

the law of attraction book

The law of attraction book has become a cornerstone resource for individuals seeking to understand and harness the power of positive thinking to manifest their desires. With numerous titles available, these books aim to guide readers through the principles of the law of attraction, providing practical advice, inspirational stories, and scientific insights. Whether you're a beginner or have been exploring this concept for years, choosing the right book can significantly enhance your journey toward manifesting your dreams.

Understanding the Law of Attraction Book

The law of attraction book is more than just a collection of motivational quotes or success stories. It is a comprehensive guide that explores the fundamental principles behind attracting what you desire through focused thought, intention, and belief. These books typically cover a range of topics, from the science and psychology behind manifestation to practical techniques that can be applied in everyday life.

What is the Law of Attraction?

The law of attraction is a universal principle suggesting that like attracts like. Essentially, your thoughts, feelings, and beliefs emit energetic vibrations that draw similar energies toward you. Positive thoughts tend to attract positive experiences, while negative thoughts can attract undesirable outcomes.

Why Read a Law of Attraction Book?

Reading a dedicated law of attraction book can help you:

- Understand the science and philosophy behind manifestation.
- Develop a positive mindset to attract abundance.
- Learn practical techniques like visualization, affirmation, and gratitude practices.
- Overcome limiting beliefs and mental blocks.
- Gain inspiration from success stories and expert insights.

Popular Law of Attraction Books and What They Offer

Several books have gained popularity for their clarity, depth, and practical approach. Here are some of the most influential titles:

The Secret by Rhonda Byrne

- Overview: Perhaps the most famous law of attraction book, *The Secret* introduces the concept through stories, interviews, and explanations.
- Key Takeaways:
 - The importance of visualizing your desires.
 - The role of gratitude.
 - How to align your thoughts with your goals.
- Why Read It: It's an accessible starting point for beginners looking to understand the basics.

The Power of Now by Eckhart Tolle

- Overview: While not exclusively about the law of attraction, this book emphasizes present-moment awareness, which is crucial for manifestation.
- Key Takeaways:
 - Focus on the present to align with your desires.
 - Let go of past regrets and future anxieties.
- Why Read It: It helps cultivate mindfulness, a vital component in effective manifestation.

Ask and It Is Given by Esther and Jerry Hicks

- Overview: Based on the teachings of Abraham, a group of spiritual entities, this book offers practical tools to manifest desires.
- Key Takeaways:
 - The importance of emotional guidance.
 - Techniques like segment intending and visualization.
 - Understanding the vibrational nature of reality.
- Why Read It: It provides detailed exercises to enhance your manifestation skills.

Creative Visualization by Shakti Gawain

- Overview: Focuses on using visualization techniques to manifest personal and professional goals.

- Key Takeaways:
- The power of mental imagery.
- How to create a clear mental picture of your desires.
- Incorporating affirmations and feelings.
- Why Read It: Ideal for those who prefer a visual and experiential approach.

Core Principles Common to Most Law of Attraction Books

Although each author has a unique perspective, most law of attraction books emphasize several core principles:

1. The Power of Thought

Your thoughts are powerful creators of your reality. Focusing on what you want, rather than what you don't want, is fundamental.

2. The Law of Vibration

Everything in the universe vibrates. To manifest desires, you must elevate your vibrational frequency to match that of your goals.

3. The Role of Emotions

Feelings act as signals of your vibrational state. Positive emotions like joy, gratitude, and love attract positive outcomes.

4. Visualization and Affirmations

Using mental imagery and positive affirmations helps reinforce your intentions and align your subconscious mind.

5. Gratitude

Expressing gratitude shifts your focus to abundance, attracting more of what you appreciate.

6. Letting Go and Trusting

Detachment from the outcome and trusting the universe to deliver is essential to avoid resistance.

How to Choose the Right Law of Attraction Book

With many titles available, selecting the best book for your needs involves considering several factors:

1. Your Experience Level

- Beginners: Look for straightforward, motivational books like *The Secret*.
- Advanced practitioners: Seek deeper insights and techniques, such as those in *Ask and It Is Given*.

2. Your Learning Style

- Visual learners: Prefer books with exercises and visualization techniques.
- Theoretical learners: Enjoy books that delve into the science or philosophy.

