

double wing t offense

Double Wing T Offense: A Comprehensive Guide to Its Strategy, Formation, and Effectiveness

The **double wing T offense** is a classic and highly effective offensive scheme in football that has stood the test of time. Known for its versatility, power running, and misdirection, this offense is commonly used by high school and youth teams looking to maximize their ground game and control the clock. Whether you're a coach seeking to diversify your team's attack or a football enthusiast interested in understanding the intricacies of offensive formations, this guide provides a detailed overview of the double wing T offense, including its formations, strategies, advantages, and implementation tips.

What is the Double Wing T Offense?

The double wing T offense is a variation of the traditional T-formation combined with a double wing setup. It emphasizes a strong running game, utilizing multiple blockers and misdirection to create running lanes and confuse defenses. The offense typically features two wingbacks positioned just outside the tight ends or tackles, along with a quarterback under center, and a fullback behind the quarterback.

Core Principles of the Double Wing T

- Power running and ball control
- Multiple blocking options
- Misdirection and deception
- Flexibility for various running plays
- Minimal passing emphasis (though passing can be incorporated)

This offense relies on precise blocking schemes, quick decisions, and disciplined execution to be successful.

Formation and Personnel

The strength of the double wing T offense lies in its flexible formation and versatile personnel. Here's a typical setup:

Key Positions

- Quarterback (QB): Under center, responsible for handing off, fake options, and occasional passing.
- Fullback (FB): Positioned directly behind the QB, often used for power runs and lead blocking.
- Tailback (TB): Located behind and slightly to the side of the FB, used for running, blocking, or receiving.
- Wings (W1 and W2): Flank the line outside the offensive tackles, often used as blockers or ball carriers.
- Ends (TEs or DEs): On each side, can be used for blocking or receiving.

Typical Double Wing T Formation Diagram

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TE TE
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W1 Tackle Tackle W2
| |
FB QB TB
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Note: The exact alignment can vary based on team philosophy, but the core concept remains the same.

Key Plays in the Double Wing T Offense

The double wing T offense is renowned for its wide array of running plays, which can be adapted to exploit defensive weaknesses. Here are some of the fundamental plays:

1. Power Play

- Objective: Drive through the interior of the defense using strong blocking.
- Execution: The fullback leads the way, blocking the middle linebacker or defensive tackle, while the tailback follows through the designated hole.

2. Counter Play

- Objective: Misdirection to the opposite side to catch defenders off guard.
- Execution: The tailback fakes a run to one side, then cuts back to the other, with blockers pulling and leading the way.

3. Off-Tackle Run

- Objective: Attack the edge of the defensive line.
- Execution: The tailback runs just outside the tackle, utilizing blocks from the wings and ends.

4. Trap Play

- Objective: Use blocking scheme to trap defenders and create a running lane.
- Execution: The guards and tackles execute trap blocks, while the back follows the designed path.

5. Sweep and End-Arounds

- Objective: Use speed and misdirection to get the ball outside.
- Execution: The ball carrier takes the handoff or pitch from the quarterback and runs around the end.

Advantages of the Double Wing T Offense

The double wing T offers numerous benefits that make it a popular choice among teams seeking a power-running attack.

- **Power Running Game:** Its formation naturally creates multiple blocking options, allowing for aggressive and effective rushing plays.
- **Misdirection and Deception:** The variety of plays and formations keep defenses guessing and create running lanes.
- **Ball Control:** The offense's focus on running helps control the game clock and maintain possession.
- **Versatility:** While primarily a running scheme, it can incorporate play-action passes and misdirection passes for surprise attacks.
- **Simple to Learn and Execute:** The basic blocking schemes are straightforward, making it suitable for teams with limited practice time.
- **Physicality and Momentum:** Emphasizes blocking and power, which can set the tone for the game and wear down opponents.

