

BEING MORTAL BOOK PDF

BEING MORTAL BOOK PDF HAS BECOME A POPULAR SEARCH TERM FOR READERS EAGER TO ACCESS ATUL GAWANDE'S COMPELLING EXPLORATION OF AGING, DEATH, AND THE HUMAN CONDITION IN DIGITAL FORMAT. AS ONE OF THE MOST DISCUSSED WORKS IN RECENT YEARS, THE BOOK OFFERS PROFOUND INSIGHTS INTO HOW WE CONFRONT MORTALITY, THE MEDICAL SYSTEM'S ROLE IN END-OF-LIFE CARE, AND THE IMPORTANCE OF LIVING MEANINGFULLY DESPITE INEVITABLE DECLINE. FOR THOSE INTERESTED IN READING BEING MORTAL IN PDF FORM, UNDERSTANDING THE OPTIONS, LEGAL CONSIDERATIONS, AND KEY THEMES OF THE BOOK CAN ENHANCE YOUR READING EXPERIENCE. THIS COMPREHENSIVE GUIDE WILL DELVE INTO EVERYTHING YOU NEED TO KNOW ABOUT OBTAINING A BEING MORTAL BOOK PDF, ITS CONTENT OVERVIEW, AND HOW TO APPROACH THE BOOK'S IMPACTFUL MESSAGES.

OVERVIEW OF BEING MORTAL BY ATUL GAWANDE

ABOUT THE AUTHOR

ATUL GAWANDE IS A RENOWNED SURGEON, WRITER, AND PUBLIC HEALTH RESEARCHER. HIS WORK OFTEN BRIDGES THE GAP BETWEEN MEDICAL PRACTICE AND ETHICAL CONSIDERATIONS, EMPHASIZING PATIENT-CENTERED CARE. BEING MORTAL IS HIS ACCLAIMED BOOK THAT EXAMINES THE REALITIES OF AGING AND DEATH, ADVOCATING FOR A MORE COMPASSIONATE APPROACH TO END-OF-LIFE DECISIONS.

SUMMARY OF MAIN THEMES

THE BOOK EXPLORES SEVERAL CORE THEMES:

- THE LIMITATIONS AND CHALLENGES OF MODERN MEDICINE IN PROLONGING LIFE
- THE IMPORTANCE OF AUTONOMY AND DIGNITY IN AGING AND DYING
- THE VALUE OF QUALITY OF LIFE OVER MERE SURVIVAL
- THE NEED FOR HONEST CONVERSATIONS ABOUT MORTALITY
- HOW INSTITUTIONS AND CAREGIVERS CAN BETTER SUPPORT THE ELDERLY AND TERMINALLY ILL

ACCESSING BEING MORTAL BOOK PDF: LEGAL AND ETHICAL CONSIDERATIONS

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KEY FEATURES OF THE BEING MORTAL PDF

CONTENT STRUCTURE

THE PDF VERSION OF BEING MORTAL GENERALLY CONTAINS:

- THE COMPLETE TEXT OF THE BOOK
- ADDITIONAL RESOURCES SUCH AS APPENDICES OR AUTHOR NOTES
- POSSIBLY, ANNOTATIONS OR HIGHLIGHTED SECTIONS IF SHARED OR ANNOTATED DIGITALLY

ADVANTAGES OF PDF FORMAT

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- ENSURING THE PDF IS THE MOST RECENT AND COMPLETE VERSION

MAIN TOPICS COVERED IN BEING MORTAL

MEDICAL PERSPECTIVES ON AGING AND DEATH

GAWANDE DISCUSSES HOW THE MEDICAL COMMUNITY OFTEN FOCUSES ON PROLONGING LIFE AT THE EXPENSE OF QUALITY, HIGHLIGHTING THE NEED FOR BALANCED CARE THAT RESPECTS PATIENT WISHES.

REAL-LIFE STORIES AND CASE STUDIES

THE BOOK FEATURES COMPELLING STORIES OF PATIENTS FACING TERMINAL ILLNESS, ILLUSTRATING THE IMPORTANCE OF HONEST COMMUNICATION AND PERSONALIZED CARE.

REEVALUATING END-OF-LIFE CARE

GAWANDE ADVOCATES FOR ADVANCE DIRECTIVES AND OPEN CONVERSATIONS ABOUT PREFERENCES, EMPHASIZING THAT “LIVING WELL” IS MORE IMPORTANT THAN SIMPLY LIVING LONGER.

