

wolfgang puck pressure cooker recipes

wolfgang puck pressure cooker recipes have gained immense popularity among home cooks and professional chefs alike. Renowned chef Wolfgang Puck is celebrated for his innovative culinary style that combines classic techniques with modern flavors. Incorporating his recipes into your pressure cooker repertoire can elevate your cooking experience, allowing you to prepare delicious, flavorful meals in a fraction of the time. Whether you're a busy parent seeking quick weeknight dinner ideas or a culinary enthusiast eager to explore new recipes, Wolfgang Puck's pressure cooker recipes offer a perfect blend of simplicity and sophistication.

In this comprehensive guide, we will explore some of the most popular Wolfgang Puck pressure cooker recipes, tips for mastering pressure cooking, and ideas for customizing recipes to suit your taste. By the end, you'll have a deeper understanding of how to utilize your pressure cooker to create gourmet meals inspired by Wolfgang Puck's culinary philosophy.

Why Choose Wolfgang Puck Pressure Cooker Recipes?

Wolfgang Puck's recipes are known for their rich flavors, balanced seasonings, and innovative techniques. When adapted for the pressure cooker, these recipes become even more appealing due to their speed and efficiency.

Benefits of Cooking Wolfgang Puck Recipes in a Pressure Cooker:

- **Time Savings:** Traditional braising or slow-cooking methods can take hours; pressure cooking reduces this to minutes.
- **Enhanced Flavors:** Pressure cooking traps steam and flavors, resulting in more intense and aromatic dishes.
- **Nutrient Preservation:** The quick cooking process helps retain nutrients better than prolonged cooking methods.
- **Versatility:** Suitable for a wide range of dishes, from hearty stews to delicate seafood.

Essential Tips for Cooking Wolfgang Puck Recipes in a Pressure Cooker

Before diving into specific recipes, it's helpful to understand some key tips to ensure success:

1. Use the Right Pressure Cooker

Select a high-quality, reliable pressure cooker with accurate pressure gauges or safety features. Modern electric models often come with preset functions that simplify cooking.

2. Adjust Recipes for Pressure Cooking

Many Wolfgang Puck recipes can be adapted for pressure cooking by reducing cooking times and adjusting liquid quantities. Typically, recipes that require slow simmering can be completed in about one-third of the time.

3. Layer Flavors

Start with sautéing ingredients directly in the pressure cooker if it has a sauté function, to develop depth of flavor before pressure cooking.

4. Use Adequate Liquid

Pressure cookers require enough liquid to generate steam. Usually, 1 to 2 cups of broth, water, or wine are sufficient, depending on the recipe.

5. Avoid Overfilling

Never fill the pressure cooker more than two-thirds full, or half full for foods that expand, to ensure safe operation.

Popular Wolfgang Puck Pressure Cooker Recipes

Let's explore some of Wolfgang Puck's signature recipes that lend themselves beautifully to pressure cooking. These dishes combine the chef's signature flavors with the efficiency of modern pressure cookers.

1. Classic Beef Bourguignon

Ingredients:

- 2 lbs beef chuck, cut into chunks
- 2 tbsp olive oil
- 1 large onion, chopped
- 3 carrots, sliced
- 3 cloves garlic, minced
- 1 cup red wine
- 2 cups beef broth

- 1 tbsp tomato paste
- 1 tsp thyme
- Salt and pepper to taste
- Mushrooms and pearl onions for garnish

Preparation:

1. Sauté beef chunks in olive oil until browned; remove and set aside.
2. In the same pot, sauté onions, carrots, and garlic until softened.
3. Add tomato paste, thyme, salt, and pepper; cook for another minute.
4. Pour in red wine, scraping the bottom to deglaze.
5. Return beef to the pot, add beef broth.
6. Seal the lid and cook on high pressure for 35 minutes.
7. Release pressure naturally, add mushrooms and pearl onions, and simmer uncovered for 10 minutes to thicken sauce.
8. Serve hot with mashed potatoes or crusty bread.

Why it works: The pressure cooker tenderizes the beef quickly while intensifying the flavors, delivering a dish reminiscent of slow-cooked elegance.