Strategies and Tips for Implementing the Double Wing T

Successfully running the double wing T requires disciplined execution, good blocking, and strategic play-calling. Here are some essential strategies and tips:

1. Emphasize Blocking Fundamentals

- Proper blocking technique is vital, especially for the offensive linemen and wings.
- Practice double-team blocks, trap blocks, and pulling guards regularly.

2. Use Misdirection Effectively

- Incorporate counter plays, fake handoffs, and misdirection runs to keep the defense off-balance.
- Vary your play calls to prevent predictability.

3. Develop a Strong Running Game

- Focus on consistent blocking and timing.
- Use multiple running options to exploit defensive weaknesses.

4. Incorporate Play-Action Passes

- Use the threat of the run to open up passing lanes.
- Keep the defense honest and create opportunities for big plays.

5. Maintain Discipline and Timing

- Precision in timing the handoffs, fakes, and blocking assignments is crucial.
- Practice plays repeatedly to ensure players are synchronized.

6. Adapt to Opponent's Defense

- Adjust blocking schemes based on defensive alignment.
- Use quick pitches or outside runs if the defense overcommits inside.

Common Challenges and How to Overcome Them

While powerful, the double wing T comes with some challenges:

1. Passing Limitations

- Solution: Incorporate quick, high-percentage passes and screen plays to complement the run game.

2. Defensive Adjustments

- Solution: Mix up your play calls, including counters and traps, to prevent defenders from stacking the box.

3. Line and Wing Blocking

- Solution: Focus on blocking fundamentals in practice, emphasizing leverage and technique.

4. Turnovers and Penalties

- Solution: Maintain disciplined play, with focus on ball security and proper blocking to minimize mistakes.

Conclusion

The **double wing T offense** remains a formidable and versatile scheme that can dominate at various levels of football. Its emphasis on power running, misdirection, and disciplined execution makes it an ideal choice for teams looking to control the game clock, wear down opponents, and set a physical tone. By mastering its formations, plays, and strategies, coaches can leverage the double wing T to create a balanced, effective offensive attack that keeps defenses guessing and maximizes offensive production.

Whether you're implementing this scheme for the first time or refining your existing offense, understanding its core principles and adapting to your team's strengths will help you achieve success on the field.

Frequently Asked Questions

What is the Double Wing T offense in football?

The Double Wing T is a versatile offensive formation that features two tight ends and a strong running game, emphasizing power and misdirection to control the clock and wear down the defense.

What are the main advantages of using the Double Wing T offense?

The Double Wing T provides a strong running attack, simplifies blocking assignments, and creates multiple options for misdirection and play-action passes, making it effective against various defensive fronts.

What are common running plays used in the Double Wing T offense?

Common running plays include the blast, counter, iso, sweep, and power, all designed to exploit gaps and create running lanes through misdirection and strong blocking.

How does the Double Wing T offense differ from the Single Wing or Wishbone formations?

While similar in its power running focus, the Double Wing T features two tight ends and a balanced formation, offering more versatility and multiple blocking options compared to the Single Wing or Wishbone, which often have different backfield alignments and fewer tight ends.

What skills are essential for players in the Double Wing T offense?

Players need to have strong blocking skills, good vision for running backs, the ability to execute misdirection, and disciplined timing for blocking and running assignments to succeed in this offense.

Is the Double Wing T suitable for all levels of football?

Yes, the Double Wing T can be adapted for youth, high school, and even college levels, as it emphasizes fundamental blocking and running techniques suitable for various skill levels.

How can a team effectively implement the Double Wing T offense?

Teams should focus on mastering blocking schemes, timing, and misdirection plays, while also practicing multiple running options and play-action passes to keep the defense guessing.

What are common defensive counters to the Double Wing T offense?

Defenses often counter with stacking the box, using multiple linebackers, or employing gap control schemes to shut down the power running game and force the offense to pass or make mistakes.

