

anthony bourdain recipe book

anthony bourdain recipe book has become a must-have for food enthusiasts, aspiring chefs, and fans of the legendary chef and storyteller. Known for his candid narratives, adventurous palate, and mastery of culinary arts, Anthony Bourdain's recipe books offer more than just instructions—they provide a glimpse into his culinary philosophy, global influences, and life's stories. Whether you're looking to recreate his signature dishes or seeking inspiration from his travel-inspired recipes, Bourdain's cookbooks serve as a treasure trove of gastronomic wisdom. In this comprehensive guide, we delve into the most popular Anthony Bourdain recipe books, explore their key features, and highlight why they're essential additions to any culinary library.

Overview of Anthony Bourdain's Recipe Books

Anthony Bourdain's culinary legacy is immortalized through several influential cookbooks, each reflecting different phases of his career and culinary explorations. His recipes are characterized by bold flavors, straightforward techniques, and cultural authenticity. His books often blend recipes with anecdotes, travel stories, and candid reflections, making them more than mere collections of dishes—they're narratives of his life and culinary philosophy.

Key Anthony Bourdain Recipe Books

- Kitchen Confidential: Adventures in the Culinary Underbelly (2000)
- Anthony Bourdain's Les Halles Cookbook (2004)
- Appetites: A Cookbook (2016)
- World Travel: An Irreverent Guide (2017) — includes recipes inspired by his travels
- The Nasty Bits: Collected Varietal Cuts, Spleen, and Liver (2006)

While Kitchen Confidential is primarily autobiographical, it also contains several recipes and insights into professional kitchen life. The other books, especially Appetites, focus more on home cooking, global dishes, and Bourdain's culinary adventures.

Popular Anthony Bourdain Recipe Book: Appetites: A Cookbook

Among his many publications, Appetites: A Cookbook stands out as a comprehensive collection of recipes that reflect Bourdain's diverse culinary interests, from comfort foods to exotic dishes. Published in 2016, it encapsulates his approach to cooking—simple, bold, and rooted in authenticity.

What Makes Appetites a Must-Read?

- Personal Touch: Bourdain shares stories behind each recipe, making the cooking experience more meaningful.
- Diverse Cuisine: The book features recipes from around the world—Southeast Asian, Mediterranean, American classics, and more.
- Accessible Techniques: Recipes are straightforward, designed for home cooks of all skill levels.
- Beautiful Photography: High-quality images complement the recipes, inspiring readers to try them out.

Key Features of Anthony Bourdain Recipe Books

To understand the enduring appeal of Bourdain's cookbooks, it's essential to explore their core characteristics.

Authenticity and Cultural Respect

Bourdain's recipes often honor the traditions and flavors of the cultures he explored. His approach emphasizes respect for authentic ingredients and techniques, encouraging readers to appreciate global cuisines.

Unpretentious Cooking

His recipes favor simplicity over complexity, making sophisticated dishes accessible to home cooks. This approach demystifies gourmet cooking and invites experimentation.

Storytelling and Personal Insights

Every recipe often comes with a story—an anecdote from Bourdain's travels or career—adding depth and context that enrich the cooking experience.

Focus on Quality Ingredients

He advocates for using fresh, high-quality ingredients, emphasizing that good food begins with good components.

How to Use Anthony Bourdain Recipe Books Effectively

To maximize your experience with Bourdain's cookbooks, consider these tips:

1. Read the Stories First: Immerse yourself in the anecdotes to understand the cultural context and

inspiration behind each dish.

2. Start Simple: Choose recipes that match your skill level before progressing to more complex dishes.

3. Experiment with Ingredients: Don't hesitate to substitute ingredients based on availability, respecting the original flavors.

4. Embrace the Process: Bourdain valued the journey of cooking—enjoy the preparation as much as the final dish.

5. Pair Recipes with Travel and Culture: Use his books as a springboard to explore new cuisines and culinary techniques.

Sample Recipes from Anthony Bourdain's Books

Here are some iconic dishes from his recipe books that showcase his culinary philosophy:

1. Beef Bourguignon (from Appetites)

A classic French dish, slow-cooked with red wine, mushrooms, and onions, exemplifying Bourdain's love for hearty, soulful food.