2. Seafood Risotto

Ingredients:

- 1 tbsp olive oil
- 1 small onion, finely chopped
- 1 cup Arborio rice
- 1/2 cup white wine
- 3 cups seafood broth
- 1/2 lb shrimp, peeled
- 1/2 lb scallops
- 1 cup frozen peas
- 2 tbsp grated Parmesan cheese
- Salt and pepper to taste
- Lemon wedges for serving

Preparation:

1. Use the sauté function to cook onion in olive oil until translucent.
2. Add rice and cook, stirring, for 2 minutes.
3. Pour in white wine; cook until absorbed.
4. Add seafood broth and lock the lid; cook on high pressure for 7 minutes.
5. Quick-release pressure, stir in shrimp, scallops, and peas.
6. Set to sauté and cook until seafood is just cooked through.
7. Stir in Parmesan, adjust seasoning, and serve with lemon wedges.

Why it works: The pressure cooker speeds up the risotto-making process, producing creamy, perfectly cooked rice infused with seafood flavors.

3. Chicken Tagine with Preserved Lemon and Olives

Ingredients:

- 4 chicken thighs, bone-in and skin-on
- 2 tbsp olive oil
- 1 onion, sliced
- 3 cloves garlic, minced
- 1 tsp ground cumin
- 1 tsp turmeric
- 1/2 tsp cinnamon
- 1 cup chicken broth
- 2 preserved lemons, sliced
- 1 cup green olives
- Fresh cilantro for garnish

Preparation:

1. Sauté chicken thighs in olive oil until browned; remove and set aside.
2. In the same pot, sauté onions and garlic until fragrant.
3. Add spices and cook for 1 minute.
4. Return chicken to the pot, add chicken broth, preserved lemons, and olives.
5. Seal and cook on high pressure for 15 minutes.
6. Release pressure naturally, garnish with cilantro, and serve with couscous or rice.

Why it works: The pressure cooker melds the flavors quickly, creating a fragrant, tender chicken dish with vibrant citrus and olive notes.

Creative Variations and Tips for Wolfgang Puck Pressure Cooker Recipes

Once you've mastered the basics, feel free to customize Wolfgang Puck pressure cooker recipes to suit your preferences.

Flavor Enhancements:

- Add fresh herbs like basil, parsley, or tarragon for added freshness.
- Incorporate spices such as smoked paprika, cayenne, or cardamom for deeper complexity.
- Use different liquids like coconut milk or tomato puree for varied flavor profiles.

Dietary Adjustments:

- For a vegetarian version, substitute meats with hearty vegetables like

mushrooms, eggplant, or tofu.

- Reduce sodium by using low-sodium broth and fresh herbs.

Meal Planning Ideas:

- Prepare large batches of pressure cooker stews and freeze portions for quick future meals.
- Use leftovers to create sandwiches, salads, or pasta dishes.

Cleaning and Maintaining Your Pressure Cooker

To ensure your Wolfgang Puck pressure cooker remains in top condition:

- Clean the gasket regularly to prevent odors.
- Check the pressure release valve for blockages.
- Wash the lid and pot with warm, soapy water after each use.
- Inspect rubber seals and replace if worn.

Conclusion

wolfgang puck pressure cooker recipes open up a world of culinary possibilities, blending Wolfgang Puck's signature flavors with the efficiency of modern pressure cooking. By understanding the fundamentals of pressure cooking and exploring his flavorful recipes, you can create gourmet dishes in a fraction of the time. Experiment with variations, customize ingredients, and enjoy the satisfaction of preparing restaurant-quality meals at home. Whether you're making hearty stews, delicate seafood, or aromatic chicken dishes, the pressure cooker is a versatile tool that can help you achieve culinary excellence inspired by Wolfgang Puck's innovative approach.

Start your pressure cooking journey today and bring the essence of Wolfgang Puck's cuisine into your kitchen with these delicious recipes!

Frequently Asked Questions

What are some popular Wolfgang Puck pressure cooker recipes for beginners?

For beginners, Wolfgang Puck's recipes like beef stew, chicken and rice, or vegetable soups are great options. They are simple, flavorful, and utilize the pressure cooker to save time while enhancing taste.

How can I use a Wolfgang Puck pressure cooker to make healthy meals?

Wolfgang Puck pressure cooker recipes often include healthy ingredients like lean meats, fresh vegetables, and grains. Dishes such as steamed fish, vegetable medleys, or lentil soups can be prepared quickly while preserving nutrients.