Additional Resources

Double Wing T Offense: A Comprehensive Analysis of a Classic Football Strategy

The Double Wing T offense remains one of the most enduring and versatile formations in American football, blending traditional power running with deceptive play-action and misdirection. Originating in the early 20th century, this offensive scheme has been utilized across levels from high school to college, appreciated for its simplicity, effectiveness, and adaptability. Its core philosophy revolves around leveraging symmetry, misdirection, and disciplined blocking to create offensive opportunities, making it a favorite among coaches seeking a balanced attack rooted in fundamentals.

In this article, we will explore the Double Wing T offense in detail, analyzing its origins, core principles, formations, blocking schemes, passing components, advantages, disadvantages, and strategies for effective implementation. Whether you're a coach considering adopting this scheme or a football enthusiast seeking a deeper understanding, this comprehensive review aims to provide valuable insights into one of football's most classic offensive formations.

Origins and Historical Context of the Double Wing T

Evolution of the Formation

The Double Wing T evolved from earlier single-wing and T-formation offenses, gaining prominence in the mid-20th century. It is often credited to coaches seeking a more compact, power-oriented approach that emphasizes misdirection and strong blocking. Its roots can be traced to the Wisconsin and Iowa high school coaching traditions, where the formation was refined to maximize running plays while maintaining the ability to execute effective play-action passes.

Key Influences and Notable Adopters

Throughout its history, the Double Wing T has been adopted by numerous successful programs, including high school state champions and college teams. Coaches like Glenn "Bo" Schembechler and others recognized its potential for controlling the game clock, establishing a potent running game, and creating opportunities for big plays through deception.

Basic Formation and Alignment

Core Setup of the Double Wing T

At its essence, the Double Wing T features two wingbacks aligned just outside the offensive tackles, with the quarterback positioned directly under center. The formation emphasizes symmetry, with the two wingbacks (often called the "wings") aligned in close to the line of scrimmage and aligned in a slightly crouched stance to facilitate quick blocking and running.

Key elements include:

- Two wingbacks: Positioned just outside the tackles, facing the line of scrimmage.
- Fullback: Often aligned directly behind the quarterback or slightly offset.
- Quarterback: Under center, responsible for handing off, executing fakes, or passing.
- Offensive line: Five linemen, typically in a standard stance, with potential variations for pulling or trapping.

Variations in Alignment

While the basic Double Wing T maintains a symmetrical look, coaches may adjust the positions of the wings and backfield to emphasize certain plays or to counter defensive alignments. Common variations include:

- Offset wingbacks for enhanced misdirection.
- Tight or loose wing positioning depending on the desired blocking scheme.
- Adjustments in backfield depth to facilitate specific running or passing plays.

Core Principles and Offensive Philosophy

Power Running and Misdirection

The Double Wing T's backbone is its emphasis on a powerful, disciplined running game. The formation facilitates multiple running options, including inside and outside runs, counters, and traps, all designed to exploit gaps created through disciplined blocking and misdirection.

Misdirection is achieved through:

- Fake handoffs and play-action passes.

- Moving the wings pre-snap to confuse the defense.
- Using motion to create numeric advantages or open running lanes.

Balance Between Run and Pass

While primarily a running scheme, the Double Wing T incorporates passing elements to keep defenses honest and capitalize on defensive overcommitment to stopping the run. Play-action passes, screen passes, and quick throws are integral to its strategy.

Key offensive principles include:

- Maintaining a disciplined blocking scheme to open lanes.
- Using deception to create running lanes or open passing windows.
- Keeping the defense guessing with a mix of power, misdirection, and pass plays.

Blocking Schemes and Running Plays

Blocking Fundamentals

Effective execution of the Double Wing T hinges on disciplined blocking. The offensive line and wingbacks work in concert to create running lanes and protect the quarterback during passing plays.

Common blocking techniques:

- Drive blocking: For power runs and traps.
- Pulling: Guards or tackles pulling to lead block on outside runs.
- Zone blocking: Less common but adaptable for outside runs.
- Trap blocking: Using linemen or backs to trap defenders and create cutback lanes.