INNOVATIONS IN CAREGIVING

THE BOOK EXPLORES NEW MODELS SUCH AS ASSISTED LIVING, HOSPICE CARE, AND PALLIATIVE MEDICINE AIMED AT PROVIDING DIGNITY AND COMFORT.

HOW TO MAKE THE MOST OF READING BEING MORTAL

REFLECT ON PERSONAL VALUES AND BELIEFS

THE THEMES IN BEING MORTAL ENCOURAGE READERS TO CONSIDER THEIR OWN ATTITUDES TOWARD AGING AND MORTALITY, FOSTERING MEANINGFUL CONVERSATIONS WITH LOVED ONES.

ENGAGE WITH SUPPLEMENTAL RESOURCES

- COMPANION ARTICLES OR REVIEWS
- DISCUSSIONS ON HEALTHCARE POLICIES
- PATIENT ADVOCACY GROUPS

IMPLEMENT LESSONS IN PERSONAL AND PROFESSIONAL LIFE

HEALTHCARE PROFESSIONALS CAN INCORPORATE GAWANDE’S INSIGHTS INTO PATIENT CARE, WHILE INDIVIDUALS CAN PLAN FOR THEIR FUTURE HEALTH PREFERENCES.

CONCLUSION: EMBRACING MORTALITY WITH COMPASSION AND WISDOM

OBTAINING AND READING THE BEING MORTAL BOOK PDF CAN SERVE AS A TRANSFORMATIVE EXPERIENCE, PROMPTING DEEPER REFLECTION ON HOW SOCIETY APPROACHES AGING AND DEATH. WHILE DIGITAL ACCESS MAKES IT EASIER TO EXPLORE THESE VITAL TOPICS, ALWAYS PRIORITIZE LEGAL AND ETHICAL WAYS TO ACQUIRE THE BOOK. BY ENGAGING WITH GAWANDE’S COMPELLING NARRATIVES AND INSIGHTS, READERS CAN FOSTER A MORE COMPASSIONATE UNDERSTANDING OF MORTALITY, LEADING TO BETTER PERSONAL DECISIONS AND SOCIETAL PRACTICES. WHETHER YOU’RE A HEALTHCARE PROFESSIONAL,

CAREGIVER, OR SOMEONE CONTEMPLATING YOUR OWN LIFE JOURNEY, BEING MORTAL OFFERS INVALUABLE WISDOM THAT RESONATES ACROSS ALL STAGES OF LIFE.

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FREQUENTLY ASKED QUESTIONS

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WHAT ARE THE MAIN THEMES DISCUSSED IN 'BEING MORTAL' IN THE PDF FORMAT?

'BEING MORTAL' EXPLORES THEMES SUCH AS AGING, END-OF-LIFE CARE, MEDICAL ETHICS, QUALITY OF LIFE, AND THE IMPORTANCE OF HONEST CONVERSATIONS ABOUT MORTALITY, EMPHASIZING HUMANE APPROACHES TO AGING AND DYING.

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ADDITIONAL RESOURCES

BEING MORTAL BOOK PDF: AN IN-DEPTH EXPLORATION OF A THOUGHT-PROVOKING WORK

IN THE REALM OF CONTEMPORARY LITERATURE THAT GRAPPLES WITH THE PROFOUND REALITIES OF AGING, MORTALITY, AND HEALTHCARE, THE PHRASE "BEING MORTAL BOOK PDF" HAS GAINED NOTABLE ATTENTION. THIS SEARCH TERM ENCAPSULATES A WIDESPREAD DESIRE TO ACCESS ATUL GAWANDE'S INFLUENTIAL WORK BEING MORTAL: MEDICINE AND WHAT MATTERS IN THE END IN A DIGITAL FORMAT. AS A SIGNIFICANT CONTRIBUTION TO BOTH MEDICAL ETHICS AND PERSONAL REFLECTION, THE BOOK OFFERS READERS AN INSIGHTFUL PERSPECTIVE ON HOW SOCIETY APPROACHES AGING, END-OF-LIFE CARE, AND THE HUMAN CONDITION. THIS ARTICLE AIMS TO PROVIDE A COMPREHENSIVE OVERVIEW OF BEING MORTAL, DELVE INTO ITS CORE THEMES, DISCUSS ITS AVAILABILITY IN PDF FORM, AND EXPLORE ITS IMPACT ON READERS AND HEALTHCARE PRACTICES ALIKE.