2. Thai Green Curry

Reflecting his travels in Southeast Asia, this dish combines fresh herbs, spicy chiles, and coconut milk for a vibrant flavor profile.

3. Grilled Whole Fish

Simple yet flavorful, emphasizing freshness and technique—an ode to his time in the Mediterranean.

4. Classic American Burgers

Bourdain's take on comfort food, emphasizing quality beef and simple toppings.

Where to Find Anthony Bourdain Recipe Books

His cookbooks are widely available through various channels:

- Bookstores: Major chains and independent bookstores
- Online Retailers: Amazon, Barnes & Noble, and others
- Digital Formats: Kindle, ePub, and audiobook versions

- Libraries: Many public libraries carry his titles

Benefits of Cooking from Anthony Bourdain's Recipe Books

Cooking from Bourdain's books offers numerous advantages:

- Learn Authentic Techniques: Improve your skills with proven methods.
- Cultural Appreciation: Gain insight into different cuisines and their histories.
- Inspiration: Spark creativity in your kitchen.
- Connection to a Culinary Legend: Feel closer to Bourdain's adventurous spirit and passion for food.

Conclusion

Anthony Bourdain's recipe books are more than just collections of dishes—they are reflections of his life, travels, and culinary philosophy. From the gritty honesty of *Kitchen Confidential* to the vibrant global recipes in *Appetites*, his books inspire cooks to explore, experiment, and appreciate the rich tapestry of world cuisines. Whether you're a seasoned chef or a home cook, immersing yourself in Bourdain's recipes is an opportunity to learn, grow, and connect with the culinary world through the eyes of a true gastronomic adventurer.

Embrace the bold flavors, authentic techniques, and compelling stories found within his books, and let Anthony Bourdain guide you on your culinary journey.

Frequently Asked Questions

What is the title of Anthony Bourdain's most popular recipe book?

Anthony Bourdain's most popular recipe book is '*Kitchen Confidential: Adventures in the Culinary Underbelly*.'

Does Anthony Bourdain's recipe book include recipes from different cuisines?

Yes, Bourdain's recipe book features a diverse range of recipes from various international cuisines, reflecting his global culinary explorations.

Are the recipes in Anthony Bourdain's book suitable for beginners?

While some recipes are complex, many in Bourdain's book are accessible to home cooks with basic skills, offering straightforward instructions.

What dishes are featured in Anthony Bourdain's recipe book?

The book includes a variety of dishes such as classic American comfort foods, French recipes, Asian-inspired dishes, and more, showcasing Bourdain's eclectic palate.

Is Anthony Bourdain's recipe book available in digital formats?

Yes, Bourdain's recipe book is available in e-book formats for Kindle, iBooks, and other digital platforms.

What is the main focus of Anthony Bourdain's recipe book?

The main focus is on honest, flavorful cooking and behind-the-scenes insights into professional kitchens, along with practical recipes.

Can I find vegetarian recipes in Anthony Bourdain's recipe book?

While Bourdain was known for his carnivorous dishes, some vegetarian recipes are included, but the book primarily emphasizes meat and seafood dishes.

Has Anthony Bourdain's recipe book received any awards?

Yes, 'Kitchen Confidential' and other related books have been critically acclaimed, though specific awards for recipes are limited; the books are celebrated for their candid storytelling.

Are there any signature recipes from Anthony Bourdain in his cookbook?

Yes, the book features signature recipes such as his famous New York strip steak, roasted chicken, and various street food-inspired dishes.

Where can I purchase Anthony Bourdain's recipe book?

You can purchase his recipe books at major bookstores, online retailers like Amazon, or through digital platforms like Kindle and Apple Books.

Additional Resources

Anthony Bourdain Recipe Book: A Culinary Journey Through the Life and Flavors of a Legendary Chef

Anthony Bourdain recipe book is more than just a collection of dishes; it is a window into the mind of a culinary icon whose influence extended well beyond the kitchen. Known for his candid storytelling, relentless curiosity, and mastery of global flavors, Bourdain left behind a treasure trove of culinary wisdom that continues to inspire both professional chefs and home cooks alike. This article delves into the depths of his recipe books, exploring their content, significance, and the enduring legacy of a man who redefined how we experience food and culture.