Popular Running Plays

The offense employs a diverse set of running plays, often predicated on misdirection and power.

Key running plays include:

- Iso (Isolation): Power run straight up the middle with lead blocking.
- Counter: Fake one way, then run the opposite, exploiting defenders' pursuit.
- Trap: Blocked by pulling linemen trapping defenders for gains inside.
- Sweep and Outside Runs: Using wingbacks to lead outside or misdirection.
- Off-Tackle Runs: Combining power and quickness to attack the edges.

Play-Action and Passing

The Double Wing T uses fake handoffs and misdirection to set up passing opportunities, often employing quick throws or screens.

Passing components include:

- Short, quick passes to the wings or tight ends.
- Play-action passes to create downfield opportunities.
- Bootlegs and rollouts to leverage misdirection.

Defensive Counter Strategies and Adjustments

Defensive Challenges

Defenses often struggle against the Double Wing T due to its symmetry, misdirection, and power running. However, aggressive pursuit, disciplined gap control, and athletic linebackers can neutralize its effectiveness.

Common defensive strategies include:

- Multiple defenders inside to stop power runs.
- Aggressive pursuit to limit cutback lanes.
- Adjusting alignments to contain wingbacks and prevent outside runs.
- Discipline in pursuit to avoid over-pursuit and exploit misdirection.

Counter-Adjustments by the Offense

To counter defensive adjustments, the offense may incorporate:

- Variations in motion to create confusion.
- Mixing between inside and outside runs.
- Incorporating more passing plays to exploit overcommitted defenses.

Advantages of the Double Wing T Offense

1. Power Running Game: The formation naturally lends itself to a punishing, consistent ground attack that can control possession and wear down defenses.
2. Misdirection and Deception: The symmetry and pre-snap movement make it difficult for defenders to diagnose plays quickly.
3. Versatility: A wide array of running and passing plays can be executed from the same formation, providing flexibility.

4. Discipline and Fundamentals: Emphasizes blocking, timing, and execution, fostering fundamental football skills.

5. Suitable for Various Skill Levels: Its straightforward blocking schemes and emphasis on fundamentals make it accessible to high school programs.

Disadvantages and Challenges

1. Predictability: Without variation, defenses may anticipate runs, especially if the offense becomes too reliant on power plays.

2. Limited Passing Threat: While passing is incorporated, the offense can be less effective against defenses that aggressively blitz or drop multiple defenders into coverage.

3. Line Play Dependence: Success heavily depends on disciplined, well-coached offensive line play; weaknesses here can be exploited.

4. Play-Call Complexity: To keep defenses guessing, coaches must develop a variety of plays and misdirection, increasing complexity.

5. Field Position Risks: Power runs can sometimes lead to negative plays if blocking breaks down or misdirection is read correctly.

Implementation Strategies for Coaches

Player Skills Development

Successful execution of the Double Wing T requires:

- Strong, disciplined linemen who understand blocking schemes.
- Versatile wingbacks capable of blocking, running, and catching.
- A quarterback comfortable with handoffs, fakes, and passing.

Practice Focus Areas

- Timing and coordination of blocking and running lanes.
- Fake and misdirection drills to enhance deception.
- Passing drills, especially quick throws and play-action timing.
- Defensive reads and adjustments to improve counters.

Game Planning and Adjustments

- Vary running plays to prevent predictability.
- Incorporate pass plays to exploit aggressive defenses.
- Use motion and formation shifts to create advantageous matchups.
- Analyze defensive tendencies and adjust blocking schemes accordingly.

Conclusion: The Enduring Legacy of the Double Wing T

The Double Wing T offense embodies a traditional yet adaptable approach to football, emphasizing power, discipline, and deception. Its roots in classical football strategies have allowed it to remain relevant, particularly at the high school and youth levels, where fundamentals and disciplined execution are paramount. While it faces challenges against modern, athletic defenses, its flexibility and proven effectiveness make it a valuable component of any offensive repertoire.