3. Your Personal Preferences

- Do you resonate with spiritual teachings or prefer practical, secular approaches?
- Consider the author's background and approach to ensure alignment.

4. Reviews and Recommendations

- Read customer reviews.
- Seek recommendations from trusted sources or manifestation communities.

Practical Tips for Getting the Most Out of Your Law of Attraction Book

Reading alone isn't enough; applying the principles is key. Here are some tips:

- **Set Clear Intentions:** Define what you want with specificity.
- **Practice Daily Visualization:** Spend a few minutes imagining your desires as if they have already manifested.
- **Maintain a Positive Mindset:** Replace negative thoughts with affirmations and gratitude.
- **Keep a Manifestation Journal:** Track your progress, insights, and successes.
- **Trust the Process:** Release attachment and believe in the timing of the universe.

The Science and Skepticism Around the Law of Attraction

While many law of attraction books emphasize spiritual and psychological aspects, some skeptics question its scientific validity. However, emerging research in psychology and neuroscience supports the idea that positive thinking and visualization can influence behavior and outcomes.

Scientific Insights

- The Placebo Effect: Belief in a positive outcome can influence results.
- Cognitive Biases: Confirmation bias can make us notice favorable opportunities.
- Neuroplasticity: Repeating positive thoughts can rewire neural pathways, reinforcing optimistic attitudes.

Addressing Skepticism

- Approach the law of attraction with an open mind.
- Combine practices from these books with practical actions.
- Remember that mindset influences behavior, which can affect real-world results.

Conclusion: Embracing the Power of the Law of Attraction Book

A well-chosen law of attraction book can serve as a powerful tool in transforming your mindset, habits, and ultimately your life. By understanding the core principles, implementing practical techniques, and maintaining an unwavering belief, you can harness the universe's energy to manifest your deepest desires.

Whether you start with a motivational classic like *The Secret* or delve into more detailed guides like *Ask and It Is Given*, the journey toward manifestation begins with your willingness to learn and practice. Remember, the law of attraction is not about wishful thinking alone but about aligning your thoughts, feelings, and actions with your highest aspirations. Equip yourself with the right book, stay committed, and watch your reality shift in extraordinary ways.

Frequently Asked Questions

What is the core principle of the law of attraction as described in popular books?

The core principle is that positive or negative thoughts bring positive or negative experiences into a person's life, emphasizing the power of the mind to manifest desires through focused intention.

Which are some of the most recommended books on the law of attraction?

Some of the most recommended books include *'The Secret'* by Rhonda Byrne, *'The Law of Attraction: The Basics of the Teachings of Abraham'* by Esther and Jerry Hicks, and *'Ask and It Is Given'* by Esther and Jerry Hicks.

How can reading a law of attraction book help improve my life?

Reading a law of attraction book can help you understand how your thoughts

influence your reality, teach you techniques to focus your intentions positively, and inspire you to manifest your goals and desires more effectively.

Are there any scientific studies supporting the claims made in law of attraction books?

While some psychological studies support the idea that positive thinking can influence outcomes, there is limited scientific evidence directly validating the metaphysical claims of the law of attraction. Many consider it a spiritual or mindset tool rather than a scientifically proven method.

What are common techniques taught in law of attraction books?

Common techniques include visualization, affirmations, gratitude practices, creating vision boards, and maintaining a positive mindset to attract desired outcomes.

Can reading the law of attraction book alone guarantee success?

While reading the book can provide valuable insights and motivation, success typically requires consistent practice, positive action, and belief. The book is a tool, but real change depends on applying its principles.

How do I choose the right law of attraction book for me?

Look for books written by reputable authors, read reviews, and select one that resonates with your beliefs and goals. Some prefer more practical guides, while others seek philosophical insights—choose based on your personal preferences.

Additional Resources

The Law of Attraction Book: Unlocking the Secrets to Manifesting Your Desires

The Law of Attraction has become a household term over recent decades, inspiring millions to believe in the power of their thoughts to shape reality. At the heart of this movement lies a plethora of books dedicated to explaining, teaching, and guiding readers on harnessing this universal principle. Among the most influential and widely read is the foundational Law of Attraction book, which aims to demystify the concept and provide practical steps for manifestation. In this comprehensive review, we will explore the core ideas, key teachings, strengths, criticisms, and practical applications of the Law of Attraction book, giving you a detailed understanding of its

significance and how it may impact your life.