The Legacy of Anthony Bourdain: A Brief Overview

Before diving into his recipe books, it's essential to understand who Anthony Bourdain was and why his culinary writings resonate so profoundly. As a chef, author, and television personality, Bourdain became a household name through shows like *No Reservations*, *Parts Unknown*, and *The Layover*. His approach was unpretentious, insightful, and often provocative, challenging stereotypes and encouraging viewers to embrace the complexities of different cultures through their cuisines.

His bestselling memoir, *Kitchen Confidential*, published in 2000, catapulted him into fame. It revealed the gritty realities of professional kitchens and introduced a more honest narrative about the culinary world. Building on this success, Bourdain authored several cookbooks, many of which serve as extensions of his philosophy: food as a means of understanding the world, a tool for storytelling, and a way to bridge cultural divides.

Exploring Anthony Bourdain's Recipe Books

Bourdain's recipe books are characterized by their candid tone, global perspective, and emphasis on authentic flavors. They are not merely collections of recipes but reflections of his culinary philosophy—adventurous, honest, and deeply human.

1. Anthony Bourdain's *Les Halles Cookbook* (2004)

Overview:

This is perhaps Bourdain's most famous culinary publication, rooted in his years working at the Parisian bistro *Les Halles*. It offers classic French bistro recipes with detailed instructions and a gritty, no-nonsense style that reflects Bourdain's personality.

Content Highlights:

- Traditional French dishes like *Bouillabaisse*, *Coq au Vin*, and *Steak Frites*
- Practical techniques for butchering, sauces, and preparing stocks
- An emphasis on simplicity and quality ingredients

Significance:

This book serves as a foundational text for understanding classic French cuisine through Bourdain's unpretentious lens. It's valuable for aspiring chefs and home cooks seeking to master foundational

techniques.

2. Appetites: A Cookbook (2016)

Overview:

A more personal collection, *Appetites* blends recipes with stories from Bourdain's life, exploring his culinary interests, travels, and personal favorites.

Content Highlights:

- Comfort foods like fried chicken, burgers, and pasta dishes
- International flavors, reflecting his global travels—Vietnamese pho, Thai curries, Middle Eastern mezze
- Tips on sourcing ingredients and balancing flavors

Distinctive Features:

- Personal anecdotes accompanying each recipe
- Emphasis on cooking for loved ones and enjoying the process

Impact:

This book embodies Bourdain's philosophy of food as a form of connection and storytelling. It's accessible for home cooks and offers insight into his culinary preferences.

3. The Nasty Bits: Collected Varietal Cuts, Usable Trim, Scraps, and Bones (2006)

Overview:

While not a traditional recipe book, this collection emphasizes nose-to-tail eating and making the most of every part of an ingredient.

Core Themes:

- Using offal and lesser-used cuts
- Recipes that challenge culinary conventions
- Ethical considerations and sustainability

Relevance:

Bourdain advocates for reducing waste and respecting ingredients, aligning with modern movements toward sustainable cooking.

Deep Dive into the Core Principles of Bourdain's Recipes

Bourdain's recipe books are rich with principles that transcend the dishes themselves. Understanding these ideas provides insight into what makes his culinary philosophy unique.

Authenticity Over Fancy Techniques

Bourdain was never about haute cuisine or overly complicated dishes. Instead, he championed

honest, flavorful food that could be prepared with straightforward techniques. His recipes often include tips for improvisation, improvising with what's available, and trusting your palate.

Cultural Respect and Curiosity

Many recipes in his books are inspired by his travels. He believed that food is a gateway to understanding cultures. His recipes are often accompanied by stories that provide context, fostering a respect for authenticity and tradition.

Simplicity and Quality

A recurring theme across Bourdain's writings is the importance of quality ingredients and simple preparations that allow flavors to shine. For example, his approach to making a perfect French onion soup or a simple grilled steak underscores this principle.

Bold Flavors and Comfort

Bourdain's recipes favor bold, layered flavors—think spicy, sour, umami-rich dishes. He believed that food should be comforting but also exciting, often blending comfort food with adventurous ingredients.