For coaches, embracing the Double Wing T entails a commitment to disciplined blocking, versatile play-calling, and continual adjustment. When executed effectively, it can dominate time of possession, impose physicality on opponents, and produce explosive plays—an enduring testament to the timeless nature

Double Wing T Offense

double wing t offense: Youth Double Wing Coach Jack Gregory, 2008-03-12 The modern double wing offense is the pinnacle of power and misdirection football. This book covers how to implement it, coach it, and utilize it with a variety of youth football teams. The system as been field tested for over ten years by not only the author but from coaches around the country who sing its praise. The system is simple, efficient, and effective while teaching the core fundamentals of football. The author has taken Don Markham's, inventor of the modern double wing, core principles and made them effective for any age group in youth football. See what some well known double wing coaches are saying about this book: Every youth coach needs to read this book, whether you run Double Wing or not this is a must read in understanding the most dynamic offense in Youth Football. With the depth and teaching of the system it will become obvious why so many people are winning with the Jack Gregory DW. There is no doubt in my mind that Jack Gregory's Double Wing is the best design for Youth Football. Jason Mensing; Head Football Coach, Tecumseh High School, MI Jack Gregory has done an unbelievable job once again spreading his knowledge and experience on the double wing. In running this offense for 10 years and speaking across the country, there is few people I have met who have a grasp on the offense like Jack. It is only equaled by his clear and concise way of articulating and teaching the offense to players and coaches of all levels. This book is a must read for any coach interested in or running the double wing. Tim Murphy Head Football

Coach, Clovis East High School Clovis, CA Youth Double Wing by Jack Gregory is a must read for any new or experienced football coach, from youth all the way up to high school. It's detailed, creative and easy to understand. I based my offense on Jack's DW system three years ago and it helped catapult me to the 2007 Pop Warner National Championships. Tony Akers 2007 National Championship Finalist Santa Margarita Pop Warner What an awesome opportunity for youth football coaches seeking to learn the core aspects of one of the foremost power offenses in the game. To be able to sit at the feet of one of youth football's most respected coach advisors and be systematically lead through the principles, philosophy and concepts that makes this offense the force that it is known to be is truly a privilege. Following Jack's teachings and principles has enabled my DW teams to make it to the National Pop Warner Super bowl games two of the last three years, and even win the National Championship (2006). As such, I am very pleased to recommend this book as it's just like the offense that it teaches: Well structured, yet Systematic and Powerful! Christopher Austin Los Alamitos Pop Warner 2006 Pop Warner National Champion I've looked at a lot of youth football coaching materials over the years. You will not find a more complete, out of the box system anywhere. Coach Gregory's system has proven successful for teams with players as young as 5 years through the High School level. There is one thing that teams who run Gregory's system have in common - they WIN football games!!! I have run Jack's system since 2003 and have enjoyed tremendous success. This isn't just a book of X's & O's. Coach Gregory goes into great detail in explaining not just what to do, but there is great focus on the hows, whens, and whys. I promise that this book will not just make your team better, it will make you a better coach as well. In my opinion, there's not a better system out there. If there were, I'd be using it! Kenny Mead - Head Coach East Lake Youth Football; Tampa, Florida Fenton High School Football (JV); Fenton, Michigan Fenton Youth Football; Fenton, Michigan