Understanding the Core Concept of the Law of Attraction

What is the Law of Attraction?

The Law of Attraction is based on the principle that like attracts like. Essentially, it posits that your thoughts, feelings, and beliefs emit vibrational frequencies into the universe, which then responds by bringing similar energies back to you. Positive thoughts are believed to attract positive experiences, whereas negative thoughts can manifest unwanted circumstances.

The core idea is simple yet profound: your mind and emotions are powerful magnets that draw circumstances, people, and opportunities based on your predominant mental state.

Historical Roots and Modern Revival

While the concept has ancient philosophical roots in texts like the Hermetic principles and various spiritual traditions, it gained mainstream popularity in the 20th century through books like *The Secret*, authored by Rhonda Byrne, and earlier works such as Napoleon Hill's *Think and Grow Rich*. The modern Law of Attraction book builds upon these foundations, blending spiritual wisdom with practical advice.

Key Themes and Teachings in the Law of Attraction Book

1. The Power of Thought and Feeling

At the core of the book's teachings is the idea that thoughts are energetic signals. But more than just thinking positively, the book emphasizes aligning your feelings with your desires. This emotional alignment amplifies your vibrational frequency, making manifestation more potent.

Key points include:

- Focused thought combined with genuine emotion attracts results.

- Visualizing your goals and feeling as if they are already achieved enhances effectiveness.
- Negative thoughts and doubts act as barriers to manifestation.

2. Clarity of Desires

Clarity is crucial. The book stresses that vague desires lead to vague results. To manifest effectively:

- Be specific about what you want.
- Write down your goals in detail.
- Visualize the exact circumstances and feelings associated with achieving your desires.

3. The Role of Belief and Expectation

Believing in the possibility of your desires is fundamental. The book advocates cultivating unwavering faith that your dreams are achievable and already on their way.

Practices include:

- Affirmations to reinforce belief.
- Eliminating limiting beliefs through self-awareness.
- Maintaining a positive expectation that your manifestations are imminent.

4. The Importance of Gratitude

Gratitude is portrayed as a powerful vibrational state that attracts more reasons to be thankful. Regularly expressing gratitude:

- Raises your vibrational frequency.
- Shifts your focus from lack to abundance.
- Aligns your energy with your desires.

5. The Art of Visualization and Affirmation

Visualization involves creating vivid mental images of your desired reality, making it feel real and emotionally resonant. Affirmations are positive statements that reinforce your belief in achieving your goals.

Effective techniques include:

- Daily visualization sessions.
- Repeating affirmations that affirm your success.
- Using sensory details to make visualizations more compelling.

6. Detachment and Trust

While it's important to focus on your desires, the book emphasizes the importance of detachment from the outcome. Trust that the universe is working

in your favor, even if results aren't immediately visible.

Key practices:

- Letting go of obsession over the how and when.
- Practicing patience.
- Maintaining a relaxed, positive attitude.

Practical Strategies and Exercises from the Book

The Law of Attraction book offers a variety of practical tools to embed its principles into daily life:

1. Journaling

- Write down your desires in detail.
- Record feelings of gratitude and abundance.
- Track manifestations to observe patterns and progress.

2. Creating a Vision Board

- Visual collages that represent your goals.
- Place them where you see daily to reinforce your intentions.

3. Daily Affirmations

- Craft personalized affirmations aligned with your goals.
- Repeat them multiple times a day with conviction.

4. Meditation and Mindfulness

- Practice meditation to clear mental clutter.
- Focus on feelings of abundance and gratitude.

5. Maintaining a Positive Environment

- Surround yourself with inspiring and supportive people.
- Limit exposure to negativity and doubts.

Strengths of the Law of Attraction Book

- Accessible and Easy to Understand: The book distills complex spiritual concepts into practical language accessible to beginners.
- Empowering Message: It encourages personal responsibility, emphasizing that individuals have the power to shape their lives.
- Actionable Techniques: It provides clear exercises, such as visualization and affirmations, making it easy to incorporate into daily routines.
- Holistic Approach: Balances mental, emotional, and spiritual aspects of manifestation.
- Positive Psychology Foundations: Reinforces the importance of gratitude, optimism, and positive thinking, which are supported by psychological research.