Practical Takeaways for Home Cooks

While Bourdain's recipes are rooted in professional techniques, many are adaptable for home kitchens. Here are some practical lessons gleaned from his books:

- Master Basic Techniques: Bourdain emphasized mastering foundational skills like proper knife handling, making stocks, and seasoning.
- Use Fresh, Quality Ingredients: His recipes often call for fresh herbs, good-quality meats, and seasonal produce.
- Be Adventurous: Don't shy away from trying new flavors or unfamiliar ingredients—embrace global cuisines.
- Cook With Passion: His writing encourages cooking as an act of love and curiosity, not just a chore.

The Enduring Legacy of Bourdain's Food Philosophy

Anthony Bourdain's recipe books continue to inspire because they reflect his core belief: food is a universal language that connects and elevates us. His emphasis on authenticity, respect for ingredients, and cultural curiosity resonate in a time when culinary boundaries are more fluid than ever.

Moreover, his advocacy for sustainable, nose-to-tail cooking and his candid storytelling have influenced a new generation of chefs and home cooks. His recipes serve as a bridge—connecting the culinary past with an adventurous, inclusive future.

Conclusion

The *Anthony Bourdain recipe book* collection offers much more than a set of instructions; it provides a blueprint for approaching food with honesty, curiosity, and respect. Whether exploring the rustic flavors of classic French bistro dishes in *Les Halles Cookbook* or embracing the bold, diverse tastes of global cuisines in *Appetites*, Bourdain's recipes embody his philosophy: food as a means to explore the world, connect with others, and understand ourselves better.

For those eager to taste a slice of his culinary worldview, his books remain an invaluable resource—both a practical guide and a tribute to a man who believed that good food is an essential part of a meaningful life. As we cook through his recipes, we keep alive the spirit of Anthony Bourdain: fearless, authentic, and forever curious about the stories behind the flavors.

[Anthony Bourdain Recipe Book](#)

anthony bourdain recipe book: Anthony Bourdain's Les Halles Cookbook Anthony Bourdain, 2018-12-04 Bestselling author, TV host, and chef Anthony Bourdain reveals the hearty, delicious recipes of Les Halles, the classic New York City French bistro where he got his start. Before stunning the world with his bestselling *Kitchen Confidential*, Anthony Bourdain, host of the celebrated TV shows *Parts Unknown* and *No Reservations*, spent years serving some of the best French brasserie food in New York. With its no-nonsense, down-to-earth atmosphere, Les Halles matched Bourdain's style perfectly: a restaurant where you can dress down, talk loudly, drink a little too much wine, and have a good time with friends. Now, Bourdain brings you his *Les Halles Cookbook*, a cookbook like no other: candid, funny, audacious, full of his signature charm and bravado. Bourdain teaches you everything you need to know to prepare classic French bistro fare. While you're being guided, in simple steps, through recipes like roasted veal short ribs and steak frites, escargots aux noix and foie gras au pruneaux, you'll feel like he's in the kitchen beside you—reeling off a few insults when you've scorched the sauce, and then patting you on the back for finally getting the steak tartare right. As practical as it is entertaining, Anthony Bourdain's *Les Halles Cookbook* is a can't-miss treat for cookbook lovers, aspiring chefs, and Bourdain fans everywhere.

anthony bourdain recipe book: Appetites Anthony Bourdain, Laurie Woolever, 2016-10-25 Written with the no-holds-barred ethos of his beloved series, *No Reservations* and *Parts Unknown*, the celebrity chef and culinary explorer's first cookbook in more than ten years—a collection of recipes for the home cook. Anthony Bourdain is a man of many appetites. And for many years, first as a chef, later as a world-traveling chronicler of food and culture on his CNN series *Parts Unknown*, he has made a profession of understanding the appetites of others. These days, however, if he's cooking, it's for family and friends. *Appetites*, his first cookbook in more than ten years, boils down forty-plus years of professional cooking and globe-trotting to a tight repertoire of personal favorites—dishes that everyone should (at least in Mr. Bourdain's opinion) know how to cook. Once the supposed bad boy of cooking, Mr. Bourdain has, in recent years, become the father of a little girl—a role he has embraced with enthusiasm. After years of traveling more than 200 days a year, he now enjoys entertaining at home. Years of prep lists and the hyper-organization necessary for a restaurant kitchen, however, have caused him, in his words, to have morphed into a psychotic, anally retentive, bad-tempered Ina Garten. The result is a home-cooking, home-entertaining cookbook like no other, with personal favorites from his own kitchen and from his travels, translated into an effective battle plan that will help you terrify your guests with your breathtaking efficiency.