UNDERSTANDING BEING MORTAL: AN OVERVIEW

WHAT IS BEING MORTAL ABOUT?

PUBLISHED IN 2014, BEING MORTAL IS A COMPELLING NARRATIVE PENNED BY DR. ATUL GAWANDE, A RENOWNED SURGEON AND WRITER. THE BOOK EXAMINES THE LIMITATIONS OF MODERN MEDICINE IN ADDRESSING THE FUNDAMENTAL QUESTION OF WHAT IT MEANS TO AGE AND DIE WELL. GAWANDE COMBINES PERSONAL ANECDOTES, CASE STUDIES, AND SCIENTIFIC RESEARCH TO CHALLENGE THE PREVAILING MEDICAL PARADIGM THAT OFTEN PRIORITIZES PROLONGING LIFE AT ALL COSTS, SOMETIMES AT THE EXPENSE OF QUALITY OF LIFE.

CORE THEMES OF THE BOOK

- THE LIMITATIONS OF MEDICAL INTERVENTIONS: GAWANDE DISCUSSES HOW AGGRESSIVE TREATMENTS CAN SOMETIMES PROLONG SUFFERING RATHER THAN IMPROVE WELL-BEING, EMPHASIZING THE IMPORTANCE OF ALIGNING MEDICAL DECISIONS WITH PATIENTS' VALUES AND DESIRES.
- THE HUMAN SIDE OF AGING AND DEATH: THE BOOK HIGHLIGHTS THE EMOTIONAL AND PSYCHOLOGICAL ASPECTS OF AGING, UNDERSCORING THE IMPORTANCE OF DIGNITY, AUTONOMY, AND MEANINGFUL RELATIONSHIPS IN LATER LIFE.
- REIMAGINING CARE FOR THE ELDERLY: GAWANDE ADVOCATES FOR A SHIFT TOWARD MORE PERSONALIZED, COMPASSIONATE CARE MODELS THAT PRIORITIZE COMFORT AND PERSONAL FULFILLMENT OVER MERE SURVIVAL.
- THE ROLE OF FAMILY AND COMMUNITY: THE NARRATIVE UNDERSCORES THE SIGNIFICANCE OF SOCIAL SUPPORT AND THE ROLE OF FAMILIES IN NAVIGATING END-OF-LIFE DECISIONS.
- END-OF-LIFE PLANNING: THE BOOK STRESSES THE IMPORTANCE OF HONEST CONVERSATIONS ABOUT DEATH AND ENCOURAGES PROACTIVE PLANNING TO ENSURE THAT INDIVIDUALS' WISHES ARE RESPECTED.

WHY IS BEING MORTAL CONSIDERED A MUST-READ?

- IT BRIDGES THE GAP BETWEEN MEDICAL SCIENCE AND HUMANISTIC CARE.
- IT CHALLENGES HEALTHCARE PROFESSIONALS TO RECONSIDER APPROACHES TO AGING AND TERMINAL ILLNESS.
- IT PROVIDES VALUABLE INSIGHTS FOR INDIVIDUALS FACING AGING OR CARING FOR LOVED ONES.
- IT PROMPTS SOCIETY TO CONFRONT UNCOMFORTABLE TRUTHS ABOUT MORTALITY AND HOW WE HANDLE IT.

ACCESSIBILITY AND AVAILABILITY OF BEING MORTAL PDF

WHY DO PEOPLE SEARCH FOR BEING MORTAL BOOK PDF?

THE DESIRE TO FIND A BEING MORTAL BOOK PDF STEMS FROM SEVERAL COMMON MOTIVATIONS:

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- COST: PDFs ARE SOMETIMES AVAILABLE AT LOWER PRICES OR THROUGH FREE SOURCES.
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- EDUCATIONAL PLATFORMS: UNIVERSITIES AND MEDICAL INSTITUTIONS SOMETIMES PROVIDE ACCESS TO SUCH WORKS FOR STUDENTS AND STAFF.

DEEP DIVE INTO THE CONTENT AND IMPACT

THE MEDICAL COMMUNITY'S REFLECTION

BEING MORTAL HAS RESONATED DEEPLY WITHIN THE HEALTHCARE SECTOR, PROMPTING INTROSPECTION AMONG PRACTITIONERS. IT CHALLENGES THE TRADITIONAL GOAL OF MEDICINE—EXTENDING LIFE—BY ADVOCATING FOR A MORE NUANCED APPROACH THAT CONSIDERS QUALITY AND DIGNITY. MANY HOSPITALS AND HOSPICE PROGRAMS HAVE INTEGRATED LESSONS FROM THE BOOK TO IMPROVE PATIENT-CENTERED CARE.