Criticisms and Limitations

While the Law of Attraction book has garnered a large following, it is not without criticisms:

- Oversimplification: Critics argue that the book sometimes oversimplifies complex life circumstances, implying that negative experiences are solely a result of one's thoughts.
- Lack of Empirical Evidence: There is limited scientific validation that thoughts directly influence external reality in the way described.
- Potential for Victim-Blaming: Some interpret the teachings as suggesting that individuals are responsible for all their misfortunes, which can lead to blame and guilt.
- Neglect of External Factors: Structural issues, socioeconomic factors, and circumstances beyond personal control are often underemphasized.
- Risk of Disillusionment: Without balanced perspective, readers may become frustrated if manifestations do not occur immediately.

Integrating the Law of Attraction Into Your Life

For those interested in applying the principles from the Law of Attraction book, consider the following guidance:

- Balance Faith and Action: While visualization and positive thinking are powerful, combine them with practical steps toward your goals.
- Stay Patient and Consistent: Manifestation takes time; persistence is key.

- Maintain Realistic Expectations: Use the teachings as a complement, not a substitute, for effort and planning.
- Be Open to Receiving: Cultivate openness and gratitude for opportunities and signs from the universe.
- Practice Self-Compassion: Recognize that setbacks are part of growth; maintain a loving attitude toward yourself.

Conclusion: Is the Law of Attraction Book Worth Reading?

The Law of Attraction book offers a compelling exploration of how your thoughts, feelings, and beliefs influence your reality. Its strengths lie in empowering readers to take control of their mindset and providing practical tools for manifestation. However, it is important to approach its teachings with a balanced perspective, understanding that manifestation is a combination of mental alignment, emotional resonance, and actionable steps.

For those seeking a motivational, spiritually oriented guide to personal development and abundance, this book can serve as an inspiring starting point. It encourages self-awareness, positivity, and perseverance—qualities that can enhance many areas of life beyond manifestation alone.

In summary, the Law of Attraction book can be a transformative resource if read with an open mind and integrated thoughtfully into a holistic approach to personal growth. Whether you are a skeptic or a believer, its core message—empowering individuals to craft their realities—remains a powerful reminder of the influence of your inner world on your outer experience.

[The Law Of Attraction Book](#)

the law of attraction book: *The Law of Attraction* Esther Hicks, Jerry Hicks, 2006-10-01 THE ESSENTIAL TEACHINGS OF ABRAHAM THAT INSPIRED MILLIONS - FROM #1 NEW YORK TIMES BEST-SELLING AUTHORS OF THE INTERNATIONAL SENSATION, ASK AND IT IS GIVEN A POWERFUL PERSONAL TRANSFORMATION BOOK THAT EXPLAINS HOW TO USE THE LAW OF ATTRACTION TO MANIFEST YOUR DREAM LIFE Within these pages, you'll learn how to be happier, and how all things, wanted and unwanted, are brought to you by this most powerful law of the universe, the Law of Attraction. (That which is like unto itself is drawn). You've most likely heard the saying Birds of a feather flock together, aka the Law of Attraction. This has been alluded to by some of the greatest teachers in history, it has never before been explained in as clear and easy to understand terms as in this inspirational law of attraction basics book. Learn here about the omnipresent Laws that govern this Universe and how to make them work to your advantage. The understanding and consciousness shifts that you'll achieve by reading this book will take all the guesswork out of daily living. Sections Include: · Part I - Our Path to the Abraham Experience · The

Universal Laws: Defined · Part II - The Law of Attraction · Part III: The Science of Deliberate Creation™ · Part IV: The Art of Allowing · Part V: Segment Intending You'll find many positive quotes for living with more peace and joy like: Rather than trying to monitor your thoughts, we encourage you to simply pay attention to how you are feeling. The greatest gift that you could ever give another is the gift of your expectation of their success. "I know that reading this book will produce a turning point in your life. Here is not only a description of the most important law of the universe (the only one you'll ever need to know about, really), but an easy-to-understand explanation of the mechanics of life. This is breathtaking information." -Neale Donald Walsch, best-selling author of The Conversations with God series "Since originally receiving this material, Esther and I have done our best to apply to our own lives what we have learned about these Laws, and the marvelous progression of our joyous lives is astounding. We took Abraham at their word because everything they told us made so much sense to us, but the application of these teachings has now been proven in our day-to-day experience. And it is with extraordinary joy that we can tell you—from our own personal experience: This works!" - Jerry Hicks These Abraham teachings will help you to joyously be, do, or have anything that you desire with love and gratitude.