anthony bourdain recipe book: Appetites: a Cookbook Anthony Bourdain, Laurie Woolever,

2016-10-25

anthony bourdain recipe book: Appetites Anthony Bourdain, Laurie Woolever, 2016 This is Anthony Bourdain's first cookbook in ten years.

anthony bourdain recipe book: Anthony Bourdain's Les Halles Cookbook Anthony Bourdain, 2025-10-02 20TH ANNIVERSARY EDITION WITH A NEW FOREWORD BY FERGUS HENDERSON, CO- FOUNDER OF THE ST. JOHN RESTAURANT BEFORE THERE WAS THE BEAR, THERE WAS BOURDAIN. 'Anthony Bourdain, like the Sex Pistols, created a movement not a following' - Marco Pierre White 'A book of the greatest hits of French food, nothing comes close' - Matthew Ryle 'Les Halles is peak brilliant Bourdain. You will devour it whether you've read it before or not!' - Andi Oliver 'Anthony Bourdain is an inspiration to generations about how to run restaurant for your customers, not the ego of the chef. A generous chef and generous person, still missed by all.' - Angela Hartnett Globally beloved chef Anthony Bourdain's bestselling classic - the hearty, delicious recipes and provocative tricks of the trade from his famed French brasserie where he made his name. Before stunning the world with his bestselling *Kitchen Confidential*, and hit TV shows *Parts Unknown* and *No Reservations*, Anthony Bourdain spent years serving some of the best French brasserie food in New York. With its no-nonsense, down-to-earth atmosphere, *Les Halles* matched Bourdain's style perfectly: a restaurant where you can dress down, talk loudly, drink a little too much wine, and have a good time with friends. Now, 20 years after its original publication, Bourdain's *Les Halles Cookbook* remains an audacious classic, full of his signature humour and charm. Bourdain teaches you everything you need to know to prepare classic French bistro fare. While you're being guided, in simple steps, through recipes like roasted veal short ribs and steak frites, escargots aux noix and foie gras au pruneaux, you'll feel like he's in the kitchen beside you - firing off a few insults when you've scorched the sauce, and then patting you on the back for finally getting the steak tartare right. As practical as it is entertaining, Anthony Bourdain's handsomely repackaged *Les Halles Cookbook* and new foreword by Fergus Henderson make for a can't-miss treat for cookbook lovers, aspiring chefs, and Bourdain fans everywhere.

anthony bourdain recipe book: The Anthony Bourdain Reader Anthony Bourdain, 2025-10-28 The definitive, career-spanning collection of writing from Anthony Bourdain, assembled for the first time in book form Anthony Bourdain represented many things to many people—and he had many sides. But no part of his identity was more important to him, and more long-lasting, than that of a writer. The *Anthony Bourdain Reader* is a collection of his best and most fascinating writing, and touches on his many pursuits and passions, from restaurant life to family life to the “low life,” from TV to travel through places like Vietnam, Buenos Aires, Paris, and Shanghai. The *Anthony Bourdain Reader* is also a showcase for new and never-before-seen material, like diary entries from Bourdain's first trip to France as a teenager and “It's Cruel and Unforgiving Terrain,” a piece on the New York restaurant scene, as well as unpublished short fiction like “I Quit My Job Yesterday” and chapters from *No New Messages*, his unfinished novel. These newly discovered pieces all contribute to give the fullest picture of the man behind the books. The *Anthony Bourdain Reader* is a testament to the enduring and singular voice Bourdain crafted, with eclectic and curated chapters that encapsulate the unique brilliance of his restless mind. Edited by Bourdain's longtime agent and friend Kimberly Witherspoon and with a foreword by Patrick Radden Keefe, this is an essential reader for any Bourdain fan as well as a vivid and moving recollection of the life and legacy of one of our most distinctive writers.