Are there any specific Wolfgang Puck pressure cooker recipes for holiday celebrations?

Yes, you can prepare festive dishes like beef bourguignon, hearty stews, or braised short ribs using Wolfgang Puck pressure cooker recipes, making holiday cooking quicker and more convenient.

What tips does Wolfgang Puck give for cooking pasta or grains in a pressure cooker?

Wolfgang Puck recommends using the right amount of liquid, adjusting cooking times based on the ingredient, and releasing pressure carefully to ensure perfectly cooked pasta or grains without overcooking.

Can Wolfgang Puck pressure cooker recipes be adapted for vegetarian or vegan diets?

Absolutely. Many Wolfgang Puck pressure cooker recipes can be adapted by substituting meats with vegetables, legumes, or plant-based proteins, resulting in delicious vegetarian or vegan dishes.

Where can I find Wolfgang Puck pressure cooker recipes to try at home?

You can find Wolfgang Puck pressure cooker recipes in his cookbooks, on his official website, or through reputable cooking blogs and YouTube channels that feature his techniques and favorite dishes.

Additional Resources

Wolfgang Puck Pressure Cooker Recipes: Unlocking Culinary Excellence with Precision and Flavor

In the world of modern cooking, pressure cookers have experienced a remarkable renaissance, blending traditional technique with contemporary design and functionality. Among the numerous brands available, Wolfgang Puck has established a reputation for delivering innovative, high-quality kitchen appliances that inspire home cooks and professional chefs alike. One of the

standout offerings in his collection is the Wolfgang Puck pressure cooker, renowned for its durability, ease of use, and ability to produce flavorful, perfectly cooked dishes in a fraction of the time compared to conventional methods.

In this comprehensive review, we will delve into Wolfgang Puck pressure cooker recipes, exploring their versatility, the features that make these recipes achievable, and how to maximize your culinary results. Whether you're a novice eager to try your hand at pressure cooking or an experienced chef looking to expand your repertoire, understanding the potential of Wolfgang Puck pressure cooker recipes will elevate your kitchen game.

Understanding the Wolfgang Puck Pressure Cooker: Features and Benefits

Before exploring specific recipes, it's essential to comprehend what sets Wolfgang Puck pressure cookers apart and how their features facilitate cooking excellence.

Design and Build Quality

Wolfgang Puck pressure cookers are crafted with high-grade stainless steel, ensuring durability, even heat distribution, and resistance to corrosion. Their sleek, modern design seamlessly integrates into contemporary kitchens.

Safety Features

Safety is paramount in pressure cooker design. Wolfgang Puck models are equipped with multiple safety mechanisms, including:

- Locking lids that prevent opening under pressure
- Pressure release valves for controlled venting
- Safety locks to prevent accidental opening during operation
- Indicators to show when the cooker is under pressure

Ease of Use

These pressure cookers feature intuitive controls, clear instruction manuals, and often come with preset programs for common dishes, making pressure cooking accessible even for beginners.

Versatility and Capacity

Available in various sizes, Wolfgang Puck pressure cookers can handle everything from small side dishes to large family meals. They are versatile enough to cook meats, grains, beans, stews, and even desserts.

Why Choose Wolfgang Puck Pressure Cooker Recipes?

The appeal of Wolfgang Puck pressure cooker recipes lies in their:

- Speed: Significantly reduces cooking time, allowing you to prepare hearty meals quickly.
- Flavor: Traps moisture and enhances flavors, resulting in richer, more intense dishes.
- Convenience: Simplifies complex recipes and reduces the need for constant supervision.
- Nutritional Preservation: Maintains more nutrients compared to traditional slow cooking methods.

Popular Wolfgang Puck Pressure Cooker Recipes

Let's explore some iconic recipes that showcase the versatility and efficiency of Wolfgang Puck pressure cookers.

1. Classic Beef Stew

Ingredients:

- 2 lbs beef chuck, cut into chunks
- 2 carrots, sliced
- 2 potatoes, diced
- 1 onion, chopped
- 3 cloves garlic, minced
- 2 cups beef broth
- 1 tbsp tomato paste
- Salt and pepper to taste
- Fresh thyme and bay leaves

Preparation:

- Season beef with salt and pepper.
- Sauté onions and garlic using the pressure cooker's sauté function.
- Brown the beef in batches for added flavor.