double wing t offense: Striking Gridiron Greg Nichols, 2014-09-16 In the midst of a strike and economic uncertainty, a football team from an iconic steel town just outside Pittsburgh set out to capture its sixth straight season without a loss, uniting a region and inspiring the nation. In the summer of 1959, most of the town of Braddock, Pennsylvania--along with half a million steel workers around the country--went on strike in the longest labor stoppage in American history. With no paychecks coming in, the families of Braddock looked to its football team for inspiration. The Braddock Tigers had played for five amazing seasons, a total of 45 games, without a single loss. Heading into the fall of '59, this team from just outside Pittsburgh, whose games members of the Steelers would drop by to watch, needed just eight victories to break the national record for consecutive wins. Sports Illustrated and other media descended upon the banks of the Monongahela River to profile the team and its revered head coach, future Hall of Famer Chuck Klausing, who molded his boys into winners while helping to effect the racial integration of his squad. While the townspeople bet their last dollars on the Tigers, young black players like Ray Henderson hoped that the record would be a ticket to college and spare them from life in the mills alongside their fathers. In *Striking Gridiron*, author Greg Nichols recounts every detail of Braddock's incredible sixth, undefeated season--from the brutal weeks of summer training camp to the season's final play that defined the team's legacy. In the words of Klausing himself, Greg Nichols couldn't have written it better if he'd been on the sidelines with us. But even more than the story of a triumphant season, Nichols's narrative is an intimate chronicle of small-town America during the hardest of times. *Striking Gridiron* takes us from the sidelines and stands on game day into the school hallways, onto the street corners, and into the very homes of Braddock to reveal a beleaguered blue-collar town from a bygone era--and the striking workers whose strength was mirrored by the football heroics of steel-town boys on Friday nights and Saturday afternoons.

double wing t offense: Successful Multiple Offense in High School Football Robert E. Walker, 1957

double wing t offense: The Rise of Washington State University Football Ben Donahue, 2023-08-28 The rise of the crimson and gray. In 1987, Dennis Erickson arrived in Pullman, Washington to take over the struggling Washington State University football program. Under his

leadership, the Cougars ended 1988 with a 9-3 record and a victory in the Aloha Bowl. In just two years, the team had transformed, and Erickson's lifelong friend, Mike Price, took over in 1989 to build on that legacy. By the end of Price's tenure, WSU had appeared in five bowl games including two Rose Bowls, eclipsing the four bowl games in the entire program's history. The coaches also produced a number of high-profile NFL quarterbacks, including Drew Bledsoe and Ryan Leaf. Join author Ben Donahue as he explores how the Washington State University Cougars went from doormats to perpetual contenders.

double wing t offense: *Princeton Alumni Weekly* , 1960

double wing t offense: Sports Illustrated Blood, Sweat and Chalk The Editors of Sports Illustrated, 2010-08-03 The modern game of football is filled with plays and formations with names like the Counter Trey, the Wildcat, the Zone Blitz and the Cover Two. They have become part of the sport's vernacular, and yet for many fans they remain just names, often confusing ones. To rectify that, Tim Layden has drilled deep into the core of the game to reveal not only how these chalkboard X's and O's really work on the field, but also where they came from and who dreamed them up. These playbook schemes, many of them illuminated by diagrams, bear the insignia of some of the game's great innovators, men like Vince Lombardi, Don Coryell, Tom Osborne, Bill Walsh, Tony Dungy and Buddy Ryan. But football has also been radically altered by the ingenious work of men with more obscure names, like Tiger Ellison, Emory Bellard and Mouse Davis. In *Blood, Sweat and Chalk*, Layden takes readers into the meeting rooms-and in some cases the living rooms-where the game's most significant ideas were hatched. He goes to the coaches and to the players who inspired them, and lets them tell their stories. In candid conversations with some of football's most intriguing characters, Layden provides a fascinating guide to the game, helping fans to better see the subtleties of America's favorite sport.