anthony bourdain recipe book: No Reservations Anthony Bourdain, 2007-10-30 The host of the Travel Channel series *No Reservations* provides a behind-the-scenes account of his global culinary adventures, from New Jersey to New Zealand, offering commentary on food in every corner of the globe.

anthony bourdain recipe book: A Cook's Tour Anthony Bourdain, 2010-09-17 From the host of *Anthony Bourdain: Parts Unknown* and bestselling author of *Kitchen Confidential*, this wonderful book sees Bourdain travelling the world discovering exotic foods. Dodging minefields in Cambodia, diving into the icy waters outside a Russian bath, Chef Bourdain travels the world over in search of

the ultimate meal. The only thing Anthony Bourdain loves as much as cooking is traveling, and A Cook's Tour is the shotgun marriage of his two greatest passions. Inspired by the question, 'What would be the perfect meal?', Anthony sets out on a quest for his culinary holy grail. Our adventurous chef starts out in Japan, where he eats traditional Fugu, a poisonous blowfish which can be prepared only by specially licensed chefs. He then travels to Cambodia, up the mine-studded road to Pailin into autonomous Khmer Rouge territory and to Phnom Penh's Gun Club, where local fare is served up alongside a menu of available firearms. In Saigon, he's treated to a sustaining meal of live Cobra heart before moving on to savor a snack with the Viet Cong in the Mecong Delta. Further west, Kitchen Confidential fans will recognize the Gironde of Tony's youth, the first stop on his European itinerary. And from France, it's on to Portugal, where an entire village has been fattening a pig for months in anticipation of his arrival. And we're only halfway around the globe. . . A Cook's Tour recounts, in Bourdain's inimitable style, the adventures and misadventures of America's favorite chef.

anthony bourdain recipe book: Medium Raw Anthony Bourdain, 2010-06-07 Anthony Bourdain's long-awaited sequel to Kitchen Confidential, the worldwide bestseller.

anthony bourdain recipe book: Kitchen Confidential Deluxe Edition Anthony Bourdain, 2018-10-23 A new, deluxe edition of Kitchen Confidential to celebrate the life of Anthony Bourdain. The book will feature a brand new introduction, a Q&A with Ecco publisher and Bourdain's long-time editor Daniel Halpern. Interior pages are hand-annotated by Anthony Bourdain himself. The interior will also feature a brand new drawing by Ralph Steadman. Almost two decades ago, the New Yorker published a now infamous article, "Don't Eat before You Read This," by then little-known chef Anthony Bourdain. Bourdain spared no one's appetite as he revealed what happens behind the kitchen door. The article was a sensation, and the book it spawned, the now classic Kitchen Confidential, became an even bigger sensation, a megabestseller with over one million copies in print. Frankly confessional, addictively acerbic, and utterly unsparing, Bourdain pulls no punches in this memoir of his years in the restaurant business—this time with never-before-published material.

anthony bourdain recipe book: Kitchen Confidential Anthony Bourdain, 2008-12-10 Anthony Bourdain, host of Parts Unknown, reveals twenty-five years of sex, drugs, bad behavior and haute cuisine in his breakout New York Times bestseller Kitchen Confidential. Bourdain spares no one's appetite when he told all about what happens behind the kitchen door. Bourdain uses the same take-no-prisoners attitude in his deliciously funny and shockingly delectable book, sure to delight gourmands and philistines alike. From Bourdain's first oyster in the Gironde, to his lowly position as dishwasher in a honky tonk fish restaurant in Provincetown (where he witnesses for the first time the real delights of being a chef); from the kitchen of the Rainbow Room atop Rockefeller Center, to drug dealers in the east village, from Tokyo to Paris and back to New York again, Bourdain's tales of the kitchen are as passionate as they are unpredictable. Kitchen Confidential will make your mouth water while your belly aches with laughter. You'll beg the chef for more, please.