the law of attraction book: Money, and the Law of Attraction Esther Hicks, 2010-03 Money, and the Law of Attraction This Leading Edge work by Esther and Jerry Hicks, who present the teachings of the Non-Physical consciousness Abraham, explains that the two subjects most chronically affected by the powerful Law of Attraction are financial and physical well-being. This book shines a spotlight on each of the most significant aspects of your life experience and then guides you to the conscious creative control of every aspect of your life. It also goes right to the heart of what most of you are probably troubled by: money and physical health, and has been written to deliberately align you with the most powerful law in the universe - the Law of Attraction - so that you can make it work specifically for you.

the law of attraction book: The Dark Side of the Law of Attraction Robin Sacredfire, Unlock the Hidden Secrets: The Dark Side of the Law of Attraction Revealed Are you tired of the law of attraction not working for you, even though you put in the effort? Have you ever wondered why it fails to manifest your desires, especially for those who are spiritual, loving, and deserving? The answer lies in the dark side of the law of attraction—something that nobody had the courage to tell you... until now. In The Dark Side of the Law of Attraction: Everything You Wanted to Know about the Law of Detachment but Nobody Had the Courage to Tell You, we delve deep into the unexplored territory of what truly holds us back from harnessing the power of attraction. You'll discover profound insights and uncomfortable truths that are often kept hidden from the public. As you explore this book, you'll realize that the law of attraction is not as simple as it seems. It is intricately intertwined with the law of vibration, which is influenced by various factors that shape our identity and determine our life choices. Whether it's love or rejection, understanding how these factors impact our reality is crucial to unlocking the full potential of the law of attraction. With this comprehensive guide, you'll uncover the secrets of the law of detachment, an essential element that is often overlooked. Just as yin cannot exist without yang, you won't truly understand the intricacies of the law of attraction without delving into the law of detachment. By integrating these principles into your life, you'll discover how to manifest your desires and reshape your reality. The Dark Side of the Law of Attraction offers a second chance to those who have previously tried manifesting their dreams and felt disappointed. It unveils the truths that other books on this subject shy away from, giving you the knowledge you need to transform your results. This book is a must-read for anyone seeking to harness the power of the law of attraction and manifest their deepest desires. If you're ready to gain a fresh perspective and embrace the uncomfortable truths that hold the key to your success, then don't miss this opportunity. It's time to rewrite your reality and manifest the life you deserve.

the law of attraction book: Law of Attraction Simon Gray, 2015-03-19 LAW OF ATTRACTION SECRETS REVEALED! (FREE BONUS INSIDE: 30 DAY LAW OF ATTRACTION JOURNAL!) Unleash the Power and Be the Creator of Your Life! Learn the true Art of Manifesting MORE MONEY, MORE

POWER and MORE LOVE! Here Is A Sneak Peak of the Law of Attraction... Learn the Secrets of Getting the Universe to Actually Respond Find Out Why Positive Thinking Doesn't Work! Discover the Law of Attraction Map to Success How to NOT just Manifest Once or Twice but Everyday and Forever! Specific Decisions That Will Change Everything for You Guaranteed Learn the REAL STRATEGIES to Attracting What You Really Want Understand Why You Are Not Succeeding with The Law of Attraction Identify Where You Are Sabotaging Your Own Success How to Take It to The Next Level and Manifest Even More Learn The Secret Of Surrender How to Live the Law of Attraction Everyday Much, much more! More info can be found here: <http://secretsofthelaw.com/> www.secretsofthelaw.com (c) 2015 All Rights Reservedtags: law of attraction, law of attraction secrets, law of attraction book, jack canfield, the secret, law of attraction weight loss, manifesting manifestation, more money, more power, more love, attracting what you want

the law of attraction book: Law of Attraction Mitesh Khatri, Indu Khatri, 2016-01-22 You already have everything to transform your life into anything you desire. Do you believe it? The Law of Attraction is the power key to unlock your destiny, to consciously attract more of what you want and less of what you don't want. This book teaches you how to use the hidden energy within you to alter your life circumstances to create abundance of happiness and success. Once you read this book, there is no turning back. So grab your copy now and start manifesting your dreams into reality! Mitesh Khatri is an internationally trusted leadership trainer, motivational speaker and national-bestselling author of *Awaken the Leader In You*. He founded Guiding Light Consultants with his wife and co-author Indu Khatri. Indu Khatri is a bestselling author and principle content designer for Guiding Light's corporate training programs and executive coaching.