PERSONAL IMPACT ON READERS

FOR INDIVIDUALS AND FAMILIES, THE BOOK OFFERS:

- CLARITY: HELPS UNDERSTAND COMPLEX MEDICAL DECISIONS.
- EMPOWERMENT: ENCOURAGES PROACTIVE CONVERSATIONS ABOUT END-OF-LIFE WISHES.
- COMFORT: PROVIDES REASSURANCE THAT AGING AND DEATH ARE NATURAL PARTS OF LIFE.
- PERSPECTIVE: SHIFTS FOCUS FROM MERE SURVIVAL TO LIVING MEANINGFULLY.

CRITICISMS AND LIMITATIONS

WHILE WIDELY PRAISED, SOME CRITICS ARGUE THAT:

- THE BOOK'S FOCUS ON AMERICAN HEALTHCARE MAY NOT FULLY TRANSLATE TO OTHER CULTURAL CONTEXTS.
- IT MAY OVERSIMPLIFY COMPLEX CULTURAL ATTITUDES TOWARD DEATH.
- SOME READERS MAY FIND THE TONE TOO CLINICAL OR PHILOSOPHICAL.

THE BOOK'S BROADER INFLUENCE

BEING MORTAL HAS INSPIRED:

- POLICY DISCUSSIONS ON AGING AND END-OF-LIFE CARE.
- EDUCATIONAL CURRICULA FOR HEALTHCARE PROFESSIONALS.
- PUBLIC AWARENESS CAMPAIGNS EMPHASIZING ADVANCE DIRECTIVES AND PALLIATIVE CARE.

HOW TO ENGAGE WITH BEING MORTAL EFFECTIVELY

READING TIPS

- APPROACH THE BOOK WITH AN OPEN MIND ABOUT MORTALITY.
- REFLECT ON YOUR OWN VALUES AND WISHES REGARDING AGING AND END-OF-LIFE CARE.
- USE THE BOOK AS A SPRINGBOARD FOR CONVERSATIONS WITH LOVED ONES AND MEDICAL PROVIDERS.

COMPLEMENTARY RESOURCES

- ADVANCE DIRECTIVES: LEGAL DOCUMENTS SPECIFYING YOUR HEALTHCARE PREFERENCES.
- HOSPICE AND PALLIATIVE CARE PROGRAMS: SPECIALIZED SERVICES FOCUSED ON COMFORT.
- SUPPORT GROUPS: SHARING EXPERIENCES WITH PEERS FACING SIMILAR ISSUES.

FINAL THOUGHTS: THE SIGNIFICANCE OF BEING MORTAL

IN A SOCIETY OFTEN UNCOMFORTABLE WITH DISCUSSING DEATH, BEING MORTAL STANDS OUT AS A COMPASSIONATE, HONEST, AND THOUGHT-PROVOKING WORK. ITS EMPHASIS ON DIGNITY, AUTONOMY, AND MEANINGFUL LIVING CHALLENGES US TO RETHINK HOW WE APPROACH AGING AND MORTALITY. WHETHER ACCESSED IN PHYSICAL FORM OR AS A PDF, THE CORE MESSAGE REMAINS VITAL: ACKNOWLEDGING OUR MORTALITY ENABLES US TO LIVE BETTER, MORE INTENTIONAL LIVES.

FOR THOSE INTERESTED IN EXPLORING THIS INFLUENTIAL WORK DIGITALLY, IT'S ESSENTIAL TO SEEK LEGITIMATE SOURCES TO ENSURE FAIR COMPENSATION FOR AUTHORS AND PUBLISHERS. THE BEING MORTAL PDF, WHEN OBTAINED ETHICALLY, CAN BE A VALUABLE RESOURCE—SERVING AS A GUIDE, A WAKE-UP CALL, AND A SOURCE OF COMFORT IN CONFRONTING LIFE'S INEVITABLE END.