anthony bourdain recipe book: Kitchen Confidential Updated Ed Anthony Bourdain, 2007-01-09 A deliciously funny, delectably shocking banquet of wild-but-true tales of life in the culinary trade from Chef Anthony Bourdain, laying out his more than a quarter-century of drugs, sex, and haute cuisine—now with all-new, never-before-published material

anthony bourdain recipe book: Kitchen Confidential Annotated Edition Anthony Bourdain, 2024-05-28 A deluxe, annotated edition of Kitchen Confidential to celebrate the life of Anthony Bourdain, featuring new photo inserts Over two decades ago, the New Yorker published a now infamous article, Don't Eat Before Reading This, by then little-known chef Anthony Bourdain. Bourdain spared no one's appetite as he revealed what happens behind the kitchen door. The article was a sensation, and the book it spawned, the now iconic Kitchen Confidential, became an even bigger sensation and megabestseller. Frankly confessional, addictively acerbic, and utterly unsparing, Bourdain pulls no punches in this memoir of his years in the restaurant business. Fans will love to return to this deliciously funny, delectably shocking banquet of wild-but-true tales of life in the culinary trade, laying out Bourdain's more than a quarter-century of drugs, sex, and haute

cuisine. Including a handwritten introduction and annotations done by Bourdain about a decade after the book was originally published, this edition also features previously unpublished photos to accompany the now-classic text.

anthony bourdain recipe book: Cook's Tour 20pk RGG Anthony Bourdain, 2002-11-05

anthony bourdain recipe book: Kitchen Confidential Anthony Bourdain, 2010-12-20 The classic bestseller from the star of Parts Unknown and No Reservations: 25th Anniversary edition, with a new introduction by Irvine Welsh. BEFORE THERE WAS THE BEAR, THERE WAS BOURDAIN. 'Elizabeth David written by Quentin Tarantino' A.A. Gill 'Fantastic: as lip-smackingly seductive as a bowl of fat chips and pungent aioli' Daily Telegraph After twenty-five years of sex, drugs, bad behaviour and haute cuisine, chef and novelist Anthony Bourdain decided to tell all - and he meant all. From his first oyster in the Gironde as a child, to his lowly position as a dishwasher in a honky-tonk fish restaurant in Provincetown; from the kitchen of the Rainbow Room atop the Rockefeller Center to drug dealers in the East Village, from Tokyo to Paris and back to New York again, Bourdain's tales of the kitchen are as passionate as they are unpredictable, as shocking as they are funny. Kitchen Confidential will make your mouth water and your belly ache with laughter and leave you wanting more. 'Compelling ... with its intriguing mix of clever writing and kitchen patois ... more horrifically gripping than a Stephen King novel' Sunday Times 'Extraordinary ... written with a clarity and a clear-eyed wit to put the professional food-writing fraternity to shame' Observer

anthony bourdain recipe book: The Nasty Bits Anthony Bourdain, 2006 For all those Anthony Bourdain fans who are hungering for more, here is The Nasty Bits - a collection of his journalism. As usual Bourdain serves up a well-seasoned hellbroth of candid, often outrageous stories from his worldwide misadventures. Whether scrounging for eel in the backstreets of Hanoi, hanging out with Australia's big name chefs in Sydney and Melbourne, revealing what you didn't want to know about the more unglamorous aspects of making television, calling for the head of raw food activist Woody Harrelson, or confessing to lobster-killing guilt, Bourdain is as entertaining as ever. The Nasty Bits is a rude, funny, brutal and passionate stew for fans and the uninitiated alike. Praise for The Nasty Bits 'Fantastic- as lip-smackingly seductive as a bowl of fat chips and aioli.' Daily Telegraph 'Bawdie, bolshy and bursting with energy.' Daily Mail

anthony bourdain recipe book: A Moveable Feast Lonely Planet, Anthony Bourdain, Matthew Fort, Stefan Gates, Don George, Mark Kurlansky, David Lebovitz, Matt Preston, Andrew Zimmern, 2011-04-01 Lonely Planet: The world's leading travel guide publisher* Life-changing food adventures around the world. From bat on the island of Fais to chicken on a Russian train to barbecue in the American heartland, from mutton in Mongolia to couscous in Morocco to tacos in Tijuana - on the road, food nourishes us not only physically, but intellectually, emotionally, and spiritually too. It can be a gift that enables a traveller to survive, a doorway into the heart of a tribe, or a thread that weaves an indelible tie; it can be awful or ambrosial - and sometimes both at the same time. Celebrate the riches and revelations of food with this 38-course feast of true tales set around the world. Features stories by Anthony Bourdain, Andrew Zimmern, Mark Kurlansky, Matt Preston, Simon Winchester, Stefan Gates, David Lebovitz, Matthew Fort, Tim Cahill, Jan Morris and Pico Iyer. Edited by Don George. About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, as well as an award-winning website, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places where they travel. TripAdvisor Travellers' Choice Awards 2012 and 2013 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) *#1 in the world market share - source: Nielsen Bookscan. Australia, UK and USA. March 2012-January 2013 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