double wing t offense: Football Offenses and Plays American Football Coaches Association, 2006 *Football Offenses & Plays* presents all of the popular offensive systems used today as well as tactical advice for play calling in each of four areas of the field. It features insights from many of the game's top offensive minds, who have conceived, or are extremely successful in employing, a specific means of attack: -Discover the strengths of the I-Formation from Al Borges and the use of the H-back from Joe Novak. -Maximize the use of one-back sets using two, three, or four receivers with the help of Glen Mason, Joe Tiller, and Gregg Brandon. -Make the shotgun a real weapon with the insights of Randy Walker and Rich Rodriguez. -Learn how to use four receivers from shotgun formations from Rich Rodriguez. -Trace the development of running attacks, including the veer with Bill Yeoman, the wing-T with Tubby Raymond, and flexbone with Fisher DeBerry. -Execute soundly in the yellow zone, green zone, red zone, and gold zone with guidance from Dennis Franchione, Ralph Friedgen, Larry Kehres, and Terry Malone. -Employ the best strategies for two-minute and no-huddle situations with advice from Gary Tranquill. -Help your quarterback make effective play calls at the line of scrimmage with the audible system presented by Don Nehlen. Developed by the American Football Coaches Association, *Football Offenses & Plays* is the most detailed and comprehensive book on offensive tactics ever published. Make it part of your game plan this season and see your side of the scoreboard light up!

double wing t offense: The Birth of Football's Modern 4-3 Defense T. J. Troup, 2014-08-20 From 1953 to 1959, professional football's offensive and defensive tactics were in a transitional phase. As teams developed innovative strategies to attack the 5-2-4 defense, passing efficiency improved. In an attempt to counter this newfound passing success, the 4-3-4 defense evolved. This crucial shift in strategies is often overlooked in histories of the NFL, yet its impact on the game is still seen today. *The Birth of Football's Modern 4-3 Defense: The Seven Seasons That Changed the NFL* chronicles this key development in professional football. In this comprehensive review and analysis, T. J. Troup provides a year-by-year breakdown of these seven seasons. Each team has a separate entry for every season that includes: The coaching staffPlayer personnelAn analysis of the statsSummation of the team's seasonOutlook for the following season As Troup compiled this detailed volume, he had unprecedented access to coaches and players from this era, as well as

extensive game footage. Drawing upon these resources, Troup scrutinized each team's success or failure and re-created the key game of the season for each team—bringing the action, intensity, and importance of the game to life. Including an exclusive interview with Joe Schmidt of the Detroit Lions, this book will entertain and inform all fans and historians of professional football, especially those interested in the early development of the modern defense.

double wing t offense: The Wild Bunch Ted Seay, 2014-11-18

double wing t offense: State of Grace Robert Timberg, 2004-10-12 In his long-awaited follow-up to *The Nightingale's Song*, Timberg revives the powerful themes of courage, manhood, and loss in this autobiographical tale in which he rediscovers an earlier time (between the Good War and Vietnam) and an America now largely lost.

double wing t offense: Defensive Football Strategies American Football Coaches Association, 2000 Winning strategies from 90 top football coaches in the nation comprise this collection of knowledge and insights from many of the best defensive minds of the game. Illustrations.

double wing t offense: Pigskin Robert Peterson, 1997 Today professional football is America's leading spectator sport, largely because of television. Before the late 1950s, it was a distinctly minor sport.

double wing t offense: NFL Head Coaches John Maxymuk, 2012-08-16 The 466 men who have held the increasingly demanding and prestigious position of Head Coach in the National Football League and the two leagues that merged into it (the All America Football Conference of the 1940s and the American Football League of the 1960s) form an exclusive club. This book essentially answers three questions about every professional head coach since 1920: Who was he? What were his coaching approach and style, in terms of both leadership and gridiron tactics? How successful was he? Every entry begins with standard background information, followed by each coach's yearly regular season and postseason coaching record, and then his statistical tendencies toward scoring, defense and play calling. The entry then addresses the three questions noted above.