IN SUMMARY, BEING MORTAL IS MORE THAN JUST A BOOK ABOUT AGING; IT'S A PROFOUND REFLECTION ON WHAT IT MEANS TO LIVE WELL IN THE FACE OF MORTALITY. ITS AVAILABILITY IN PDF FORMAT OFFERS ACCESSIBLE PATHWAYS TO ITS WISDOM, PROVIDED THAT READERS CHOOSE LEGAL AND ETHICAL AVENUES FOR DOWNLOAD. AS SOCIETY CONTINUES TO GRAPPLE WITH AGING POPULATIONS AND HEALTHCARE CHALLENGES, THE MESSAGES WITHIN BEING MORTAL REMAIN MORE RELEVANT THAN EVER—CALLING US TO PRIORITIZE COMPASSION, DIGNITY, AND HUMAN CONNECTION IN OUR JOURNEYS THROUGH LIFE'S FINAL CHAPTERS.

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being mortal book pdf: Being Mortal Atul Gawande, 2014-10-07 Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families of the terminally ill.

being mortal book pdf: The Management Book PDF eBook Richard Newton, 2012-05-14 Clearly structured in 36 short sections, this practical book provides rapid, accessible advice on all the essential management challenges. Focusing on the manager's key role - managing teams to get things done, this book looks at the essential parts of management from unusual perspectives and different angles. Structured with the busy manager in mind, you can dip into any section of the book and read it as an individual piece of advice or read it end-to-end to gain an overall picture of management.

being mortal book pdf: The British Study Edition of the Urantia Papers Book [eReader PDF] Edited by Tigran Aivazian, 2011-01-01 The British Study Edition of the Urantia Papers is based on the standard SRT text, but uses the metric system and adds a critical apparatus of textual variants and study notes.

being mortal book pdf: This Much I Know About Mind Over Matter ... John Tomsett, 2017-02-17 In This Much I Know about Mind Over Matter John Tomsett addresses, with refreshing honesty, the growing problem of the mental health issues experienced by children and young people, offering up a plan for averting a mental health crisis in our schools. Tomsett interweaves his formative and professional experience with strategies for addressing students' mental health issues and insights from his interviews with high profile thinkers on the subject including Professor Tanya Byron, Natasha Devon, Norman Lamb, Tom Bennett, Claire Fox and Dr Ken McLaughlin. The book is replete with truths about the state of children's mental wellbeing, about creating a school culture where everyone can thrive and about living in the shadow of his mother's manic depression. With his typical mixture of experience, wisdom and research-based evidence, Tomsett explains how he manages the pressure of modern day state school headship in a climate where you are only as good as your last set of examination results, a pressure which acutely affects staff and students too. He

outlines his strategies for mitigating this pressure and turning the tide of students' mental health problems. The autobiographical narrative modulates between self-effacing humour and heart-wrenching stories of his mother's life, blighted by mental illness. His professional reflections are a wisdom-filled blend of evidence-based policy and decades of experience in teaching and school leadership. Tomsett writes with genuine humility. His prose is beautiful in its seeming simplicity. When you pick up one of his books you will find you have read the first fifty pages before you have even noticed: surely the hallmark of truly great writing. Topics covered include: the real state of the nation's mental health, the perfect storm that is precipitating a mental health crisis in schools, the problems of loose terminology what do we really mean when we talk about a mental health epidemic? and poor understanding of mental health problems and mental illness, the disparity between mental and physical health in public discourse, treatment and funding, beginning the conversation about mental health, the philosophical and psychological principles underpinning the debate, strategies to support students in managing their own mental health better, resilience, growth mindset, mindfulness, grit, failure and mistakes, coping with pressure, York's school wellbeing workers project, evidence-based strategies that have worked in Huntington School, metacognitive strategies for improving exam performance, interviews with professionals in the field, the reality of living with a parent with a serious mental illness, self-concept and achievement, perfectionism, the relationship between academic rigour and therapeutic education and, significantly, what the research says, what the experts say and what Tomsett's experience says about averting a mental health crisis in schools. Suitable for teachers, leaders and anyone with an interest in mental health in schools.