- Add vegetables, tomato paste, broth, thyme, and bay leaves.
- Seal the lid and cook under high pressure for 35 minutes.
- Release pressure naturally, then serve hot with crusty bread.

Expert Tips:

- Use the sauté function to develop flavors before pressure cooking.
- For a thicker stew, remove lid after cooking and simmer with some cornstarch slurry.

2. Perfect Risotto

Ingredients:

- 1 $\frac{1}{2}$ cups Arborio rice
- 4 cups chicken or vegetable broth
- 1 small onion, finely chopped
- $\frac{1}{2}$ cup dry white wine
- $\frac{1}{2}$ cup Parmesan cheese, grated
- 2 tbsp butter
- Salt and pepper

Preparation:

- Turn on the sauté setting; melt butter and cook onions until translucent.
- Add rice and toast for 2 minutes.
- Pour in wine, stirring until absorbed.
- Add broth, stir, then lock the lid.
- Cook under high pressure for 6 minutes.
- Quick-release pressure, then stir in Parmesan, adjust seasoning, and serve immediately.

Expert Tips:

- Use warm broth to maintain cooking temperature.
- Stir in additional butter or cheese for extra creaminess.

3. Tender Chicken Tikka Masala

Ingredients:

- 2 lbs boneless chicken thighs, cubed
- 1 cup plain yogurt
- 2 tbsp garam masala
- 1 tbsp cumin
- 1 onion, chopped
- 3 cloves garlic
- 1-inch ginger, grated
- 1 can (14 oz) tomato puree
- 1 cup heavy cream

- Salt to taste
- Fresh cilantro for garnish

Preparation:

- Marinate chicken in yogurt, garam masala, cumin, salt for at least 1 hour.
- Sauté onions, garlic, and ginger in the pressure cooker.
- Add marinated chicken and cook for 5 minutes with the sauté function.
- Stir in tomato puree, then seal the lid.
- Cook under high pressure for 8 minutes.
- Release pressure, stir in heavy cream, and simmer for 2 minutes.
- Garnish with cilantro and serve with basmati rice.

Expert Tips:

- Marinate chicken overnight for deeper flavor.
- Adjust spice levels to taste.

Enhancing Your Pressure Cooking Experience with Wolfgang Puck Recipes

Achieving culinary perfection with Wolfgang Puck pressure cooker recipes involves understanding some key principles and techniques.

1. Ingredient Preparation

- Always chop ingredients uniformly for even cooking.
- Use fresh herbs and quality ingredients to maximize flavor.
- Marinate proteins when possible to enhance taste and tenderness.

2. Managing Cooking Times

- Follow recommended times closely; pressure cookers are precise.
- Use the natural pressure release for tougher meats to retain moisture.
- Quick release is suitable for delicate foods like vegetables or risottos.

3. Layering Flavors

- Sauté aromatics like onions, garlic, and spices at the start.
- Deglaze the pot to incorporate all browned bits.
- Add herbs and seasonings at strategic points for depth.

4. Adjusting Consistency

- Thicken sauces post-cooking with a slurry or reduction.
- Add dairy or cream at the end to prevent curdling.

Tips for Success with Wolfgang Puck Pressure Cooker Recipes

- Read the Manual: Familiarize yourself with your specific model's features and safety instructions.
- Use the Right Amount of Liquid: Most pressure cookers require a minimum of 1 cup of liquid for proper operation.
- Experiment with Recipes: Once comfortable, modify ingredients and spices to suit your taste.
- Keep It Clean: Regularly inspect and clean the rubber gasket and valves to ensure safety and efficiency.
- Invest in Quality Ingredients: The flavor of your dishes hinges on the ingredients used.

Conclusion: Elevate Your Cooking with Wolfgang Puck Pressure Cooker Recipes

The Wolfgang Puck pressure cooker is more than just a kitchen gadget; it's a gateway to culinary innovation that saves time and enhances flavor. From hearty stews to delicate risottos and flavorful curries, the range of recipes you can create is extensive and satisfying. With the right techniques, safety practices, and a bit of experimentation, your pressure cooker can become an indispensable tool in your culinary arsenal.