double wing t offense: Scholastic Coach, 1990-10

double wing t offense: Pioneer Coaches of the NFL John Maxymuk, 2019-08-09 In the early days of professional football, coaches were little more than on-field captains who also ran practices—if there was time for practice. The emergence of post-graduate football and the coaching profession from 1920 to 1950 was crucial to the evolution of the game, and both developed and rose in stature over this critical period in the history of football. In *Pioneer Coaches of the NFL: Shaping the Game in the Days of Leather Helmets and 60-Minute Men*, John Maxymuk profiles some of the most innovative coaches from the early days of the NFL, including Guy Chamberlin, Curly Lambeau, George Halas, Patsy Clark, and Clark Shaughnessy. Along with biographical sketches and career details, the profiles examine the coaches' strategic approaches, their impact on the history of the game, and the advancement of their roles both on and off the field. It was this group of coaches who initially devised the basic repertoire of plays and alignments, as well as passing routes, blocking schemes, shifts, and substitution patterns. These men morphed defensive alignments, introduced the four-man secondary, conceived zone and man-to-man coverage mixes, and concocted linebacker and safety blitzing. *Pioneer Coaches of the NFL* details how coaches from the first three decades of the NFL established many of the procedures, conventions, and strategies that modern football coaches still use today. These innovators presented those that followed them a rich palate with which to imagine and create an even greater game.

double wing t offense: The Cardinals George Becnel, 2007-10 What's in a name? A lot, when you are talking about a certain high school in south Louisiana. Starting out as Thibodaux College before giving way to the name Thibodaux Central Catholic and ultimately E.D. White, the high school in the heart of bayou country has become synonymous with a quality Catholic education. Shortly after becoming E.D. White in 1966, the once-struggling Cardinals went on to win back-to-back football state titles in 1968 and 1969. Ever since the late 1960s, the Cardinals have produced a consistent winner in football to match the school's success in the classroom. *The Cardinals: A History of E.D. White Catholic High School Football* recounts the exploits of players and coaches

who helped build a program that has its fans proudly proclaiming E.D. White, Fight, Fight, Fight.

double wing t offense: Shane Scully Double Pack Stephen J. Cannell, 2004-01-27 SWAT teams refer to doorways as 'Verical coffins because they are the most vulnerable when passing through them. The new Shane Scully novel starts with a bang as an L.A. shseriff's deputy is gunned down on the front porch of a house while serving a routine warrant.

double wing t offense: *When the Game Stands Tall, Special Movie Edition* Neil Hayes, 2014-07-29 Revised and updated edition of the book to accompany the major motion picture directed by Thomas Carter and starring Jim Caviezel, Alexander Ludwig, Laura Dern, and Clancy Brown. This insider's account of the greatest winning streak in sports history brings to life the tragedies, triumphs, and unforgettable characters that inspired the major motion picture. Neil Hayes takes readers behind the scenes at De La Salle High School, where coaching legend Bob Ladouceur led his football team to a historic 13-year run of consecutive wins. A coming-of-age saga as well as an exciting sports story, *When the Game Stands Tall* provides a deft portrait of the enigmatic and visionary coach who instills in his players a discipline, commitment, and dedication to doing one's best that endure well beyond high school. This latest revised edition takes readers onto the film set for an introduction to the movie-making process, and includes a full-color insert of scenes from the movie, an afterword updating storylines of many of the memorable characters, and details of Ladouceur's final year as head coach. As the story opens, the 2002 team, guardians of The Streak, is shaping up to be the most vulnerable in years. How the coaches and the players pull together throughout a difficult and challenging season to ultimately triumph is the thread of the book, with alternating chapters providing historical background on the school, past teams, stand-out players, and the dedicated coaching staff. Known and respected throughout the ranks of American football, the quiet and unassuming Ladouceur is among this country's all-time coaching greats, a man who has helped to define excellence in sports and mentorship. The book affords an inside look at the training techniques, off-season conditioning programs, scouting habits, and practice plans that produced such an outstanding team. It also introduces a cast of unforgettable characters such as Dan Shaughnessy of Salesian HS, a fierce competitor who stormed up and down the sideline and swore more than a Catholic school coach should; Brother Laurence, a much-loved teacher at De La Salle; Coach Eidson, a.k.a. Cobra, and others. The weaving in of these characters illuminates the nature of the competition and says much about the spirit of De La Salle and the culture Lad has created.

double wing t offense: The Book Exchange , 1962

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