the law of attraction book: Total Law of Attraction David Che, 2013-11-09 Now available as an eBook, a simple step-by-step guide that allows you to realistically apply the Law of Attraction to improve your life and achieve the next level of practical understanding. Why is it that we see very young people becoming millionaires these days? Or older athletes in the Olympics winning medals when people thought they didn't have a chance? And how about former Senator Barack Obama running for president and being the first African American in US history to win the presidency when many thought it was impossible? It is because these individuals have learned how to use the Law of Attraction—they have learned how to believe something is possible, even while others don't. Whether it is presidential elections, sports, or anything, for that matter, what we believe directly determines our destiny. In these pages, for the first time ever, you will find the Law of Attraction explained in a simple and practical manner. While so many other books claiming to explain the Law of Attraction have cajoled their readers with inspiring statements and complicated theorizing, this book will actually teach you how to apply it to your daily life. So, are you ready to start attracting good things into your life? You are only pages away from finding out the real secret ...

the law of attraction book: Jack Canfield's Key to Living the Law of Attraction Jack Canfield, D.D. Watkins, 2010-01-01 Long before he was the cocreator of the Chicken Soup for the Soul series, Jack Canfield was a master motivator, teacher, and a self-esteem trainer. In his latest book, *Jack Canfield's Key to Living the Law of Attraction*, the man known internationally as America's Success Coach helps readers apply the principles of the famed Law of Attraction to their lives. Canfield covers all areas of life -- from career and creative pursuits to health, financial prosperity and winning relationships -- and guides readers to understand how the Law of Attraction works in their lives through reprogram-minded, interactive prescription. In addition Canfield discusses: · How not to let life 'happen' to you, but to be a pro-active agent in your destiny · Orchestrating positive changes to make yourself a magnet to the Law of Attraction · Connecting your bundle of intelligent energy for optimum, life-changing results. and much more

the law of attraction book: The Secret Law of Attraction as Explained By Napoleon Hill Napoleon Hill, 2008-06-24 IT ALL STARTED WITH CARNEGIE AND HILL Few things in recent history have had the impact of *The Secret*. Created by Rhonda Byrnes, the video program and book have taken the ideas of the New Thought Movement that flourished in America at the turn of the twentieth century and made them as intriguing as *The Da Vinci Code* and as up-to-date as this

morning-s headlines. This book, *The Secret Law of Attraction* as explained by Napoleon Hill, focuses its attention on two of the most famous names mentioned as keepers of the secret--Andrew Carnegie and Napoleon Hill--and on how Carnegie conveyed his understanding of this Secret Law of Attraction to Hill--who, in turn, transformed those concepts into the best-selling success book in the history of publishing: *Think and Grow Rich*. THE COMPLETE SECRET IN ONE BOOK For the first time, Napoleon Hill-s books have been carefully analyzed to identify those passages dealing with the Law of Attraction as well as the lesser-known of Carnegie-s laws that govern personal achievement and success. These key sections have been brought together between the covers of this one book, *The Secret Law of Attraction*

the law of attraction book: *The Law of Attraction* Jen McCarty, 2021-02-14 This is a book of inspired quotes from some of the worlds greatest hearts and minds. The Law of Attraction is an infallible law of nature which when understood and applied can lead us all to the life of our greatest imaginings.