Whether you're preparing a quick weeknight dinner or experimenting with gourmet dishes, Wolfgang Puck pressure cooker recipes empower you to achieve professional-level results with ease. Embrace the convenience, speed, and flavor enhancement that pressure cooking offers, and transform everyday meals into extraordinary dining experiences.

[Wolfgang Puck Pressure Cooker Recipes](#)

wolfgang puck pressure cooker recipes: *Wolfgang Puck Makes It Easy* Wolfgang Puck, 2007-04-08 Wolfgang Puck Makes It Easy is a groundbreaking cookbook in which Wolfgang Puck

shares his creativity and genius so that anyone can prepare these wonderful recipes. Every element of the book aims to make it incredibly easy to create great food of the highest quality and creativity, as only Wolfgang Puck can do. In addition to more than 100 recipes, the book features numerous cooking tips as well as advice on how to select the freshest ingredients, how to adapt recipes to the season, using the right cookware, and menu and wine selections. He is creator of some of the world's greatest restaurants such as Spago and Postrio. He is known for the fast-growing Wolfgang Puck Express, a line of cooking accessories, television appearances on the Food Network, and a line of soups and pizzas. He is author of five previous cookbooks. Wolfgang Puck is one of the most visible names and faces in the food business.

wolfgang puck pressure cooker recipes: Cooking Under Pressure Joel Brothers, Larry Haber, 2013-04-21 The Ultimate Electric Pressure Cooker Cookbook and Guide, Cooking Under Pressure Revised Edition 2017 (now with 300 electric pressure cooker recipes) and a Quick and Easy Dump recipe section, is the most complete electric pressure cooking book and guide ever published for Electric Pressure Cookers. The recipes can be converted for The Instant Pot Pressure Cooker and stove top conventional pressure cookers as well. A Wolfgang Puck Electric Pressure Cooker was used to develop over 200 recipes in this book. There is also an Instant Pot section with Instant Pot recipes and tips on how to convert recipes for Instant Pot use. These digital electric pressure cookers are fast becoming a staple in more and more kitchens every day! Electric Pressure Cooking is easy, but there are a lot of tricks in this book you can use to make your food even better. None of them are very difficult, and they can really enhance both the flavor, and appearance of your culinary creations. Cooking Under Pressure is not just another collection of cute pressure cooker recipes. It is an entire instructional to owning and using your electric pressure cooker, with tips on getting the most out of your unit, safety, maintenance, and even some history. It goes far beyond the meager information provided in most Owners Manuals, Learn how easily you can create healthy and nutritious meals in less than half the time and how to convert your favorite recipes for pressure cooker use, This is THE Pressure Cooker Cookbook! Newly updated and now contains 250 Electric Pressure Cooker recipes for electric pressure cookers! If you have just bought an electric pressure cooker, or have one in your kitchen but you're not sure how to use it, this book is a MUST HAVE! If you thought pressure cookers were kind of old fashioned and out of date, you need to look again, especially at the newer self contained plug-in models, which can cook your food for you in a fraction of the normal time (without compromising on nutritional content or taste). 90% of the potential of your pressure cooker is going to waste if you don't learn these imaginative and valuable tips and recipes. You will be producing sumptuous meals and treats for your family in a fraction of the time you would spend on conventional cooking methods! You will be amazed at how easy, time-saving and flavor-enhancing these methods are. This is the Owner's Manual your pressure cooker SHOULD have come with!

wolfgang puck pressure cooker recipes: So Fast, So Easy Pressure Cooker Cookbook Beth Hensperger, Julie Kaufmann, 2015-12-15 The only pressure cooker cookbook—for electric and stovetop pressure cookers—you'll ever need! What's not to love about the pressure cooker? Using pressure created by super-heated steam, the pressure cooker can cut cook times by 70 percent, meaning dinner is on the table faster, and with significantly less energy use. Your dinner will be more nutrient-rich because vitamins and other good things won't be lost in evaporating steam. And it will taste delicious and succulent because none of the food's moisture has been allowed to escape. Finally, today's modern pressure cooker has been re-engineered for safety and ease of use, including the development of the electric pressure cooker. Because no moisture evaporates during cooking, conventional stovetop recipes do not work in the pressure cooker. For success, the pressure cooker requires different food to liquid ratios and because of that superheated pressure, cook times are very precise. With this comprehensive guide, the busy cook can use fresh ingredients to create more than 700 tasty recipes developed for and scrupulously tested and retested for the pressure cooker. • Chapters on Poultry, Pork, Beef & Veal, Lamb & Game, and Seafood include Zinfandel-braised short ribs that cook in just 30 minutes, herb-stuffed whole turkey breast and braised lamb shanks ready in