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Elizabeth M. Varcarolis, 2016-07-22 Awarded third place in the 2017 AJN Book of the Year Awards in the Psychiatric and Mental Health Nursing Category. Get a full understanding of today's psychiatric nursing practice in less time! Essentials of Psychiatric Mental Health Nursing, 3rd Edition offers the perfect balance of essential nursing interventions and clinical content paired with current research and evidence-based practice to fully equip you for today's field of mental health nursing. This new edition continues to retain the reader-friendly style, emphasis on therapeutic communication, and the nursing process organization that was successful in the previous edition. It also includes additional DSM-5 disorders, illustrations of various neurobiology disorders, a new neurobiology learning tool, and new NCLEX review questions to help you pass your course and thoroughly prepare for the psychiatric nursing section of the NCLEX. REVISED! Examining the Evidence boxes explain the reasoning behind nursing interventions and how research affects everyday practice. UNIQUE! Applying the Art sections in the clinical chapters provide examples of therapeutic and nontherapeutic communication techniques as well as realistic nurse-patient interaction scenarios. Chapter review questions reinforce essential content from the chapter. Critical thinking questions introduce clinical situations in psychiatric nursing. Nursing Interventions tables familiarize readers with interventions for a disorder that they will encounter in clinical practice. Key concepts and terms clarify essential terminology. Vignettes offer succinct, real-life glimpses into clinical practice by describing patients and their psychiatric disorders. Assessment Guidelines familiarize readers with methods of assessing patients. Potential Nursing Diagnosis tables give several possible nursing diagnoses for a particular disorder along with the associated signs and symptoms. DSM-5 diagnostic criteria identifies medical diagnostic criteria for psychiatric disorders for integration into the nursing plan of care. Important contributions from psychiatric

mental health nursing pioneers are featured in the opening unit pages. Cultural Considerations sections reinforce the principles of culturally competent care. Key Points to Remember outline the main concepts of each chapter in an easy to comprehend and concise bulleted list. Appendices feature the DSM-5 Classifications and a list of the latest NANDA-I diagnoses for readers' reference.

being mortal book pdf: *Dying Well* John Wyatt, 2018-06-21 We cannot choreograph our own death, but we can die well. This is a book for those who are facing death. It is also for their relatives, friends and carers. John Wyatt looks at recent trends in dying. He examines the 'art of dying', a Christian tradition from the past. We see opportunities for dying well and faithfully, real-world examples of personal growth and instances of reconciliation and personal healing in relationships. On the other hand, there are also challenges to face: the fears and temptations that dying can bring. We learn from Jesus' example as we focus on his words from the cross. The wonderful news is that we can look forward to 'a sure and steadfast hope', the amazing hope of resurrection and its implications for our lives today.

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being mortal book pdf: Massachusetts General Hospital Handbook of General Hospital Psychiatry E-Book Theodore A. Stern, Oliver Freudenreich, Felicia A. Smith, Gregory L. Fricchione, Jerrold F. Rosenbaum, 2017-08-09 For generations of practitioners, the Massachusetts General Hospital Handbook of General Hospital Psychiatry has been and is the gold standard guide to consultation-liaison psychiatry and psychosomatic medicine. The fully updated 7th Edition, by Drs. Theodore A. Stern, Oliver Freudenreich, Felicia A. Smith, Gregory L. Fricchione, and Jerrold F. Rosenbaum, provides an authoritative, easy-to-understand review of the diagnosis, evaluation, and treatment of psychiatric problems experienced by adults and children with medical and surgical conditions. Covers the psychological impact of chronic medical problems and life-threatening diseases, somatic symptom disorders, organ donors and recipients, pain, substance abuse, and polypharmacy, including a thorough review of drug actions and interactions, metabolism, and elimination. - Features DSM-5 updates throughout, as well as case studies in every chapter. - Contains practical tips on how to implement the most current and effective pharmacological therapies as well as cognitive-behavioral approaches. - Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, images, videos (including video updates), glossary, and references from the book on a variety of devices.

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synonymous with the specialty and a part of generations of surgery residents and practitioners. Meticulously updated throughout, this classic text concisely covers the breadth of material needed for certification and practice of general surgery. Detailed, full-color intraoperative illustrations and high-quality video clips capture key teaching moments, allowing you to better understand the basic science of surgery, make the most informed decisions and achieve optimal outcomes for every patient. Key Features - Understand the underlying science and its clinical application to make informed surgical decisions and achieve optimal outcomes. - Overcome tough challenges, manage unusual situations, and avoid complications with the most trusted advice in your field. - Get the depth of coverage you need in an easily accessible, single volume organized by organ and along traditional lines beginning with principles common to surgical specialties including fluid and electrolyte management, metabolic support, and wound healing. Subsequent sections review the management of injury, transplantation, oncology, breast, endocrine, and abdominal procedures. - Explore topics encountered by general surgery residents in training as well as in-depth coverage of subspecialty areas including head and neck, thoracic, vascular, urology, neurosurgery, pediatrics, and gynecology. - Visually grasp and retain difficult concepts thanks to a full-color design featuring an abundance of illustrations, intraoperative photographs, video clips and tables as well as more schematic diagrams that facilitate the comprehension of surgical techniques and procedures.

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