anthony bourdain recipe book: Anthony Bourdain Omnibus Anthony Bourdain, 2004

Kitchen Confidential: Adventures in the Culinary Underbelly After twenty-five years of 'sex, drugs, bad behaviour and haute cuisine', chef and novelist Anthony Bourdain has decided to tell all. From his first oyster in the Gironde to his lowly position as a dishwasher in a honky tonk fish restaurant in Provincetown; from the kitchen of the Rainbow Room atop the Rockefeller Center to drug dealers in the East Village, from Tokyo to Paris and back to New York again, Bourdain's tales of the kitchen are as passionate as they are unpredictable, as shocking as they are funny. **A Cook's Tour: In Search of the Perfect Meal** Bourdain sets off to eat his way around the world. But this was never going to be a conventional culinary tour. He heads to Saigon where he eats the still-beating heart of a live cobra, and travels into Khmer Rouge territory to find the rumoured Wild West of Cambodia. He also dines with gangsters in Russia, finds a medieval pig slaughter and feast in Portugal, and returns to the fishing village where he first ate oysters as a child. Written with his inimitable machismo and humour, this is an adventure story sure to give you indigestion.

anthony bourdain recipe book: Bourdain Laurie Woolever, 2021-09-28 New York Times bestseller An unprecedented behind-the-scenes view into the life of Anthony Bourdain from the people who knew him best When Anthony Bourdain died in June 2018, fans around the globe came together to celebrate the life of an inimitable man who had dedicated his life to traveling nearly everywhere (and eating nearly everything), shedding light on the lives and stories of others. His impact was outsized and his legacy has only grown since his death. Now, for the first time, we have been granted a look into Bourdain's life through the stories and recollections of his closest friends and colleagues. Laurie Woolever, Bourdain's longtime assistant and confidante, interviewed nearly a hundred of the people who shared Tony's orbit—from members of his kitchen crews to his writing, publishing, and television partners, to his daughter and his closest friends—in order to piece together a remarkably full, vivid, and nuanced vision of Tony's life and work. From his childhood and teenage days, to his early years in New York, through the genesis of his game-changing memoir **Kitchen Confidential** to his emergence as a writing and television personality, and in the words of friends and colleagues including Eric Ripert, José Andrés, Nigella Lawson, and W. Kamau Bell, as well as family members including his brother and his late mother, we see the many sides of Tony—his motivations, his ambivalence, his vulnerability, his blind spots, and his brilliance. Unparalleled in scope and deeply intimate in its execution, with a treasure trove of photos from Tony's life, **Bourdain: The Definitive Oral Biography** is a testament to the life of a remarkable man in the words of the people who shared his world.

anthony bourdain recipe book: Anthony Bourdain boxset Anthony Bourdain, 2011-06-01 A lot has changed since **Kitchen Confidential** - for the subculture of chefs and cooks, for the restaurant business-and for Anthony Bourdain. **Medium Raw** explores these changes, moving back and forth from the author's bad old days to the present. Tracking his own strange and unexpected voyage from journeyman cook to globe-travelling professional eater and drinker, Bourdain compares and contrasts what he's seen and what he's seeing, pausing along the way for a series of confessions, rants, investigations, and interrogations of some of the most controversial figures in food. And always he returns to the question: 'Why cook?' Or the harder one to answer: 'Why cook well?' Beginning with a secret and highly illegal after-hours gathering of powerful chefs he compares to a Mafia summit, Bourdain, in his distinctive, no-holds-barred style, cuts to the bone on every subject he tackles.

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