25 minutes, and baby back ribs that pressure-cook in just 15 minutes. • Individual chapters on grains, beans, rice dishes (including risotto and breakfast rice), potatoes, chili, and tomato sauces (with and without meat), as well as on soups, vegetables, desserts, making your own baby food, and much more. • An introductory chapter explains the ins and outs of the pressure cooker, with valuable tips and advice. The authors also include recipes for lots of basics, such as how to cook different types of rice and varieties of dried beans.

wolfgang puck pressure cooker recipes: Electric Pressure Cooker Fast One Pot Recipes

Larry Haber, 2015-10-27 You probably know by now how versatile an appliance the electric pressure cooker is. With the fast and easy recipes in this book you will see that there are very few limits to what you can do with your electric pressure cooker. The one pot recipes in this book are made with healthy ingredients like fresh produce, healthy oils fresh caught fish and lean meats. What makes these recipes even better is that they can be made in the pressure cooker! Rather than spending hours in the kitchen to prepare a meal you can simply combine the ingredients in your pressure cooker and come back in (most cases) less than 30 minutes later to a fully cooked meal! These recipes are designed for Electric Pressure Cookers but can be adapted for use with a stovetop pressure cooker as well. In this book you will find fast and easy recipes for soups, stews, meat, poultry, seafood entrees, vegetarian recipes and deserts.

wolfgang puck pressure cooker recipes: Wolfgang Puck Makes It Healthy

Wolfgang Puck, Chad Waterbury, 2014-03-18 Acclaimed chef and restaurateur Wolfgang Puck shares his classic recipes made healthy along with easy exercise moves to help readers lose weight and feel energetic. In *Wolfgang Puck Makes It Healthy*, Wolfgang Puck shares the food and fitness plan that helped him transform from being overweight and out of shape to fit and energetic. Now, he offers more than 100 health-conscious recipes, some modified classics from his earlier classics; others brand new. Readers will find flavorful food for every meal, including snacks and desserts, inspired by Mexican, Asian, Italian, Indian, and French cuisine. Puck will never tell readers that they can't enjoy a glass of wine or to cut out their favorite foods. Instead, he partnered with trainer Chad Waterbury and journalist Lou Schuler to outline an exercise solution. They've uncovered a plan for the fitness-phobic out there who want to be able to indulge a little: an adaptable 40 minute workout program focused on core stability, cardio fitness, and mobility that can be adapted to suit anyone's daily life.

wolfgang puck pressure cooker recipes: Cooking Under Pressure

Joel Brothers, 2016-06-21 The Ultimate Electric Pressure Cooker Cookbook and Guide, *Cooking Under Pressure* Revised Edition #3 (now with 175 electric pressure cooker recipes) and a Quick and Easy Dump recipe section, is the most complete electric pressure cooking book and guide ever published for Electric Pressure Cookers. The recipes can be converted for conventional pressure cookers as well. A Wolfgang Puck Electric Pressure Cooker was used to develop over 170 recipes in this book. These digital electric pressure cookers are fast becoming a staple in more and more kitchens every day! Electric Pressure cooking is easy, but there are a lot of tricks in this book you can use to make your food even better. None of them are very difficult, and they can really enhance both the flavor, and appearance of your culinary creations. *Cooking Under Pressure* is not just another collection of cute pressure cooker recipes. It is an entire instructional to owning and using your electric pressure cooker, with tips on getting the most out of your unit, safety, maintenance, and even some history. It goes far beyond the meager information provided in most Owners Manuals, Learn how easily you can create healthy and nutritious meals in less than half the time and how to convert your favorite recipes for pressure cooker use, This is THE Pressure Cooker Cookbook! Newly updated and now contains 175 pressure cooker recipes for electric pressure cookers! If you have just bought an electric pressure cooker, or have one in your kitchen but you're not sure how to use it, this book is a MUST HAVE! If you thought pressure cookers were kind of old fashioned and out of date, you need to look again, especially at the newer self contained plug-in models, which can cook your food for you in a fraction of the normal time (without compromising on nutritional content or taste). 90% of the potential of your pressure cooker is going to waste if you don't learn these imaginative and

valuable tips and recipes. You will be producing sumptuous meals and treats for your family in a fraction of the time you would spend on conventional cooking methods! You will be amazed at how easy, time-saving and flavor-enhancing these methods are. This is the Owner's Manual your pressure cooker SHOULD have come with!