the law of attraction book: *Mastering the Law of Attraction* J.D. Rockefeller, 2016-06-28 You get what you think. Like attracts like. You attract what you focus on. You have probably been hearing these statements again and again in the last two decades. Is it true? Although it sounds interesting, some skeptics believe that the law of attraction really works. Why shouldn't it? We always tend to get what we focus on. When we focus on the fact that a job interview is going to be a disaster, it usually does turn into one. When we think about how we are going to panic when we enter the examination hall, the likelihood is that that's exactly what's going to happen. These are experiences that many of us have gone through. As usual, most of us find it easier to remember the negative events and not the positive events. If we focus on something negative and it happens, then we can surely focus on something positive and it will happen too. This is the general premise of the law of attraction. Made popular by the book *The Secret* and the movie by the same name, the law of attraction is quite simple. It just says that like attracts like. So, if you focus on bad things, you will attract disaster. If you focus on good things, you will attract happiness. But this is easier said than done. It seems to sound easy, but many people find it difficult when they try to follow this principle. They want something, they focus on the lack of it, and that's what they get...lack of it. This is where most people tend to go wrong. The law of attraction is about focusing on abundance and not on lack. So, if you focus on the fact that you already have what you desire, you will get it. But if you focus on the fact that you don't have something and would like to have it, you never get it. In that case, how can you use the law of attraction to manifest your desires and your dreams into reality? Many people have been successful in manifesting their desire for money, a soul mate, a house, a great career, and so on and so forth. You can too. Just read this guide that aims to help you understand how you can manifest your desires into reality and where you may go wrong.

the law of attraction book: Law of Attraction Michael J. Losier, 2006 If your life feels as if it has turned south and taken on the characteristics of a bad soap opera, it's time to pick up this book.

the law of attraction book: The Essential Law of Attraction Collection Esther Hicks, Jerry Hicks, 2015-10-13 A LIFE-CHANGING COLLECTION OF THE TEACHINGS OF ABRAHAM AND THE LAW OF ATTRACTION FROM THE #1 NEW YORK TIMES BEST-SELLING AUTHORS OF ASK AND IT IS GIVEN THIS MUST-READ COLLECTION BY ESTHER AND JERRY HICKS FEATURES THREE BEST SELLING HAPPINESS AND SUCCESS BOOKS IN ONE SPECIAL EDITION TO HELP YOU MANIFEST YOUR DREAM LIFE The Essential Law of Attraction Collection is the perfect read for those who want to deepen their understanding of the Teachings of Abraham, and includes: *The Law of Attraction* presents the powerful basics of the original Teachings of Abraham®. You've most likely heard the saying Like attracts like, and although the Law of Attraction has been alluded to by some of the greatest teachers in history, it has never been explained in as clear and practical terms as it is in these pages. *Money, and the Law of Attraction* shines a spotlight on two subjects troubling many people today: money and physical health. This book was written to deliberately align you with the most powerful law in the universe—the Law of Attraction—so that you can make it work specifically for you, no matter what your life experience may be. *The Vortex* will help you understand every

relationship you are currently involved in or have ever experienced. It uncovers a myriad of false premises that are at the heart of every uncomfortable relationship issue, and guides you to a clear understanding of the creative Vortex that has already assembled the relationships that you have desired. Book Sections Include: BOOK 1: The Law of Attraction: The Basics of the Teachings of Abraham forward by Neale Donald Walsch Part I: Our Path to the Abraham Experience Part II: The Law of Attraction Part III: The Science of Deliberate Creation Part IV: The Art of Allowing Part V: Segment Intending BOOK 2: Money, and the Law of Attraction: Learning to Attract Wealth, Health, and Happiness Preface by Jerry Hicks Part I: Pivoting and the Book of Positive Aspects Part II: Attracting Money and Manifesting Abundance Part III: Maintaining My Physical Well-Being Part IV: Perspectives of Health, Weight, and Mind Part V: Careers, as Profitable Sources of Pleasure Book 3: The Vortex: Where the Law of Attraction Assembles All Cooperative Relationships Part I: Your Vortex, and the Law of Attraction: Learning to Attract Joyous Co-creators Part II: Mating, and the Law of Attraction: The Perfect Mate— Getting One, Being One, Attracting One Part III: Sexuality, and the Law of Attraction: Sexuality, Sensuality, and the Opinions of Others. Part IV: Parenting, and the Law of Attraction: Creating Positive Parent/Child Relationships in a World of Contrast Part V: Self-Appreciation, and the Law of Attraction: Appreciation, the “Magical” Key to Your Vortex Flawed Premises This comprehensive volume on the Law of Attraction will help you feel more joy, success, and love!

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