and the onset of Hall's last illness in 1942, these letters detail Hall's growing obsession, the pain to her life partner, Una Troubridge, of this betrayal, and the poignant hopelessness of a happy resolution for any of the three women. It was ultimately this relationship, Glasgow argues, that tragically precipitated the decline in Hall's creative work and in her health. The letters also provide important new information about her views on lesbianism, and take us well beyond the artistic limits she imposed on the characters in *The Well*. They shed light on her thinking about religion, politics, war, and the literary and artistic scene.

**the love you want book: The Personal Companion** Harville Hendrix, 1995-12 Combining practical advice, humour, and enlightening wisdom, these daily meditations and exercises provide powerful insights that can help anyone create unlimited possibilities for finding-and keeping-love.

## Related to the love you want book

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**God's love transcends religion - Religion and Spirituality** Not in and of itself, no. I can definitely see how having a false hope in an afterlife could produce bad results; but I don't think that's intrinsic to it

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