wolfgang puck pressure cooker recipes: Pressure Cookers For Dummies Tom LaCalamita, 2012-08-31 The stress-free way to cook under pressure In today's hurry-up society, pressure cooking is an attractive means of preparing consistent, convenient everyday meals. Increasing health concerns coupled with a continuously rising cost of living have made pressure cooking more popular as a way to save money and eat healthier at home. This revised edition of Pressure Cookers For Dummies includes all new recipes and refreshed content. Pressure Cookers For Dummies gives you the lowdown on the different pressure cooker options that are available to make sure you get the pressure cooker best equipped to suit your needs. It includes delicious recipes for dishes such as soups, chilis, and stews; roasts and poultry; rice dishes; beans; vegetables; and desserts, jams, and compotes. It also offers a wealth of recipes for those on vegan, vegetarian, gluten-free, and lactose-free diets. Pressure Cookers For Dummies offers tips on adapting your favorite recipes for the pressure cooker plus several comparison recipes made the traditional way. Every recipe Includes preparation times, cooking times, and nutritional information. Updated expert advice on choosing the best pressure cooker for your kitchen, including coverage of electric cookers Explanations on how pressure cookers work and tips on adapting your favorite recipes for the pressure cooker Shows you how to use pressure cookers to create vegetarian, vegan, special diet, and sustainable dishes with flavor and zest; and incorporate ethnic dishes into your pressure cooker repertoire Includes fun, tasty, and easy recipes for holidays and other occasions that the whole family will enjoy If you're a new or seasoned cook, Pressure Cookers For Dummies gives you everything you need to make the most of this time-saving appliance.

wolfgang puck pressure cooker recipes: The Jennifer Nicole Lee Fun Fit Foodie Cookbook Jennifer Nicole Lee, 2012-04-15 If you think a healthy weight-loss program means choking down dry chicken breasts and blah broccoli - think again In the Fun, Fit Foodie Cookbook, bestselling author, international wellness expert and super fitness model(TM) Jennifer Nicole Lee(TM) reveals her fat blasting and muscle fueling recipes that your tastebuds and your body will love. Working with your body, not against it, JNL's Fun, Fit Foodie recipes bring on the flavor Hearty, delicious breakfasts, lunches, dinners, and snacks will keep your taste buds happy, and amp up your metabolism to burn fat faster than ever. Get smart and get fit the JNL way with The Jennifer Nicole Lee Fun, Fit Foodie(TM) Cookbook. You'll learn: - How eating more, not less, will help you to shed those stubborn pounds. - How your metabolism controls your weight - and how to fuel it into burn mode. - Why red wine and dark chocolate belong on a fun, fit foodie's menu. - How to spice up your menus and your life, with exotic flavors from around the world. - How to turn out easy, heart-healthy meals your whole family will love.

wolfgang puck pressure cooker recipes: The ^AOxford Companion to American Food and Drink Andrew F. Smith, 2007-05-01 Building on the highly praised and deliciously browseable two-volume compendium the Oxford Encyclopedia of Food and Drink in America, this new work serves up everything you could ever want to know about American consumables and their impact on popular culture and the culinary world. Within its pages for example, we learn that Lifesavers candy owes its success to the canny marketing idea of placing the original flavor, mint, next to cash registers at bars. Patrons who bought them to mask the smell of alcohol on their breath before heading home soon found they were just as tasty sober and the company began producing other flavors. Edited by Andrew Smith, a writer and lecturer on culinary history, the Companion serves up more than just trivia however, including hundreds of entries on fast food, celebrity chefs, fish, sandwiches, regional and ethnic cuisine, food science, and historical food traditions.

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